THE O.K. CONFERENCE HANDBOOK

The O.K. Conference Executive Council has authorized the publication of this Handbook, a major revision of the Athletic Handbook first printed in 1963. It contains the policies that guide our organization. The fundamental principle on which these policies stand is to enrich the extra-curricular activities and opportunities provided for our high school students. Policies and programs in various fields are developed by Commissions for acceptance or revision by the Executive Council. The primary purpose in the printing of this Handbook is to provide a source of information for personnel involved in the programs of schools in order to facilitate harmonious and effective cooperation among Conference members.
PREFACE

The Constitution and Guidelines of the O.K. Conference are the results of a combined effort of the O.K. Conference Athletic Directors, administrative staff of the member schools, and the Conference Executive Council.

Understanding the Handbook System

This binder contains seven sections of Conference Constitutions, Policies, and Guidelines. The sections are as follows:

A - CONFERENCE CONSTITUTION  
B - ATHLETIC PHILOSOPHY  
C - CONFERENCE SPORTS GUIDELINES  
D - CONFERENCE CHAMPIONSHIPS  
E - ALL-CONFERENCE TEAM GUIDELINES  
F - STUDENT ACTIVITIES  
G - DIVISION MEMBERSHIPS  
H - COOPERATIVE AGREEMENTS  
I - APPENDICES

This type of classification system is designed for computer use and conforms to sound principles of information storage and retrieval, to sound principles of educational governance, and to the mandates of practicality.

When Using This Manual

To use this manual properly, the reader should look up the subject matter in the index first.

Symbols

This system employs various symbols, which are defined below:

* Autonomy: any time an asterisk appears, it refers to that particular issue having the possibility of having autonomy within particular Divisions.

See A prefix to a parenthetical letter coding to indicate the preceding code is consolidated with referenced code in the parentheses.

Updating Conference Manual

The O.K. Conference Executive Council will furnish the necessary additions, deletions and corrections as made necessary by future revisions.

2016 Revision
INDEX

A – Constitution

AA Preamble to the Constitution
AB Name of Conference
AC Conference Membership
ADA Organization: Executive Council
ADB Organization: Executive Board
ADC Organization: Conference Commissioner
ADD Organization: Divisions
AE Commissions
AF Amendments
AG Bylaws Definition
AH Conference Voting
AI Abstention Voting
AJA Bylaw #1
Transfer of Schools Between Divisions
AJB Bylaw #2
O.K. Conference Expansion
AJC Bylaw #3
Entry Fee and Annual Assessment Fees
AJD Bylaw #4
MHSAA Membership
AJE Bylaw #5
O.K. Conference Appeals Process
AK General Philosophy of Athletics

B – Athletic Commission

BA Officers of the Athletic Commission
BB Executive Council
Council Action
Sportsmanship Competition
BC Administration of Athletic Contests
General Administration
BD Admission Prices and Passes
BE Bands and Cheerleaders
BF Eligibility of Contestants
BG Officials and Pay Scale
BH Postponement of Contests
BI Master Revolving Schedule
C – Conference Sports

CA   Conference Sports Defined
CBA  Baseball and Softball
CBB  Basketball - Boys and Girls
CBC  Bowling - Boys and Girls
CBD  Competitive Cheer
CBE  Cross Country - Boys and Girls
CBF  Football
CBG  Golf - Boys and Girls
CBH  Gymnastics
CBI  Ice Hockey
CBJ  Boys Lacrosse
CBK  Girls Lacrosse
CBL  Soccer - Boys and Girls
CBM  Swimming - Boys and Girls
CBN  Tennis - Boys and Girls
CBO  Track - Boys and Girls
CBP  Volleyball
CBQ  Water Polo
CBR  Wrestling

D – Conference Championships

DA   Definitions
     Rainbow Divisions

E – All-Conference Teams

EA   Definitions
     Overall Selection Format and Guidelines
EB   Proposals for Changing All-Conference Selection
EC   Dress Code for All-Conference Pictures
ED   Scholar-Athlete All-Conference Team
EE   All-Conference Awards
EEA  All-Conference Baseball and Softball
EEB  All-Conference Boys and Girls Basketball
EEC  All-Conference Boys and Girls Bowling
EED  All-Conference Competitive Cheer
EEE  All-Conference Boys and Girls Cross Country
EEF  All-Conference Football
EEG  All-Conference Boys and Girls Golf
EEH  All-Conference Gymnastics
EEI  All-Conference Ice Hockey
EEJ  All-Conference Boys Lacrosse
EEK  All-Conference Girls Lacrosse
EEL  All-Conference Boys and Girls Soccer
EEM  All-Conference Boys and Girls Swimming
EEN  All-Conference Boys and Girls Tennis
EEO  All-Conference Boys and Girls Track
EEP  All-Conference Volleyball
EEQ  All-Conference Water Polo
EER  All-Conference Wrestling
EFA  Medal and Certificate Awards
     All-Conference Divisional Team Awards
EBB  Conference Meet Awards and Place Medals
     Duplicate Medals Explained
EFC  Changing the Numbers of All-Conference Awards (Formula)
EG  Proposals for Changing Medal and Certificate Award Procedure
EH  Athlete of the Year

F – Student Activities

FA  Debate Commission
FB  Forensics Commission

G – Division Membership

GA  Member Schools Listed by Division

H – Cooperative Agreement

HA  Philosophy and Guidelines for Cooperative Agreements
    Procedures

I – Appendices

IA  Appendix A
    O.K. Conference Request for Transfer
IB  Appendix B
    O.K. Conference Request to Expand
IC  O.K. Conference Division Expansion/New Schools
    Visitation Team Evaluation Criteria
ID  Minimal Requirements
IE  O.K. Conference Gender Equity Information Packet
IF  Cooperative Agreement Form
IG  History of O.K. Conference
IH  Pre-Participation Physical Exam (Exam Details and Description)

2016 Revision
# CONSTITUTION

<table>
<thead>
<tr>
<th>AA</th>
<th>Preamble to the Constitution</th>
</tr>
</thead>
<tbody>
<tr>
<td>AB</td>
<td>Name of Conference</td>
</tr>
<tr>
<td>AC</td>
<td>Conference Membership</td>
</tr>
<tr>
<td>ADA</td>
<td>Organization: Executive Council</td>
</tr>
<tr>
<td>ADB</td>
<td>Organization: Executive Board</td>
</tr>
<tr>
<td>ADC</td>
<td>Organization: Conference Commissioner and Assistant</td>
</tr>
<tr>
<td>ADD</td>
<td>Commissioner</td>
</tr>
<tr>
<td>AE</td>
<td>Organization: Divisions</td>
</tr>
<tr>
<td>AF</td>
<td>Commissions</td>
</tr>
<tr>
<td>AG</td>
<td>Amendments</td>
</tr>
<tr>
<td>AG</td>
<td>Bylaws</td>
</tr>
<tr>
<td>AH</td>
<td>Conference Voting</td>
</tr>
<tr>
<td>AI</td>
<td>Abstention Voting</td>
</tr>
<tr>
<td>AJA</td>
<td>By Law #1</td>
</tr>
<tr>
<td>AJB</td>
<td>Transfer of Schools Between Divisions</td>
</tr>
<tr>
<td>AJB</td>
<td>Bylaw #2</td>
</tr>
<tr>
<td>AJC</td>
<td>O.K. Conference Expansion</td>
</tr>
<tr>
<td>AJC</td>
<td>Bylaw #3</td>
</tr>
<tr>
<td>AJD</td>
<td>Entry Fee and Annual Assessment Fees</td>
</tr>
<tr>
<td>AJD</td>
<td>Bylaw #4</td>
</tr>
<tr>
<td>AJE</td>
<td>MHSAA Membership</td>
</tr>
<tr>
<td>AJE</td>
<td>Bylaw #5</td>
</tr>
<tr>
<td>AK</td>
<td>Conference Appeals Process</td>
</tr>
<tr>
<td>AK</td>
<td>General Philosophy of Athletics</td>
</tr>
</tbody>
</table>

2016 Revision
O.K. CONFERENCE
CONSTITUTION

PREAMBLE

In order to better promote and control interscholastic activities between the various schools, the representatives of the member schools do ordain and establish this constitution. This constitution shall attempt to structure the Conference in such a way that the advantages of a multi-Division Conference can be maintained and at the same time ensure the identity of the separate Divisions. For any expansion issues that arise, the Conference shall first address the needs of its member schools.
ARTICLE I – NAME

The name of this organization shall be “The O.K. Conference.”
ARTICLE II – MEMBERSHIP

Section 1

The membership of the Conference shall consist of those high schools in regular standing at the time of the adoption of this constitution and those high schools that may be admitted to membership subsequently in accordance with the provisions hereinafter stated. Member schools will be divided into separate Divisions for the purpose of athletic competition. Additional members shall be considered for admittance to a Division upon written application from the Board of Education of the applying school and compliance with all policies and procedures relating to expansion. For the school to be admitted, the application must receive three-fourths (3/4) of the votes from the total Division membership and three-fourths (3/4) of the total Conference membership. The vote of each member school shall be a written ballot bearing the signatures of the Athletic Director, Principal, and Superintendent.

Section 2

A. A school may voluntarily drop membership from the Conference by submitting a formal written application to the Conference Commissioner from its Board of Education.

B. The membership of schools or districts choosing to terminate their membership due to withdrawal, closing schools, or consolidating schools shall not become effective until the second June 30 following notice of withdrawal or until Conference commitments have been fulfilled. In the event that this cannot happen, the Athletic Directors of the affected Division(s) will be convened to develop a plan for scheduling competition that will be in effect until the next adjustment of the Division alignment is scheduled to occur (i.e., the mid-cycle adjustment if the school is closed in years 1 or 2 of the cycle or the total realignment if the school is closed in years 3 or 4 of the cycle). The Expansion/Realignment Committee will be convened to create a proposal for modifying the Division alignment as determined by a vote of the affected Divisions. If approved according to the voting procedures outlined in Section AJA, those changes will be implemented either year 3 or after the current 4-year cycle is completed, whichever is appropriate.

C. Any variation of this method may be accepted if there are three-fourths (3/4) or more votes with all Conference schools voting.

D. A school may be recommended for removal from membership by a Division if an affirmative vote for removal is cast by three-fourths (3/4) or more of the total Division membership.
E. The Division recommendation for removal will be forwarded to the Executive Board which will by three-fourths (3/4) vote of the total Board:

1. approve recommendation for a vote the Executive Council; or,
2. offer alternative solutions to the Division; or,
3. reject the recommendation.

F. The Executive Council’s vote must be cast in written form by the Principal of the high school, the Superintendent, and the Athletic Director (see AK). A three fourths (3/4) vote of the total membership is needed to support the Division’s recommendation.
ARTICLE III – ORGANIZATION: PART 1
(THE EXECUTIVE COUNCIL)

Section 1 – Membership

The Executive Council is the official voting body of the Conference on matters dealing with the Constitution and its Bylaws and shall be composed of the high school Principal of each Conference school.

Section 2 – Officers

A. The officers of the Executive Council constitute the Executive Board. They shall be the president, vice-president, secretary, treasurer, and trustee. The past-president will serve as an ex-officio member of the Executive Board.

B. Each Division selects a member to represent the Division on the Executive Board. These representatives serve as officers on a rotation basis. The rotation of officers shall be confirmed by the Executive Council at the final meeting of the school year, and they shall assume their duties immediately following this meeting.

C. Each year the Division of the outgoing president will elect a representative to serve as trustee of the Executive Board. In succeeding years, this person will move up to the position listed above him/her. One officer will be from each Division.

Section 3 – Meetings

There shall be at least two meetings per year of the Executive Council. The first meeting shall be held prior to November 1, and the second meeting not later than May 15. Additional meetings may be called by the Executive Board.

Section 4 – Duties and Responsibilities

A. The Executive Council shall be responsible for the changes in membership with the approval of the Athletic Directors, Principals, and Superintendents when expansion is being considered.

B. The Executive Council shall make provisions for such activities that cross Division lines, and shall determine the financial arrangements to carry on such activities.

C. The Executive Council shall establish the number of Divisions of the Conference and name them.

2016 Revision
D. The Executive Council shall perform such other duties as prescribed throughout these bylaws.

Section 5 – Commissions

Conference policy shall be recommended to the Executive Council for approval by the following commissions: Boys and Girls Interscholastic Athletics, Debate, Forensics, and Quiz Bowl.
ARTICLE III – ORGANIZATION: PART 2
(THE EXECUTIVE BOARD)

A. The Executive Board shall be made up of a representative from each Division, the current president of the Athletic Commission, and the most immediate past president of the Executive Council (ex-officio).

B. The duties of the Executive Board shall be to interpret and advise Conference policy, conduct Conference business, and to ensure that Division policies are consistent with Conference policies.

C. On all action items needing Executive Board approval, a three-fourths (3/4) vote of the entire Board will be used. To determine a three-fourths (3/4) vote, any fraction is rounded to the nearest whole number.

D. The Executive Board may schedule additional meetings by a three-fourths (3/4) vote of the entire Board.
ARTICLE III – ORGANIZATION: PART 3
(THE CONFERENCE COMMISSIONER and
ASSISTANT COMMISSIONERS)

Section 1 - Commissioner

A. Conference Spokesperson/Communication Coordinator/Distributor of Information: The Conference Commissioner would be expected to be well versed in the issues and topics at hand and serve to speak on behalf of the Conference to media and public relations outlets. This individual would also provide communications and updates to the Conference membership regarding issues and events.

B. MIAAA & MHSAA Liaison: The Commissioner would serve as the liaison to state, national, and athletic organizations to advocate for the Conference’s best interests.

C. Facilitator of Meetings: The Commissioner would facilitate Athletic Director and Principal meetings as desired and appropriate.

D. Committee Coordinator: This individual would serve as a coordinator and non-voting member of O.K. Conference committee meetings as assigned by the Executive Board.

E. The Commissioner shall follow all Rules and Regulations set forth by the MHSAA and League By-laws. Must be well versed in the constitution and by-law language and intent, interpreting and communicating its meaning when needed.

F. THE COMMISSIONER WILL INITIATE ANY INVESTIGATIONS, COLLECT INFORMATION AND RENDER DECISIONS IN CASES OF DISPUTE BETWEEN TWO CONFERENCE SCHOOLS OR BETWEEN DIVISIONS WITHIN THE CONFERENCE. SAID DECISIONS SHALL BE BINDING ON ALL PARTIES INVOLVED.

G. The Commissioner is responsible for supervising the Assistant Commissioner.

H. The responsibilities of the Commissioner shall include but not be limited to the following:

1. Keep Conference financial books, pay employees, and prepare quarterly and annual financial reports. Prepare annual budget, all IRS reports, and tax forms.
2. Keep Conference files of all correspondence, schedules, etc.
4. Prepare agendas for Conference meetings and distribute minutes following the meetings. Establish sites and work with management concerning rooms, meeting rooms, meals etc.
5. Prepare a yearly calendar for all Conference events.
6. Order trophies, plaques, certifications, etc. for all Conference sports, honors dinner and Academic All-Conference. Maintain inventory of sport award medals and provide schools and athletes with appropriate medallions.

7. Complete questionnaires requested by the MHSAA and Conference on general issues, automatic qualification, etc.

8. Attend local, state, and national meetings as requested by the Executive Board.

9. Send Conference passes to member institutions each fall as determined by each Division.

10. Be in regular communication with Conference Athletic Directors and maintain a database of all Athletic Directors, Administrative Assistants and Sports Officials. Compile and prepare for printing our school directory each fall.

11. Observe as many Conference athletic events as possible.

12. Maintain permanent, season end, archive file (standings, news articles, printed material) on each sport ongoing throughout the season.

13. Assign sports officials in all sports requested.

14. Collect and solicit scores and officials rating in designated sports.

15. Assist the Assistant Commissioner(s) with general secretarial duties as needed.

16. Perform other relative duties as they present themselves.

I. Invoice institutions/individuals where appropriate.

J. Work with chairpersons of standing committees and attend meetings.

K. Perform other duties as assigned by the Executive Council.

L. Office Expenses
   1. All expenses for Conference business will be paid by the Conference, e.g., phone, paper, stamps.

M. Personal Expenses
   1. The Commissioner shall be reimbursed at the Federal IRS mileage rate for the round trip while on Conference business.
   2. The Commissioner shall be reimbursed for other expenses as determined by the Executive Board.

N. The salary of the Commissioner shall be determined by the Executive Board.
Section 2 - Assistant Commissioners

A. The responsibilities of the Assistant Commissioner(s) shall include but not be limited to the following:
   1. Attend local, state, and national meetings as requested by the Executive Board.
   2. Be in regular communication with Conference Athletic Directors and maintain a database of all Athletic Directors, Administrative Assistants and Sports Officials. Compile and prepare for printing our school directory each fall.
   3. Observe as many Conference athletic events as possible.
   4. Assist the Commissioner in performing other duties as assigned.

B. The Assistant Commissioner will assume Commissioner's responsibilities as needed.

C. The Assistant Commissioner will be supervised by the Conference Commissioner.

D. Work with chairpersons of standing committees and attend meetings.

E. Office Expenses
   1. All expenses for Conference business will be paid by the Conference, e.g., phone, paper, stamps.

F. Personal Expenses
   1. The Assistant Commissioner(s) shall be reimbursed at the Federal IRS mileage rate for round-trip travel while on Conference business.
   2. The Assistant Commissioner(s) shall be reimbursed for other expenses as determined by the Executive Board.

G. The salary of the Assistant Commissioner(s) shall be determined by the Executive Board.
ARTICLE III – ORGANIZATION: PART 4 (DIVISIONS)

Section 1 – Memberships

The membership of each Division shall be determined as previously provided in AC section 1.

Section 2 – Officers

A. The officers of each Division shall be Chairman and Recorder who serve for a term of one year.

B. The officers may be elected in such a manner and time as determined by the Division, with determination completed before the scheduled Spring Conference meeting.

Section 3 – Meetings

Each Division will establish its calendar of meetings and shall meet monthly.

Section 4 – Duties and Responsibilities

A. Each Division shall schedule all the activities engaged in by the schools of that Division and submit these activities for approval by the Executive Board.

B. Each Division will determine financial arrangements for that Division, i.e. admission prices and the number of awards needed within the limits established by the O.K. Conference.

C. Each Division shall draw up its own Division Bylaws. These Bylaws shall not conflict with the Constitution of the O.K. Conference and shall be subject to the approval of the Executive Council.
ARTICLE IV – COMMISSIONS

Each Division may establish such commissions as it approves for the operation of that Division subject to the approval of the O.K. Conference Executive Board.
ARTICLE V – AMENDMENTS

Section 1

Amendments of this constitution shall be made in writing by a vote of all Conference schools with three-fourths (3/4) of the votes of the total membership required for passage.

Section 2

Before action shall be taken, proposed amendments must be submitted to the Executive Council members at least two (2) weeks prior to the meeting at which the proposed amendment will be considered.
ARTICLE VI – BYLAWS

Section 1

Division bylaws may be added by a three-fourths (3/4) vote of the total Division membership.

Section 2

Conference Bylaws may be added by a three-fourths (3/4) vote of the entire Conference membership (see AK).
Article VII - CONFERENCE VOTING

A Conference school must be represented by the Principal or a staff member from his/her district when voting on constitutional revisions and/or provisions of Bylaws one (1) and three (3). A two-thirds (2/3) or three-fourths (3/4) vote of the total membership is needed as stated in Bylaws to approve any motion relating to the afore-mentioned items. An absence of a member school is considered a ‘yes’ vote.

If the member is absent due to one of the following reasons:
- A weather related school closing.
- A school emergency such as a bomb threat, a code red situation, or the death/serious injury of a student or staff member.
- Other circumstances as approved at the discretion of the Conference Commissioner.

his/her vote may be submitted electronically by text or email to the Conference Commissioner prior to the start of the official meeting.

A two-thirds (2/3) or three-fourths (3/4) vote of the total membership is needed to approve any proposal involving constitutional revisions and/or the provisions of Bylaws one (1) and three (3) as stated in the Bylaws.

In all Conference/Division voting, any fraction is rounded to the nearest whole number.
Article VIII - ABSTENTION VOTING

A Conference school may only abstain from voting on a proposal when their school does not participate in that sport or event. The abstention vote will not be counted as either a yes or no in these situations. Abstention votes may not be used in any other Conference voting proposals.
BYLAW 1 – O.K. CONFERENCE RE-ALIGNMENT
TRANSFER OF SCHOOLS BETWEEN DIVISIONS

In the third year of the expansion/realignment cycle:

A. The Expansion/Realignment Committee consisting of a Principal and an Athletic Director from each Division will be convened. No school district is allowed to have more than one representative on the Committee, and the Principal and Athletic Director representing a Division must not be from the same school. The members of this Committee will be selected by their Divisions. No member of this Committee may be a coach within his/her district.

When the Conference begins the realignment cycle as outlined in the league constitution or in the event that a school elects to withdraw from the Conference and does not honor its contracts for the current year and the subsequent year as required by the handbook, then the Commissioner’s Office is charged with creating a realignment proposal which is to be brought to the Expansion/Realignment Committee. If that group approves the proposal or a revision of it by a three-fourths majority, then the proposal will be brought to the entire Conference membership for a vote. If two-thirds of the member schools approve the proposal, it will go into effect after the fourth year of the current cycle or at the completion of the current year in the event of a school withdrawing early.

B. All schools within the O.K. Conference will be numerically ranked in February, based on student population according to the MHSAA. It is the responsibility of the Expansion/Realignment Committee to determine projected enrollments (increases or decreases) for districts opening new schools or consolidating schools within their district.

C. The primary criterion for assigning schools to Divisions is enrollment. In order of priority, programs offered and geography are also to be used in placing schools.

D. The Expansion/Realignment Committee will submit a completed plan with schools assigned to a Division to the Athletic Commission for review at its next meeting. An affirmative vote of three-fourths (3/4) of the Expansion/Realignment Committee members is needed before a plan can be forwarded to the Athletic Commission.

E. The Athletic Commission will take an advisory vote at its next meeting and forward the plan and the result of the advisory vote to the Executive Board.

F. The Executive Board shall review the plan of realignment and make a recommendation to the Executive Council prior to its spring meeting. The O.K. Conference Commissioner will conduct an information session two weeks prior to the Executive Council vote to update Athletic Directors, Principals, and Superintendents on the proposal.

G. The official vote will take place at the Executive Council’s spring meeting. The vote will be a written ballot signed by the Principal, Athletic Director, and Superintendent of the school. To be approved, two-thirds (2/3) of the total member schools must pass the
proposal. If the plan does not pass, it will be returned to the Expansion/Realignment Committee for review/revisions.

H. The Expansion/Realignment Committee will submit a revised proposal to the Athletic Commission at its next meeting. A member may re-introduce a previously defeated proposal. A previously defeated proposal may be reconsidered only one time.

I. The Athletic Commission will take an advisory vote at its next meeting and forward the plan and the result of the advisory vote to the Executive Board.

J. The Executive Council shall be convened and two-thirds (2/3) of the total membership is needed to approve the plan or it will be returned to the Expansion/Realignment Committee for further review/revisions.

K. This schedule defined in paragraphs G-I will be repeated until the realignment process is completed.

NOTES:

A. Member schools may request in writing to the Commissioner’s Office (Appendix A), by February 1 of the realignment cycle, to play in a Division of comparable schools taking enrollment, geography, and programs into consideration. The request is to include a rationale for the move. This request will be taken under consideration in the realignment process. All affected Divisions will be contacted by the Commissioner’s Office.

B. The Divisional alignment will be in effect for a four-year period starting the fall after the most recently completed cycle; unless amended/changed by three-fourths (3/4) vote of all member schools. Each school’s vote is to be submitted on a written ballot which contains the signatures of the school’s Athletic Director, Principal, and Superintendent.

C. Divisions of eight (8) or more schools are preferable; however, they must have a minimum of six (6) schools.

D. The Expansion/Realignment committee will examine possible disparities of Division alignment every two years and will recommend adjustments in the Division alignments as needed using the standard realignment criteria defined in AIA-1 paragraph B. A modified realignment must be approved by a three-fourths (3/4) vote of the Expansion/Realignment Committee and by a two-thirds (2/3) vote of the affected Divisions.

E. The Expansion/Realignment committee will place schools opening within an existing member district into a Division if occurring during a non-re-alignment year.
F. In the Expansion/Realignment process, if Divisions are formed with less than eight (8) teams in each Division, schools will be guaranteed seven (7) games.
BYLAW 2 – O.K. CONFERENCE EXPANSION

In the second year of the expansion/realignment cycle:

A. Individual school districts may petition the O.K. Conference for admission by applying in writing to the Conference Commissioner prior to August 1st.

B. Letters of application will be presented to the Athletic Commission at its September meeting.

C. The Athletic Commission will take an advisory vote at its January meeting. The Executive Commissioner will forward the applications to the Executive Board.

D. The Executive Board will review the applications and the Athletic Commission’s advisory vote. A recommendation will be made to the Executive Council prior to its winter meeting.

E. The Executive Council will vote to determine if expansion should be considered (simple majority).

F. Applying schools will be notified prior to March 1st by the Executive Commissioner of their application status.

G. If expansion is to be considered, the Conference Commissioner will appoint a visitation committee composed of six (6) Principals and four (4) Athletic Directors who will review and evaluate the proposed new schools.

H. The visitation committee will use Appendix IC-1 when reviewing the applying schools.

I. Visitations will occur during October and November in the third year of the cycle.

J. The visitation committee’s report will be given to the Athletic Commission prior its January meeting.

K. The Athletic Commission will take an advisory vote on the visitation committee’s recommendation(s) at its January meeting and forward the result to the Executive Board.

L. The Executive Board will review the plan and present a recommendation to the Executive Council prior to its winter meeting.

M. A three-fourths (3/4) vote of the total membership submitted on a written ballot signed by the Athletic Director, Principal, and Superintendent is needed to pass the proposal.

N. The Conference Commissioner will notify each applying school in writing whether their application was approved or rejected (with deficiencies noted) prior to March 1st.
O. Admitted schools will be placed in Divisions according to the re-alignment criteria and start competition in the fall upon completion of the current re-alignment cycle.
# O.K. CONFERENCE EXPANSION/REALIGNMENT TIME-LINE

The expansion/realignment cycle will be four years.

<table>
<thead>
<tr>
<th>Year</th>
<th>Date</th>
<th>Requirement</th>
</tr>
</thead>
<tbody>
<tr>
<td>1(^{st}) year</td>
<td></td>
<td>Alignment will begin</td>
</tr>
<tr>
<td>2(^{nd}) year</td>
<td>August 1(^{st})</td>
<td>Letters of application for expansion due</td>
</tr>
<tr>
<td></td>
<td>September</td>
<td>Athletic Commission discussion</td>
</tr>
<tr>
<td></td>
<td>January</td>
<td>Athletic Commission advisory vote</td>
</tr>
<tr>
<td></td>
<td>January</td>
<td>Executive Board meets to review</td>
</tr>
<tr>
<td></td>
<td>February</td>
<td>Executive Council votes on possible expansion/realignment</td>
</tr>
<tr>
<td></td>
<td>February</td>
<td>Notes sent to applicants with vote results</td>
</tr>
<tr>
<td>3(^{rd}) year</td>
<td>August</td>
<td>Applications due</td>
</tr>
<tr>
<td></td>
<td>Oct/Nov/Dec</td>
<td>Visitations occur</td>
</tr>
<tr>
<td></td>
<td>January</td>
<td>Advisory Vote by Athletic Commission to accept new members</td>
</tr>
<tr>
<td></td>
<td>January</td>
<td>Executive Board recommendation to Executive Council</td>
</tr>
<tr>
<td></td>
<td>February</td>
<td>Executive Council vote to accept new members</td>
</tr>
<tr>
<td></td>
<td>February</td>
<td>Expansion/Re-alignment Committee meets to form Divisions (using MHSAA February count)</td>
</tr>
<tr>
<td></td>
<td>March</td>
<td>Athletic Commission reviews alignment</td>
</tr>
<tr>
<td></td>
<td>March</td>
<td>Athletic Commission advisory vote</td>
</tr>
<tr>
<td></td>
<td>April</td>
<td>Executive Board recommendation</td>
</tr>
<tr>
<td></td>
<td>April/May</td>
<td>Executive Council Vote</td>
</tr>
<tr>
<td>4(^{th}) year</td>
<td></td>
<td>Current alignment cycle continues</td>
</tr>
<tr>
<td>5(^{th}) year</td>
<td>August</td>
<td>New alignment cycle begins</td>
</tr>
</tbody>
</table>

2016 Revision
BYLAW 3 – ENTRY FEE AND ANNUAL ASSESSMENT FEES

New member school districts are to pay a one-time $200 league entry fee. Member schools shall pay a yearly dues’ assessment as determined by the Conference Commissioner and approved by Executive Council. Assessments reflect sports participation by individual schools.
BYLAW 4 – MHSAA MEMBERSHIP

Member schools must have continuing membership in the Michigan High School Athletic Association (MHSAA).
BYLAW 5 – O.K. CONFERENCE APPEALS PROCESS

If a member school has a complaint or concern regarding O.K. Conference bylaws, Division bylaws, rules, and/or regulations, such complaint or concern shall be dealt with exclusively through the provisions of the O.K. Constitution and its established procedures.

Procedure:

A. Step One
   1. Complaints regarding alleged violation of bylaws, rules, and/or regulations shall be made by the activity/Athletic Director of the complaining school, in writing, to the activity/Athletic Director of the defending school(s) and the Conference Commissioner. The complaint is to be made no later than three (3) workdays after the alleged incident.
   2. Every effort shall be made to reconcile differences at this level. Complaints that cannot be resolved by the activity/Athletic Directors within two (2) workdays of notification may be referred to the Principals of the involved schools.

B. Step Two
   1. A complaint as to an alleged violation of O.K. Conference bylaws, rules and/or regulations shall be made by the Principal of the complaining school, in writing, to the Principal of the defending school(s). Such complaint is to be made no later than seven (7) school days after the alleged incident. Such a complaint shall set forth in detail the nature of the charges, date, place of occurrence, and other necessary details. Written notification of such complaint shall be given at the same time to the Conference Commissioner.
   2. Upon receipt by the defending school of such a complaint, said Principal shall actively communicate with the complaining Principal and both Principals shall, in three (3) work days reach a decision to reconcile differences, terminate appeal process, or notify the Conference Commissioner to convene an appeals committee (Step Three). Every effort should be made to reconcile differences with Step Two.

C. Step Three
   1. The Conference Commissioner shall appoint a committee of three (3) and have the committee convene to hear the appeal within five (5) work days. Committee members shall be two (2) Principals and one (1) activity/Athletic Director. The Principals and the activity/Athletic Director should be from a different Division than the disputing parties. The Conference Commissioner or designee shall keep minutes of the appeal hearing.
   2. Each involved school shall put in writing their responses to date of the alleged incident. Copies of the documents shall be sent to the committee Conference Commissioner and the disputing school(s).
   3. Each school shall have the Principal or designee and the activity/Athletic Director present to offer information and clarification at the hearing.
4. The appeal committee shall render a decision within five (5) working days of the hearing date. A copy of the decision shall be mailed by the Conference Commissioner to the schools involved and the President of the Executive Council.

5. This is the final level of O.K. Conference jurisdiction in an appeals process. In as much as one of the major purposes of this appeal system is to improve the spirit of O.K. Conference competition, it is hoped that along with each decision in the appeals process, recommendations as to how to alleviate this particular problem in the future should be made to the Executive Council.

D. The O.K. Conference Commissioner may, upon receiving a written request from a member school, temporarily re-assign a school to an alternate Division by sport. These requests should only be under extreme and emergency situations. Schools affected by the Commissioner's decisions regarding temporarily assigning a school to an alternate Division by sport may be appealed in writing to the Executive Board.
GENERAL PHILOSOPHY OF ATHLETICS

The members of the O.K. Conference recognize interscholastic athletics as being an integral part of those total educational experiences that are made available to the youth of our schools. Therefore, the Conference supports only those activities and the schedules that are educationally and physically sound for the student participant, and subscribes to the following:

A. We believe that the Board of Education, having legal authority, should delegate full and complete responsibility for the athletic program to the Superintendent of schools, and the Superintendent, in turn, will delegate such authority as the local situation may require. In all instances, this delegated authority will rest with the high school Principal. The Principal may delegate further responsibilities to the Athletic Director or faculty designee.

B. We believe that each school should maintain an overall athletic policy consistent with the codes for the administration of athletics found in the handbook of the MHSAA.

C. We believe that members of the coaching staff and administrators of the athletic program should be recommended to the Board of Education and appointed to their positions in the same manner as other members of the teaching staff.

D. We believe that those persons having responsible positions in connection with other schools’ athletic programs should be protected from undue community influences to the same extent that any classroom teacher enjoys protection.

E. We believe that good citizenship and good sportsmanship are the chief aims of the athletic program. Therefore, the school administration will endeavor to acquaint students and school patrons with these desirable objectives.
ATHLETIC COMMISSION

BA Officers of the Athletic Commission
BB Executive Council
  Council Action
  Sportsmanship Competition
BC Administration of Athletic Contest
  General Administration
BD Admission Prices and Passes
BE Bands and Cheerleaders
BF Eligibility of Contestants
BG Officials and Pay Scale
BH Postponement of Contests
BI Master Revolving Schedule
BJ Master Revolving Schedule
BK Conference Ties
ATHLETIC COMMISSION

Officers of the Athletic Commission

A. The officers will consist of a President, Vice-President, Second Vice-President, Third Vice-President, Fourth Vice-President, Fifth Vice-President and Sixth Vice-President.

B. Each year, the Athletic Commission will elect a Fifth Vice-President nominated by the Division in succession. In following years, this person will move up to the position listed above him/her. One officer will be from each Division.

C. Presidency rotation will be as follows:

- 2016-17    Red Division
- 2017-18    White Division
- 2018-19    Blue Division
- 2019-20    Silver Division
- 2020-21    Gold Division
- 2021-22    Green Division
- 2022-23    Black Division

The succeeding Division’s President will serve as Vice-President of the Athletic Commission and attend Executive Council’s meetings with the current Commission President and the year following become President of the Athletic Commission.

D. Each year, each Division will elect a recorder to take notes and file these with the Conference Commissioner.

E. The Conference Commissioner or Assistant Conference Commissioner will act as the official Athletic Commission Secretary.
EXECUTIVE COUNCIL

Council Action

The following are customs and official action summarized for the convenience of personnel. Others may have been omitted for lack of record. They can be added in future editions. Some of these may no longer be necessary and may be revised or repealed by action of the Executive Council.

A. The high school Principal or the designee may vote on Executive Council business dealing with athletic issues.

B. Any inter-Conference activity must be submitted to the Executive Council of the Conference for approval.

C. The Athletic Commission is invited to send one (1) representative to Executive Council meetings as a non-voting resource person. Each school will be represented.

D. It is understood that the only official championships and trophies awarded by the O.K. Conference are to Varsity teams in officially sponsored Conference sports.

E. When coaches and/or Athletic Directors expand an athletic program through the addition of coaches, teams, or schedules, prior approval must be given by that school’s administration, since the Board of Education is responsible for these activities and costs.

F. The council treasurer shall audit O.K. Conference funds each year by July 30 of the following fiscal year.

G. No medals or trophies may be awarded for O.K. commission programs without prior approval by the Executive Board or the Executive Council.

H. Before any school time is used for athletic contests, approval by a majority of the league Principals must be obtained by a poll conducted by the host school.

I. If a member makes a commitment to a Conference activity in the fall of a given school year, that school is then responsible for any fees assessed by that commission.

Sportsmanship Competition

The purpose of emphasizing good sportsmanship is to provide a quality athletic experience for players, coaches, officials, and fans. To that end, the Conference has established the following expectations:

A. The opposing team will be greeted by the host school’s AD, site supervisor, or coach.
B. Coaches will conduct a pre-game exchange and shake hands after the game.

C. Players’ interactions with other players will be positive and respectful.

D. Players’ interactions with officials will be positive and respectful.

E. Coaches’ interactions with officials and players will be respectful.

F. Players are expected to avoid interactions with fans.

G. Every school may have sportsmanship expectations posted in the gym and will share them at pre-season sports meetings and post them on their website.

H. Each school will communicate expectations for good sportsmanship to their student bodies and fans.

I. Inappropriate fan behavior will be addressed by the appropriate school personnel through warnings up to dismissal from the contest.

J. Exemplary behavior or failure to meet any of these expectations will be reported to the opposing school and the O.K. Conference office.

K. Conference schools are expected to provide adequate supervision for all contests (BC-1). A member of the school’s administrative team or designee will attend Varsity basketball, Varsity football, Varsity soccer, Varsity hockey, and any other sport as designated by the Division to assist with game management and crowd control. The visiting school’s representative will introduce himself/herself to the host school’s representative.

Athletic Directors will use the approved Game Sportsmanship Form (appendix IH) to report exemplary incidences of sportsmanship as well as concerns about poor sportsmanship. The completed form is to be sent to the opponent school’s Athletic Director and copied to the O.K. League Office. The league office will compile a record of positive and negative reports and provide a summary to league schools at the end of each sports season.

Schools receiving an excessive number of negative reports will be given an opportunity to correct the situation. If improvement does not occur, the school could be subject to penalties including the loss of hosting home contests up to removal from the Conference.
ADMINISTRATION OF ATHLETIC CONTESTS
General Administration

A. Member schools are to provide adequate supervision for all contests.
B. Member schools are responsible for all crowd control.

C. **VIDEOTAPING/FILMING**

REVISED by O.K. Conference Principal’s Executive Council on 3/13/97 to follow Guidelines of MHSAA.

**Competing Schools**

The Representative Council, at its May 1996 meeting, voted to eliminate MHSAA Handbook Regulation II, Section 14(a) that prohibits schools from videotaping or filming contests in which they are not participating without permission of competing teams. Previous council action in 1995 had eliminated the Regulation for football only, but in 1996 the Regulation is eliminated in all sports. Leagues and Conferences may continue to enforce third party (scouting) limitations for league games and league teams; however, non-Conference opponents will not be subject to such prohibitions and will be allowed to videotape events without advance permission. It is to be understood that videotape scouting does not include press box or preferred seating status without prior consent of the host school.

D. The adopted league schedules are to serve as contracts in lieu of regular game contracts for Division games. O.K. Conference member schools may request to play a Conference game on an alternate date other than the adopted league schedule or at an alternate site only if both schools agree to switch to the alternate date, time and/or site. In the event both schools can’t agree, they have the right to appeal according to Sections ADC-F and AIE-1.

E. Any deficit that occurs in the Conference treasury will be referred to the Executive Council for further disposition.

F. On the day of the district marching band festival, no Conference contests are to be held. Practices and make-ups may be held if band members are not required to attend or if the O.K. Conference schools do not have a band.

G. A team that does not compete in a Conference dual schedule may not compete in a Conference meet in that sport.

H. Photographers

All sideline/game photographers must be approved by an O.K. Conference Athletic Director. The Athletic Director will issue a sideline/game pass that must be worn by

2016 Revision
the individual in order to be allowed coverage of that activity. Each member school will be allowed to issue four (4) sideline/game photographers passes per contest.

I. The O.K. Conference will not accept, review, or act on any protest involving the misinterpretation or misapplication of a rule and/or the misapplication of a penalty by an official in any athletic contest involving member schools on a Divisional or inter-Divisional basis. However, it is to be understood that the appealing coach maintains the right to appeal the case, as provided by the officially approved rule book in the particular sport. This must be done at the time the dispute arises. The official in charge shall decide the appeal by the format outlined in the official rule book. The decision arrived at will be final, and the game or meet result at its completion will stand final.

J. Whenever possible, the Home Team shall provide comparable facilities for Visiting Teams.

K. All games starting times shall be decided by each Division’s Athletic Directors, subject to annual approval by that Division’s Principals.

L. O.K. Conference schools must provide free on-site parking for all athletic events. A school may charge fees to park on their premises provided the number of free sites is equal to or greater than the number of paid sites.

M. Allow drones to be used by mutual agreement of completing schools. Footage cannot be used to gain a competitive advantage during contest.

N. Any signs, flags, banners, chants, cheers, or promotional material that carry questionable implications or are degrading are prohibited at an O.K. Conference venue.
ADMISSION PRICES AND PASSES

A. All Conference admission prices are to be established annually by each Division.

B. Admission prices for a school’s own student season passes and adult season passes at home are optional. A school may choose not to charge for selected sports.

C. Pre-game tickets may be sold by both the home and visiting schools, at designated prices.

D. Subject to prior approval of Division Principals, admission prices and validity of passes for Conference meets shall be determined in advance by each Division’s Athletic Directors.

E. O.K. Conference passes, non-transferable, should be issued to the following: Board of Education members, Central Office and Senior High Administrators, and Senior High coaches. Each school will receive a total of eighty-five (85) Conference passes to be issued at the discretion of the Athletic Director. Each school will receive four (4) scouting passes.

F. Failure to use passes for designated purposes; number of persons per pass, between competing schools or for scouting; will result in loss of pass.
BANDS

A. At football games, the pre-game activities should include the flag raising ceremony and the National Anthem. The band is allowed on the field for ten (10) minutes prior to the game starting for a period not to exceed seven (7) minutes.

B. At basketball games, only the Home Team may have a band present. All other instruments are not allowed.

C.* Visiting bands at all levels of competition will be allowed only by mutual agreement between the competing schools.

CHEERLEADERS

A. The number of cheerleaders in uniform will be determined by each Division.

B. Pom Poms may be used on the playing floor only at half-time, and the floor must be cleaned after using them.

C. Dance/Pom Pom/Performance teams will be determined by each Division.
*ELIGIBILITY OF CONTESTANTS*

A. Each Division may determine how eligible 7th, 8th, 9th, and 10th grade athletes may participate on sub-Varsity teams according to MHSAA rules. Each Division may determine to ply 11th graders on a JV team in order to save that sport.

B. An athlete may participate in more than one sport per season. Each school will determine the application of this rule to each sport and season.
OFFICIALS AND PAY SCALE

A. Varsity football, boys and girls basketball, boys and girls swimming, volleyball, and wrestling officials are to be hired for Conference contests including Conference and Non-Conference meets and matches by the Conference Commissioner's office. **Unless the Athletic Commission takes action to the contrary,** no school need accept any official they have rejected by the bongo system in any Varsity contest in the sports listed above. If the hiring of officials for additional sports is added to the assignments of the Commissioner's office, the same procedure will apply.

B. All other officials shall be hired by the home school’s Athletic Director.

C. Non-Conference sub-Varsity officials are to be hired by the local school.

D. School personnel may work any sub-Varsity contest as an official in any sport, as long as they are registered with the MHSAA.

E. All Conference meets shall be Divisional responsibility. All Division schools participating in a Conference meet shall establish the budget and shall share equally the expenses or profit; provided however that the Conference as a whole pays for trophies and medals for such meets.

F. Officials' pay scale will be reviewed every four (4) years.
POSTPONEMENT OF CONTESTS

A. Any cancellations are to be made by the Athletic Director of the affected school. The Athletic Director is to notify the opponent’s school by two o’clock in the afternoon, and is to speak directly to the Athletic Director. If the Athletic Director is not available, the Principal or coach should be contacted. Messages are not to be left with office personnel.

B. If a school must cancel a Conference contest for some reason, the following procedure will be used:
   1. Notify the Conference Commissioner's office of the cancellation (any sport using league assigned officials).
   2. The contest will be made up on a common date if available.
   3. If a common date is not available, an inter-Division contest will be canceled to make room for the Conference contest.
   4. If a school has more than one contest to make up, chronological order of original schedule will take precedent.
   5. Every effort must be made by both schools to reschedule a canceled contest, including a request to non-league schools to cancel a contracted date.
   6. Whenever a contest cannot be made up because of state rules or unbreakable outside contracts, the percentage of Division won – lost records will be the basis for establishing league standing.

C. If a school feels that an opponent has not made every possible effort to reschedule a canceled contest, the following procedure will be used:
   1. Notify Conference Commissioner's office.
   2. A committee composed of the Conference Commissioner and the officers of the Athletic Commission shall hear reports from both schools involved.
   3. The committee’s decision shall be final. If the committee agrees with the charge, the game shall be forfeited. If the committee agrees with the defense, the won – lost percentage policy will determine the league standings.
   4. Members of the committee from the schools involved will be exempt from voting.

D. It is recommended by the committee that games not played because of the existence of an epidemic involving large numbers of contestants in either of the contesting schools shall be canceled. Responsibility for determining the condition of the affected teams lies with the high school Principal upon the recommendation of the team physician.

E. If a team cannot play a scheduled league contest because of strike related problems, that team will forfeit the contest to its opponent.
MASTER REVOLVING SCHEDULE

All Divisions must adopt a master revolving schedule.

EXAMPLES:

- 5-Team Division – a four-year revolving schedule
- 6-Team Division – a five-year revolving schedule
- 7-Team Division – a six-year revolving schedule
- 8-Team Division – a seven-year revolving schedule
- 9-Team Division – an eight-year revolving schedule

Division schedules, requiring officials’ assignments by the Conference Commissioner, must be submitted to the Conference Commissioner by June 1, two years in advance of the schedules contest year.

EXAMPLE

- June 1, 2016 = 2017/2018 school year
- June 1, 2017 = 2018/2019 school year
- June 1, 2018 = 2019/2020 school year
- June 1, 2019 = 2020/2021 school year
<table>
<thead>
<tr>
<th>YEAR</th>
<th>1st Year</th>
<th>2nd Year</th>
<th>3rd Year</th>
<th>4th Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st Conference Date</td>
<td>1 @ 2</td>
<td>3 @ 2</td>
<td>5 @ 1</td>
<td>4 @ 1</td>
</tr>
<tr>
<td></td>
<td>3 @ 4</td>
<td>5 @ 4</td>
<td>2 @ 6</td>
<td>6 @ 3</td>
</tr>
<tr>
<td></td>
<td>5 @ 6</td>
<td>7 @ 6</td>
<td>3 @ 7</td>
<td>8 @ 5</td>
</tr>
<tr>
<td></td>
<td>7 @ 8</td>
<td>1 @ 8</td>
<td>4 @ 8</td>
<td>2 @ 7</td>
</tr>
<tr>
<td>2nd Conference Date</td>
<td>2 @ 3</td>
<td>1 @ 5</td>
<td>1 @ 4</td>
<td>5 @ 2</td>
</tr>
<tr>
<td></td>
<td>4 @ 5</td>
<td>6 @ 2</td>
<td>3 @ 6</td>
<td>7 @ 4</td>
</tr>
<tr>
<td></td>
<td>6 @ 7</td>
<td>7 @ 3</td>
<td>5 @ 8</td>
<td>1 @ 6</td>
</tr>
<tr>
<td></td>
<td>8 @ 1</td>
<td>8 @ 4</td>
<td>7 @ 2</td>
<td>3 @ 8</td>
</tr>
<tr>
<td>3rd Conference Date</td>
<td>5 @ 1</td>
<td>4 @ 1</td>
<td>2 @ 5</td>
<td>3 @ 1</td>
</tr>
<tr>
<td></td>
<td>2 @ 6</td>
<td>6 @ 3</td>
<td>4 @ 7</td>
<td>7 @ 5</td>
</tr>
<tr>
<td></td>
<td>3 @ 7</td>
<td>8 @ 5</td>
<td>6 @ 1</td>
<td>4 @ 2</td>
</tr>
<tr>
<td></td>
<td>4 @ 8</td>
<td>2 @ 7</td>
<td>8 @ 3</td>
<td>8 @ 6</td>
</tr>
<tr>
<td>4th Conference Date</td>
<td>1 @ 4</td>
<td>5 @ 2</td>
<td>1 @ 3</td>
<td>1 @ 7</td>
</tr>
<tr>
<td></td>
<td>3 @ 6</td>
<td>7 @ 4</td>
<td>5 @ 7</td>
<td>5 @ 3</td>
</tr>
<tr>
<td></td>
<td>5 @ 8</td>
<td>1 @ 6</td>
<td>2 @ 4</td>
<td>2 @ 8</td>
</tr>
<tr>
<td></td>
<td>7 @ 2</td>
<td>3 @ 8</td>
<td>6 @ 8</td>
<td>6 @ 4</td>
</tr>
<tr>
<td>5th Conference Date</td>
<td>2 @ 5</td>
<td>3 @ 1</td>
<td>7 @ 1</td>
<td>2 @ 1</td>
</tr>
<tr>
<td></td>
<td>4 @ 7</td>
<td>7 @ 5</td>
<td>3 @ 5</td>
<td>4 @ 3</td>
</tr>
<tr>
<td></td>
<td>6 @ 1</td>
<td>4 @ 2</td>
<td>8 @ 2</td>
<td>6 @ 5</td>
</tr>
<tr>
<td></td>
<td>8 @ 3</td>
<td>8 @ 6</td>
<td>4 @ 6</td>
<td>8 @ 7</td>
</tr>
<tr>
<td>6th Conference Date</td>
<td>1 @ 3</td>
<td>1 @ 7</td>
<td>1 @ 2</td>
<td>3 @ 2</td>
</tr>
<tr>
<td></td>
<td>5 @ 7</td>
<td>5 @ 3</td>
<td>3 @ 4</td>
<td>5 @ 4</td>
</tr>
<tr>
<td></td>
<td>2 @ 4</td>
<td>2 @ 8</td>
<td>5 @ 6</td>
<td>7 @ 6</td>
</tr>
<tr>
<td></td>
<td>6 @ 8</td>
<td>6 @ 4</td>
<td>7 @ 8</td>
<td>1 @ 8</td>
</tr>
<tr>
<td>7th Conference Date</td>
<td>7 @ 1</td>
<td>2 @ 1</td>
<td>2 @ 3</td>
<td>1 @ 5</td>
</tr>
<tr>
<td></td>
<td>3 @ 5</td>
<td>4 @ 3</td>
<td>4 @ 5</td>
<td>6 @ 2</td>
</tr>
<tr>
<td></td>
<td>8 @ 2</td>
<td>6 @ 5</td>
<td>6 @ 7</td>
<td>7 @ 3</td>
</tr>
<tr>
<td></td>
<td>4 @ 6</td>
<td>8 @ 7</td>
<td>8 @ 1</td>
<td>8 @ 4</td>
</tr>
</tbody>
</table>
CROSSOVER “TIE BREAKER”

A. In case of a tie between two (2) teams in the regular season standings:
   1. Head to Head.
   2. LEAST amount of points/goals allowed in League games.
   3. A coin flip.

B. If there is a three or more way tie:
   1. Head-to-Head.
   2. Least amount of points/goals allowed in games between the teams affected. [Volleyball would use the first three (3) games of a match between the teams.]
   3. Once the highest seed team(s) is set and there are two (2) teams remaining, go back to the Head to Head criteria.
   4. If there are ties, a coin flip will be used to break that tie.
CONFERENCE
SPORTS

CA  Conference Sports Defined
CBA  Baseball and Softball
CBB  Basketball – Boys and Girls
CBC  Bowling – Boys and Girls
CBD  Competitive Cheer
CBE  Cross Country – Boys and Girls
CBF  Football
CBG  Golf – Boys and Girls
CBH  Gymnastics
CBI  Ice Hockey
CBJ  Lacrosse – Boys
CBK  Lacrosse – Girls
CBL  Soccer – Boys and Girls
CBM  Swimming – Boys and Girls
CBN  Tennis – Boys and Girls
CBO  Track – Boys and Girls
CBP  Volleyball
CBQ  Water Polo – Boys and Girls
CBR  Wrestling
O.K. CONFERENCE SPORTS

The addition of Conference sports takes place when: (1) a majority of Athletic Directors present at a regular meeting of the Athletic Commission recommends the addition of a sport; (2) the Executive Council at a regular scheduled meeting approves the recommendation. An established Conference sport at the Varsity level shall be discontinued if it is sponsored by less than majority of the schools.

All O.K. Conference Schools abide by MHSAA regulations for all sports; the only exception being in situations where the league requests and is granted a waiver by the MHSAA.

GENERAL GUIDELINES

All O.K. Conference contests will adhere to MHSAA and NFHS rules and standards.

Home Team Responsibilities
A. MHSAA guidelines will be followed for all sports and all levels.
B. MHSAA Officials will be used for all contests.
C. Provide water, ice and cups.
D. Provide locker room and bathroom facilities.
E. Provide Athletic Training services where possible. Visiting teams should arrive taped where possible and bring tape supplies when needing to be taped by the home team.
F. Notify the visiting school of any changes in start time or location at least one week in advance, preferably much earlier, where possible.
G. Notify the visiting school of any adjustments to the normal half-time routine (adding time, special celebrations or fundraising games).
H. Report all scores, regardless of outcome, using VNN PressBox.
I. Provide appropriate staffing for all games, the visiting team should not have to provide unless agree upon beforehand.

Visiting Team Responsibilities
A. Request permission if you would like to bring a band to any games other than football.
B. Report all scores, regardless of outcome, using VNN.
BASEBALL AND SOFTBALL

A. The O.K. Conference schools follow MHSAA as they pertain to individual sports except when a waiver has been requested and granted by the MHSAA.

B. Two (2) registered umpires should be used in Varsity and sub-Varsity contests.

C. Conference personnel can be used to umpire Varsity Conference games, but not a game involving the school for which the person is employed.

D. Fast pitch softball will be played.

E. Coaches at first and third base are to be in uniform for the Varsity level as recommended.

F. Conference games are to be played under the “free substitution rule,” as stated in the National Federation Handbook.

G. Sub-Varsity games, which are rained-out, are to be canceled, unless the Athletic Directors mutually agree to reschedule them.

H. On all levels, if one team is ahead by ten (10) runs after the completion of five (5) innings, the game shall be called. National Federation Mercy Rule should be in effect.

O.K. Black Guidelines

Start Time:
4:15 p.m. – single game
4:00 p.m. – double header

Admission
$5.00 where charged / $3.00 students

Officials
A. Two (2) MHSAA registered umpires must be contracted at all levels of competition.

Home Team Responsibilities
A. Official Scorebook: Head coaches must agree regarding official scorebook before the conclusion of the game.

B. Provide three (3) new game balls for each game. In a double header, the Visiting Team must supply three (3) new game balls.

C. Report all scores and stats to VNN Pressbox.
D. Provide Athletic Training services. Visiting Teams are responsible for their own supply of tape and pre-wrap.

E. Provide Blood-borne Pathogen kit.

F. Provide water, ice and cups.

G. Notify visiting school regarding any changes in start time or schedule at least one (1) week in advance. Athletic Directors must confirm changes.

Rules of Play
A. Mercy Rule: Games are considered complete when one (1) team is ahead by fifteen (15) runs after three (3) innings or ten (10) runs after five (5) innings of play.

B. For a single game, the Home Team takes infield from 3:50 p.m. to 4:00 p.m. and the Visiting Team takes infield from 4:00 p.m. to 4:10 p.m. For a double header, the Home Team takes infield from 3:35 p.m. to 3:45 p.m. and the Visiting Team takes infield from 3:45 p.m. to 3:55 p.m.

C. Fifteen (15) minutes between double headers.

D. Home and Visitor designation will be switched for the second game of a double header.

E. Suspended game(s) are handled according to National Federation rules.

F. All suspended or canceled games must be made up on the first available date. Conference games take precedence over non-Conference games.

G. International tie breaker will be in effect beginning with the 2010 season for Varsity and JV contests, in softball.

H. JV games are scheduled as seven (7) inning games. Double headers are two (2) seven-inning games.

I. Freshman league contests are scheduled as two (2) five-inning games for double headers. No extra innings.

J. Freshman and JV baseball: No inning starts after two (2) hours in double headers only.

Conference Champion
A. Determined by the best double round robin record. If a tie occurs, all teams that tie will receive an O.K. Black Championship trophy.
O.K. Blue Guidelines

Start Time
4:15 p.m.: single game
4:15 p.m.: double header

Admission
$5.00 where charged

Officials
A. Two MHSAA registered umpires must be contracted at all levels of competition.

Home Team Responsibilities
A. Official Scorebook – Head coaches must agree regarding official scorebook before the conclusion of the game.
B. Provide 3 new game balls for each game.
C. Report all scores and stats to VNN Pressbox.
D. Provide Athletic Training services. Visiting teams are responsible for their own supply of tape and pre-wrap.
E. Provide Blood-borne Pathogen kit.
F. Provide water, ice, and cups.
G. Notify visiting school regarding any changes in start time or schedule at least one week in advance. Athletic Directors must confirm changes.

Rules of Play
A. Mercy Rule – Games are considered complete when one team is ahead by 15 runs after 3 innings or 10 runs after 5 innings of play.
B. For a single game, the Home team takes infield from 3:50 p.m. – 4:00 p.m. and the Visiting team takes infield from 4:00 p.m. – 4:10 p.m.
C. Fifteen (15) minutes between double-headers.
D. The team hosting a double-header is designated “Home” for both games.
E. Suspended game(s) are handled according to National Federation rules.
F. All suspended or canceled games must be made up on the first available date. Conference games take precedence over non-Conference games.
G. JV games are scheduled as seven (7) inning games. Double headers are two seven (7) inning games.
H. JV baseball – No inning starts after two (2) hours in double-headers only.

Conference Champion
A. Determined by the best triple round robin record. If a tie occurs, all teams that tie will receive an O.K. Blue Championship trophy.

O.K. Gold Guidelines
A. Start Time: 4:15 p.m.
B. The host school provides the baseballs, water, and a blood-borne pathogen kit for single and double header games.
C. The Home Team is considered the official book and the host school is required to report the scores to the media.
D. Home Team takes infield first from 3:50 p.m. to 4:00 p.m. Visitors from 4:00 p.m. to 4:10 p.m.
E. Fifteen (15) minutes between double headers. Provide food for only your team.
F. Freshman will play two (2) five-inning games for double headers. No extra innings. JV will play two (2) six-inning games for double headers. No extra innings.
G. Freshman and JV Baseball: No inning starts after one hour and forty-five minutes in double headers only.
H. Two (2) registered umpires should be used in Varsity, JV and Freshman contests. Freshman may have only one (1) umpire.
I. Host school will be the Home Team in both games of a double header (Tuesday) and the host team will be the Home Team for single games (Thursday).
J. Suspended games handled according to the National Federation rules.
K. Conference Champion is determined by the best record in Conference play. If there is a tie for first place, the tied schools will share the title and receive a trophy.
L. Conference play is a single round of double headers on Tuesday and a single game on Thursday (three-game series).
All Conference Selection:
A. Each team will be allotted a specific number of All Conference and Honorable Mention players based on the Final Standing in the Conference and the formula listed below. All players will be nominated at large (regardless of position) by the head coach of their school and coaches will vote to confirm the nominations.

B. A total of fifteen (15) All Conference and eight (8) Honorable Mention Athletes will be chosen [league of six (6)].

1 place: 4AC 2HM
2 place: 3AC 2HM
3 place: 3AC 1HM
4 place: 2AC 1HM
5 place: 2AC 1HM
6 place: 1AC 1HM

O.K. Gold Softball Guidelines
A. Start Time: 4:15 p.m.

B. The host school provides the softballs, water, and a blood-borne pathogen kit for single and double header games.

C. The Home Team is considered the official book and the host school is required to report the scores to the media.

D. Home Team takes infield first from 3:50 p.m. to 4:00 p.m. Visitors from 4:00 p.m. to 4:10 p.m.

E. Fifteen (15) minutes between double headers. Provide food for only your team.

F. Freshman will play two (2) five-inning games for double headers. No extra innings. JV will play two (2) six-inning games for double headers. No extra innings.

G. Freshman and JV Softball: No inning starts after two (2) hours in double headers only.

H. Two (2) registered umpires should be used in Varsity, JV and Freshman contests. Freshmen may have only one (1) umpire.

I. Home and Visiting Teams will switch for double header games.

J. Suspended games handled according to the National Federation rules.

K. Conference Champion is determined by the best record in Conference play. If there is a tie for first place, the tied schools will share the title and receive a trophy.

L. Conference play is a single round of double headers.
All-Conference Selection:
A. Each team will be allotted a specific number of All-Conference and Honorable Mention players based on the Final Standing in the Conference and the formula listed below. All players will be nominated at large (regardless of position) by the head coach of their school and coaches will vote to confirm the nominations.

B. A total of fifteen (15) All-Conference and eight (8) Honorable Mention Athletes will be chosen [league of six (6)].

1 place: 4AC 2HM
2 place: 3AC 2HM
3 place: 3AC 1HM
4 place: 2AC 1HM
5 place: 2AC 1HM
6 place: 1AC 1HM

O.K. Green Guidelines

Start Time
4:15 p.m. – single game
4:00 p.m. – double header

Admission
$5.00 where charged

Officials
A. Two (2) MHSAA registered umpires must be contracted at all levels of competition.

Home Team Responsibilities
A. Official Scorebook – Head coaches must agree regarding official scorebook before the conclusion of the game.

B. The host school will provide three (3) new game balls for each game [six (6) new game balls for a DH].

C. Report all scores and stats per O.K. Conference Guidelines.

D. Provide Athletic Training services. Visiting teams are responsible for their own supply of tape and pre-wrap.

E. Provide Blood-borne Pathogen kit.

F. Provide water, ice, and cups.
G. Notify visiting school regarding any changes in start time or schedule at least one week in advance. Athletic Directors must confirm changes.

Rules of Play
A. Mercy Rule – Games are considered complete when one (1) team is ahead by fifteen (15) runs after three (3) innings or ten (10) runs after five (5) innings of play.

B. For a single game, the Home team takes infield from 3:50 p.m. – 4:00 p.m. and the Visiting team takes infield from 4:00 p.m. – 4:10 p.m. For a double header, the Home team takes infield from 3:35 p.m. – 3:45 p.m. and the Visiting team takes infield from 3:45 p.m. – 3:55 p.m.

C. Fifteen (15) minutes between double-headers.

D. In baseball (because of the three-game series), the home team will be home for both games of a double header. In softball (because of a single DH), the host school will be the home team for the first game. The visiting team will be the home team in the second game.

E. Suspended game(s) are handled according to National Federation rules.

F. Sub-varsity games that are suspended will not be rescheduled or continued.

G. All suspended or canceled games must be made up on the first available date. Conference games take precedence over non-Conference games.

H. International tie breaker will be in effect for softball in the eighth inning for Varsity and JV contests.

I. Double headers are two (2) seven-inning games

J. JV games are scheduled as seven-inning games.

K. Freshman league contests are scheduled as two (2) five-inning games for double-headers. No extra innings.

L. Freshman and JV baseball – No inning starts after two (2) hours in double-headers only.

Conference Champion
A. Will be determined by league record (Baseball and Softball).

B. If a tie occurs, all teams that tie will receive an O.K. Green Championship trophy.
O.K. Red Guidelines

A. Division Schedule (7 teams)
   1. Each school will compete against divisional opponents three (3) times. In baseball a DH will be played on Tuesday and a single game against same opponent to be played on Thursday. In softball a DH will be played against the same opponent as baseball on Tuesday but a different opponent will be scheduled for Thursday. Host school shall be the “home” team at all games scheduled to be at their site.
   2. DH start time 4:00 p.m. – Single Game start time 4:30 p.m.
   3. 15 minutes between Doubleheaders
   4. All Freshmen contests shall be five (5) inning games with no extra innings.
   5. Two (2) registered officials are to be contracted for all levels of competition.
   6. Home team will be the “official” scorebook. Head coaches and umpire shall approve final score and statistics at the completion of the game.
   7. Home school shall provide game balls for all games they host.
   8. Each team shall be provided ten (10) minutes of infield warm-up. Home team shall take infield first. If visiting team arrives late they shall be allowed 30 minutes of warm-up.

B. Suspended or Postponed Games
   1. Postponed game will be made up on next available date as agreed upon by both competing school Athletic Directors.
   2. Baseball - If the second game of a DH is not finished on Tuesday it will be picked up where it ended on Thursday. The first two (2) games of a series must be an official seven-inning contest. (Unless ended by mercy rule or mutual agreement of coaches). A suspended game from Tuesday shall be completed prior to the single game.
   3. Softball - If the second game of a DH is not finished on Tuesday it will be picked up when the two (2) teams meet for the single game. If the two (2) teams have already met for the single contest the game will be made up on next available date. A make-up game shall be completed prior to regular scheduled game.

C. O.K. Red will follow MHSAA mercy rule at all levels:
   1. Fifteen (15) runs after three (3) innings.
   2. Ten (10) runs after five (5) innings.
   3. Inclement weather during game.
   4. For tornado or other warnings – School district policy shall be followed.
   5. For MHSAA policy go to : http://www.mhsaa.com/resources/suspend.html (to resume play for thunder and or lightning – 30 minutes must pass from last sign of lightning or sound of thunder).

D. Pressbox reporting protocol
   1. All coaches are expected to report varsity results to VNN Pressbox.
E. Conference Champion determined by best overall Conference record. If a tie occurs, all teams that tie will be named Conference Champion.

**O.K. Silver Guidelines**

**Start Time**
4:15 p.m.

**Admission**
None

**Officials**
Only MHSAA registered officials (2) may be used. They will be paid.

**Game Balls**
Baseball: Host school will provide three (3) new balls per game.
Softball: Host school will provide two (2) new balls per game.

**Infield Practice**
Baseball: Host school 3:50 p.m. to 4:00 p.m.
Visiting school 4:00 p.m. to 4:10 p.m.

**Water**
Host school will provide water and cups.

**Double Headers**
Rest period between games should be a maximum of fifteen (15) minutes. May move start time to 4:00 p.m.

**Coaches**
First and third base coaches to be in uniform for Varsity level games (Baseball only).

**Suspended Games**
Are to be handled according to National Federation rules.

**Mercy Rules**
On all levels, if one (1) team is ahead by fifteen (15) runs after the completion of three (3) innings or ten (10) runs after five (5) innings, the game shall be ended. All games will be played under MHSAA and the National Federation Rules.

**O.K. White Guidelines (Baseball)**

**Start Time**
4:30 p.m. – single game; 4:00 p.m. – double header
Home Team Responsibilities
A. Suspended game(s) are handled according to MHSAA rules.

B. Official Scorebook – Head coaches must agree regarding official scorebook before the conclusion of the game.

C. Provide 4 new game balls for each game. In a double header the home team must 4 new game balls for both games.

Rules of Play
A. Mercy Rule – Games are considered complete when one team is ahead by 15 runs after 3 innings or 10 runs after 5 innings of play.

B. For a single game, the Home team takes the infield 20 minutes prior to game time and the Visiting team takes the infield 10 minutes prior to game time.

C. Fifteen (15) minutes between double-headers.

D. Home and Visitor designation will not be switched for the second game of a double header.

E. Suspended game(s) are handled according to National Federation rules.

O.K. White Baseball Rain Out Policy
A. If Tuesday game is rained out, it is to be made up on Friday.

B. If Wednesday game is rained out, it is to be made up as doubleheader at Thursday location.

C. If Thursday game is rained out, it is to be made up on Friday. This may be a single game if it is the first rain out of the week. Or it will be added to the Tuesday or Wednesday rain-out games, if necessary.

D. If a non-Conference game is scheduled on Friday, the make-up Conference game MUST take priority.

E. If Friday game is rained out, the game MUST be made up at the next open date for both schools.

F. FR/JV- Tuesday rainouts are made up Wednesday. Wednesday rainouts are made up Friday. If there needs to be a DH it will be seven-inning for JV and five (5) innings for FR.
   1. JV games are scheduled as seven-inning games. Double headers are two (2) seven-inning games. No time limit and extra innings are allowed.
   2. Coaches exchange pitching inning sheet prior to game.

2016 Revision
Conference Champion
A. Determined by the best record. If a tie occurs, all teams that tie will receive an O.K. White Championship trophy.

O.K. White Guidelines (Softball)

Start Time
4:30 p.m. – single game
4:15 p.m. – double header

Home Team Responsibilities
A. Official Scorebook – Head coaches must agree regarding official scorebook before the conclusion of the game.

B. Provide two (2) new game balls for each game. In a double header the home team must provide two (2) new game balls for both games.

Rules of Play
A. Mercy Rule – Games are considered complete when one team is ahead by 15 runs after 3 innings or 10 runs after 5 innings of play.

B. For a single game, the Home team takes the infield 20 minutes prior to game time and the Visiting team takes the infield 10 minutes prior to game time.

C. Fifteen (15) minutes between double-headers.

D. Home and Visitor designation will be switched for the second game of a double header.

E. Suspended game(s) are handled according to MHSAA rules.

F. All suspended or canceled games must be made up on the first available date. Conference games take precedence over non-Conference games. Rainout/incomplete game on Thursday play on the next available date unless there is a school conflict.

G. International tie breaker beginning with the 8th inning will be in effect for varsity and JV contests, in softball.

H. JV games are scheduled as seven-inning games. Double headers are two (2) seven-inning games. No time limit and extra innings are allowed.

Conference Champion
I. Determined by the best record. If a tie occurs, all teams that tie will receive an O.K. White Championship trophy.
BASKETBALL (BOYS AND GIRLS)

A. Registered officials are to be used for all teams.

B. The Home Team will wear their white jerseys at Varsity level.

C. The warm-up period between the junior Varsity and Varsity games is to be a maximum of twenty (20) minutes.

D. Competent adults are to be used as scorers and timers at all junior Varsity and Varsity basketball games.

E. All high school games will be eight (8) minute quarters.

F. Half-time programs for both Varsity and junior Varsity games should be held with a seven (7) minute period, leaving at least three (3) minutes for the teams to warm up.

G. Games are to be played under MHSAA and National Federation Rules.

O.K. Black Guidelines

2016-17 Schedule
First Practice, 11/7 (girls) & 11/14 (boys);
First Contest, 11/28 (girls) & 12/5 (boys);
MHSAA Districts, 2/27 (girls) & 3/6 (boys)

General Guidelines
A. Juniors and Sophomores may not play “down” to complete junior varsity and freshman rosters without consensus from division athletic directors.

B. Regarding “Senior Night” and other special events, the host school must make the opposing school’s leadership aware at least one week ahead of time.

C. The schedule is a double round-robin with no Conference tournament.

D. In 2016-17, the scheduled time for Friday night boy’s varsity contests is 6:00 p.m. and the girls will follow at 7:30 p.m.

E. Start times for the lower levels, order of play, locations, etc. are listed on “Page 2” of this division basketball document.

All-Conference
A. Awards are handed out “at large” – not according to position. Coaches may vote for their own player.
B. Nine (9) All-Conference medals and five (5) Honorable Mention certificates will be voted upon. Votes are tallied with a point going to each student-athlete who gets a vote.

C. Prior to the meeting – that takes place following the regular season’s final game at a time designated by the sport’s “chair” – nomination forms will be sent out. Each school will email/fax their nominations to the chair by the designated deadline. All nominations, voting, and discussions should be kept confidential.

Contact Information – Boys
Fruitport… Adam Anspach, aanspach@fruitportschools.net, (231) 760-3021
Jenison… Dave Kool, dkool@jsponline.org, (616) 889-2841
Kenowa Hills… David Chana, coachchana@gmail.com, (616) 717-0265
Mona Shores… Gene Gifford, giffordg@monashores.net, (231) 557-8592
Muskegon… Keith Guy, kguy@mpsk12.net, (231) 578-0622
Reeths-Puffer… Lance Johnson, johnsonl@reeths-puffer.org, 616-402-9775
Union… Brandoen Guyton, guytonb@grps.org, (616) 885-0880
Chair… Muskegon’s Keith Guy, kguy@mpsk12.net, (231) 578-0622

Contact Information – Girls
Fruitport… Bob German, rgerman@fruitportschools.net, (231) 288-5119
Jenison… Brad VanTimmeren, bvantimm@jsponline.org, (616) 293-8983
Kenowa Hills… Jill Cook, jcook@khps.org, 616-481-8172
Mona Shores… Brad Kurth, kurthb@monashores.net, (231) 578-7944
Muskegon… Taushauna Burrel, tschurchwell@gmail.com, (231) 220-1297
Reeths-Puffer… Brandon Barry, bbarry@oakridgeschools.org, (231) 557-5032
Union… Niesha Lowe, nyelowe24@yahoo.com, (616) 443-5465
Chair… Muskegon’s Keith Guy, kguy@mpsk12.net, (231) 578-0622

O.K. Blue Guidelines

Start Time
Freshman: 4:00 p.m.
Junior Varsity: 15 minutes after the Freshman game, no earlier than 5:30 p.m.
Varsity: 20 minutes after the Junior Varsity game, no earlier than 7:00p.m.
Thursday games: Freshman – 4:00 p.m., Junior Varsity 15 minutes following.

Admission
$5.00

Officials
A. Two (2) MHSAA registered officials are to be contracted for all freshmen and JV games [can be the same two (2) officials].

B. Three (3) MHSAA registered officials are to be contracted for all varsity games.
Home Team Responsibilities
A. Provide scorers and timers: responsible adults are to be used at all Junior Varsity and Varsity basketball games.
B. Provide the game basketball and twelve (12) practice basketballs.
C. Report all scores and stats to VNN Pressbox.
D. Provide Athletic Training services. Visiting teams are responsible for their own supply of tape and pre-wrap.
E. Provide water, ice, and cups.
F. Provide Blood-borne Pathogen kit.

Rules of Play
A. The home team will wear light jerseys.
B. Games are to be played under MHSAA and the National Federation rules.
C. The warm-up period between the Junior Varsity and Varsity games is to be a maximum of twenty (20) minutes.
D. All high school games will be eight-minute quarters.
E. Half-time programs for both Varsity and Junior Varsity basketball games should be kept within a seven-minute period, leaving at least three (3) minutes for the teams to warm-up. If a school has a special event, it is up to the host school to notify the other school at least one (1) week prior to the scheduled date.
F. Only the home team may have a band present and play prior to the Varsity game, at half-time, and during timeouts.

Conference Champion
A. Conference Champion: Double round, best record will determine the Conference Champion. If a tie occurs, all teams that tie will receive an O.K. Blue Championship trophy.

O.K. Gold Guidelines
A. Start Time: On Tuesdays, the Freshman game will start at 4:00 p.m. The JV game will start fifteen (15) minutes after the Freshman game, no earlier than 5:30 p.m. Varsity game will start twenty (20) minutes after the JV game, no earlier than 7:00 p.m.
B. On Thursday, the Freshman game will start at 4:30 p.m. The JV game will start fifteen (15) minutes after the Freshman game, but no earlier than 6:00 p.m.

2016 Revision
C. On Friday, the first game will start at 6:00 p.m. The second game will start twenty (20) minutes after the first game, but not before 7:30 p.m.

D. Odd years: Girls play first, Boys play second. Even years: Boys play first, Girls play second.

E. Home Team will provide water, cups, bloodborne pathogen kit, and basketballs.

F. Registered officials are to be used for all games.

G. The Home Team will wear light jerseys.

H. Responsible adults are to be used as scorers and timers at all Varsity basketball games.

I. All High School games will be eight-minute quarters.

J. Halftime programs for both Varsity and JV basketball games should be held within a seven-minute period, leaving at least three (3) minutes for the teams to warm-up. If a school has a special event, it is up to the host school to be notified at least one (1) weeks prior to the scheduled date.

K. Only the Home Team may have a band present and play prior to the Varsity game and at halftime and during time-outs.

L. Games are to be played under MHSAA and the National Federation Rules.

M. All-Conference (six-team Division): An eight-member first team All-Conference and four-member honorable mention list shall be chosen. Selection procedure is in the O.K. Handbook. Each Division will select an All-Conference team.

N. Conference Champion: Double round, best record will determine the Conference Champion. Ties will not be broken.

O.K. Green Guidelines

Start Time
Freshman: 4:00 p.m.
Junior Varsity: 15 minutes after the Freshman game, no earlier than 5:30 p.m.
Varsity: 20 minutes after the Junior Varsity game, no earlier than 7:00 p.m.
Thursday games: Freshman – 5:00 p.m., Junior Varsity 15 minutes following.
Friday Varsity games: First game at 6:00 p.m., Second game 20 minutes following, no earlier than 7:30 p.m.

Admission
$5.00
Officials
A. Two (2) MHSAA registered officials are to be contracted for all freshmen and JV games (can be the same two officials).
B. Three (3) MHSAA registered officials are to be contracted for all varsity games.

Home Team Responsibilities
A. Provide scorers and timers: responsible adults are to be used at all Junior Varsity and Varsity basketball games.
B. Provide the game basketball and twelve (12) practice basketballs.
C. Report all scores and stats per O.K. Conference Guidelines.
D. Provide Athletic Training services. Visiting teams are responsible for their own supply of tape and pre-wrap.
E. Provide water, ice, and cups.
F. Provide Blood-borne Pathogen kit.

Rules of Play
A. The home team will wear light jerseys.
B. Games are to be played under MHSAA and the National Federation rules.
C. The warm-up period between the Junior Varsity and Varsity games is to be a maximum of twenty (20) minutes.
D. All high school games will be eight-minute quarters.
E. Half-time programs for both Varsity and Junior Varsity basketball games should be kept within a seven (7) minute period, leaving at least three (3) minutes for the teams to warm-up. If a school has a special event, it is up to the host school to notify the other school at least one (1) week prior to the scheduled date.
F. Only the home team may have a band present and play prior to the Varsity game, at half-time, and during timeouts.

Conference Champion
A. Conference Champion: Double round, best record will determine the Conference Champion. If a tie occurs, all teams that tie will receive an O.K. Green Championship trophy.
O.K. Red Guidelines

Triple Header Start Time
Freshmen:  4:00 p.m.
JV:  (15) minutes after freshmen game and no earlier than 5:30 p.m.
Varsity:  (20) minutes after JV game and no earlier than 7:00 p.m.

Thursday games:
Freshmen:  5:00 p.m.
JV:  (15) minutes following the freshmen game
   •  Rockford starts at 5:30 p.m. for freshmen

Friday
Game 1:  6:00 p.m.
Game 2:  (20) minutes after the finish of Game 1

Admission
$5.00 Adults/Students

Home Team Responsibilities
A.  Provide scorers and timers.
B.  Provide twelve (12) practice basketballs (all the same brand).
C.  Report all scores to VNN Pressbox.
D.  Provide Athletic Training services.
E.  Provide water ice and cups.
F.  Provide Blood-borne Pathogen kit.

Rules of Play
A.  Home team will wear light jerseys.
B.  Games are to be played under MHSAA and National Federation rules.
C.  All high school games will be eight-minute quarters.
D.  Halftime programs for both Varsity and JV basketball games should be kept with a seven minute period, leaving at least three (3) minutes for the teams to warm-up. If a school has a special event, it is up to the host school to notify the other school at least one (1) week prior to the scheduled date. **Maximum 15 minute halftime.**

Film Exchange
A.  Teams are responsible to exchange films the Wednesday before a Friday game and Saturday before a Tuesday game.
B. The last two (2) games played are the films that should be exchanged.

Conference Champion
A. Double round, best record will determine the Conference champion. If a tie occurs, all teams that tie will receive an O.K. Red Championship trophy

O.K. Silver Guidelines

Start Time
Freshman: 4:15 p.m.
Junior Varsity: 15 minutes after the Freshman game, no earlier than 5:30 p.m.
Varsity: 20 minutes after the Junior Varsity game, no earlier than 7:00 p.m.

Admission
$5.00/$5.00

Officials
A. Two (2) MHSAA registered officials are to be contracted for all freshmen and JV games [can be the same two (2) officials].
B. Three (3) MHSAA registered officials are to be contracted for all varsity games.

Home Team Responsibilities
A. Provide scorers and timers: responsible adults are to be used at all Junior Varsity and Varsity basketball games.
B. Provide the game basketball and twelve (12) practice basketballs.
C. Report all scores and stats to VNN Pressbox.
D. Provide Athletic Training services. Visiting teams are responsible for their own supply of tape and pre-wrap.
E. Provide water, ice, and cups.
F. Provide Blood-borne Pathogen kit.

Rules of Play
A. The home team will wear light jerseys.
B. Games are to be played under MHSAA and the National Federation rules.
C. The warm-up period between the Junior Varsity and Varsity games is to be a maximum of twenty (20) minutes.
D. All high school games will be eight-minute quarters.
E. Half-time programs for both Varsity and Junior Varsity basketball games should be kept within a seven-minute period, leaving at least three (3) minutes for the teams to warm-up. If a school has a special event, it is up to the host school to notify the other school at least one (1) week prior to the scheduled date.

F. Only the home team may have a band present and play prior to the Varsity game, at half-time, and during timeouts.

Conference Champion
A. Conference Champion: Double round, best record will determine the Conference Champion. If a tie occurs, all teams that tie will receive an O.K. Blue Championship trophy.

O.K. White Guidelines

Start Time
A. Freshman/JV will be Tuesdays and Thursdays. Tuesdays will be FR at 4:00pm and JV at 5:30 p.m. Thursdays will be FR Boys and JV Girls at 5:30 p.m. and FR Girls and JV Boys at 7:00 p.m.

B. Varsity: Tuesday tripleheaders at opposite sites, games at 7:00 p.m. Fridays will be varsity DH. Boys play first in 2014-15. Girls to follow at 7:30 p.m.

Rules of Play
A. The home team will wear light jerseys.

B. The warm-up period between the Junior Varsity and Varsity games is to be a maximum of twenty (20) minutes.

C. Half-time programs for both Varsity and Junior Varsity basketball games should be kept within a seven (7) minute period, leaving at least three (3) minutes for the teams to warm-up. If a school has a special event, it is up to the host school to notify the other school at least one (1) week prior to the scheduled date.

Conference Champion
A. Conference Champion: Double round, best record will determine the Conference Champion. If a tie occurs FOR 1ST place, all teams that tie will receive an O.K. White Championship trophy.
BOULDING (BOYS & GIRLS)

O.K. Black Guidelines

2016-17 Schedule
First Practice, 11/14;
First Contest, 12/3;
MHSAA Regionals, 2/24-45

Saturday, 12/10 Pre-Conference Tournament @ Reeths-Puffer
Monday, 12/12  2 @ 4  3 @ 6  7 @ 5  Bye: 1  Team #1: Union
Wednesday, 12/14  4 @ 3  6 @ 7  5 @ 1  Bye: 2  Team #2: Mona Shores
Monday, 1/9  7 @ 4  1 @ 6  5 @ 2  Bye: 3  Team #3: Reeths-Puffer
Wednesday, 1/11  3 @ 1  2 @ 7  6 @ 5  Bye: 4  Team #4: Jenison
Tuesday, 1/17  4 @ 6  7 @ 1  2 @ 3  Bye: 5  Team #5: Muskegon
Thursday, 1/19  4 @ 5  1 @ 2  3 @ 7  Bye: 6  Team #6: Kenowa Hills
Monday, 1/23  6 @ 2  1 @ 4  5 @ 3  Bye: 7  Team #7: Fruitport
Wednesday, 1/25  4 @ 2  6 @ 3  5 @ 7  Bye: 1
Monday, 1/30  3 @ 4  7 @ 6  1 @ 5  Bye: 2
Wednesday, 2/1  4 @ 7  6 @ 1  2 @ 5  Bye: 3
Monday, 2/6  1 @ 3  7 @ 2  5 @ 6  Bye: 4
Wednesday, 2/8  6 @ 4  1 @ 7  3 @ 2  Bye: 5
Tuesday, 2/14  5 @ 4  2 @ 1  7 @ 3  Bye: 6
Wednesday, 2/15  GMAA Tournament (Muskegon County schools only)
Thursday, 2/16  2 @ 6  4 @ 1  3 @ 5  Bye: 7
Saturday, 2/18  Post-Conference Tournament @ Mona Shores

Conference Tournament Rotation:

Home Lanes
Fruitport & Reeths-Puffer: Northway Lanes
Jenison: Hudsonville Lanes
Kenowa Hills & Union: Westgate Bowling Lanes
Muskegon & Mona Shores: Sherman Lanes

General Guidelines
A. The regular season will consist of twelve dual matches, with each dual victory worth 2 points and losses worth 0 points. The dual points earned will comprise 50% of the total points in determining a champion.

B. The pre- and post-season tournaments are each worth 25% of total points in determining a champion. Points given for both tournaments will be awarded as follows… 1st = 10 points; 2nd = 9 points; 3rd = 8 points; 4th = 7 points; 5th = 6 points; 6th = 5 points; 7th = 4 points. If a tie occurs between teams, points earned will equal the combined points for each place, divided by two.
C. The listed starting times should be 3:30 pm, unless a bowling center wishes to begin at a different time.

D. Each school will pay $25 to a bowling secretary who will keep track of team and individual standings.

All-Conference
A. Athletes are not eligible unless they bowl at least 18 individual games throughout the regular season. The top 9 bowlers – based on their average – receive All-Conference medals and the next 5 places will earn Honorable Mention status. A game does not count unless the bowler bowls at least part of six frames.

Contact Information
Fruitport... Joe Kolanowski, jbkmx991@yahoo.com; (231) 672-0097
Jenison… Chris Slagter, cjslagter300@sbcglobal.net, (616) 773-9166
Kenowa Hills… Wesley Ackerman, wackerman@khps.org, (616) 443-7134
Mona Shores… Steve Thornton, steven.thornton@brunbowl.com, (219) 775-9444
Muskegon… Greg Roberts, gregorytroberts@hotmail.com, (231) 578-4262
Reeths-Puffer… Cheryl Johns, johnsfamily0420@yahoo.com, (231) 215-7093
Union… Charles Anderson, andersonc@grps.org, (616) 214-2819
Chair... Mona Shores’ Ryan Portenga, portengr@monashores.net, (231) 206-2027

O.K. Blue Guidelines

Start Time
3:30 p.m.

Admission
None

Home Team Responsibilities
A. Scorekeeping: - It shall be the responsibility of coaches and host school management to verify scores. Should there be failure of automatic scoring, school coaches are responsible for manual scoring.

B. Report all scores and stats to VNN Pressbox.

Rules of Play
A. General playing rules and definitions of the USBC will be followed as they relate to equipment, fouls, illegal pinfall, improper sets, etc.

B. Equipment specifications of the major bowling sanctioning organizations (USBC) will be followed for bowling balls.

C. Only the bowlers who are in the lineup and are currently competing are allowed in the bowlers seating area. Substitute bowlers should be in a nearby area and ready to enter competition in a timely manner.
D. Participants shall be limited to no more than two (2) bowling balls at any one (1) time on the ball return. Equipment changes will be allowed.

E. One school coach will be allowed in the bowlers seating area during competition. Coaches are not allowed on the approaches. Additional coaches must be in the spectator area. Coaching is allowed only between frames.

F. Individuals shall be allowed a warm-up period not to exceed 5 minutes on each starting lane (10 minutes total).

G. Dual meets will be two (2) Baker games and two (2) Regular games. A thirty (30) point process will be used to determine the winner of the dual matches. Alternating lanes will be used in all Conference Dual and Tournament games.

H. A maximum roster of ten (10) bowlers will be allowed on the day of competition. The ten (10) bowlers may change between dates of competition.

I. No spectators are allowed in the bowling area where team members are seated. Spectators shall not taunt or jeer opposing players.

J. A starting lineup must be submitted 10 minutes prior to the start of each game. A standard starting lineup for team competition will consist of five bowlers. Lineups may change in subsequent games.

K. Substitutions will be allowed as follows: Starting bowlers must bowl at least one frame before being substituted. Once a substitute enters the game, he/she must finish that game. Substitutions in mid-frame are allowed. The bowler who is substituted for may return as a starter or substitute in subsequent games. The substitute must be on the 10 person roster at the start of competition. All five starting bowlers may be substituted for in any given game.

L. MHSAA Regulations - All MHSAA regulations including academic requirements, eligibility and transfer rules, limited team membership, yearly physical exam, etc. apply to MHSAA schools with bowling teams and must be followed as in all other sports under MHSAA jurisdiction.

Rules of Conduct
A. Dress Code

   Boys - Slacks are required. Jeans, cutoffs, shorts, sweatpants, or warm-up pants will not be allowed. A collared shirt will be required. T-shirts will not be allowed.

   Girls - Slacks, shorts, or skirts will be allowed. Skirts must reach the top of the knee and shorts shall be an appropriate length. Jeans, cutoffs, sweatpants, or warm-up pants will not be allowed. A collared shirt will be required. T-shirts will not be allowed.

B. Neither boys nor girls may wear hats, caps, or any other type of headgear. Allowances will be made for religious dress with prior approval from the MHSAA.
C. A single patch or embroidered area not to exceed 2 inches X 3 inches in size will be allowed to identify a sponsor. The logo or type must be approved by the MHSAA. It may appear once on either sleeve, or the left or right front breast-pocket area. School name, logo, or bowler name may also appear on the shirt.

D. Alcohol/Tobacco - Alcohol may not be sold to, or used by spectators during school competition. Smoking is not permitted during school competition. Coaches may not use alcohol or tobacco. It is preferred that bowling centers do not sell alcohol during school competition. The area of a bowling center where high school bowling competition is being held should be clearly defined in order to restrict the sale and use of alcohol and tobacco.

E. Noisemakers - Noisemakers are not allowed.

F. Music - Proprietors are asked to make every effort to refrain from playing loud music over house speakers or making PA announcements during bowling competition.

G. Sportsmanship/conduct - Good sportsmanship for players and coaches is a must. Taunting, profanity, and intimidating conduct are not allowed. All MHSAA regulations regarding sportsmanship and disqualification penalties as stated in Regulation V, Section 3, will be followed. Players will not be allowed on the approach to congratulate or celebrate the accomplishment of a fellow team member during bowling. Bowlers will not be allowed to enter an adjacent lane approach to celebrate or "run-out" their delivery. Bowlers shall observe traditional bowling courtesy for bowlers on adjacent lanes.

Conference Tournament
A. The Pre and Post Season tournament will be four (4) Baker games and three (3) Regular games. Total pins will be used to determine place in the tournament.

Conference Champion
A. Determined by a pre-season tournament (25%), double round regular season (50%), and a post season tournament (25%). If a tie occurs, all teams that tie will receive an O.K. Blue Championship trophy.

O.K. Gold and Green Guidelines

Home Team Responsibilities:
A. Have bowling alley ready for match play.

B. Tables and chairs set up for both teams.

C. After the match, call The Grand Rapids Press with results - (616-222-5477).

Regular Conference match play consists of two (2) Baker games and two (2) Regular games using a 30 point system: 4 points for each Baker game, 2 points for total of 2 Baker games, 9 points for each Regular game (1 for each individual and 4 points for game total) and 2 points for
total pins in the 2 Regular games. Any bowler who completes the first 5 frames will be credited with the complete game. Mark on the score sheet what frame substitutions are made.

Conference Champion
A. Pre-Conference Tournament
   1. Place is determined by total pins.
      
      1ST place = 3 points
      2nd place = 2 points
      3rd place = 1 points

B. Double Round Regular Season Conference Play
   1. Will be determined by the number of wins. There will be one (1) point for each Conference win (Example. 16 wins equal 16 points; 15 wins equal 15 points, 14 wins equal 14 points, 13 wins equal 13 points, etc.)

C. Post-Season Tournament
   1. Place is determined by total pins.
      
      1ST place = 5 points
      2nd place = 4 points
      3rd place = 3 points
      4th place = 2 points
      5th place = 1 point

If a tie occurs, all teams that tie will receive an O.K. Gold/Green Championship trophy.

D. Conference Tournament
   1. The Pre-Season and Post-Season tournament will consist of three (3) Baker games and three (3) Regular games.
   2. Top 2 games (best 2 out of 3 games) for pre-tournament and,

E. Top 10 Individual Awards
   1. Top 10 awards for boys and girls will be given at Pre-Conference Tournament.
   2. Top 10 awards for boys and girls will be given at Post-Conference Tournament.
   3. Host School will furnish awards.

F. Reporting results/scores
   1. Each head coach will be required to send the score results after each Conference dual meet to the league compiler (Walt Dyer- Byron Center Coach, fax 616-530-
8953 or email wdyer10731@charter.net). Walt will use League Secretary to post stats/standings.

2. Coaches should submit scores to Walt ASAP.

**O.K. Red and Silver Guidelines**

**Start Time**
3:30 p.m.

**Admission**
None.

**Home Team Responsibilities**
A. Scorekeeping: It shall be the responsibility of coaches and host school management to verify scores. Should there be failure of automatic scoring, school coaches are responsible for manual scoring.

B. Report all scores and stats to VNN Pressbox.

**Rules of Play**
A. General playing rules and definitions of the USBC will be followed as they related to equipment, fouls, illegal pinfall, improper sets, etc.

B. Equipment specifications of the major bowling sanctioning organizations (USBC) will be followed for bowling balls.

C. Only the bowlers who are in the lineup and are currently competing are allowed in the bowlers’ seating area. Substitute bowlers should be in a nearby area and ready to enter competition in a timely manner.

D. Participants shall be limited to no more than two (2) bowling balls at any one (1) time on the ball return. Equipment changes will be allowed.

E. One (1) school coach will be allowed in the bowlers’ seating area during competition. Coaches are not allowed on the approaches. Additional coaches must be in the spectator area. Coaching is allowed only between frames.

F. Individuals shall be allowed a warm-up period not to exceed five (5) minutes on each starting lane [ten (10) minutes total].

G. Dual meets will be two (2) Baker games and (2) Regular games. A thirty (30) point process will be used to determine the winner of the dual matches. Alternating lanes will be used in all Conference Dual and Tournament games.

H. A maximum roster of ten (10) bowlers will be allowed on the day of competition. The ten (10) bowlers may change between dates of competition.
I. No spectators are allowed in the bowling area where team members are seated. Spectators shall not taunt or jeer opposing players.

J. A starting lineup must be submitted ten (10) minutes prior to the start of each game. A standard starting lineup for team competition will consist of five (5) bowlers. Lineups may change in subsequent games.

K. Substitutions will be allowed as follows: Starting bowlers must bowl at least one (1) frame before being substituted. Once a substitute enters the game, he/she must finish that game. Substitutions in mid-frame are allowed. The bowler who is substituted for may return as a starter or substitute in subsequent games. The substitute must be on the ten-person roster at the start of competition. All five (5) starting bowlers may be substituted for in any given game.

L. MHSAA Regulations: All MHSAA regulations including academic requirements, eligibility and transfer rules, limited team membership, yearly physical exam, etc., apply to MHSAA schools with bowling teams and must be followed as in all other sports under MHSAA jurisdiction.

Rules of Conduct

A. Dress Code:
   1. Boys – Slacks are required. Jeans, cutoffs, shorts, sweatpants, or warm-up pants will not be allowed. A collared shirt will be required. T-shirts will not be allowed.
   2. Girls – Slacks, shorts, or skirts will be allowed. Skirts must reach the top of the knee and shorts shall be an appropriate length. Jeans, cutoff, sweatpants, or warm-up pants will not be allowed. A collared shirt will be required. T-shirts will not be allowed.
   3. Neither boys nor girls may wear hats, caps, or any other type of headgear. Allowances will be made for religious dress with prior approval from the MHSAA.
   4. A single patch or embroidered area not to exceed 2 inches x 3 inches in size will be allowed to identify a sponsor. The logo or type must be approved by the MHSAA. It may appear once on either sleeve, or the left or right front breast-pocket area. School name, logo, or bowler name may also appear on the shirt.

B. Alcohol/Tobacco:
   1. Alcohol may not be sold to, or used by spectators during school competition. Smoking is not permitted during school competition. Coaches may not use alcohol or tobacco. It is preferred that bowling centers do not sell alcohol during school competition. The area of a bowling center where high school bowling competition is being held should be clearly defined in order to restrict the sale and use of alcohol and tobacco.

C. Noisemakers:
   1. Noisemakers are not allowed.
D. Music:
   1. Proprietors are asked to make every effort to refrain from playing loud music over house speakers or making PA announcements during bowling competition.

E. Sportsmanship/Conduct
   1. Good sportsmanship for players and coaches is a must. Taunting, profanity, and intimidating conduct are not allowed. All MHSAA regulations regarding sportsmanship and disqualification penalties as stated in Regulation V, Section 3, will be followed. Players will not be allowed on the approach to congratulate or celebrate the accomplishment of a fellow team member during bowling. Bowlers will not be allowed to enter an adjacent lane approach to celebrate or “run-out” their delivery. Bowlers shall observe traditional bowling courtesy for bowlers on adjacent lanes.

Conference Tournament
A. The Post Season tournament will be four (4) Baker games and three (3) Regular games. Total pins will be used to determine place in the tournament.

Conference Champion
A. Determined by a pre-season tournament (25%), double round regular season (50%), and a post season tournament (25%). If a tie occurs, all teams that tie will receive an O.K. Black Championship trophy.

O.K. Red Guidelines
A. Each school will play (home and away) versus all schools that offer boys/girls bowling.
B. End of year tournament will count as 1/3 of overall standings.
C. Juniors may play sub-Varsity/JV teams.

O.K. Silver Guidelines

Starting Time
3:30 p.m. for all matches

Conference Team Format
A. A double round schedule will be used where each school bowls each opponent home and away.
Conference Standings
A. Each match in the regular season is worth two (2) points for a victory and one (1) point for a tie. Conference Tournament will be worth the following:
   1. 12
   2. 10
   3. 8
   4. 6
   5. 4
   6. 2
   7. 0

The total of these points will determine the Conference champion. This will be for both boys and girls.

All-Conference
A. The team will number eight (8) players for All-Conference and four (4) Honorable Mention. This will be for both Boys and Girls teams.

Line-Ups
B. Line-ups for both home and visiting teams must be exchanged before the beginning of the matches. If a team subs one of its bowlers, the original bowler must roll one (1) ball before being subbed.

Uniforms
A. All athletes must wear appropriate school-issues bowling shirts.

Scoring
A. The score sheet to use is attached. A 30-point system will be used for dual matches. (Home team is responsible for reporting scores to VNN Pressbox.)

Conference Tournament
A. Four (4) Baker games and three (3) individual games with total points declaring the overall champion. Three (3) individual games with total pins declaring the individual champion.

O.K. White Guidelines

Start Time
3:30 p.m.

Home Team Responsibilities
A. **Scorekeeping:** It shall be the responsibility of coaches and host school management to verify scores. Should there be failure of automatic scoring, school coaches are responsible for manual scoring. Report all scores to Caledonia’s varsity coach, Eric Bottrall.
Rules of Play
A. General playing rules and definitions of the USBC will be followed as they relate to equipment, fouls, illegal pinfall, improper sets, etc.

B. Equipment specifications of the major bowling sanctioning organizations (USBC) will be followed for bowling balls.

C. Only the bowlers who are in the lineup and are currently competing are allowed in the bowlers seating area. Substitute bowlers should be in a nearby area and ready to enter competition in a timely manner.

D. Participants shall be limited to no more than two bowling balls at any one time on the ball return. Equipment changes will be allowed.

E. One school coach will be allowed in the bowlers seating area during competition. Coaches are not allowed on the approaches. Additional coaches must be in the spectator area. Coaching is allowed only between frames.

F. Individuals shall be allowed a warm-up period not to exceed 5 minutes on each starting lane (10 minutes total).

G. Dual meets will be two (2) Baker games and two (2) Regular games. A thirty (30) point process will be used to determine the winner of the dual matches. Alternating lanes will be used in all Conference Dual and Tournament games.

H. Substitutions will be allowed as follows: Starting bowlers must bowl at least one frame before being substituted. Once a substitute enters the game, he/she must finish that game. Substitutions in mid-frame are allowed. The bowler who is substituted for may return as a starter or substitute in subsequent games. The substitute must be on the 10 person roster at the start of competition. All five starting bowlers may be substituted for in any given game. All MHSAA Guidelines for substitutions will be followed.

Conference Tournament
A. The Post Season tournament will be four (4) Baker games and three (3) regular games. Total pins will be used to determine place in the tournament.

Conference Champion
A. Determined by the double round robin Conference regular season record with 2 points for a win, 1 for a tie, and 0 for a loss, and a post season tournament where $1^{st}=10$ pts, $2^{nd}=8$ pts, $3^{rd}=6$ pts, $4^{th}=4$ pts, $5^{th}=2$ pts and $6^{th}=0$ pts. This weights the regular season (10 matches) at 2/3 and the Conference Tournament at 1/3 of the value in determining the Conference champion. If a tie occurs for 1st place, all teams that tie will receive an O.K. White Championship trophy.
*COMPETITIVE CHEER*

A. Five (5) registered officials shall be hired by the high school Athletic Director.

B. A 38’ x 38’ mat is the minimum requirement for competition. A warm-up mat must be in close proximity.

C. Order of competition to be determined by draw.

D. The rules of MHSAA for competitive cheer will be followed.

E. Scheduling possibilities will be reviewed annually by a Conference school sponsoring the sport.

**O.K. Black Guidelines**

2016-17 Schedule

First Practice, 11/7; First Contest, 11/21; MHSAA Districts, 2/17-18

Wednesday, 1/18… Jamboree @ Muskegon (25%)
Wednesday, 1/25… Jamboree @ Fruitport (25%)
Wednesday, 2/1… Conference Finals @ Mona Shores (50%)

2017-18 Schedule

First Practice, 11/6; First Contest, 11/20; MHSAA Districts, 2/16-17

Wednesday, 1/17… Jamboree @ Jenison (25%)
Wednesday, 1/24… Jamboree @ Kenowa Hills (25%)
Wednesday, 1/31… Conference Finals @ Reeths-Puffer (50%)

2018-19 Schedule

First Practice, 11/5; First Contest, 11/19; MHSAA Districts, 2/15-16

Wednesday, 1/16… Jamboree @ Union (25%)
Wednesday, 1/23… Jamboree @ Muskegon (25%)
Wednesday, 1/30… Conference Finals @ Fruitport (50%)

2019-20 Schedule

First Practice, 11/11; First Contest, 11/25; MHSAA Districts, 2/21-22

Wednesday, 1/22… Jamboree @ Mona Shores (25%)
Wednesday, 1/29… Jamboree @ Jenison (25%)
Wednesday, 2/5… Conference Finals @ Kenowa Hills (50%)

**General Guidelines**

A. Regarding “Senior Night” and other special events, the host school must make the opposing school’s leadership aware at least one week ahead of time.
B. The listed starting time should be 6:30 p.m., with arrival to be 5:00 p.m. and warm ups starting at 5:45 p.m.

C. There will be three meets each season, weighted 25%, 25% and 50%, with the final meet serving as the Conference finals. If a meet is canceled and rescheduled, regardless of where it is, the final competition of the season will serve as the meet worth 50%.

All-Conference
A. Twenty-one (21) All-Conference medals and eleven (11) Honorable Mention certificates will be awarded to competitors based on the following formula:

B.  
- 1st Place = 6 AC players and 2 HM; 2nd Place = 5 AC players and 2 HM; 3rd Place = 4 AC players and 2 HM; 4th Place = 3 AC players and 2 HM; 5th Place = 2 AC player and 1 HM; 6th Place = 1 AC players and 1 HM; 7th Place = 0 AC player and 1 HM.

Contact Information
Fruitport… Jessica Slocum, jessica.slocum1@gmail.com, (231) 557-1229
Jenison… Rachel DeVries raentor@gmail.com, (616) 648-1498
Kenowa Hills… Chris Hudson, chrismhudson@yahoo.com, (616) 633-2720
Mona Shores… Amanda Heethuis, heethuia@monashores.net, (231) 206-8465
Muskegon… Lis Smith, lisabethsmith@hotmail.com, lsmith1@mpsk12.net, (231) 670-2675
Reeths-Puffer… Brittany Hoffman, hoffmanb@reeths-puffer.org, (231) 557-4306
Union… Lindsey Harrison, lindseyharrison@me.com, (616) 309-8181
Chair… Union’s Justin Walker, walkerjv@grps.org, (616) 822-0038

O.K. Blue Guidelines

Start Time
6:30 p.m.: arrive at 5:15 p.m. (mats available), warm-up at 6:00 p.m.

Admission
$5.00

Officials
A. Five (5) MHSAA registered officials must be contracted, which will include three (3) panel judges and two (2) safety judges.

Home Team Responsibilities
A. Report all scores and stats to VNN Pressbox.

Rules of Play
A. All rules in the MHSAA Competitive Cheer Manual will be followed.

B. A 38’ x 38’ mat is the minimum requirement for competition.
C. A warm-up area should be provided. Each team should also be allowed at least three (3) minutes on the competition mat before the meet begins.

D. Teams are allowed on the competition mat between rounds of competition.

E. Order of competition is to be determined by a draw. No team may go first in a round more than once or last in a round more than once. Additionally, teams should not be the last to compete in one round and then first to compete in the next round.

F. Provide Athletic Training services. Visiting teams are responsible for their own supply of tape and pre-wrap.

G. Provide water, ice, and cups.

H. Provide Blood-borne Pathogen kit.

I. No trophies will be awarded for regular season meets.

**Conference Champion**

A. Determined by the regular season schedule (3 meets). If a tie occurs, all teams that tie will receive an O.K. Blue Championship trophy. More specifically:

B. To determine place during season meets, assign scoring at the end of each meet as follows:

<table>
<thead>
<tr>
<th>Place</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st</td>
<td>7</td>
</tr>
<tr>
<td>2nd</td>
<td>6</td>
</tr>
<tr>
<td>3rd</td>
<td>5</td>
</tr>
<tr>
<td>4th</td>
<td>4</td>
</tr>
<tr>
<td>5th</td>
<td>3</td>
</tr>
<tr>
<td>6th</td>
<td>2</td>
</tr>
<tr>
<td>7th</td>
<td>1</td>
</tr>
</tbody>
</table>

C. Total points from season meets will determine final league standing.

**O.K. Gold and Green Guidelines**

A. Start time of the Gold/Green Conference meets will be 6:00 p.m. Arrive after 4:45 p.m. Warm-up starts at 5:10 p.m. Mats available at 5:00 p.m.

B. Host School Responsibilities:

1. Scheduling five (5) judges (3 panel – 2 safety).
2. Securing workers: Announcer, Timer, three (3) people for scoring, runners, ticket takers. (Adult workers except for runners – ticket takers up to host school.)
3. MHSAA Computer scoring system be used.
4. Trainer on duty.
5. Send results to the media, Pressbox or GR Press/Mlive.
C. A 38' x 38' mat is the minimum requirement for competition.

D. Order of competition is to be determined by a draw. No team may go first or last in a round more than once. Additionally, teams should not be the last to compete in one (1) round and then first to compete in the next round. The draw must be conducted and sent out to all coaches and AD in charge (see current directory) by 12 Noon on the Monday prior to the Competition. JV and Varsity Teams will be drawn in randomly. Warm-up will be the same as the first round of competition.

E. Coaches need to submit Round 2 and 3 descriptions by 2:00 PM on the day prior to the meet to the host school. If a coach has changes after the descriptions have been sent, bring copies for the judges with you and hand them to the judges.

F. A warm-up area should be provided. Each team should also be allowed at least three (3) minutes on the competition mat before the meet begins.

G. All rules in the MHSAA Competitive Cheer manual will be followed.

H. No trophies will be awarded for regular season meets.

I. For 2013/14, there will be five (5) regular season meets.

J. In the regular season meets for nine (9) teams, the first place team receives 9 pts., 2nd place 8 pts, 3rd place 7 pts., etc. After the five (5) meets are concluded, each teams’ points are added together and the places are determined by highest total points earned. If there is a tie for 1st place at the end of the season, all teams tied will be co-champs and each school will receive a Conference trophy.

K. Coaches meeting at 5:00 p.m. (if needed).

L. Hospitality for Judges: each host school will provide a light supper for the judges.

M. If the host wants to have a parents/senior night, it must be done after the conclusion of Round 3 and before the final results are reported.

N. All Conference Team will be selected on the Monday following Districts.

**O.K. Red Guidelines**

A. Five (5) registered officials shall be hired by the High School Athletic Director.

B. A 38’ x 38’ mat is the minimum requirement for competition. A warm-up mat must be in close proximity.

C. Order of competition to be determined by draw.

D. The rules of MHSAA for competitive cheer will be followed.
E. The Conference Competitive Cheer season will consist of a Pre, Mid and Post season meet. These meets will start at 6:00 p.m.

F. Conference Champion will be determined by place finish at the three meets. Place finish will be weighted Pre and Mid worth 25% and Post being worth 50%.

**O.K. Silver Guidelines**

A. Five (5) registered officials shall be hired by the High School Athletic Director.

B. A 38’ x 38’ mat is the minimum requirement for competition. A warm-up mat must be in close proximity.

C. Order of competition to be determined by draw.

D. The rules of MHSAA for competitive cheer will be followed.

E. Scheduling possibilities will be reviewed annually by a Conference school sponsoring the sport.

F. Conference Championship is determined by five (5) equally weighted Jamborees.

**O.K. White Guidelines**

**Start Time**
6:00 p.m. Arrive at 5:00 p.m., warm-up at 5:30 p.m.

**Officials**
A. Nine (9) MHSAA registered officials must be contracted, which will include six (6) panel judges and three (3) safety judges. Caledonia Head Coach Stacey Smith will assign officials for schools in the division if requested.

**Home Team Responsibilities**
A. Report all scores and stats using the PressBox App to the Grand Rapids Press. Report all scores to ![](mailto:micheer13@gmail.com) (Yvonne Cunningham) so that all scores are posted on the state web-site.

**Rules of Play**
A. A 38’ x 38’ mat is the minimum requirement for competition.

B. A warm-up area should be provided. Each team should also be allowed at least three (3) minutes on the competition mat before the meet begins.

C. Teams are allowed on the competition mat between rounds of competition.
D. Order of competition is to be determined by a draw. No team may go first in a round more than once or last in a round more than once. Additionally, teams should not be the last to compete in one round and then first to compete in the next round.

Conference Champion
A. Determined by the regular season schedule (3 meets). The first two regular season meets will count for 25% each, the last meet counts for 50%. If a tie occurs, all teams that tie will receive an O.K. Bronze/White Championship trophy. More specifically:

1. To determine place during season meets, assign scoring at the end of each meet as follows:
   
<table>
<thead>
<tr>
<th>Place</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st</td>
<td>8</td>
</tr>
<tr>
<td>2nd</td>
<td>7</td>
</tr>
<tr>
<td>3rd</td>
<td>6</td>
</tr>
<tr>
<td>4th</td>
<td>5</td>
</tr>
<tr>
<td>5th</td>
<td>4</td>
</tr>
<tr>
<td>6th</td>
<td>3</td>
</tr>
<tr>
<td>7th</td>
<td>2</td>
</tr>
<tr>
<td>8th</td>
<td>1</td>
</tr>
</tbody>
</table>

2. Double the points for the final meet. Add all the points to determine the Conference champion.
CROSS COUNTRY (BOYS AND GIRLS)

*A.* Length of the cross country meets is to be run according to state rules.

B. The tiebreaker rules as approved by the MHSAA shall apply to all dual and Conference cross country meets.

O.K. Blue Guidelines

Start Time
4:45p.m./5:30 p.m.: each race will begin 30 minutes following the start of the previous race.

Admission
None.

Officials
A. One registered MHSAA official must be contracted as the starter.

Home Team Responsibilities
A. Provide competent adult event workers.

B. Provide timing system.

C. Report all scores and stats to VNN Pressbox.

D. Provide Athletic Training services. Visiting teams are responsible for their own supply of tape and pre-wrap.

E. Provide Blood-borne Pathogen kit.

F. Provide water, ice, and cups.

G. Provide bathroom facilities.

Running Rules
A. The length of the cross country course, running guidelines, and team uniforms are to adhere to the MHSAA rules.

B. The cross country course shall be clearly marked for runners and spectators.

C. For league meets, seven (7) varsity runners will be scored. Scoring will consist of adding the place of the team’s top five varsity runners together for a team score. Per the NFHS rules, the sixth and seventh runners will count in scoring and will be used as displacers. The sixth and seventh runner’s place will be used to break a tie score, if needed.
D. The tie-breaker rule, as approved by the MHSAA, shall apply to all league and non-
league cross country meets.

E. The lowest team cumulative score wins the event.

Conference Meet
A. The boys and girls will alternate starting times each year.

Conference Champion
A. All three (3) meets are worth the same amount – 33.3%. Each school will receive points 
based on their final standings. If a tie occurs, all teams that tie will receive an O.K. Blue 
Championship trophy.

<table>
<thead>
<tr>
<th>Place</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st</td>
<td>7</td>
</tr>
<tr>
<td>2nd</td>
<td>6</td>
</tr>
<tr>
<td>3rd</td>
<td>5</td>
</tr>
<tr>
<td>4th</td>
<td>4</td>
</tr>
<tr>
<td>5th</td>
<td>3</td>
</tr>
<tr>
<td>6th</td>
<td>2</td>
</tr>
<tr>
<td>7th</td>
<td>1</td>
</tr>
</tbody>
</table>

In case of a tie, the points are combined and divided by the number of teams in the tie.

O.K. Gold Guidelines

Start Time
The start time is 4:30 p.m., unless the host school changes the time.

Admission
None

Officials
A. One (1) registered MHSAA official must be contracted as a starter.

Running Rules
A. The cross country course shall be clearly marked for runners and spectators.

B. Length of the Cross Country course, running guidelines, and team uniforms are to adhere 
to MHSAA rules.

C. The boys and girls will alternate starting times each year. Even years – boys run first; 
odd years – girls run first.

D. The tie breaker rule as approved by the MHSAA shall apply to all regular season 
jamborees and the Conference meet.
E. For the regular season jamborees, a maximum of seven (7) runners will be counted for each school. The first five (5) runners count in the team score, the next two (2) runners may displace and be used to break ties. [Schools running more than seven (7) runners do not have to designate their first seven (7) runners.]

F. The lowest team cumulative score wins the event.

**Home Team Responsibilities**

A. Provide competent adult event workers.

B. Provide scoring system.

C. Report all scores/stats to *VNN Pressbox*.

D. Provide rest room facilities.

E. Provide Trainer, ice, water, and cups. (Visitors need to provide their own supply of training supplies.)

**Conference Meet**

A. Medals will be awarded to the top ten (10) finishers in the girls’ and boys’ Conference meets.

B. A maximum of seven (7) entries from each school will be submitted for both Varsity races.

C. A JV meet will be held after the boys’ and girls’ Conference meets. This meet will be run together as a coed meet and there will be unlimited entries for each school. The top ten (10) runners for each gender will receive a JV Conference meet medal as they finish in the shoot.

D. The boys and girls will alternate starting times each year. Even years – boys run first; odd years – girls run first.

E. Conference Championship decided by 60% dual standings and 40% Conference meet.

F. Regular Season Jamboree Scoring

1. First place team in each of the three (3) regular season jamborees will earn six (6) points, second place will earn five (5) points, third place four (4) points, fourth place three (3) points, fifth place two (2) points and sixth place one (1) point.

G. Conference Meet Scoring

1. The points will be doubled (12, 10, 8, 6, 4, 2).

H. The total points possible for the regular season would be eighteen (18) points (60%).

I. The total points possible for the Conference meet would be twelve (12) points (40%).
J. If there is a tie for first place after the points for the regular season and the Conference meet are added, they will be co-champions and each school will receive a trophy.

**O.K. Green Guidelines**

**Conference Setup**
A. The league season will be comprised of 3 double dual meets and 1 Conference meet. The double dual meets will be scored as dual meets between each team participating.

B. The Conference final will take place the on the Wednesday the week before the MHSAA regional cross country meet.

C. The jamborees will take place every other week (on Wednesdays) prior to the Conference meet.

**Start Time**
4:15 p.m. Each race will begin 30 minutes following the start of the previous race.

**Admission**
None

**Officials**
A. One (1) registered MHSAA official must be contracted as the starter.

**Home Team Responsibilities**
A. Provide competent adult event workers.

B. Provide timing system.

C. Report all scores and stats per O.K. Conference Guidelines.

D. Provide Athletic Training services. Visiting teams are responsible for their own supply of tape and pre-wrap.

E. Provide Blood-borne Pathogen kit.

F. Provide water, ice, and cups.

G. Provide bathroom facilities.

**Running Rules**
A. The length of the cross country course, running guidelines, and team uniforms are to adhere to the MHSAA rules.

B. The cross country course shall be clearly marked for runners and spectators.
C. For league duals and double duals, five (5) varsity runners will be scored. Scoring will consist of adding the place of the team’s top five varsity runners together for a team score. The sixth and seventh runner’s place will be used to displace the other team and break a tie score, if needed.

D. The tie-breaker rule, as approved by the MHSAA, shall apply to all league and non-league cross country meets.

E. The lowest team cumulative score wins the event.

Conference Meet
A. A maximum of seven (7) entries from each school will be submitted for both varsity races.

B. The boys and girls will alternate starting times each year.

C. A junior varsity meet will be held following the varsity races. This meet will be run as a co-ed meet and there will be unlimited entries.

D. The Conference meet will be held at Helder Park in Zeeland, hosted by Zeeland West in 2016 and 2017.

Conference Champion
A. Dual meets are worth 50%. The Conference Meet is worth 50%. Each school will receive points based on their final standings. The Conference Champion will be determined by adding together the points from the final league standings and the Conference meet. If a tie occurs, all teams that tie will receive an O.K. Green Championship trophy.

<table>
<thead>
<tr>
<th>Final League Standings</th>
<th>Points Awarded</th>
</tr>
</thead>
<tbody>
<tr>
<td>1&lt;sup&gt;st&lt;/sup&gt; place</td>
<td>7</td>
</tr>
<tr>
<td>2&lt;sup&gt;nd&lt;/sup&gt; place</td>
<td>6</td>
</tr>
<tr>
<td>3&lt;sup&gt;rd&lt;/sup&gt; place</td>
<td>5</td>
</tr>
<tr>
<td>4&lt;sup&gt;th&lt;/sup&gt; place</td>
<td>4</td>
</tr>
<tr>
<td>5&lt;sup&gt;th&lt;/sup&gt; place</td>
<td>3</td>
</tr>
<tr>
<td>6&lt;sup&gt;th&lt;/sup&gt; place</td>
<td>2</td>
</tr>
<tr>
<td>7&lt;sup&gt;th&lt;/sup&gt; place</td>
<td>1</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Conference Meet</th>
<th>Points Awarded</th>
</tr>
</thead>
<tbody>
<tr>
<td>1&lt;sup&gt;st&lt;/sup&gt; place</td>
<td>7</td>
</tr>
<tr>
<td>2&lt;sup&gt;nd&lt;/sup&gt; place</td>
<td>6</td>
</tr>
<tr>
<td>3&lt;sup&gt;rd&lt;/sup&gt; place</td>
<td>5</td>
</tr>
<tr>
<td>4&lt;sup&gt;th&lt;/sup&gt; place</td>
<td>4</td>
</tr>
<tr>
<td>5&lt;sup&gt;th&lt;/sup&gt; place</td>
<td>3</td>
</tr>
<tr>
<td>6&lt;sup&gt;th&lt;/sup&gt; place</td>
<td>2</td>
</tr>
<tr>
<td>7&lt;sup&gt;th&lt;/sup&gt; place</td>
<td>1</td>
</tr>
</tbody>
</table>

In case of a tie, the points are combined and divided by the number of teams in the tie.
O.K. Red Guidelines

*A.* Length of the cross country meets is to be run according to state rules.

*B.* The tiebreaker rules as approved by the MHSAA shall apply to all dual and Conference cross country meets.

*C.* The season will consist of three (3) jamborees with the last one called the Conference meet.

*D.* Conference Champion will be determined by place finish at the three jamborees. Place finish will be weighted so that the first two jamborees are worth 25% each and the Conference meet will be worth 50%.

O.K. Silver Guidelines

Jamboree Format

*A.* The O.K. Silver Division will run four (4) jamborees. The first three (3) jamborees will count as 20% of the final season standings. The fourth jamboree will be called the “O.K. Silver Conference Meet” with ten (10) medals awarded to the first ten (10) finishers for the boys and girls, and count as 40% of the season standings.

*B.* The Conference Champion will be determined by totaling the points each school earns at each jamboree. Point totals for each meet are:

- First Place = 8 points
- Second Place = 7 points
- Third Place = 6 points
- Fourth Place = 4 points
- Sixth Place = 3 points
- Seventh Place = 2 points
- Eighth Place = 1 point

The team that compiles the most points in the four (4) jamborees is the Conference Champion and will be awarded a championship trophy. If there are ties for first place, each school will be awarded a trophy.

*C.* The Silver Division schools will share the cost of hiring a starter and scorer for each jamboree. Host school responsibilities in managing the meet include course management, finish line, medical assistance, and reporting results to the media.
Jamboree Scoring
A. The Modified Scoring System will be used for teams not having five (5) runners.

B. In scoring the meets, a maximum of seven (7) runners will be counted for each school. The first five (5) runners count in the team score, the next two (2) runners may displace.

C. Schools running more than seven (7) runners do not have to designate their first seven (7) runners.

Schedule Rotation
A. O.K. Silver Division schools will host a Jamboree every other year. Conference meet will be held at a mutual site.

Course Locations
Belding @ Lightning Bend
Calvin Christian @ Ironwood GC
Godwin @ Johnson Park
Hopkins @ Wise Farms
Kelloggsville @ South Christian
NPC @ NPC
Lee @ Pinery Park

Note: The above locations are tentative and the host schools will notify other schools of any changes.

Time Schedule
4:30 p.m. Boys Varsity (odd numbered years)/Girls Varsity (even numbered years)
5:00 p.m. Open Race
5:30 p.m. Girls Varsity (odd numbered years)/Boys Varsity (even numbered years)

Middle School
A. Middle School runners (boys and girls) will run in the Open Race at 5:00 p.m.

B. Middle School runners will compete in the first three (3) jamborees only. Host school of third jamboree will order thirty (30) medals [fifteen (15) boys/fifteen (15) girls] to be awarded after that race. All schools with Middle School runners will share in expense for medals.

O.K. White Guidelines

Start Time
4:45 p.m. Each race will begin 30 minutes following the start of the previous race. Boys are first on even years, Girls first on odd years.
Running Rules
A. The cross country course shall be clearly marked for runners and spectators.

B. For league jamborees, five (5) runners will be scored. Scoring will consist of adding the place of the team’s top five varsity runners together for a team score. The sixth and seventh runner’s place will be used to break a tie score, if needed.

Conference Champion
A. The Conference meets are weighted 25% per jamboree. Each school will receive points based on their final standings. If a tie occurs, all teams that tie will receive an O.K. White Championship trophy.

Jamborees (20-20-20-40) (the final meet is double points)
   1st place = 6pts
   2nd place = 5pts
   3rd place = 4pts
   4th place = 3pts
   5th place = 2pts
   6th place = 1pt

In case of a tie, the points are combined and divided by the number of teams in the tie.
FOOTBALL

A. All team personnel will be admitted to the playing field as a group.

B. Four (4) or five (5) officials are to be used for sub-Varsity games.

C. The Home Team is to have a physician, E.M.T., or ambulance stand by in attendance at all Varsity games.

D. The Home Team is to have medical personnel available at all games.

E. Football fields are to be available a minimum of forty-five (45) minutes for team warm-ups prior to a Varsity game.

F. The Home Team will wear dark jerseys.

G. Conference schools must mark football field in accordance with official rules.

H. The Home Team is to assign personnel on the yard chains and down markers. These people may be positioned on either side of the field. Competent adults must be used at Varsity games.

I. All schools are to send a roster of their Varsity and sub-Varsity teams to the other schools as soon as possible before the first game.

J. O.K. Conference school will grant pre-game and/or half-time extensions provided that the host school contact the visiting school at least two days in advance, and jointly establish a procedure and time schedule for the special events and normal game activities.

K. The MHSAA tie-breaking rule will be used in all Conference Varsity contests. The rule will not be used in sub-Varsity games.

L. National Federation Mercy Rule shall be followed.

O.K. Black Guidelines

2016-17 Schedule
First Practice, 11/14; First Contest, 12/3; MHSAA Regionals, 2/24-45

<table>
<thead>
<tr>
<th>Day</th>
<th>Pre-Conference Tournament @ Reeths-Puffer</th>
</tr>
</thead>
<tbody>
<tr>
<td>Saturday, 12/10</td>
<td></td>
</tr>
<tr>
<td>Monday, 12/12</td>
<td>2 @ 4</td>
</tr>
<tr>
<td>Wednesday, 12/14</td>
<td>4 @ 3</td>
</tr>
<tr>
<td>Monday, 1/9</td>
<td>7 @ 4</td>
</tr>
<tr>
<td>Wednesday, 1/11</td>
<td>3 @ 1</td>
</tr>
<tr>
<td>Tuesday, 1/17</td>
<td>4 @ 6</td>
</tr>
<tr>
<td>Thursday, 1/19</td>
<td>4 @ 5</td>
</tr>
</tbody>
</table>

2016 Revision
Monday, 1/23… 6 @ 2  1 @ 4  5 @ 3  Bye: 7  Team #7: Fruitport
Wednesday, 1/25… 4 @ 2  6 @ 3  5 @ 7  Bye: 1
Monday, 1/30… 3 @ 4  7 @ 6  1 @ 5  Bye: 2
Wednesday, 2/1… 4 @ 7  6 @ 1  2 @ 5  Bye: 3
Monday, 2/6… 1 @ 3  7 @ 2  5 @ 6  Bye: 4
Wednesday, 2/8… 6 @ 4  1 @ 7  3 @ 2  Bye: 5
Tuesday, 2/14… 5 @ 4  2 @ 1  7 @ 3  Bye: 6
Wednesday, 2/15… GMAA Tournament (Muskegon County schools only)
Thursday, 2/16… 2 @ 6  4 @ 1  3 @ 5  Bye: 7
Saturday, 2/18… Post-Conference Tournament @ Mona Shores

Conference Tournament Rotation:

Home Lanes
Fruitport & Reeths-Puffer: Northway Lanes
Jenison: Hudsonville Lanes
Kenowa Hills & Union: Westgate Bowling Lanes
Muskegon & Mona Shores: Sherman Lanes

General Guidelines
A. The regular season will consist of twelve dual matches, with each dual victory worth 2 points and losses worth 0 points. The dual points earned will comprise 50% of the total points in determining a champion.

B. The pre- and post-season tournaments are each worth 25% of total points in determining a champion. Points given for both tournaments will be awarded as follows… 1st = 10 points; 2nd = 9 points; 3rd = 8 points; 4th = 7 points; 5th = 6 points; 6th = 5 points; 7th = 4 points. If a tie occurs between teams, points earned will equal the combined points for each place, divided by two.

C. The listed starting times should be 3:30 pm, unless a bowling center wishes to begin at a different time.

D. Each school will pay $25 to a bowling secretary who will keep track of team and individual standings.

All-Conference
A. Athletes are not eligible unless they bowl at least 18 individual games throughout the regular season. The top 9 bowlers – based on their average – receive All-Conference medals and the next 5 places will earn Honorable Mention status. A game does not count unless the bowler bowls at least part of six frames.

Contact Information
Fruitport… Joe Kolanowski, jbkmx991@yahoo.com; (231) 672-0097
Jenison… Chris Slagter, cjslagter300@sbcglobal.net, (616) 773-9166
Kenowa Hills… Wesley Ackerman, wackerman@khps.org, (616) 443-7134
Mona Shores… Steve Thornton, steven.thornton@brunbowl.com, (219) 775-9444

2016 Revision
O.K. Blue Guidelines

Start Time
Start time: Freshman game begins at 4:30 p.m.
JV game begins at 6:30 p.m. or 20 minutes following conclusion of the freshman game.
Varsity game begins at 7:00 p.m.
Half time: Freshman and JV – 12/3
Varsity – 15/3

Admission
$5.00

Officials
A. Five (5) MHSAA registered officials shall be contracted at the varsity level. At least 4 officials shall be contracted at the Freshman and JV level.

Home Team Responsibilities
A. Provide game football unless visiting team wants to use their own.
B. Provide personnel on the yard chains and down markers. These people may be positioned on either side of the field. Responsible adults must be used at varsity games.
C. Football fields are to be available a minimum of forty-five (45) minutes for team warm-ups prior to a varsity game.
D. Report all scores and stats to VNN.
E. Provide physician, EMT, or ambulance standby in attendance at all varsity games and a physician, EMT, or ambulance standby available within a reasonable period for junior varsity and freshman games.
F. Provide Athletic Training services. Visiting teams are responsible for their own supply of tape and pre-wrap.
G. Provide Blood-borne Pathogen kit.
H. Provide water, ice, and cups.
Rules of Play
A. Inform your opponent in case of anticipated late arrival. There will be a twenty (20) minute warm-up period between freshman and junior varsity games; which may be adjusted.

B. The home team will wear dark jerseys.

C. Conference schools must mark football fields in accordance with official NFHS & MHSAA rules. Be sure to include the dash media line in your field markings.

D. All schools are to send a roster of their teams as soon as possible to the schools they are competing against. The roster will include numbers, names, grade level, and position(s) played arranged in numerical order.

E. The O.K. Conference schools will grant pre-game and/or half-time extensions provided that the host school contacts the visiting school at last one (1) week in advance and jointly establishes a procedure and time schedule for the special events and normal game activities. Officials should be notified at least two (2) days in advance of the agreed upon procedures and time schedule. Every effort should be made to adhere to publicly announced starting times.

F. The Freshman and Junior Varsity will have ten (10) minute quarters and the varsity will have twelve (12) minute quarters.

G. Authorized persons on the field only. Only the home team may form a tunnel.

H. The pre-game activities of the band should include the National Anthem. The band is allowed on the field at 6:45 p.m. (15 minutes prior to the kickoff), 10:00 minutes on the clock. National Anthem should begin at 6:55 p.m. (0:00 minutes on the game clock). It is recommended that for varsity games the clock be set at 60 minutes and started at 5:55PM. All teams must be on the field during the National Anthem.

I. The HOME team band may perform during halftime for the entire fifteen (15) minutes.

J. The MHSAA tie-breaking rule will be used in all varsity contests. The rule will not be used in Freshmen or Junior Varsity games.

K. The O.K. League has adopted the thirty-five (35) point mercy rule. It will be in effect for all Varsity, JV, and Freshman football games.

L. Teams are responsible for their own communication systems at all levels during the football season. If your equipment fails, the other team may continue to use their system.

M. Teams may film from end zone view.

N. It is understood that only the home team and the visiting team will have access to the press box for video purposes.
O. All scouting crews will scout from the bleachers and provide their own power to operate cameras.

P. Teams are to exchange the two previous game films (release first game film one week prior by Saturday at Noon and the second game film by Saturday at Noon of game week).

Conference Champion
A. Determined by single round, best record. If a tie occurs, all teams that tie will receive an O.K. Blue Championship trophy.

O.K. Gold Guidelines

Start Time
Freshman game begins at 4:30 p.m.
JV game begins at 6:30 p.m. or twenty (20) minutes following conclusion of the Freshman game.
Varsity game begins at 7:00 p.m.

Quarter Length
Varsity – 12 minutes
JV/Freshman – 10 minutes

Half Time
Freshman/JV – 12/3 minutes
Varsity – 15/3 minutes

Admission
$5.00 (K-Adult)
O.K. Gold Passes: Coaches, Video, Stats, other team personnel not arriving with the team will need O.K. Gold Conference passes to gain free admission.

Officials
A. Five (5) officials are to be used for all Varsity games (assigned by the O.K. Conference) and minimum of four (4) officials are to be used for JV and Freshman games.

Home Team Responsibilities
A. Home Team will provide a game football, unless Visiting Team wants to use their own. Home Team will provide a ball person.

B. The Home Team is to have a physician, EMT or ambulance standby in attendance at all Varsity games and a physician, EMT or ambulance standby available within a reasonable period for JV and Freshman games.

C. Home Team will have an Athletic Trainer on site; water, ice, cups will be provided; Blood-borne Pathogen kit.
D. Football fields are to be available a minimum of forty-five (45) minutes for team warm-ups prior to a Varsity game. Inform your opponent in case of anticipated late arrival. There will be a twenty (20) minute warm-up period between Freshman and JV games.

E. The Home Team will wear dark jerseys.

F. Conference schools must mark football fields in accordance with official rules.

G. The Home Team is to assign personnel on the yard chains and down markers. These people may be positioned on either side of the field. Responsible adults must be used at Varsity games.

H. (Varsity) Home Team is responsible for reports all scores and stats to VNN Pressbox and the MHSAA.

I. The pre-game activities of the band should include the flag-raising ceremony and the National Anthem. The band is allowed on the field ten (10) minutes prior to the game starting time for a period not to exceed seven (7) minutes.

Other Expectations
A. Both teams will be on the field during the playing of the National Anthem.
   1. Pre-Game Clock: The 60-minute Pre-game countdown will begin at 5:55 p.m.
   2. Player Introductions: At the 12:00 minute mark (Visitors followed by Home Team).
   3. Pre-Game Itinerary: At the 10:00 minute mark, band will take the field for pre-game.
   4. At the 0:00 minute mark (6:55 p.m.): National Anthem (both teams on field).
   5. Ceremonial coin flip (optional) and kickoff at 7:00 p.m.

B. All schools are to send an accurate roster of their teams as soon as possible to the schools they are competing against. The roster will include numbers, name, grade level, and position in numerical order.

C. The O.K. Conference schools will grant pre-game and/or half-time extensions provided that the host school contacts the visiting school at least two (2) days in advance and jointly establishes a procedure and time schedule for the special events and normal game activities. Officials should be notified at least two (2) days in advance of the agreed upon procedures and time schedule. Every effort should be made to adhere to publicly announced starting times.
O.K. Green Guidelines

Start Time
Start time: Freshman game begins at 4:30 p.m.
JV game begins at 6:30 p.m. or 20 minutes following conclusion of the freshman game.
Varsity game begins at 7:00 p.m.
Half time: Freshman and JV – 12/3
Varsity – 15/3

Game Time
Freshman and JV – 10 Minutes (timing procedures are the same as varsity)
Varsity – 12 Minutes

Admission
$5.00

Officials
A. Five (5) MHSAA registered officials shall be contracted at the varsity level. At least 4 officials shall be contracted at the freshman and JV level.

Home Team Responsibilities
A. Provide game football unless visiting team wants to use their own.
B. Provide personnel on the yard chains and down markers. These people may be positioned on either side of the field. Responsible adults must be used at varsity games.
C. Football fields are to be available a minimum of forty-five (45) minutes for team warm-ups prior to a varsity game.
D. Report all scores and stats per O.K. Conference Guidelines.
E. Provide physician, EMT, or ambulance standby in attendance at all varsity games and a physician, EMT, or ambulance standby available within a reasonable period for junior varsity and freshman games.
F. Provide Athletic Training services. Visiting teams are responsible for their own supply of tape and pre-wrap.
G. Provide Blood-borne Pathogen kit.
H. Provide water, ice, and cups.

Rules of Play
A. Inform your opponent in case of anticipated late arrival. There will be a twenty (20) minute warm-up period between freshman and junior varsity games; which may be adjusted.
B. The home team will wear dark jerseys.

C. Conference schools must mark football fields in accordance with official NFHA & MHSAA rules. Be sure to include the dash media line in your field markings.

D. All schools are to send a roster of their teams as soon as possible to the schools they are competing against. The roster will include numbers, names, grade level, and position(s) played arranged in numerical order.

E. The O.K. Conference schools will grant pre-game and/or half-time extensions provided that the host school contacts the visiting school at last one (1) week in advance and jointly establishes a procedure and time schedule for the special events and normal game activities. Officials should be notified at least two (2) days in advance of the agreed upon procedures and time schedule. Every effort should be made to adhere to publicly announced starting times.

F. The freshman and junior varsity will have ten (10) minute quarters and the varsity will have twelve (12) minute quarters.

G. Authorized persons on the field only. Only the home team may form a tunnel.

H. The pre-game activities of the band should include the National Anthem. The band is allowed on the field at 6:45 p.m. (15 minutes prior to the kickoff), 10:00 minutes on the clock. National Anthem should begin at 6:55 p.m. (0:00 minutes on the game clock). It is recommended that for varsity games the clock be set at 60 minutes and started at 5:55 p.m. Teams may stay on the field during the band performance but must not interfere with the performance. All teams must be on the field during the National Anthem.

I. The MHSAA tie-breaking rule will be used in all varsity contests. The rule will not be used in junior varsity or freshman games.

J. The O.K. League has adopted the thirty-five (35) point mercy rule. It will be in effect for all varsity, JV, and freshmen football games.

K. Teams are responsible for their own communication systems at all levels during the football season. If your equipment fails, the other team may continue to use their system.

L. Teams may film from end zone view.

M. It is understood that only the home team and the visiting team will have access to the press box for video purposes.

N. All scouting crews will scout from the bleachers and provide their own power to operate cameras.

O. Teams are to exchange the three most recent game films prior to game week. Two of these films shall be exchanged on the Thursday prior to game week. These films should be exchanged no later than 4 pm on Thursday. The third and final game film shall be
exchanged no later than the Saturday at 9am following Friday night’s game. The home team is encouraged to initiate the film exchange through HUDL

Conference Champion
A. Determined by single round, best record. If a tie occurs, all teams that tie will receive an O.K. Green Championship trophy.

O.K. Red Guidelines

Division Schedule (7 teams)
A. Each team will compete once against each of the division schools during weeks 3-9

B. Each year the schedule will switch home/away sites and move up 1 game (week 3 becomes week 9 – week 4 moves to week 3, etc.)

C. Conference will schedule a cross over game during bye week

Game day protocol
Freshman games start at 4:30 p.m.
Junior Varsity games begin 15 minutes after conclusion of FR game
   Periods – 12 minutes (Clock starts on change opossession)
   Halftime – 15 plus 3
Varsity games start at 7:00 p.m.
   Periods – 12 minutes
   Halftime – 15 plus 3
   Teams wishing to extend ½ time by 5 minutes must notify visiting school

Pressbox reporting protocol
All coaches are expected to report varsity results to Pressbox.com

Scouting Protocol
A. Each team shall exchange all nine (9) games via Hudl with all six (6) teams in O.K. Red Conference.

B. Games will not be broken down.

C. Film shall be down loaded to Hudl and sent to teams by 9:00 a.m. next day after contest.

D. Scrimmages will be exchanged.

E. Teams wishing to scout will need to contact host site to make arrangements.

F. No scouting FR/JV games – Teams may exchange film upon mutual agreement
League Champion
A. Determined by best league record.
B. Teams with same record in league play will be Co-Champs.

O.K. Silver Guidelines
A. All team personnel will be admitted to the playing field as a group.
B. Four (4) or five (5) officials are to be used for sub-Varsity games.
C. The Home Team is to have a physician, EMT, or ambulance standby in attendance at all Varsity games.
D. The Home Team is to have medical personnel available at all games.
E. Football fields are to be available a minimum of forty-five (45) minutes for team warm-ups prior to a Varsity game.
F. The Home Team will wear dark jerseys.
G. Conference schools must mark football field in accordance with official rules.
H. The Home Team is to assign personnel on the yard chains and down markers. These people may be positioned on either side of the field. Competent adults must be used at Varsity games.
I. All schools are to send a roster of their Varsity and sub-Varsity teams to the other schools as soon as possible before the first game.
J. O.K. Conference schools will grant pre-game and/or half-time extensions provided that the host school contacts the visiting school at least two (2) days in advance, and jointly establish a procedure and time schedule for the special events and normal game activities.
K. The MHSAA overtime rule will be used in all Conference Varsity contests. The rule will not be used in sub-Varsity games.
L. National Federation Mercy Rule shall be followed.

Start Time
JV – 6:00 p.m.
Varsity – 7:00 p.m.

Admission
Varsity $5.00 Adults
$5.00 Students
JV $5.00 Adults
$5.00 Students
Officials
A. Only MHSAA registered officials may be used. (Five (5) officials are to be used for all Varsity games and a minimum of four (4) officials are to be used for JV and Freshman games.

Equipment
A. The Home Team will provide a game ball, (however teams may use their own ball with on offense), personnel on the yard chains and down markers (these people may be positioned on either side of the field; responsible adults must be used at Varsity games), a field that is marked in accordance with officials rules, water, a physician, EMT or ambulance at all games. Teams are responsible for their own communication systems at all levels during the football season. If one team’s equipment fails, their opponent may continue to use their system.

Length of Play
A. Varsity/JV games will consist of four (4) twelve-minute quarters.

Warm-up
A. Fields should be made available sixty (60) minutes prior to the Freshman and Varsity games for warm-up. The period between the Freshman and JV game is to be a maximum of twenty (20) minutes.

Pre-Game
A. The pre-game activities of the band should include the flag-raising and the National Anthem. The band is allowed on the field ten (10) minutes prior to the game start time for a period not to exceed seven (7) minutes.

Half-time
A. The O.K. Conference will grant pre-game or half-time extensions provided that the host school contacts the visiting school at least two (2) days in advance, and jointly establishes a procedure and time schedule for the special events and normal games activities. Officials should be notified at least two (2) days in advance of the agreed upon procedures and time schedule. Every effort should be made to adhere to publicly announced starting times.

Band
A. Only the Home Team may have a band present and play prior to the Varsity game, at halftime and during time-outs.

Scoring
A. When possible, responsible adults are to be used as scorers and timers at all JV and Varsity games. The MHSAA tie-breaking procedure will be used in all Conference Varsity contests. The full will not be in effect for Freshman and JV games. The 35-point mercy rule as adopted by the MHSAA will be in effect. This rule states that “After the first half, any time the score differential reaches thirty-five (35) points or more, the clock will run continuously except for the following: (TIPS), Timeouts, Injury, Penalties, Scores.”
Media
A. Only the Home Team and the Visiting time will have access to the press box video purposes. All scouting crews will have to find a spot in the bleachers and provide their own power to operate cameras.

O.K. White Guidelines

Start Time
Start time: Freshman game begins at 4:30 p.m.
JV game begins at 6:30 p.m. or 20 min after the freshman game.
Varsity game begins at 7:00 p.m.
Half time: Freshman and JV – 10/3; Varsity – 15/3

Home Team Responsibilities
A. Provide personnel on the yard chains and down markers. These people will be positioned on the visitor side of the field.
B. Football fields are to be available a minimum of forty-five (45) minutes for team warm-ups prior to a varsity game.
C. Provide physician, EMT, or ambulance standby in attendance at all varsity games and a physician, EMT, or ambulance standby available within a reasonable period for junior varsity and freshman games.

Rules of Play
A. Inform your opponent in case of anticipated late arrival. There will be a twenty (20) minute warm-up period between freshman and junior varsity games; which may be adjusted.
B. The home team will wear dark jerseys.
C. Juniors will not be permitted on the JV roster unless both schools consent.
D. The freshman and junior varsity will have ten (10) minute quarters (regular time) and the varsity will have twelve (12) minute quarters.
E. Authorized persons on the field only. Only the home team may form a tunnel.
F. The pre-game activities of the band should include the National Anthem. The band is allowed on the field at 6:45 p.m. (15 minutes prior to the kickoff), 10:00 minutes on the clock. National Anthem should begin at 6:55 p.m. (0:00 minutes on the game clock). It is recommended that for varsity games the clock be set at 60 minutes and started at 5:55 p.m. Teams may stay on the field during the band performance but must not interfere with the performance. All teams must be on the field during the National Anthem.
G. The MHSAA tie-breaking rule will not be used in junior varsity or freshman games.

2016 Revision
H. Teams are responsible for their own communication systems at all levels during the football season. If your equipment fails, the other team may continue to use their system.

I. Teams may film from end zone view.

J. It is understood that only the home team and the visiting team will have access to the press box for video purposes.

K. All scouting crews will scout from the bleachers and provide their own power to operate cameras.

L. Teams are to exchange the two previous game films via Hudl by midnight after the Friday football game.

**Conference Champion**

A. Determined by single round, best record. If a tie occurs, all teams that tie will receive an O.K. White Championship trophy.
GOLF (BOYS AND GIRLS)

*A. The length of the match will be a Divisional decision.

B. Method of scoring dual matches:
   1. Six (6) players golf in each match. The total of the four (4) lowest scores determines the winner. If a tie exists, the scores of the number five (#5) finishers shall be added to determine the winner. If a tie still exists, the number six (#6) finishers’ scores will be used to determine the winner. If a tie exists, then the match is a tie.
   2. When a double round of dual meets is combined with a Conference Tournament to determine the championship, from a basic total of sixteen (16) points, one (1) point for a loss and one-half (1/2) point for a tie shall be deducted. To that total, 8–7–6 etc., points shall be added according to the position each team finished in the Conference Tournament.

C. Rule of Play:
   *1. Preferred lies will be played in your own fairway. You can improve your lie with your club head by moving your ball a maximum of six (6) inches left, right or back. In situations in which the fairway is not clearly defined, the Home Team must supply information to aid in defining the fairway. (Summer rules will be permitted in either boys or girls golf). All other United States Golf Association (USGA) rules will govern play in the absence of specific course or Conference rules. League rules supersede course or local rules. The USGA rule governing out of bounds and loss of ball must be played as follows:
      a) If a ball is hit from a tee and is out-of-bounds or lost, the penalty will be stroke and distance. The ball must be re-teed.
      b) If a ball is hit from the fairway and is out-of-bounds or lost, play the ball from the nearest spot from which the original ball was played. The penalty is stroke and distance.

D. Conference Meet (if played):
   1. It is recommended that all Division matches should be played at different sites and be completed prior to the Conference meet to allow for proper seeding.
   2. In the Conference meet, there will be six (6) players golfing for each team. The team total will be the top four (4) scores.
   3. The Athletic Directors of each Division will annually determine the Conference meet dates and times. They will annually appoint a meet manager who will locate a neutral site available for the match.
   *4. Only members of the golf team may caddie for other members of the golf team.
O.K. Black Guidelines

Boy’s Golf
2016-17 Schedule
First Practice, 3/13; First Contest, 3/20; MHSAA Districts, 5/24-27

Wednesday, 4/12… Union Jamboree @ The Mines GC (9 holes), 3:30 p.m.
Wednesday, 4/19… Mona Shores Jamboree @ Muskegon CC (9 holes), 3:30 p.m.
Wednesday, 4/26… Reeths-Puffer Jamboree @ Lincoln CC (9 holes), 3:30 p.m.
Tuesday, 5/2… Wyoming Jamboree @ Glen Eagle GC (9 holes), 3:30 p.m.
Wednesday, 5/3… GMAA Tournament (Muskegon County Schools only)
Monday, 5/8… Kenowa Hills Jamboree @ Gracewil GC (9 holes), 3:30 p.m.
Wednesday, 5/10… Fruitport Jamboree @ Fruitport GC (9 holes), 3:30 p.m.
Wednesday, 5/17… Conference Finals @ Mac Legends GC (18 holes), 9:00 a.m.

General Guidelines
A. The “chair” of the division will set up all dates and times with golf courses, but the division jamborees will take place in the afternoon with minimal school interruption. If the course is not available on the date/time assigned, the host school must try to make arrangements to move the jamboree a day up.

B. Six golfers are allowed to compete in each match. If a tie exists, the fifth best score will be factored in to determine a winner.

C. Conference jamborees (9 holes) should be scored based on the following formula: 1st Place = 7 points, 2nd Place = 6 points, 3rd Place = 5 points, 4th Place = 4 points, 5th Place = 3 points, 6th Place = 2 point, 7th Place = 1 point.

D. The championship Conference meet (18 holes) should be scored based on the following formula... 1st Place = 14 points, 2nd Place = 12 points, 3rd Place = 10 points, 4th Place = 8 points, 5th Place = 6 points, 6th Place = 4 points, 7th Place = 2 points.

E. The net expense at the championship tournament will be equally divided among division participants

All-Conference
A. Awards are handed out “at large” and will be voted upon by the coaches at the Conference championship meet. Coaches may vote for their own athlete.

B. 9 All-Conference medals and 5 Honorable Mention certificates will be awarded.

Contact Information
Fruitport...
Kenowa Hills… Roger Perkins, rperky1967@aol.com, (616) 262-7452
Mona Shores… Scott Volkman, volkmans@monashores.net, (231) 670-4583
Reeths-Puffer… Scott Chandonnet, chandonnetscott@reeths-puffer.org, (231) 557-0103
Union… Jeff King, the8kings@yahoo.com, (616) 262-2838

2016 Revision
Wyoming…
Chair…

Girl’s Golf
2016-17 Schedule
First Practice, 8/10; First Contest, 8/17; MHSAA Districts, 10/6-9

Wednesday, 9/7…  Union Jamboree @ The Mines GC (9 holes), 3:30 p.m.
Monday, 9/12…  Mona Shores Jamboree @ Muskegon CC (9 holes), 3:30 p.m.
Wednesday, 9/14…  Reeths-Puffer Jamboree @ Lincoln CC (9 holes), 3:30 p.m.
Monday, 9/19…  Jenison Jamboree @ Sunnybrook GC (9 holes), 3:30 p.m.
Wednesday, 9/21…  GMAA Tournament (Muskegon County Schools only)
Monday, 9/26…  Kenowa Hills Jamboree @ Gracewil GC (9 holes), 3:30 p.m.
Wednesday, 9/28…  Fruitport Jamboree @ Fruitport GC (9 holes), 3:30 p.m.
Monday, 10/3…  Conference Finals @ Mac Legends GC (18 holes), 9:00 a.m.

General Guidelines
A. The “chair” of the division will set up all dates and times with golf courses, but the division jamborees will take place in the afternoon with minimal school interruption. If the course is not available on the date/time assigned, the host school must try to make arrangements to move the jamboree a day up.

B. Six (6) golfers are allowed to compete in each match. If a tie exists, the fifth best score will be factored in to determine a winner.

C. Conference jamborees (9 holes) should be scored based on the following formula: 1st Place = 7 points, 2nd Place = 6 points, 3rd Place = 5 points, 4th Place = 4 points, 5th Place = 3 points, 6th Place = 2 point, 7th Place = 1 point.

D. The championship Conference meet (18 holes) should be scored based on the following formula… 1st Place = 14 points, 2nd Place = 12 points, 3rd Place = 10 points, 4th Place = 8 points, 5th Place = 6 points, 6th Place = 4 points, 7th Place = 2 points.

E. The net expense at the championship tournament will be equally divided among division participants

All-Conference
A. Awards are handed out “at large” and will be voted upon by the coaches at the Conference championship meet. Coaches may vote for their own athlete.

B. Nine (9) All-Conference medals and five (5) Honorable Mention certificates will be awarded.

Contact Information
Fruitport… Brett Westerlund, bwesterlund@fruitportschools.net, (231) 343-2845
Jenison… Don Lancaster, dfltr6@yahoo.com, (616) 204-5315
Kenowa Hills… Roger Perkins, rperky1967@aol.com, (616) 262-7452

2016 Revision
O.K. Blue Guidelines

Start Time
3:30 p.m. or the host school/coach will contact the visiting teams in regards to start times for their course. This shall occur at least a week in advance.

Admission
None

Home Team Responsibilities
Report all scores and stats to VNN Pressbox.

Rules of Play
A. Six players golf in each match. The total of the four lowest scores determines the winner. If a tie exists, the scores of the #5 finishers shall be added to determine the winner. If a tie still exists, the #6 finishers’ scores will be used to determine the winner.

B. “Play the ball down” will be played in all league matches when possible. All other U.S.G.A. rules will govern play in absence of specific course or Conference rules. The U.S.G.A. rule governing out-of-bounds and loss of ball must be played as follows:
1. If a ball is hit from a tee and is out-of-bounds or lost, you must play the ball from the nearest spot from which the original ball was played. The penalty is stroke and distance.

C. On the day of the match, practice on actual holes to be played in the match is prohibited.

D. Tied golf matches after nine or eighteen holes remain a tie. Due to MHSAA limits of competition, all other incomplete matches will be continued from the last hole completed.

E. The coach may instruct a player per the MHSAA Guidelines (everywhere except on the green).

F. The decision to terminate the match will rest with the home coach.

Conference Meet
A. It is recommended that all division matches should be completed prior to the Conference tournament to allow for proper seeding.

B. In the Conference tournament, there will be six (6) players for each team. The team total will be the top four (4) scores.
C. The athletic directors will annually determine the Conference tournament dates and times and neutral site.

D. No caddies will be used.

E. The coach may instruct a player per the MHSAA Guidelines (everywhere except on the green).

Conference Champion
A. Determined by total points from league jamborees and the Final Conference Tournament. If a tie occurs, all teams that tie will receive an O.K. Blue Championship trophy. More specifically:
   1. To determine place/points during league jamborees:
      a. Take the amount of teams in the league and 1st place gets that number, 2nd place gets one less, 3rd gets 1 less than 2nd until last place gets 1 point.
   2. To determine place/points after the Final Conference Meet:
      a. Point totals for the 18 hole final Conference meet places are double what a jamboree would score.

O.K. Gold Guidelines

Start Time
The host school/coach will contact the Visiting Teams in regards to start times for their course. This shall occur at least one (1) week in advance.

Method of Scoring
A. Six (6) players golf in each match. The total of the four (4) lowest scores determines the winner. If a tie exists, the scores of the #5 finishers shall be added to determine the winner. If a ties still exists, the #6 finishers’ scores will be used to determine the winner.

B. After six (6) players, if there is still a tie then the match remains a tie. Due to MHSAA limits of competition, all other incomplete matches will be continued from the last hole completed.

Division Champion is Figured
A. Descending order of numbers for jamboree. For example: 7, 6, 5, 4, 3, 2, 1 each time.

B. Descending order of numbers double for Conference Meet. For example: 14, 12, 10, 8, 6, 4, 2 points.

C. Champion = Conference and dual points added.
Rules of Play
A. USGA rules and MHSAA rules govern all matches.

B. On the day of the match, practice on actual holes to be played in the match is prohibited.

C. The decision to terminate the match will rest with the home coach.

Conference Meet
A. It is recommended that all Division matches should be completed prior to the Conference Tournament to allow for proper seeding.

B. In the Conference Tournament, there will be six (6) players for each team. The team total will be the top four (4) scores.

C. The Athletic Directors will annually determine the Conference Tournament dates and times. They will annually appoint a meet manager who will locate a neutral site available for the match.

D. No caddies allowed.

E. The coach may instruct a player from the green to the tee per the MHSAA Guidelines. This may happen from the time of the last putt to the first tee of the next hole.

F. Match score is final when the coach and players leave the clubhouse.

O.K. Green Guidelines

Start Time
3:45 p.m. or the host school/coach will contact the visiting teams in regards to start times for their course. This shall occur at least a week in advance.

Admission
None

Home Team Responsibilities
A. Report all scores and stats per O.K. Conference Guidelines.

Rules of Play
A. The League season will include six matches plus a Conference final at a neutral site.

B. Six players golf in each match. The total of the four lowest scores determines the winner. If a tie exists, the scores of the #5 finishers shall be added to determine the winner. If a tie still exists, the #6 finishers’ scores will be used to determine the winner.
C. “Play the ball down” will be played in all league matches when possible. All other U.S.G.A. rules will govern play in absence of specific course or Conference rules. The U.S.G.A. rule governing out-of-bounds and loss of ball must be played as follows:
1. If a ball is hit from a tee and is out-of-bounds or lost, you must play the ball from the nearest spot from which the original ball was played. The penalty is stroke and distance.

D. On the day of the match, practice on actual holes to be played in the match is prohibited.

E. The coach may instruct a player between green to tee as per the MHSAA guidelines.

F. Tied golf matches after nine or eighteen holes remain a tie. Due to MHSAA limits of competition, all other incomplete matches will be continued from the last hole completed.

G. The decision to terminate the match will rest with the home coach.

**Conference Meet**

A. It is recommended that all division matches should be completed prior to the Conference tournament to allow for proper seeding.

B. In the Conference tournament, there will be six (6) players for each team. The team total will be the top four (4) scores.

C. The athletic directors will annually determine the Conference tournament dates and times.

D. No caddies will be used.

E. The coach may instruct a player between tees and greens per the MHSAA Guidelines.

**Conference Champion**

A. Determined by the season jamborees (6 matches) and the Conference match.

B. A place finish will be determined from stroke total after each jamboree and Conference match. Each place finish is worth a certain number of points.

C. Points for each jamboree will be awarded as follows:

<table>
<thead>
<tr>
<th>Place</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st</td>
<td>7 points</td>
</tr>
<tr>
<td>2nd</td>
<td>6 points</td>
</tr>
<tr>
<td>3rd</td>
<td>5 points</td>
</tr>
<tr>
<td>4th</td>
<td>4 points</td>
</tr>
<tr>
<td>5th</td>
<td>3 points</td>
</tr>
<tr>
<td>6th</td>
<td>2 points</td>
</tr>
<tr>
<td>7th</td>
<td>1 points</td>
</tr>
</tbody>
</table>

D. Points for the Conference match will be awarded as follows:

<table>
<thead>
<tr>
<th>Place</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st</td>
<td>14 points</td>
</tr>
<tr>
<td>2nd</td>
<td>12 points</td>
</tr>
<tr>
<td>3rd</td>
<td>10 points</td>
</tr>
<tr>
<td>5th</td>
<td>6 points</td>
</tr>
<tr>
<td>6th</td>
<td>4 points</td>
</tr>
<tr>
<td>7th</td>
<td>2 points</td>
</tr>
</tbody>
</table>
4th place 8 points

E. The team with the most points after the jamborees and Conference match will be determined the Conference champion.

F. If a tie occurs, all teams that tie will receive an O.K. Green Championship trophy.

O.K. Red Guidelines

Start time:
All matches should not start before 3:30 unless the course has a conflict. The opposing team should be notified of anything earlier one week prior to competition.

Home Team Responsibilities:
Report all scores and stats to VNN Pressbox

Rules of Play
A. Six (6) players compete in each match with the lowest four (4) scores determining the winner. If a ties exists, the 5th golfer with the lowest score will determine the winner. If a tie still exists, the 6th golfer’s lowest score will determine the winner

B. USGA rules will be in effect.

C. Practice on actual holes the day of the match is not permitted.

D. The coach may instruct the player from tee to green only.

E. Distance finders are permitted during play. They should display distance only. Cell phones are not allowed as distance finders. Players must share distance information if asked during the round.

Conference Champion

A. Determined by the season jamborees and the Conference tournaments.

7 Jamborees -50%
Mid Season Tournament – 25%
Post Season Tournament – 25%
O.K. Silver Guidelines

*A.* The length of the match will be a Divisional decision.

B. Method of scoring dual matches:
1. Six (6) players golf in each match. The total of the four (4) lowest scores determines the winner. If a tie exists, the scores of the number five (#5) finishers shall be added to determine the winner. If a tie still exists, the number six (#6) finishers’ scores will be used to determine the winner. If a tie exists, then the match is a tie.
2. When a double round of dual meets is combined with a Conference Tournament to determine the championship, from a basic total of sixteen (16) points, one (1) point for a loss and one-half (1/2) point for a tie shall be deducted. To that total, 8–7–6 etc., points shall be added according to the position each team finished in the Conference Tournament.

C. Rule of Play:
*1. Preferred lies will be played in your own fairway. You can improve your lie with your club head by moving your ball a maximum of six (6) inches left, right or back. In situations in which the fairway is not clearly defined, the Home Team must supply information to aid in defining the fairway. (Summer rules will be permitted in either boys or girls golf). All other United States Golf Association (USGA) rules will govern play in the absence of specific course or Conference rules. League rules supersede course or local rules. The USGA rule governing out of bounds and loss of ball must be played as follows:
   a) If a ball is hit from a tee and is out-of-bounds or lost, the penalty will be stroke and distance. The ball must be re-teed.
   b) If a ball is hit from the fairway and is out-of-bounds or lost, play the ball from the nearest spot from which the original ball was played. The penalty is stroke and distance.

D. Conference Meet (if played):
1. It is recommended that all Division matches should be played at different sites and be completed prior to the Conference meet to allow for proper seeding.
2. In the Conference meet, there will be six (6) players golfing for each team. The team total will be the top four (4) scores.
3. The Athletic Directors of each Division will annually determine the Conference meet dates and times. They will annually appoint a meet manager who will locate a neutral site available for the match.

O.K. White Guidelines

Start Time
3:30 p.m. or the host school/coach will contact the visiting teams in regards to start times for their course. This shall occur at least a week in advance.
Rules of Play
A. Six players golf in each match. The total of the four lowest scores determines the winner. If a tie exists, the scores of the #5 finishers shall be added to determine the winner. If a tie still exists, the #6 finishers’ scores will be used to determine the winner.

B. On the day of the match, practice on actual holes to be played in the match is prohibited.

C. Tied golf matches after nine or eighteen holes remain a tie. Due to MHSAA limits of competition, all other suspended matches will be continued from the last hole completed.

Conference Meet
A. It is recommended that all division matches should be completed prior to the Conference tournament to allow for proper seeding.

B. In the Conference tournament, there will be six (6) players for each team. The team total will be the top four (4) scores.

Conference Champion
A. Determined by the season jamborees (1/2) and the Conference Tournament (1/2) records. If a tie occurs, all teams that tie will receive an O.K. White Championship trophy. More specifically:

<table>
<thead>
<tr>
<th>Jamborees (x 6)</th>
<th>Post-Season Tourney</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st place= 6 pts</td>
<td>1st place= 36 pts</td>
</tr>
<tr>
<td>2nd place= 5 pts</td>
<td>2nd place= 30 pts</td>
</tr>
<tr>
<td>3rd place= 4 pts</td>
<td>3rd place= 24 pts</td>
</tr>
<tr>
<td>4th place= 3 pts</td>
<td>4th place= 18 pts</td>
</tr>
<tr>
<td>5th place= 2 pts</td>
<td>5th place= 12 pts</td>
</tr>
<tr>
<td>6th place= 1 pt</td>
<td>6th place= 6 pts</td>
</tr>
</tbody>
</table>
GYMNASTICS

A. Four (4) gymnastics officials shall be hired by the host school’s Athletic Director.
   1. Competition area and equipment must be available at least one half hour for timed
      warm-ups.
   2. Warm-ups will be according to USGA recommendation.
   3. Competition will occur with two events simultaneously; vault and bars the first
      half, followed by beam and floor the second half.
   4. Competition order will be as follows: Home Team—vault to bars, beam to floor;
      visitor’s team—bars to vault, floor to beam.
   5. A three (3) minute warm-up on floor only will be made available between first
      and second half events.
   6. The rules of the MHSAA for gymnastics will be followed.
   7. The Home Team must provide judges’ sheets. Final judges’ sheets and a master
      score sheet must be available by the Home Team at the meet’s conclusion.

B. The schedule shall include one round of dual meets and a Conference meet.

O.K. Red Guidelines

A. Each team will compete twice during the regular season (once home and once away).

B. Schools wishing to compete with a B team at league meets must make arrangements with
   host school.

C. Four (4) gymnastic officials shall be hired by the host school. One official will serve as
   head judge and must verify and sing the final results.

D. Each team may enter up to seven (7) competitors in each event (Vault, Bars, Beam, and
   Floor).

E. Top four (4) gymnast scores in each event will be tabulated for team score.

F. Home team will rotate: Vault – Bars – Beam – Floor

G. Visiting Team will rotate: Bars – Vault – Floor – Beam
ICE HOCKEY (Tiered Sport)

A. It is recommended that weeknight Varsity Ice Hockey Games begin no later than 8:15 p.m.; specific days and times are to be determined by arena management in conjunction with representing school Athletic Directors.

B. All officials will be competent adults and will be selected by the arena management or its designee.

C. The Conference will play games according to a previously agreed upon format.

D. Conference games will be played under the United States Ice Hockey Federation (USIHF) high school rules, except where adoptions have been noted (extra suspension and overtime rules).

E. It will be the responsibility of the on-ice home officials to conduct a pre-game “captain’s meeting” (usually on-ice during pre-game warm-ups.)

F. Any player receiving a game disqualification: First offense – the player will be required to miss the next two (2) consecutive contests (Conference and non-Conference games).

G. Any player receiving a second game disqualification penalty: the player will be disqualified for the remainder of that season.

H. League standings are only determined by Conference games, with two (2) points awarded for a win, one (1) for a tie (after regulation time), and zero (0) points for a loss (after regulation times).

I. If a tie occurs during regulation time, the MHSAA tie-breaker system will be followed. Each school will receive one point, while the winner (if one is determined during overtime) will receive one additional point. The win will be counted as a win, and the loss will be counted as a loss.

J. League statistics will be compiled and distributed bimonthly by arena management or its designee.

K. An 8-goal mercy rule will be in effect during all Conference games. The format will follow MHSAA.

L. Teams noted as the “home” team will wear their light colored jerseys; “visitors” will wear their dark colored jerseys.
O.K. Gold Guidelines

A. It is recommended that weeknight Varsity Ice Hockey Games begin no later than 8:15 p.m.; specific days and times are to be determined by arena management in conjunction with representing school Athletic Directors.

B. All officials will be competent adults and will be selected by the arena management or its designee.

C. The Conference will play games according to a previously agreed upon format.

D. Conference games will be played under the United States Ice Hockey Federation (USIHF) high school rules, except where adoptions have been noted (extra suspension and overtime rules).

E. It will be the responsibility of the on-ice home officials to conduct a pre-game “captain’s meeting” (usually on-ice during pre-game warm-ups.)

F. Any player receiving a game disqualification:
   First offense – the player will be required to miss the next two consecutive contests (Conference and non-Conference games).

G. Any player receiving a second game disqualification penalty: the player will be disqualified for the next four (4) games.

H. League standings are only determined by Conference games, with two (2) points awarded for a win, one (1) for a tie (after regulation time), and zero (0) points for a loss (after regulation times).

I. If a tie occurs during regulation time, the MHSAA tie-breaker system will be followed. Each school will receive one point, while the winner (if one is determined during overtime) will receive one additional point. The win will be counted as a win, and the loss will be counted as a loss.

J. League statistics will be compiled and distributed bimonthly by O.K. Conference Athletic Directors or its designee.

K. An 8-goal mercy rule will be in effect during all Conference games. The format will follow MHSAA.

L. Teams noted as the “home” team will wear their light colored jerseys; “visitors” will wear their dark colored jerseys.

O.K. Red Guidelines

A. It is recommended that weeknight Varsity Ice Hockey Games begin no later than 8:30 p.m.
B. Officials will be selected/hired by the O.K. Conference Assignor.

C. The Conference will play by USA hockey high school rules, except for where adoptions have been noted by MHSAA guidelines (extra suspension and overtime rules)

D. It is the responsibility of on ice officials to conduct a pre-game captains meeting during warm up.

E. Any player receiving a game disqualification: First offense will miss next two (2) consecutive games. A second disqualification the player will miss next four (4) consecutive games. A third (3) disqualification the player will be disqualified for the remainder of the season.

F. League Standings are determined by Conference games within your tier with two (2) points awarded for a win, one (1) for a tie after regulation time and zero (0) points for a loss.

G. If a tie occurs during regulation time, one (1) 8-minute overtime period will be played; the first team scoring wins the game. If neither team scores, the game ends in a tie with each team awarded one (1) point. If a team scores in overtime and wins, they receive one extra (1) point.

H. Eight (8) goal MHSAA mercy rule will be in effect for all Conference games.

I. Home teams wear light jerseys, visitors wear dark jerseys.

J. Teams are placed in three (3) tiers with seven (7) schools in each tier. There will be mandatory tier movement at the conclusion of each season. Last place finisher in tier 1 moves to tier 2, 1st place finisher in tier 2 moves to tier 1. Last place finisher in tier 2 moves to tier 3, 1st place finisher in tier 3 moves to tier 2. Tier champions are determined by most points earned. Two (2) teams that tie for 1st in overall standings will be co-champions. Tiebreaker for tier movement: 1) head to head, 2) least amount of goals allowed in tier games only, or 3) coin flip.
BOYS LACROSSE

A. Games:
   1. Varsity – 4 quarters, 12 minutes each
   2. Sub-Varsity – 10-minute quarters.

B. Start Times (when possible):
   1. JV – 5:30 p.m.
   2. Varsity – 7:30 p.m.

C. Half Time: 10 minutes.

D. Warm Up: 30 minutes max when possible; 20 minute minimum.

E. Over Time: 4 minutes sudden victory; repeat until win (no O.T. for sub-Varsity).

F. Officials Fee: Varsity $60.00; Sub-Varsity $50.00 (1.5 times if solo official). Rob Atkinson is assignor.

G. 11th graders may participate on JV team only if their skill level and physical prowess is such that it does not put younger players at risk.

H. Tie breaker for Conference Champions: 1) head to head, 2) fewest goals allowed, 3) flip a coin.

I. Qualifications for membership:
   1. Must have at least one (1) team competing at Varsity level,
   2. Must report to the Athletic Director of school representing,
   3. Must be considered a Varsity sport, and
   4. Must be a member of the O.K. Conference.

*O.K. Conference schools that had been members of the WMLC as of 2008 will be included but full compliance must be met to maintain membership by 2010 season.

J. Schools will be placed in Tiers.

*Movement between tiers and adding tiers to accommodate new members will be done by consensus of member schools. Tier alignment will be reviewed at the end-of-season Conference meeting and determined at this meeting.

K. League Scheduling: Will be the responsibility of the Athletic Director presiding over the Conference. The responsibility of creating the matrix used can be assigned to a member coach or other administrator, the presiding Athletic Director retains ultimate responsibility for this process and approves final schedule.
*Tier 1 will play one (1) game against each of the Tier 1 opponents (alternating home/away each season) and an end-of-season Conference playoff. Conference games should be Tuesdays when possible. Tier 2 will play two (2) games against each of the Tier 2 opponents (home and away) and does not include an end-of-season Conference playoff.

L. Conference Champions: Tier 1 teams will be assigned points (5 to 1) depending on regular season and tournament final standing. The combination of these two places taken will be added to determine a champion. Tier 2 teams will determine a champion based on final in Conference record, ties will not be broken.

M. All-Conference: Each team is allowed to name players on the team. Each Division shall have an All-Conference team. The number of players each team can name is determined by end of season Conference place as follows: first and second place name six (6) players, third and fourth place name five (5) players, fifth and sixth place name four (4) players, and all others name two (2) players. Teams can name any player on their team or any other player from another team in the same tier.

**O.K. Red Guidelines**

Boys Lacrosse is currently grouped into three (3) Tiers. As the sport grows, the schools that host Lacrosse will make future decisions on grouping of Tiers.

For the 2016-2017 season, each tier will have seven (7) teams. Spring Lake will be added to Tier I. The top team in Tier II will move to Tier I. Top Team in Tier III will move to Tier II. Byron Center will be added to Tier III. A proposal will be given to the AD’s to determine tier schedule format.
GIRLS LACROSSE

A. Games:
   1. Varsity – two (2) 25-minute halves
   2. Sub-Varsity – 10 minute quarters.

B. Start Times (when possible):
   1. JV – 5:30 p.m.
   2. Varsity – 7:30 p.m.

C. Half Time: 10 minutes.

D. Juniors on JV Teams
   1. Will be allowed to play on the JV team during the overtime.

E. Overtime Procedures
   1. When the score is tied at the end of regular playing time and overtime is to be played, both teams will have a 5-minute rest and toss a coin for choice of ends.
   2. Six (6) minutes [two (2) 3-minute periods] of stop clock overtime will be played. The clock will be stopped after three (3) minutes of play in order for teams to change ends with no delay for coaching. The game will be restarted by a center draw. The team which is ahead at the end of six (6) minutes wins the game.
   3. If the teams are still tied after six (6) minutes have elapsed, the teams will have a 3-minute rest and change ends. The winner will then be decided on a “sudden victory” stop-clock overtime of no more than six (6) minutes in length with the teams changing ends after three (3) minutes. The game will be restarted by a center draw. The team scoring the first goal wins the game.
   4. Play will continue with “sudden victory” stop-clock overtime periods of six (6) minutes in length with three (3) minutes in between and change of ends until a winning goal is scored.

F. 11th graders may participate on JV team only if their skill level and physical prowess is such that it does not put younger players at risk.

G. Tie breaker for Conference Champions: 1) head-to-head, 2) fewest goals slowed, 3) flip a coin.
**SOCcer (Boys and Girls)**

A. *It is recommended that two (2) registered officials are to be used in Varsity and sub-Varsity games.

B. Warm-up period between games will be twenty (20) minutes maximum.

C. Varsity and sub-Varsity games will consist of 40-minute halves with a ten (10) minute half-time. By mutual consent of participating schools, sub-Varsity games may utilize 35-minute halves.

D. Field will be available for warm-ups at least twenty (20) minutes before the scheduled starting of the game.

E. *Single or double round schedules may be implemented based on approval of the Division Athletic Directors.

F. All game officials must be MHSAA registered adults. The Home Team is responsible for all game personnel including scorekeeper, timer, and sideline supervision.

G. Championships will be determined by the won-loss records in Division games.

H. Schedules will be based on the master (football) schedule, with playing dates established by Division Athletic Directors. In Rainbow Divisions, participating schools will set their own schedules.

I. The MHSAA tie-breaker system will be used on the Varsity level only.

J. Varsity games will be 40-minute halves with a 10-minute intermission.

K. Freshman/J.V. games will be 45-minute halves with running time.

**O.K. Black Guidelines**

**Boy’s Soccer**

2016-17 Schedule
First Practice, 8/10; First Contest, 8/19; MHSAA Districts, 10/17

<table>
<thead>
<tr>
<th>Date</th>
<th>Team 1</th>
<th>Team 2</th>
<th>Team 3</th>
<th>Team 4</th>
<th>Team 5</th>
<th>Team 6</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday, 9/6</td>
<td>2 @ 4</td>
<td>3 @ 6</td>
<td>7 @ 5</td>
<td>Bye: 1</td>
<td>Team #1: Union</td>
<td></td>
</tr>
<tr>
<td>Thursday, 9/8</td>
<td>4 @ 3</td>
<td>6 @ 7</td>
<td>5 @ 1</td>
<td>Bye: 2</td>
<td>Team #2: Mona Shores</td>
<td></td>
</tr>
<tr>
<td>Saturday, 9/10</td>
<td>7 @ 4</td>
<td>1 @ 6</td>
<td>5 @ 2</td>
<td>Bye: 3</td>
<td>Team #3: Reeths-Puffer</td>
<td></td>
</tr>
<tr>
<td>Tuesday, 9/13</td>
<td>3 @ 1</td>
<td>2 @ 7</td>
<td>6 @ 5</td>
<td>Bye: 4</td>
<td>Team #4: Jenison</td>
<td></td>
</tr>
<tr>
<td>Thursday, 9/15</td>
<td>4 @ 6</td>
<td>7 @ 1</td>
<td>2 @ 3</td>
<td>Bye: 5</td>
<td>Team #5: Muskegon</td>
<td></td>
</tr>
<tr>
<td>Tuesday, 9/20</td>
<td>4 @ 5</td>
<td>1 @ 2</td>
<td>3 @ 7</td>
<td>Bye: 6</td>
<td>Team #6: Kenowa Hills</td>
<td></td>
</tr>
</tbody>
</table>

2016 Revision
General Guidelines
A. Juniors and Sophomores may not play “down” to complete junior varsity rosters without consensus from division athletic directors.

B. Regarding “Senior Night” and other special events, the host school must make the opposing school’s leadership aware at least one week ahead of time.

C. The schedule is a double round-robin with no Conference tournament.

D. Regarding overtime, teams will play two (2) 10-minute periods, but there is no golden goal or a shootout.

E. Due to the fact that neither Muskegon nor Union has lights on their field, home matches for these schools will begin at 4:00 pm (junior varsity) and 5:45 pm (varsity). All other start times will be 5:00 pm (junior varsity) and 6:45 pm (varsity).

All-Conference
A. 20 All-Conference medals and 10 Honorable Mention certificates will awarded at large – not according to position. Each school receives a guaranteed allotment based on their finish in the division standings.

B. 1st Place = 4 AC players and 2 HM; 2nd Place = 3 AC players and 2 HM; 3rd Place = 2 AC players and 1 HM; 4th Place = 2 AC players and 1 HM; 5th Place = 1 AC player and 0 HM; 6th Place = 0 AC players and 1 HM; 7th Place = 0 AC and 1 HM. The rest (8 AC and 2 HM) is voted upon – one at a time – based on nominations.

C. All nominations for the All-Conference team must be made ahead of time. No players may be nominated at the meeting. Prior to the meeting – that takes place the weekend following the regular season’s final match – the sport’s chairman will send out information.

Contact Information
Fruitport… Greg Kobylak gkobylak@fruitportschools.net, (231) 206-3151
Jenison… Brian Selk, jhsoccer.coachselk@gmail.com, (616) 808-9351
Kenowa Hills… Frank Andrade, andradecoach@gmail.com, (616) 262-7452
Mona Shores… Jeremy Leffring, jileffring@gmail.com, (231) 343-4604
Muskegon… Jeff Holmes, soccer_holmes@aol.com, (231) 327-2188
Reeths-Puffer… Keith Knapp, knappk@reeths-puffer.org, (616) 510-4901

2016 Revision
Girl’s Soccer
2016-17 Schedule
First Practice, 3/13; First Contest, 3/22; MHSAA Districts, 5/30

Tuesday, 4/18…  2 @ 4  3 @ 6  7 @ 5  Bye: 1
Thursday, 4/20… 4 @ 3  6 @ 7  5 @ 1  Bye: 2
Saturday, 4/22… 7 @ 4  1 @ 6  5 @ 2  Bye: 3
Tuesday, 4/25…  3 @ 1  2 @ 7  6 @ 5  Bye: 4
Thursday, 4/27… 4 @ 6  7 @ 1  2 @ 3  Bye: 5
Tuesday, 5/2…  4 @ 5  1 @ 2  3 @ 7  Bye: 6
Thursday, 5/4…  6 @ 2  1 @ 4  5 @ 3  Bye: 7
Saturday, 5/6…  4 @ 2  6 @ 3  5 @ 7  Bye: 1
Tuesday, 5/9…  3 @ 4  7 @ 6  1 @ 5  Bye: 2
Thursday, 5/11… 4 @ 7  6 @ 1  2 @ 5  Bye: 3
Tuesday, 5/16…  1 @ 3  7 @ 2  5 @ 6  Bye: 4
Thursday, 5/18… 6 @ 4  1 @ 7  3 @ 2  Bye: 5
Tuesday, 5/23…  5 @ 4  2 @ 1  7 @ 3  Bye: 6
Thursday, 5/25… 2 @ 6  4 @ 1  3 @ 5  Bye: 7

General Guidelines
A. Juniors and sophomores may not play “down” to complete junior varsity rosters without consensus from division athletic directors.

B. Regarding “Senior Night” and other special events, the host school must make the opposing school’s leadership aware at least one week ahead of time.

C. The schedule is a double round-robin with no Conference tournament.

D. Regarding overtime, teams will play two (2) 10-minute periods, but there is no golden goal or a shootout.

E. Due to the fact that neither Muskegon nor Union has lights on their field, home matches for these schools will begin at 4:00 (junior varsity) and 5:45 p.m. (varsity).

All-Conference
A. Twenty (20) All-Conference medals and ten (10) Honorable Mention certificates will awarded at large – not according to position. Each school receives a guaranteed allotment based on their finish in the division standings.

B. 1st Place = 4 AC players and 2 HM; 2nd Place = 3 AC players and 2 HM; 3rd Place = 2 AC players and 1 HM; 4th Place = 2 AC players and 1 HM; 5th Place = 1 AC player and 0 HM; 6th Place = 0 AC players and 1 HM. The rest (8 AC and 3 HM) is voted upon – one at a time – based on nominations.
C. All nominations for the All-Conference team must be made ahead of time. No players may be nominated at the meeting. Prior to the meeting – that takes place the weekend following the regular season’s final match – the sport’s chairman will send out information.

Contact Information
Fruitport… Jeannie McClain, jeanniemcc@comcast.net, (231) 638-1358
Jenison… Phil Zuber, pzuber@jpsonline.org, (616) 980-6764
Kenowa Hills… Jason Snyder, jsnyder@khps.org, (616) 889-8978
Mona Shores… Lindsey Thorsen, mysocialnetworth@gmail.com, (231) 670-1071
Muskegon… Omar (Roni) Yin, rob711517@comcast.net, (231) 329-0878
Reeths-Puffer… Jeremy Tjapkes, chap0676@hotmail.com, (231) 206-6865
Union… Bill Osborne, coachoz@sbcglobal.net, (616) 498-2683
Chair… Fruitport’s Ken Erny, kerny@fruitportschools.net, (231) 206-1203

O.K. Blue Guidelines

Starting Times
On non-lit fields: Junior Varsity at 4:00 p.m. and Varsity at 5:30 p.m.
On lit fields: Juniors Varsity at 5:00 p.m. and Varsity at 6:45 p.m.

Admission
$5.00

Officials
A. Two (2) MHSAA registered officials must be contracted for all levels of competition.

Home Team Responsibilities
A. Fields need to be available for warm-up twenty (20) minutes before the first game. Warm-up will be a maximum of twenty (20) minutes between games.
B. Provide game personnel (scorekeeper, timer, sideline personnel). They must be responsible adults.
C. Provide three (3) game balls and two (2) ball runners.
D. Report all scores and stats to VNN Pressbox.
E. Provide Athletic Training services. Visiting teams are responsible for their own supply of tape and pre-wrap.
F. Provide Blood-borne Pathogen kit.
G. Provide water, ice, and cups.
Rules of Play
A. Varsity games will be 40-minute halves with a 10-minute intermission. Varsity will play two full 10-minute overtimes with no golden goal conclusion. If the game is tied after the overtime periods during the regular season, there will be no shoot-outs. The game will remain tied. Suspended games must be finished. MHSAA completion rules will apply to suspended games.

B. Junior Varsity and Freshman games will be thirty-five (35) minute halves with a running clock. No overtime when game is tied at the end of regulation.

Conference Champion
A. Determined by a double round of league games. If a tie for first place occurs, all teams that tie will receive an O.K. Blue Championship trophy.

O.K. Gold Guidelines

Starting Times
A. On non-lighted fields: JV at 4:00 p.m. and Varsity at 5:45 p.m. On lighted fields: JV at 5:00 p.m. and Varsity at 6:45 p.m.

B. Fields need to be available for warm-up twenty (20) minutes before the first game. Warm-up will be a maximum of twenty (20) minutes between games.

C. Freshman time will be determined by Home Team.

Game Management – Home Team is responsible for the following:
A. Two (2) registered officials may be used for each game (may be the same for JV and Varsity game), but three (3) is allowed for the Varsity game.

B. Water for both teams.

C. Three (3) game balls and two (2) ball runners.

D. Varsity games will be 40-minute halves with a 10-minute intermission. Varsity games will use two (2) 10-minute overtime periods played to completion (no golden goal). If the game is tied after overtime during the regular season, there will be no shoot-outs. The game will remain tied. Suspended games must be finished.

E. JV and Freshman games will be 35-minute halves with a running clock. No overtime when game is tied at the end of regulation.

F. All other game personnel (scorekeeper, timer, sideline personnel) must be responsible adults.

League Tournament (used with an 8-team Division)
A. All regular season league games shall be finished before the start of the tournament.

2016 Revision
B. The Conference Tournament will consist of three (3) rounds.

C. In case of a tie between two (2) teams in the regular season standings, head-to-head will be the first criteria and goals allowed in all Conference games will be the second. In case of a tie between three (3) teams, goals allowed in affected teams’ games will be the first criteria and goals allowed in all Conference games will be second. If still tied, there will be a coin flip.

D. JV teams will follow Varsity teams throughout the tournament.

E. A shoot-out will be used to determine a winner at each level of the tournament after the two (2) overtime periods.

Champion Determination
A. If a single round of league games will take place, the standings from that round will determine one-half of the league title. The Conference Tournament will determine the other one-half of the league title. Ties in the league standing will not be broken when determining league championship, the points earned will be added and divided among the teams affected.

B. If a double round of games is played, the league champion is determined by the best record after the two (2) rounds with two (2) points awarded for a win and one (1) for a tie. Ties in the league standings will not be broken when determining the league champion.

O.K. Green Guidelines

Starting Times
On non-lighted fields: Junior Varsity at 4:00 p.m. and Varsity at 5:30 p.m.
On lighted fields: Juniors Varsity at 5:00 p.m. and Varsity at 6:45 p.m.
Holland Christian: Junior Varsity at 5:30 p.m. and Varsity at 7:15 p.m.
Freshman Games: 5:00 p.m.

Admission
$5.00

Officials
A. Two (2) MHSAA registered officials must be contracted for all levels of competition.

Home Team Responsibilities
A. Fields need to be available for warm-up twenty (20) minutes before the first game. Warm-up will be a maximum of twenty (20) minutes between games.

B. Provide responsible adult game personnel (scorekeeper, timer, sideline personnel).

C. Provide three (3) game balls and two (2) ball runners.

2016 Revision
D. Report all scores and stats per O.K. Conference Guidelines.

E. Provide Athletic Training services. Visiting teams are responsible for their own supply of tape and pre-wrap.

F. Provide Blood-borne Pathogen kit.

G. Provide water, ice, and cups.

**Rules of Play**

A. Varsity games will be 40-minute halves with a 10-minute intermission. Varsity will play two full 10-minute overtimes with no golden goal conclusion. If the game is tied after the overtime periods during the regular season, there will be no shoot-outs. The game will remain tie. Suspended games must be finished.

B. Junior Varsity and Freshman games will be thirty-five (35) minute halves with a running clock. No overtime when game is tied at the end of regulation.

**Conference Champion**

A. Determined by a double round of league games. If a tie for first place occurs, all teams that tie will receive an O.K. Green Championship trophy.

**O.K. Red Guidelines**

**Schedule**

A. Master schedule is a double round robin of the O.K. Red schools.

B. The master schedule will serve as the contract for Division games.

C. There is no post-season Conference Tournament.

D. Championships will be determined by the won-loss records in Division games.

E. The MHSAA tie-breaker system will be used on the Varsity level only.

**Starting Times**

A. Freshman at 4:00 p.m., JV at 5:25 p.m., Varsity at 7:15 p.m.

B. Varsity twenty (20) minutes following JV game, approximately 7:15 p.m.

C. Halftime is ten (10) minutes for both JV and Varsity.

D. Fields need to be available for warm-up twenty (20) minutes between games.

E. MHSAA Mercy Rule will apply; games will end when this situation has occurred.
Admission
$3.00/$5.00 per current O.K. Red league policy.

Game Management – Home Team is responsible for providing the following:
A. Three (3) registered officials for each game [may be the same two (2) for both JV and Varsity].
B. Home Team will wear light jerseys.
C. Water for both teams.
D. Three (3) game balls and two (2) ball runners.
E. Varsity games will be 40-minute halves with a 10-minute intermission. If game is tied at the end of regulation they will play two (2) 10-minute overtimes with no golden goal conclusion. If game is tied at the end of overtime, it will remain a tie.
F. Freshmen/JV games consists of a 25-minute half and 10-minute intermission. Clock does not stop and there is no overtime.

O.K. Silver Guidelines

A. *It is recommended that two (2) registered officials are to be used in Varsity and sub-Varsity games.

B. Warm-up period between games will be twenty (20) minutes maximum.

C. Varsity and sub-Varsity games will consist of 40-minute halves with a ten (10) minute half-time. By mutual consent of participating schools, sub-Varsity games may utilize 35-minute halves.

D. Field will be available for warm-ups at least twenty (20) minutes before the scheduled starting of the game.

E. *Single or double round schedules may be implemented based on approval of the Division Athletic Directors.

F. All game officials must be MHSAA registered adults. The Home Team is responsible for all game personnel including scorekeeper, timer, and sideline supervision.

G. Championships will be determined by the won-loss records in Division games.

H. The MHSAA tie-breaker system will be used on the Varsity level only.

I. Schedules: Schedules will be based on the master schedule, with playing dates established by Division Athletic Directors.

J. Start Time: O.K. Silver Varsity soccer start times will be set by the host school. Varsity games will consist of two (2) 40-minute halves. JV games will consist of two (2) 35-minute halves.
K. Admission: Adults/Students – Free admission.

L. Officials: It is recommended that two (2) registered officials are used in Varsity and JV games.

M. Uniforms: The Home Team will wear light jerseys.

N. Equipment: The Home Team will provide a trainer, if available, and water to the Visiting Teams.

O. Warm-up: The field will be available at least twenty (20) minutes before the start of the first game. The warm-up period between games will be twenty (20) minutes maximum.

P. Scoring and Scorers: The Home Team is responsible for all game personnel including scorekeeper. Timer, and sideline supervision.

Q. Overtime: Two (2) 10-minute periods. No golden goal or shootout.

O.K. White Guidelines

Starting Times
GR Christian- Var-4:30, JV 6:15 p.m.
On lighted fields: Juniors Varsity at 5:00 p.m. and Varsity at 6:45 p.m.
Freshman: 5:00 p.m.

Home Team Responsibilities
A. Fields need to be available for warm-up twenty (20) minutes before the first game. Warm-up will be a maximum of twenty (20) minutes between games.

B. Provide three (3) game balls and two (2) ball runners.

Rules of Play
A. Varsity games will be 40-minute halves with a 10-minute intermission. Varsity will play two full 10-minute overtimes with no golden goal conclusion. If the game is tied after the overtime periods during the regular season, there will be no shoot-outs. The game will remain tie. Suspended games must be finished.

B. Junior Varsity and Freshman games will be thirty-five (35) minute halves with a running clock and 10 minute intermission. No overtime when game is tied at the end of regulation. The mercy rule is in effect for FR/JV as well as varsity.

Conference Champion
A. Determined by the best record in league games. If a tie occurs, all teams that tie will receive an O.K. White Championship trophy. A win is worth two (2) points, a tie is worth one (1) point, and a loss is worth zero (0) points.
SWIMMING (BOYS AND GIRLS)

A. The O.K. Conference swim meets will follow all rules set forth by the National Federation and as adopted or revised by the MHSAA.

B. Each meet shall be officiated by at least one (1) registered official.

C. The Conference meet may be run on the same format as the State meet if eight (8) teams compete.

D. A maximum of one (1) hour warm-up is recommended. A minimum of a forty-five (45) minute warm-up must be provided.

O.K. Green Guidelines

Start Time
6:30 p.m.

Admission
$5.00

Officials
A. One (1) MHSAA registered official must be contracted.

Home Team Responsibilities
A. Report all scores and stats per O.K. Conference Guidelines.

Rules of Play
A. The O.K. Conference swim meet will follow all rules set forth by the NCAA and as adopted or revised by the MHSAA.

B. A maximum of one (1) hour warm-up is recommended. A minimum of forty-five (45) minutes warm-up must be provided.

Conference Meet
A. The Conference meet may be run on the same format as the State Meet if six (6) teams compete.

B. For individual events at Conference finals, each school will be allowed up to four (4) participants in the scoring heats (A & B heats - #1 – 16). The non-scoring bonus heat (C - #17 – 24) will be made up of the next eight (8) best times from the prelims regardless of the number of competitors from each school. For the relay events at Conference finals, each school will be allowed one (1) team in the scoring heat (A), and one (1) team in each of the two (2) non-scoring bonus heats (B&C).
C. Each Conference diver is eligible to complete the eleven-dive championship format for the Conference meet over three (3) rounds. Prelims consist of the first two rounds of dives. The field of divers will be cut to twenty (20) point-eligible divers after completing round one, which is their first five (5) dives. Divers ranking twenty-first and higher are eligible to compete in round two as exhibition only. The field of divers will be cut to sixteen (16) point-eligible divers after completing round two, which is their next three (3) dives. Divers ranking seventeenth or higher after the two (2) rounds are eligible to complete their final three (3) dives as exhibition. Divers ranked 1-16 will complete their final three (3) dives at the finals. Divers ranked number 17-24 may also complete their final three (3) dives at finals, but as exhibition. Divers ranked higher than twenty-four may complete their final three (3) dives at prelims if they choose to do so.

Conference Champion

A. Determined by single round and Conference meet, each counting 50% of final standings. If a tie occurs, all teams that tie will receive an O.K. Green Championship trophy.

O.K. Gold Guidelines

A. Start Time: 6:00 p.m. unless previously agreed upon by host school.

B. The O.K. Conference swim meet will follow all rules set for by the NCAA and as adopted or revised by the MHSAA.

C. Each meet shall be officiated by at least one (1) registered official.

D. The Conference meet may be run on the same format as the State Meet if eight (8) teams compete.

E. A maximum of one (1) hour warm-up is recommended. A minimum of a 45-minute warm-up must be provided.

F. Conference meet determines All-Conference selections.

G. Championship determined by single round and Conference meet each counting 50% of final standings.

O.K. White Guidelines

Start Time
6:30 p.m.

Rules of Play
A. A maximum of one (1) hour warm-up is recommended. A minimum of forty-five (45) minutes warm-up must be provided.
Conference Meet
A. The Conference meet may be run on the same format as the State Meet.

Conference Champion
A. Determined by single round and Conference meet, each counting 50% of final standings. If a tie occurs, all teams that tie will receive an O.K. Green Championship trophy.
TENNIS (BOYS AND GIRLS)

A. The rules adopted in the Tennis Coaches Manual, published and distributed by the MHSAA shall be used for O.K. Conference meets and tournaments.

B. If a Conference meet is held, the dual schedule should be completed before the Conference meet to allow for proper seeding.

C. If a tennis match is postponed during the course of a meet, the meet must be resumed at the point it was terminated unless a team has won at least five (5) matches, which would make it an official victory. This is constant with the State Tournament play.

D. Singles sticks are required for all Conference matches.

O.K. Black Guidelines

2016-17 Schedule
First Practice, 8/10; First Contest, 8/17; MHSAA Regionals, 10/6-8

Monday, 9/12… 2 @ 4 3 @ 6 1 @ 5 Team #1: Union
Wednesday, 9/14… 4 @ 3 6 @ 1 5 @ 2 Team #2: Mona Shores
Monday, 9/19… 6 @ 4 3 @ 5 1 @ 2 Team #3: Reeths-Puffer
Wednesday, 9/21… 3 @ 1 2 @ 6 4 @ 5 Team #4: Jenison
Monday, 9/26… 1 @ 4 2 @ 3 5 @ 6 Team #5: Fruitport
Wednesday, 9/28… Rain Date Team #6: Kenowa Hills
Saturday, 10/1… Conference Tournament @ Reeths-Puffer

2017-18 Schedule
First Practice, 8/16; First Contest, 8/23; MHSAA Regionals, 10/12-14

Monday, 9/18… 3 @ 4 1 @ 6 2 @ 5 Team #1: Union
Wednesday, 9/20… 4 @ 6 5 @ 3 2 @ 1 Team #2: Mona Shores
Monday, 9/25… 1 @ 3 6 @ 2 5 @ 4 Team #3: Reeths-Puffer
Wednesday, 9/27… 4 @ 1 3 @ 2 6 @ 5 Team #4: Jenison
Monday, 10/2… 4 @ 2 6 @ 3 5 @ 1 Team #5: Fruitport
Wednesday, 10/4… Rain Date Team #6: Kenowa Hills
Saturday, 10/7… Conference Tournament @ Jenison
Division Tournament Rotation: Kenowa Hills (2018-19), Fruitport (2019-20)

General Guidelines
A. Duals count for 50% and the division tournament counts as 50% regarding the final standings.

B. For duals, junior varsity and varsity teams will play at the same site.

2016 Revision
C. The listed starting times should be 4:30 p.m. for both junior varsity and varsity.

D. Regarding division tournament seeding; a) players must play in 4 of 5 dual meets to be seeded and b) criteria is first based on Conference record, then head-to-head, and then outside Conference. This will be done at a meeting.

E. Prior to the tournament seeding meeting – that takes place the Friday before the tournament – the sport’s “chair” will send out relevant forms and organize the meeting.

All-Conference
A. Sixteen (16) All-Conference medals will be handed out according to both seed and final position in the Conference tournament.

B. The top four (4) #1S tournament seeds automatically receive All-Conference status. Next, the top two (2) #2S tournament seeds automatically receive All-Conference status. Then, the top #1D tournament seed receives All-Conference status. The remaining eight (8) medals will be considered “at large” and the criteria will be set at the seeding meeting the night before the tournament.

C. It should be noted that if all #1S players win a Conference match during dual play, then two (2) of these eight (8) remaining All-Conference spots automatically goes to the fifth and sixth #1S player – thus, leaving six (6) “at large” considerations leftover.

Contact Information
Fruitport… Brad Busscher, bbusscher@fruitportschools.net, (231) 206-1777
Jenison… Jeff Malloch, jmalloch@jpsonline.org, (616) 834-2750
Kenowa Hills… David Bentley, dbentley@khps.org, (616) 292-7169
Mona Shores… Craig Kelley, kelleys.lawncare@hotmail.com, (616) 638-8722
Reeths-Puffer… Craig Gurr, gurrc@reeths-puffer.org, (616) 745-2492
Union… Tom Harrison, thomaspatrikharrison@gmail.com, (616) 322-9574
Chair… Union’s Justin Walker, walkerjv@grps.org, (616) 822-0038

O.K. Blue Guidelines

Start Time
4:00 p.m.

Admission
None

Home Team Responsibilities
A. Provide tennis balls. If a match goes to the third set, a new can is to be provided.

B. Report all scores and stats to VNN Pressbox.

C. Provide water, ice, and cups.

2016 Revision
Rules of Play
A. Equipment – The home team will provide warm-up balls. The home team will also provide two (2) new game balls per flight. If a match goes to a third set, two (2) new balls will be added. Scorecards should be visible at each court. The home team will ensure there is drinking water available on site.

B. Scoring – Scoring will be the standard three (3) set match with a Coman tiebreaker at 6-6. The results of four (4) singles and four (4) doubles matches will determine the score.

C. Postponements – If a tennis match is postponed during the course of an event, the event must be resumed at the point it was suspended. Individual matches must be completed for Conference tournament seeding purposes. If an individual cannot play, or becomes ineligible at the continuation of the match, substitutions may be allowed if agreed upon by both coaches. If there is no agreement, that spot will be forfeited, or not allowed to play.

D. Substitution of a player – For all regular season contests a coach is allowed to substitute directly into the line-up for any absent player, with the approval of the other coach(es) involved in that contest. For temporary absences only, the purpose for which is to retain lower level flights for seeding at the Conference tournament.

E. JV match play – Where there are enough teams, league athletic directors will compile a JV league schedule. Where no JV teams exist, JV or exhibition matches will be set up by coaches. Upon mutual consent, it is expected that coaches will facilitate match-ups to get all participants from each school some match competition.

Conference Meet
A. The dual schedule should be completed before the Conference tournament to allow for proper seeding. The tournament shall be conducted by the flight plan, with four (4) singles and four (4) doubles flights. Five (5) players or teams will be seeded in each flight, using all matches played during the current season, using the following criteria: head-to-head, indirect competition, Conference record, strength of schedule, and a win over an already seeded player. The TOP FOUR (4) seeds will be placed into the bracket with the remaining individuals and teams randomly drawn in to each flight. Every effort will be made to restrict first round play to at most two match-ups between each school. All players must compete at the flight in which the majority of their league matches were played, unless injured during the season. In the Conference tournament, a coach can make a substitution into their line-up in the case of family emergency, illness, or academic commitment. If the absent player was seeded, the fifth seed will move up and the flight redrawn. If the absent player was not seeded, the bracket will not change.

B. Conference tournament match play and scoring – Each first round match shall be the standard best of 3 sets with a Coman tiebreaker at 6-6. If the flight continues to win, each match continues with this format. After a loss, each subsequent match shall be the best of
3 sets, with a Coman tiebreaker at 4-4. Points allocated will be 8 for 1st, 7 for 2nd … 1 point for 8th. Zero (0) points will be given for any defaulted positions.

C. Conference tournament host – Responsibility for hosting the Conference tournament will be determined by the league Athletic Directors, on a rotating basis. The hosting site must contain 16 courts minimum with every effort to have only two locations within a 10 mile radius.

D. Postponement of the Conference tournament – In the event of inclement weather which causes the postponement of the tournament, Athletic Directors will determine the best possible make-up date. If matches must be moved indoors, all Conference schools will share equally in the payment of court costs.

E. The rules adopted in the tennis coaches’ manual published and distributed by the MHSAA shall be used for all O.K. Conference meets and tournaments.

F. A rules committee comprised of the coaches from 3 of the participating schools, to be determined at the seed meeting, will be formed for the Conference tournament. It shall include the host school coach, and two participating coaches. The Host School athletic director or tournament designated administrator (not a coach) shall oversee and serve as a part this committee as a non-voting participant. The tournament director and host administration remain responsible for decisions and rulings with the consultation from the Rules Committee members.

Conference Champion
A. Single round dual record is worth 50% and the Conference Meet is worth 50%. If a tie for first place occurs, all teams that tie will receive an O.K. Blue Championship trophy

O.K. Gold Guidelines

Start Time
4:00 p.m.

Admission
None

Home Team Responsibilities
A. Provide tennis balls. If a match goes to the third set, a new can is to be provided.

B. Report all scores and stats to VNN Pressbox.

C. Provide water, ice, and cups.

Rules of Play
A. The rules adopted in the tennis coaches’ manual, published and distributed by the MHSAA, shall be used for the O.K. Conference dual meets and tournaments.
B. Scoring will be four (4) singles and four (4) doubles.

C. If a tennis match is postponed during the course of a meet, the meet must be resumed at the point it was terminated unless a team has won at least five (5) matches, which would make it an official victory. This is consistent with State tournament play.

D. If for any reason a player is absent, a coach may substitute a player in place of the absent player. All players are not made to “bump up” a position when a player is absent. For example, if a #2 singles player cannot play, the sub may be placed in the #2 singles position.

Conference Meet
A. The dual schedule should be completed before the Conference Meet to allow for proper seeding.

B. The tournament shall be conducted by the flight plan, with four (4) singles, and four (4) doubles flights. Up to three (3) players or teams would be seeded in each flight, and the remainder would draw flight position. To be considered for flight seed, the players must compete at that flight in a majority of their league matches, unless injured during the season.
   1. Discussions by coaches: One (1) seed per four players – USTA.

C. Player substitutions for non-seeded flights must be approved by the coaches (i.e., injuries, eligibility).

Seeding for the Conference Meet
Criteria:
#1 Head-to-head in flight in Conference matches
#2 Head-to-head vs. Conference opponent in non-Conference matches
#3 Common opponents
#4 Other – coaches decide

Conference Champion
A. Conference Champion is determined by the single round and Conference tournament standing, each counting 50% towards the final standings. If a tie for first place occurs, all teams that tie will receive an O.K. Gold Championship trophy.

O.K. Green Guidelines

Start Time
4:00 p.m.

Admission
None
Home Team Responsibilities
A. Provide tennis balls. If a match goes to the third set, a new can is to be provided.
B. Report all scores and stats per O.K. Conference Guidelines.
C. Provide water, ice, and cups.

Rules of Play
A. The rules adopted in the tennis coaches’ manual, published and distributed by the MSHAA, shall be used for the O.K. Conference dual meets and tournaments.
B. Scoring will be 4 singles and 4 doubles.
C. If a tennis match is postponed during the course of a meet, the meet must be resumed at the point it was terminated unless a team has won at least five matches, which would make it an official victory. This is consistent with state tournament play.
D. If for any reason a player is absent, a coach may substitute a player in place of the absent player. All players are not made to “bump up” a position when a player is absent. For example, if a #2 singles player cannot play, the sub may be placed in the #2 singles position.
E. Junior Varsity squads have historically been of varied sizes. The coach of the host school has the final decision on format for the Conference JV matches. Each JV match should include 1 – 3 singles matches, if possible, and the remaining matches should be doubles.

Conference Meet
A. The dual schedule should be completed before the Conference Meet to allow for proper seeding.
B. The tournament shall be conducted by the flight plan, with four (4) singles, and four (4) doubles flights. Up to four (4) players or teams would be seeded in each flight, and the remainder would draw flight position. Each individual player must have played a majority of all his/her Conference matches (played) at that flight in which he/she is entered for the Conference tournament. If there are extenuating circumstances (i.e. illness, injury during the season) ranked ability shall take precedence over majority.
C. Player substitutions for non-seeded flights must be approved by the coaches -- ie: injuries, eligibility.

Seeding for the Conference Meet
A. Criteria:
   #1: Head-to-head in flight in Conference matches
   #2: Head-to-head vs. Conference opponent in non-Conference matches
   #3: Common Opponents
   #4: Other – Coaches decide
Conference Champion
A. Conference champion is determined by the single round and Conference tournament standing, each counting 50% towards the final standings. If a tie for first place occurs, all teams that tie will receive an O.K. Green Championship trophy.

O.K. Silver Guidelines
A. Start Time: 4:00 p.m. for all Varsity and JV matches. At 4:00 p.m., all flight opponents will be introduced from first singles on down to fourth doubles. They will then proceed to their assigned courts to play. The Home coach should review proper tennis etiquette and any unique court precautions.
B. Uniforms: All athletes must wear appropriate school issued uniforms.
C. Equipment: Home Team will provide warm-up balls. Home Team will provide two (2) new game balls per flight. Scorecards should be visible at each court.
D. Scoring: Scoring will be standard 3-set matches with tiebreaker at 6-6. There will be four (4) singles flights and four (4) doubles flights.
E. Conference Tournament: The dual schedule should be completed before the Conference tournament to allow for proper seeding. Up to four (4) players or team in each flight will be seeded and the remainder would draw flight position.
F. Postponements: If a tennis match is postponed during the course of a meet, the meet must be resumed at the point it was terminated unless a team has won at least five (5) matches, which would make it an official victory.

O.K. White Guidelines
Start Time
4:15 p.m.

Home Team Responsibilities
A. Provide tennis balls. If a match goes to the third set, a new can is to be provided.

Rules of Play
A. If a tennis match is postponed during the course of a meet, the meet must be resumed at the point it was terminated unless a team has won at least five matches, which would make it an official victory. This is consistent with state tournament play.
B. If for any reason a player is absent, a coach may substitute a player in place of the absent player. All players are not made to “bump up” a position when a player is absent. For example, if a #2 singles player cannot play, the sub may be placed in the #2 singles position.
Conference Meet
A. The dual schedule should be completed before the Conference Meet to allow for proper seeding.

B. The tournament shall be conducted by the flight plan, with four (4) singles, and four (4) doubles flights. Up to four (4) players or teams would be seeded in each flight, and the remainder would draw flight position. To be considered for flight seed, the players must compete at that flight in a majority of their league matches, unless injured during the season.

C. Player substitutions for non-seeded flights must be approved by the coaches (i.e.: injuries, eligibility).

Seeding for the Conference Meet
A. Criteria:
   1. Head-to-head in flight in Conference matches
   2. Head-to-head vs. Conference opponent in non-Conference matches
   3. Common Opponents

B. Other
   1. Coaches decide

Conference Champion
A. Conference champion is determined by the single round and Conference tournament standing, each counting 50% towards the final standings. If a tie occurs, all teams that tie will receive an O.K. Green Championship trophy.
TRACK (BOYS AND GIRLS)

A. The Conference is to sponsor a single round of dual meets and a Conference meet.

B. Administration of meets will be responsibility of the home school in compliance with rules of the MHSAA and the Conference.

O.K. Black Guidelines

2016-17 Schedule
First Practice, 3/13; First Contest, 3/22; MHSAA Regionals, 5/18-20

Monday, 4/10…  2 @ 4  3 @ 6  7 @ 5  Bye: 1  Team #1: Union
Wednesday, 4/12…  4 @ 3  6 @ 7  5 @ 1  Bye: 2  Team #2: Mona Shores
Monday, 4/17…  7 @ 4  1 @ 6  5 @ 2  Bye: 3  Team #3: Reeths-Puffer
Wednesday, 4/19…  3 @ 1  2 @ 7  6 @ 5  Bye: 4  Team #4: Wyoming
Monday, 4/24…  4 @ 6  7 @ 1  2 @ 3  Bye: 5  Team #5: Muskegon
Wednesday, 4/26…  4 @ 5  1 @ 2  3 @ 7  Bye: 6  Team #6: Kenowa Hills
Tuesday, 5/2…  6 @ 2  1 @ 4  5 @ 3  Bye: 7  Team #7: Fruitport
Friday, 5/5…  GMAA Meet (Muskegon schools only)
Monday, 5/8…  Rain Date
Thursday, 5/11…  Conference Meet @ Muskegon


General Guidelines
A. The listed starting time for all dual and double-dual meets should be 4:15 pm, when field events should start. Running events are to commence at 4:45 pm.

B. Girls running events (with shot put and high jump) start first in odd years (with boys starting first in discus, vault, and long jump). In even years, boys start running events first and field events are flipped.

C. In dual meets, scoring is 5-3-1 for individual events while relays are scored 5-0.

D. Starting heights for high jump are 4’2” (girls) and 5’2” (boys) with 2” raises.

E. Starting heights for pole vault are 6’6” (girls) and 8’6” (boys) with 6” raises.

F. Regarding jumps, athletes get 3 attempts with the top 4 moving on to the finals for 3 more jumps.

G. Regarding throws, athletes get 3 attempts with the top 4 moving on to the finals for 3 more throws.
All-Conference
A. 29 All-Conference medals are to be handed out to Conference champions for each event. There is no Honorable Mention in track and field.

Contact Information
Kenowa Hills… Kevin Winne, kwinne@khps.org, (616) 901-7260
Kenowa Hills… Lance Jones, lajones@khps.org, (616) 560-8918
Mona Shores… Bob Jazwinski, jazwinsr@monashores.net, (231) 215-9233
Mona Shores… Joe Latz, latzj@monashores.net, (517) 230-8709
Muskegon… Shane Fairfield, tfairfie@mpsk12.net, (231) 206-4774
Muskegon… Tracy Lewis, tlewis@mpsk12.net, (231) 750-7406
Reeths-Puffer… Gary Niklasch, niklasch@reeths-puffer.org, (231) 736-8886
Reeths-Puffer… Don Ketner, ketnerd@reeths-puffer.org, (616) 970-0387
Union… Dan Droski, droskid@grps.k12.mi.us, (616) 260-2669
Zeeland East… Robert Sommerville, rsommerv@zps.org, (616) 848-9824
Zeeland East… Ralph Neal, rNeal@zps.org, (616) 633-4509
Chair… Kenowa Hills’ Eric Haik, ehaik@khps.org, (616) 291-2523

Conference Meet Guidelines
A. If there are 16 entrants or less in running events, there will not be a preliminary race.

B. Based on dual meet results, coaches may enter four athletes in each individual race (additional qualifiers may be entered if they have a top ten time) and one squad in each relay.

C. Individual events are scored: 10, 8, 6, 4, 2, 1

D. Relay races are scored: 10, 8, 6, 4, 2

E. Preferred lanes – in accordance with the state meet – will be 4-5-3-6-2-7

F. Starting heights for high jump are 4’4” (girls) and 5’4” (boys) with 2” raises.

G. Starting heights for pole vault are 7’0” (girls) and 9’0” (boys) with 6” raises.

H. Regarding throws and jumps, athletes get 3 attempts with the top 7 moving on to the finals for 3 more attempts.

I. The net expense at the Conference meet will be equally divided among division participants.

Miscellaneous Information
A. Although there are 29 All-Conference medals handed out, an athlete may only receive one medal. Therefore, if there are medals left over, they are to be distributed – from highest on down – to athletes that score over 8 points in the meet.

B. Admission will be $5 for adults and $3 for students.

2016 Revision
C. The top six finishers in each event will be awarded event medals. These medals will be packaged for coaches in an envelope and distributed at the end of the meet. In the case of ties, duplicate medals will be awarded.

D. At the conclusion of the meet, the team trophy for the Conference championship will be handed out. Teams should be reminded that 50% of the season is based on dual meet records and 50% is based on the championship meet. In the case of ties, duplicate trophies will be awarded.

Schedule of Events
A. Assuming the event will take place on one day, then
1. 1:30 p.m. Field Event scratches are due; Pole Vault begins
2. 2:30 p.m. Hurdle/Sprint scratches are due; All field events begin
3. 3:30 p.m. Prelims for the 100M, 110/100H, and 200M; Top eight move on to the finals.
4. 4:30 p.m. 4 x 800M Relay
5. 5:30 p.m. Running finals... 110/100H, 100M, 800R, 1600M, 400R, 400M, 300H, 800M, 200M, 3200M, 1600R

<table>
<thead>
<tr>
<th>Event</th>
<th>Lane 1</th>
<th>Lane 2</th>
<th>Lane 3</th>
<th>Lane 4</th>
<th>Lane 5</th>
<th>Lane 6</th>
<th>Lane 7</th>
<th>Lane 8</th>
</tr>
</thead>
<tbody>
<tr>
<td>3200 Relay</td>
<td>A</td>
<td>H</td>
<td>A</td>
<td>H</td>
<td>H</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>100/110 Hurdles</td>
<td>A</td>
<td>H</td>
<td>A</td>
<td>H</td>
<td>A</td>
<td>H</td>
<td>A</td>
<td>H</td>
</tr>
<tr>
<td>100 Dash</td>
<td>H</td>
<td>A</td>
<td>H</td>
<td>A</td>
<td>H</td>
<td>A</td>
<td>H</td>
<td>A</td>
</tr>
<tr>
<td>800 Relay</td>
<td>JV-A</td>
<td>JV-H</td>
<td>V-H</td>
<td>V-A</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1600 Run</td>
<td>A</td>
<td>H</td>
<td>A</td>
<td>H</td>
<td>H</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>400 Relay</td>
<td>JV-H</td>
<td>JV-A</td>
<td>V-A</td>
<td>V-H</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>400 Dash</td>
<td>A</td>
<td>H</td>
<td>A</td>
<td>H</td>
<td>A</td>
<td>H</td>
<td>A</td>
<td>H</td>
</tr>
<tr>
<td>300 Hurdles</td>
<td>H</td>
<td>A</td>
<td>H</td>
<td>A</td>
<td>H</td>
<td>A</td>
<td>H</td>
<td>A</td>
</tr>
<tr>
<td>800 Run</td>
<td>H</td>
<td>A</td>
<td>H</td>
<td>A</td>
<td>H</td>
<td>A</td>
<td>H</td>
<td>A</td>
</tr>
<tr>
<td>200 Dash</td>
<td>H</td>
<td>A</td>
<td>H</td>
<td>A</td>
<td>H</td>
<td>A</td>
<td>H</td>
<td>A</td>
</tr>
<tr>
<td>3200 Run</td>
<td>A</td>
<td>H</td>
<td>A</td>
<td>H</td>
<td>A</td>
<td>H</td>
<td>A</td>
<td></td>
</tr>
<tr>
<td>1600 Relay</td>
<td>H</td>
<td>A</td>
<td>H</td>
<td>A</td>
<td>H</td>
<td>A</td>
<td>H</td>
<td>A</td>
</tr>
</tbody>
</table>

Legend
H = Home Team
A = Away Team
V-H = Varsity Home
V-A = Varsity Away

CBO-3
2016 Revision
## Double Dual Meet Lane Assignment

<table>
<thead>
<tr>
<th>Event</th>
<th>Lane 1</th>
<th>Lane 2</th>
<th>Lane 3</th>
<th>Lane 4</th>
<th>Lane 5</th>
<th>Lane 6</th>
<th>Lane 7</th>
<th>Lane 8</th>
</tr>
</thead>
<tbody>
<tr>
<td>3200 Relay</td>
<td>A</td>
<td>B</td>
<td>C</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>100/110 Hurdles</td>
<td>B C B A A C</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>100/110 Hurdles</td>
<td>C A C B B A</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>100 Dash</td>
<td>A B A C C B</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>100 Dash</td>
<td>B C B A A C</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>800 Relay</td>
<td>A B C A</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1600 Run</td>
<td>B C A A</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>400 Relay</td>
<td>B C A A</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>400 Dash</td>
<td>C A C B B A</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>400 Dash</td>
<td>A B A C C B</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>300 Hurdles</td>
<td>B C B A A C</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>300 Hurdles</td>
<td>C A C B B A</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>800 Run</td>
<td>C A A B</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>200 Dash</td>
<td>A B A C C B</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>200 Dash</td>
<td>B C B A A C</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3200 Run</td>
<td>A B A C C</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1600 Relay</td>
<td>A B C A</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Legend
- **Meet #1**
  - A = 100/110 Hurdles
  - B = 100 Dash
  - C = 800 Relay

- **Meet #2**
  - A = 1600 Run
  - B = 400 Relay
  - C = 400 Dash

*No JV 400 & 800 Relays In varsity Heat*

---

### O.K. Blue Guidelines

**Start Time**
Field events at 4:00 p.m. Running events will begin at 4:45 p.m. or 45 minutes following the start of field events.

**Admission**
$5.00

**Officials**
A. One (1) MHSAA registered official must be contracted as the starter.
Home Team Responsibilities
A. Administration of meets will be responsibility of the home school in compliance with rules of the MHSAA and the Conference.

B. Meet management will follow the MHSAA rules.

C. Supply water, cups and an athletic trainer.

D. Supply qualified workers for all events.

E. Report all scores to VNN Pressbox.

Rules of Play
A. All tracks require 1/8” spikes.

B. All schools are asked to help with setting up and taking down hurdles.

C. Check with opposing coach to make adjustments by mutual agreement and common sense concerning proper track uniform in poor weather.

D. Suggested guidelines: If possible, don’t have a parent judge an event that their child is competing in.

E. Suggested: Any disqualification be declared and explained immediately. No late surprises.

Dual Scoring
A. Score 3 places: 5 pts – 3 pts – 1 pt (individual races)

B. Score 1 place: 5 pts (relay races)

Track Event Specifics
A. Field Events
   1. EVEN YEARS
      a. Girls: discus, pole vault and long jump first
      b. Boys: shot put and high jump first
   2. ODD YEARS
      a. Girls: shot put and long jump first
      b. Boys: discus, pole vault and long jump first

B. High Jump
   1. Starting Height
      a. Boys: 5’2”
      b. Girls: 4’2”
   2. The bar is raised in two-inch intervals.
C. Pole Vault
   1. Starting Height
      a. Boys: 8’0”
      b. Girls: 6’0”
      c. The bar is raised in six-inch intervals.

D. Long Jump
   1. Measure all jumps.
   2. Four (4) tries for all contestants.
   3. Open pit format
      a. Time limit for open pit is 45 minutes per gender.

E. Shot Put/Discus
   1. Mark and measure all legal throws.
   2. Four (4) tries for all contestants.
   3. Two (2) attempts at time.
   4. Time limits and check out process per federation rules apply.
   5. NFHS Rules for the sector will be followed.

Running Events
A. Running will start at 4:45 p.m. or 45 minutes following the start of field events.

B. Boys will run first in even numbered years, and girls will run first in odd numbered years.

C. A-B lane assignment plan will be used at all dual meets, with guest team having first choice.

D. Sprint and hurdle races (100, 200, 400 dash, high hurdles, and 300 hurdles)
   1. Fast heat is run first, scoring only from this heat.
   2. Four entrants per school in the first heat.

E. 3200 Relay
   1. Girls and boys will run together.

F. 400 Relay/800 Relay/1600 Relay
   1. Boys and girls run separate unless coaches agree to combine.
   2. Exhibition Relays
      a. Can run the same heat as the varsity but will be pushed over one lane.

G. 800/1600/3200 Runs
   1. Unlimited entries
   2. 800 Run – separate boy and girl heats.
   3. 1600 Run – separate boy and girl race, unless all coaches agree to combine.
   4. 3200 Run – girls and boys will run together.
Conference Champion
A. Determined by league dual meet results and the Conference meet, each counting 50% of the final standings. If a tie occurs, all teams that tie will receive an O.K. Blue Championship trophy.

O.K. Gold Guidelines

Start Time
A. 4:00 p.m. for field events with 3200 meter relay starting no earlier than 4:30 p.m. Coaches and the meet manager can decide to start the meet early if weather is in question.

Entry Forms
A. Visiting school coaches will report to the press box to fill in their entries (field event entries first). Coaches are asked to bring a printed roster to the press box on the day of the meet to insure proper spelling for results.

Field Events: Order
A. Even Years: Girl’s high jump, pole vault and shot-put first. Boy’s discus and long jump first.
B. Odd Years: Boy’s high jump, pole vault and shot-put first. Girl’s discus and long jump first.

Field Events: Entries
A. Make sure event managers go over process, and rules for each event and get the Field Events started on time.
   1. Shot-put and Discus:
      a. Unlimited entries [coach designates first five (5)]
      b. Seeded in reverse order (worst thrower first, best thrower last)
      c. Prelims = 2 plus 1 Top four (4) to Final = 2 plus 1
      d. If there are fifteen (15) or more participants, run in two (2) flights.
   2. Long Jump:
      a. Unlimited entries [coach designates first five (5)]
      b. Open pit: four (4) jumps (Boys and Girls 4:00-5:15 p.m.) – no finals
   3. High Jump:
      a. Unlimited entries ([coach designates first five (5)]
      b. Jumpers have option of taking jumps consecutively.
   4. Pole Vault:
      a. Unlimited entries [coach designates first five (5)]
      b. Vaulter have options of taking first two (2) attempts consecutively.

Field Events: Starting Heights /Rises
A. High Jump
   1. Girls: 4’0”
2. Boys: 5’0”
3. Bar raised 2” (jumper can request 1” raise if going for a record)

B. Pole Vault
1. Girls: 6’0”
2. Boys: 8’0”
3. Bar raised 6” (vaulter can request 3” raise if going for record)

Running Events: Entries
A. Relays
1. One (1) Varsity (scoring) team per school, unlimited extra teams allowed. Boys/Girls run together based on coaches decision. Any extra relay team that interferes with the scoring team of any school will result in the disqualification of the scoring team of that school.
2. Running Events (sprints, hurdles): Unlimited entries, fast heat is run first, scoring only from this heat. Additional heats will be considered exhibition. List fastest runners first.
3. Running Events (3200, 1600, 800 meter runs): Unlimited entries [designate first five (5)]. List fastest runners first.

Lane Assignments
A. Home Team will have “A” lane assignments and Visitors will have “B” lanes. The Home Team will have the odd numbered lanes for the 100 meter dash, 800 meter relay, 1600 meter run, 300 meter hurdles, 800 meter run, and 1600 meter relay. The Visiting Team will have the odd numbered lanes for the 3200 meter relay, 100/110 meter hurdles, 400 meter relay, 400 meter dash, 200 meter dash and 3200 meter run.

2013 Additional Qualifiers
For the O.K. Gold Conference Meet

All of these times/heights/distances must have been achieved in the 2013 outdoor season (does not have to be a Conference Event).

<table>
<thead>
<tr>
<th>Events</th>
<th>Girls</th>
<th>Boys</th>
</tr>
</thead>
<tbody>
<tr>
<td>Discus</td>
<td>79’ 3”</td>
<td>116’ 8”</td>
</tr>
<tr>
<td>Shot Put</td>
<td>27’ 5 ½”</td>
<td>42’ 6 ½”</td>
</tr>
<tr>
<td>High Jump</td>
<td>4’ 7”</td>
<td>5’ 6”</td>
</tr>
<tr>
<td>Long Jump</td>
<td>13’ 11 ¾”</td>
<td>18’ 9”</td>
</tr>
<tr>
<td>Pole Vault</td>
<td>6’ 6”</td>
<td>9’ 6”</td>
</tr>
<tr>
<td>100/110 HH</td>
<td>18.8</td>
<td>17.2</td>
</tr>
<tr>
<td>100</td>
<td>13.6</td>
<td>11.6</td>
</tr>
<tr>
<td>1600</td>
<td>5:56.0</td>
<td>4:43.8</td>
</tr>
<tr>
<td>400</td>
<td>1:06.0</td>
<td>54.4</td>
</tr>
<tr>
<td>300 LH</td>
<td>53.0</td>
<td>43.6</td>
</tr>
<tr>
<td>800</td>
<td>2:39.7</td>
<td>2:05.3</td>
</tr>
<tr>
<td>200</td>
<td>28.2</td>
<td>24.1</td>
</tr>
<tr>
<td>3200</td>
<td>13:04.3</td>
<td>10:29.9</td>
</tr>
</tbody>
</table>

2016 Revision
These standards are to qualify more than the standard four (4) entries into the O.K. Gold Conference meet. All five (5) or more athletes must have achieved these marks.

*Qualifying times/heights/distances need to be updated for 2013 Season.

**O.K. Green Guidelines**

**Start Time**
Field events at 4:00 p.m. Running events will begin at 4:30 p.m. or 30 minutes following the start of field events.

**Admission**
$5.00

**Officials**
A. One (1) MHSAA registered official must be contracted as the starter.

**Home Team Responsibilities**
A. Administration of meets will be responsibility of the home school in compliance with rules of the MHSAA and the Conference.

B. Meet management will follow the MHSAA rules.

C. Supply water, cups and an athletic trainer.

D. Supply qualified workers for all events.

E. Report all scores per O.K. Conference Guidelines.

**Rules of Play**
A. All tracks require 1/4” spikes.

B. All schools are asked to help with setting up and taking down hurdles.

C. Check with opposing coach to make adjustments by mutual agreement and common sense concerning proper track uniform in poor weather.

D. Suggested guidelines: If possible, don’t have a parent judge an event that their child is competing in.

E. Suggested: Any disqualification be declared and explained immediately. No late surprises.
Dual Scoring:
Score 3 places: 5 pts – 3 pts – 1 pt (individual races)
Score 1 place: 5 pts (relay races)

Track Event Specifics
Field Events:
A. Alternate field events every year. On even numbered years, girls shot-put, high jump, and pole vault, boys’ discus and long jump will be first.
   1. High Jump:
      a. Starting height will be determined at pre-season meeting.
      b. The bar is raised in two-inch intervals.
   2. Pole Vault:
      a. Starting height will be determined at pre-season meeting.
      b. The bar is raised in six-inch intervals.
      c. Vaulters must take first two attempts consecutively and an option for a third.
   3. Long Jump:
      a. Measure all jumps.
      b. Three jumps in pre-lims and three jumps in the finals. (2 and 1)
      c. All jumps will count towards final scoring outcome.
      d. Top four people go to the finals.
   4. Shot-put and Discus:
      a. Top six throwers will be varsity and will throw first. All JV’s will throw after completion of the varsity heat.
      b. Mark and/or measure all legal throws.
      c. Three throws in pre-lims and three throws in the finals.
      d. Top four people go to the finals.
      e. Will throw two throws and then one throw
      f. All throws will count towards final scoring outcome.

Running Events:
A. Running will start at 4:30 p.m. or 30 minutes following the start of field events.

B. Boys will run first in even numbered years, and girls will run first in odd numbered years.

C. A-B lane assignment plan will be used at all dual meets, with guest team having first choice.

D. Each school is permitted 4 entries for varsity races.

E. Sprint and hurdle races (100, 200, 400 dash, high hurdles, and 300 hurdles)
   1. Fast heat is run first, scoring only from this heat. Four entrants per school in the first heat. If there is an open lane in the first heat, it can be filled by opposing school.
   2. In single duals, (two schools) unlimited entries
3. 3200 Relay:
   a. Girls and boys will run together unless one coach wants to separate.
4. 400 Relay and 800 Relay:
   a. Will be run separate.
5. 1600 Relay:
   a. Boys and girls run separate unless all 4 coaches agree to combine.
6. Exhibition Relays:
   a. Can run the same heat as the varsity but will be pushed over one lane.
7. 800, 1600, 3200 Runs:
   a. Unlimited entries
   b. 800 Run – separate boy and girl heats.
   c. 1600 Run – separate boy and girl race, unless all 4 coaches agree to combine.
   d. 3200 Run – run together unless one or more coach wants to run separate.

**Conference Champion**
A. Determined by league dual meet results and the Conference meet, each counting 50% of the final standings. If a tie occurs, all teams that tie will receive an O.K. Green Championship trophy.

**O.K. Silver Guidelines**

**Start Time**
Field events at 4:00 p.m. Running events will begin at 4:30 p.m.

**Officials**
A. One (1) MHSAA registered official must be contracted as the starter.

**Home Team Responsibilities**
A. Administration of meets will be responsibility of the home school in compliance with rules of the MHSAA and the Conference.

B. Meet management will follow the MHSAA rules.

C. Supply water, cups and an athletic trainer.

D. Supply qualified workers for all events.

E. Report all scores to VNN Pressbox.

**Rules of Play**
A. All tracks require 1/4” spikes.

B. All schools are asked to help with setting up and taking down hurdles.
C. Check with opposing coach to make adjustments by mutual agreement and common sense concerning proper track uniform in poor weather.

D. Suggested guidelines: If possible, don’t have a parent judge an event that their child is competing in.

E. Suggested: Any disqualification be declared and explained immediately. No late surprises.

Dual Scoring:
Score 3 places: 5 points – 3 points – 1 point (individual races)
Score 1 place: 5 points (relay races)

Track Event Specifics
Field Events:

A. Alternate field events every year. On even numbered years, girls shot-put, high jump, and pole vault, boys’ discus and long jump will be first.
   1. High Jump:
      a. Starting height will be determined at pre-season meeting.
      b. The bar is raised in two-inch intervals.
   2. Pole Vault:
      a. Starting height will be determined at pre-season meeting.
      b. The bar is raised in six-inch intervals.
      c. Vaulters must take first two (2) attempts consecutively and an option for a third.
   3. Long Jump:
      a. Measure all jumps.
      b. Three (3) jumps in pre-lims and three (3) jumps in the finals.
      c. Open pit will be used during pre-lims and finals.
      d. All jumps will count towards final scoring outcome.
      e. Top four people go to the finals.
   4. Shot-put and Discus:
      a. Mark and/or measure all legal throws.
      b. Three (3) throws in pre-lims and three throws in the finals.
      c. Top four (4) people go to the finals.
      d. Will throw two (2) throws and then one throw
      e. All throws will count towards final scoring outcome.

Running Events:
A. Running will start at 4:30 p.m.

B. Boys will run first in even numbered years, and girls will run first in odd numbered years.

C. Sprint and hurdle races (100, 200, 400 dash, high hurdles, and 300 hurdles).
1. Fast heat is run first, scoring only from this heat. Four entrants per school in the first heat. If there is an open lane in the first heat, it can be filled by opposing school.
2. In single duals, (two schools) unlimited entries.
3. 3200 Relay:
   a. Girls and boys will run together unless one coach wants to separate.
4. 400 Relay and 800 Relay:
   a. Will be run separate.
5. 1600 Relay:
   a. Boys and girls run separate unless all four (4) coaches agree to combine.
6. Exhibition Relays:
   a. Can run the same heat as the varsity but will be pushed over one (1) lane.
7. 800, 1600, 3200 Runs:
   a. Unlimited entries
   b. 800 Run – separate boy and girl heats.
   c. 1600 Run – separate boy and girl race, unless all four (4) coaches agree to combine.
   d. 3200 Run – run together unless one (1) or more coach wants to run separate.

**Conference Champion**
A. Determined by league dual meet results and the Conference meet, each counting 50% of the final standings. If a tie occurs, all teams that tie will receive an O.K. Silver Championship trophy.

**O.K. White Guidelines**

**Start Time**
Field events at 4:15 p.m. Running events will begin at 4:45 p.m. or 30 minutes following the start of field events.

**Home Team Responsibilities**
A. Administration of meets will be responsibility of the home school in compliance with rules of the MHSAA and the Conference.

B. All entries must be in by 8pm the night before. Changes may be made the day of the meet. Scratches by 4pm on game day. If you don’t use Passenger, entries may be hand-entered the day of the meet.

C. Home team fax meet results to all schools by 3pm the following day or upload to athletic.net.

**Dual Scoring:**
Score 3 places: 5 pts – 3 pts – 1 pt (individual races)
Score 1 place: 5 pts (relay races)

2016 Revision
Track Event Specifics

A. Field Events:
   1. Alternate field events every year. On even numbered years, girls shot-put, high jump, and pole vault, boys’ discus and long jump will be first. Odd years- boys shot put, girls long jump, boys high jump, girls discus and boys pole vault will start first. Switch upon completion.
   2. Field events start at 4:15pm.

FIELD EVENT ENTRY (must compete in one dual to compete in the Conference meet)
Shot Put, Discus Unlimited Varsity Entries,
Long Jump Unlimited Varsity Entries – 75 minute Open Pit, 45 minute Combined Final with 3 additional run throughs
High Jump, Pole Vault Unlimited Varsity Entries

SHOT PUT/DISCUS
4 top throwers receive three additional throws.

STARTING HEIGHTS
Pole Vault Boys 8'6" first 3 meets/9'0" last 2 meets
          Girls 6'0" first 3 meets/6'6" last 2 meets
High Jump Boys 5'2" first 3 meets/5'4" last 2 meets
            Girls 4'0" first 3 meets/4'2" last 2 meets

In High Jump and Pole Vault the competitor must take 2 consecutive attempts with an option for the third to be consecutive.

Running Events:
A. Running will start at 4:45 pm. or 30 minutes following the start of field events.
   Girls Run first in odd years, Boys Run first in even years

Boys/Girls 3200 M Relay 1 Varsity JV Unlimited
Run together unless all 4 coaches agree to run separate
Boys 110 M High Hurdles 4 Varsity JV Unlimited
Girls 100 M Hurdles 33" 4 Varsity JV Unlimited
Boys /Girls 100 M Dash 4 Varsity JV Unlimited
Boys/Girls 800 M Relay 1 Varsity JV Unlimited
JV can run with varsity if coaches agree

Boy/Girls 1600 M Run Unlimited
Run separate unless 4 coaches agree to run together

Boys /Girls 400 M Relay 1 Varsity JV Unlimited
If more than full track Varsity will run separately
Boys /Girls 400 M Run  4 Varsity  JV Unlimited

Boys/Girls 300 M Intermediate Hurdles  4 Varsity  JV Unlimited

Boys /Girls 800 M Run  Unlimited

Boys /Girls 200 M Dash  4 Varsity  JV Unlimited

Boys /Girls 3200 M Run  Unlimited
Run together unless all 4 coaches agree to run separately

Boys/Girls 1600 M Relay  1 Varsity  JV Unlimited

*Home team has inside lane on even events. Varsity race first. JV race to follow. All JV races should be timed and recorded unless opponent is notified.*

**Conference Champion**

A. Determined by a league meet results and the Conference tournament, each counting 50% of the final standings. If a tie occurs, all teams that tie will receive an O.K. White Championship trophy.
**VOLLEYBALL (GIRLS)**

A. The rules adopted by the MHSAA will be used.

B. The Home Team shall provide two (2) competent adult scorers.

C. There will be two (2) registered officials for each Varsity match.

**O.K. Black Guidelines**

**2016-17 Schedule**
First Practice, 8/10; First Contest, 8/19; MHSAA Districts, 10/31

<table>
<thead>
<tr>
<th>Wednesday, 8/24...</th>
<th>Match 1</th>
<th>Match 2</th>
<th>Match 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>Varsity: 5, 6, 7 @ 4</td>
<td>4 v 6, 5 v 7</td>
<td>4 v 7, 5 v 6</td>
<td>4 v 7, 5 v 6</td>
</tr>
<tr>
<td>Junior Varsity: 4, 5, 6 @ 7</td>
<td>4 v 6, 5 v 7</td>
<td>4 v 7, 5 v 6</td>
<td>4 v 7, 5 v 6</td>
</tr>
<tr>
<td>Freshmen: 4, 5, 7 @ 6</td>
<td>4 v 6, 5 v 7</td>
<td>4 v 7, 5 v 6</td>
<td>4 v 7, 5 v 6</td>
</tr>
<tr>
<td>Varsity: 3, 2 @ 1</td>
<td>1 v 2</td>
<td>2 v 3, 3 v 1</td>
<td></td>
</tr>
<tr>
<td>Junior Varsity: 3, 1 @ 2</td>
<td>1 v 2, 2 v 3</td>
<td>3 v 1</td>
<td></td>
</tr>
<tr>
<td>Freshmen: 1, 2 @ 3</td>
<td>1 v 2</td>
<td>2 v 3, 3 v 1</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Wednesday, 8/31...</th>
<th>Match 1</th>
<th>Match 2</th>
<th>Match 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>Varsity: 2, 6, 7 @ 3</td>
<td>2 v 6, 3 v 7</td>
<td>2 v 7, 3 v 6</td>
<td>2 v 7, 3 v 6</td>
</tr>
<tr>
<td>Junior Varsity: 2, 3, 7 @ 6</td>
<td>2 v 6, 3 v 7</td>
<td>2 v 7, 3 v 6</td>
<td>2 v 7, 3 v 6</td>
</tr>
<tr>
<td>Freshmen: 3, 6, 7 @ 2</td>
<td>2 v 6, 3 v 7</td>
<td>2 v 7, 3 v 6</td>
<td>2 v 7, 3 v 6</td>
</tr>
<tr>
<td>Varsity: 1, 4 @ 5</td>
<td>1 v 4</td>
<td>4 v 5, 1 v 5</td>
<td></td>
</tr>
<tr>
<td>Junior Varsity: 1, 5 @ 4</td>
<td>1 v 4</td>
<td>4 v 5, 1 v 5</td>
<td></td>
</tr>
<tr>
<td>Freshmen: 4, 5 @ 1</td>
<td>1 v 4</td>
<td>4 v 5, 1 v 5</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Wednesday, 9/7...</th>
<th>Match 1</th>
<th>Match 2</th>
<th>Match 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>Varsity: 3, 4, 5 @ 2</td>
<td>3 v 5, 2 v 4</td>
<td>3 v 4, 2 v 5</td>
<td>3 v 4, 2 v 5</td>
</tr>
<tr>
<td>Junior Varsity: 2, 4, 5 @ 3</td>
<td>3 v 5, 2 v 4</td>
<td>3 v 4, 2 v 5</td>
<td>3 v 4, 2 v 5</td>
</tr>
<tr>
<td>Freshmen: 2, 3, 4 @ 5</td>
<td>3 v 5, 2 v 4</td>
<td>3 v 4, 2 v 5</td>
<td></td>
</tr>
<tr>
<td>Varsity: 1, 7 @ 6</td>
<td>6 v 7</td>
<td>1 v 7</td>
<td>1 v 6</td>
</tr>
<tr>
<td>Junior Varsity: 6, 7 @ 1</td>
<td>6 v 7</td>
<td>1 v 7</td>
<td>1 v 6</td>
</tr>
<tr>
<td>Freshmen: 1, 6 @ 7</td>
<td>6 v 7</td>
<td>1 v 7</td>
<td>1 v 6</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Tuesday, 9/13...</th>
<th>Match 1</th>
<th>Match 2</th>
<th>Match 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 @ 4</td>
<td>3 @ 6</td>
<td>7 @ 5</td>
<td>Bye: 1</td>
</tr>
<tr>
<td>Team #1: Union</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tuesday, 9/20...</td>
<td>4 @ 3</td>
<td>6 @ 7</td>
<td>5 @ 1</td>
</tr>
<tr>
<td>Team #2: Mona Shores</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tuesday, 9/27...</td>
<td>7 @ 4</td>
<td>1 @ 6</td>
<td>5 @ 2</td>
</tr>
<tr>
<td>Team #3: Reeths-Puffer</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tuesday, 10/4...</td>
<td>3 @ 1</td>
<td>2 @ 7</td>
<td>6 @ 5</td>
</tr>
<tr>
<td>Team #4: Jenison</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tuesday, 10/11...</td>
<td>4 @ 6</td>
<td>7 @ 1</td>
<td>2 @ 3</td>
</tr>
<tr>
<td>Team #5: Muskegon</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tuesday, 10/18...</td>
<td>4 @ 5</td>
<td>1 @ 2</td>
<td>3 @ 7</td>
</tr>
<tr>
<td>Team #6: Kenowa Hills</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tuesday, 10/25...</td>
<td>6 @ 2</td>
<td>1 @ 4</td>
<td>5 @ 3</td>
</tr>
<tr>
<td>Team #7: Fruitport</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

2016 Revision
General Guidelines
A. The schedule is a double round-robin with no Conference tournament. The format for our division duals is 25-25-25-25-15 (3/5). All “Double-Dual” matches are 25-25-15 (2/3).

B. Juniors and Sophomores may not play “down” to complete junior varsity and freshman rosters without consensus from division athletic directors.

C. The listed starting times should be 5:30 pm for both junior varsity and freshman and 6:45 pm for varsity at all dual matches. The listed starting times for all “Double-Dual” matches should be 5:00 pm.

D. Each school moves up a spot (7 to 6, 3 to 2, 1 to 7) in the schedule rotation.

All-Conference
A. Awards are handed out “at large” – not according to position. Coaches may vote for their own player.

B. 12 All-Conference medals and 6 Honorable Mention certificates will be voted upon. Votes are tallied with a point going to each student-athlete who gets a vote.

C. Prior to the meeting – that takes place the weekend following the regular season’s final match – the sport’s “chair” will send out the nomination form. Each school will email/fax their nominations to the chair by the designated deadline. All nominations, voting, and discussions should be kept confidential.

Contact Information
Fruitport… Nicole Bayle, nbayle@fruitportschools.net, (616) 893-9679
Jenison… Allison Sagraves, sagravesallison@gmail.com, (616) 821-7799
Kenowa Hills… Amy Fonnesbeck, amyfonnesbeck@gmail.com, (616) 450-6898
Mona Shores… Dan Potts, dan.potts@miotech.net, (231) 206-5157
Muskegon… Rebecca Sischo, coachsischovb@gmail.com, (231) 286-7269
Reeths-Puffer… Jeff Hellmann, hellmannj@reeths-puffer.org, (231) 740-0831
Union… Jayne Niemann, niemannj@grps.org, (616) 350-7363
Chair… Mona Shores’ Ryan Portenga, portengr@monashores.net, (231) 206-2027

O.K. Blue Guidelines

Start Time
The Freshman and JV teams will play concurrently beginning at 5:00 p.m. The varsity contest will begin at 6:00 p.m. or 20 minutes following the JV contest.

Admission
$5.00
Officials
A. Two MHSAA registered officials must be contracted at all levels of competition.
B. Recommend that two MHSAA registered officials be contracted as line judges for varsity competitions (use the freshmen game officials to do the varsity line judging).
C. Players, adults, or students may be used to line judge Freshman and JV contests.

Home Team Responsibilities
A. Scorebook – provide adult scorer.
B. Each team must provide their own libero tracker.
C. Provide game volleyball and practice volleyballs.
D. Report all scores and stats to VNN Pressbox.
E. Provide Athletic Training services. Visiting teams are responsible for their own supply of tape and pre-wrap.
F. Provide Blood-borne Pathogen kit.
G. Provide water, ice, and cups.

Rules of Play
A. The rules adopted by the MHSAA will be used.
B. Freshman and JV contests – play a 3-game match. First two games played to 25 with the 3rd game played to 15. Win by two in all games.
C. Match:

<table>
<thead>
<tr>
<th>Freshmen and JV games</th>
<th>Varsity games</th>
</tr>
</thead>
<tbody>
<tr>
<td>Best 2 of 3 – rally scoring</td>
<td>Best 3 of 5 – rally scoring</td>
</tr>
<tr>
<td>1st two games to 25</td>
<td>1st four games to 25 with no cap</td>
</tr>
<tr>
<td>3rd game to 15 with no cap</td>
<td>5th game to 15 with no cap</td>
</tr>
</tbody>
</table>

Warm – Up Procedures
A. Varsity Warm-up
   20:00  Teams my take the court
   16:00  Visiting team has court  (4 minutes)
   12:15  Warning whistle from official
   12:00  Home team has court  (4 minutes)
   8:15  Warning whistle from official
   8:00  Visiting team has court  (4 minutes)
   4:15  Warning whistle from official
   4:00  Home team has court  (4 minutes)
0:00 Final whistle from officials indicating teams to their benches and then end lines for anthem and introductions.
0:00 National Anthem and introductions.

B. JV and Freshman Warm-up
16:00 Visiting team has court (6 minutes)
10:15 Warning whistle from official
10:00 Home team has court (6 minutes)
4:15 Warning whistle from official
4:00 Both teams serve
1:00 Teams to benches
0:00 Game time

Conference Champion
A. Double round with no Conference tournament.

O.K. Gold Guidelines

A. Start Time
   1. Freshman games start at 5:00 p.m. with JV and Varsity to follow. At Thornapple Kellogg, the Freshman and JV will play on two (2) courts at 5:30 p.m. and the Varsity at 7:00 p.m.

B. Home Team provides water and cups, Blood-borne Pathogen kit, game volleyball, practice volleyballs, and an adult scorer.

C. The warm-up time if 5 by 4 for Varsity and 5 by 3 for JV.

D. The rules adopted by the MHSAA will be used.

E. There will be two (2) registered officials for each match.

F. The home school is responsible for submitting the results of the Varsity match(es) to the location medial or VNN Pressbox.

G. Conference Champion will be determined as follows: Teams play each other twice and no Conference tournament.

H. Match:

<table>
<thead>
<tr>
<th>Freshman and JV games</th>
<th>Varsity games</th>
</tr>
</thead>
<tbody>
<tr>
<td>Best 2 of 3 – rally scoring</td>
<td>Best 3-5 – rally scoring</td>
</tr>
<tr>
<td>1st two (2) games to 25 with no cap</td>
<td>1st four (4) games to 25 with no cap</td>
</tr>
<tr>
<td>3rd game to 15 with no cap</td>
<td>5th game to 15 with no cap</td>
</tr>
</tbody>
</table>
I. If two (2) or more teams tie for the best league record, they will be co/tri champions and each team will receive an O.K. Gold Championship trophy.

O.K. Green Guidelines

Start Time
The freshman contest will begin at 4:30 p.m.
The JV contest will begin at 5:30 p.m. or 20 minutes following freshmen.
The varsity contest will begin at 6:30 p.m. or 20 minutes following the JV contest.
Quads and Tri’s will begin at 5:00 p.m.

Admission
Admission: $5.00

Officials
A. Two MHSAA registered officials must be contracted at all levels of competition.
B. Recommend that two MHSAA registered officials be contracted as line judges for varsity competitions (use the freshmen game officials to do the varsity line judging).
C. Players, adults, or students may be used to line judge freshmen and JV contests.

Home Team Responsibilities
A. Scorebook – provide adult scorer.
B. Each team must provide their own libero tracker.
C. Provide game volleyball and practice volleyballs.
D. Report all scores and stats per O.K. Conference Guidelines.
E. Provide Athletic Training services. Visiting teams are responsible for their own supply of tape and pre-wrap.
F. Provide Blood-borne Pathogen kit.
G. Provide water, ice, and cups.

Rules of Play
A. The rules adopted by the MHSAA will be used.
B. Freshmen and JV contests – play a 3-game match. First two (2) games played to 25 with the 3rd game played to 15. Win by two (2) in all games.
C. Varsity contests – best three (3) out of five (5) games. Games 1-4 will be played to 25 with the 5th game played to 15. Win by two (2) in all games.

Warm-up Procedures

Varsity Warm-up (4-4-4-4)

20:00 Each team on half the court
16:00 Home team has court (4 minutes)
12:00 Visiting team has court (4 minutes)
 8:00 Home team has court (4 minutes)
 4:00 Visiting team has court (4 minutes)
 0:00 National Anthem and introductions.

JV and Freshmen Warm-up (6-6-3)

15:00 Home team has court (6 minutes)
 9:00 Visiting team has court (6 minutes)
 3:00 Shared court time – both teams serve (3 minutes)
 0:00 Game time

Conference Champion

A. Determined by league standings after the double round of play. Best league record will be the Conference champion. If this is a tie for first place, all teams involved in the tie will receive a Conference championship trophy.

O.K. Red Guidelines

Conference Champion will be determined by league standings after playing a double round robin schedule.

Warm Up Procedure:

A. Warm-up will run as follows: 4-4-4-4. The HOME TEAM will take the first four minutes of whole court warm up when there is 16 minutes left on the running clock, VISITING TEAM will take 4 minutes when there is 12 on the clock, HOME TEAM will take 4 minutes when 8 on the clock, and the VISITING TEAM will take their 4 minute warm up when there is 4 minutes left on the clock.

B. The Current O.K. Red coaches have presented this concept to some area officials and they like the suggestion. It takes away from wasted time, teams know when they’re expected to be on the court, and fans know how much time is left before the match begins.

C. Officials arriving will have to be informed by the host school of the procedure, which will be typed up and court side for them to follow if they are not familiar with it. We have experimented with it this year and has worked out very well.
D. At the conclusion of the last JV or FR match, 25 minutes will be put on the clock immediately. This should give us enough time to break down the rest of the courts and cleaned up. At that time, officials will call for captains meeting. The teams will have 9 minutes for ball handling on their side of the court, no balls to cross the net. When 16:15 is on the clock, official will give warning whistle to let the teams know they have 15 seconds before their court time begins.

16:00 HOME TEAM has court (4 min)
12:15 Warning whistle from official
12:00 VISITING TEAM has court (4 min)
8:15 Warning whistle from official
8:00 HOME TEAM has court (4 min)
4:15 Warning whistle
4:00 VISITING TEAM has court (4 min)
0:00 National Anthem, Intro’s

** note – JV and FR will continue to have a 6-6-3 warm up. When it’s 5:00 pm, running clock will start at 30 minutes and run down. Same type of format for getting teams on and off the court.

15:00 HOME TEAM has court (6 min)
9:15 Warning whistle
9:00 VISITING TEAM has court (6 min)
3:15 Warning whistle
3:00 Both teams serving (3 min)
0:00 Game time

E. Match:

Freshmen and JV games
Best 2 of 3 – rally scoring
1st two games to 25
3rd game to 15 with no cap

Varsity games
Best 3 of 5 – rally scoring
1st four games to 25 with no cap
5th game to 15 with no cap

O.K. Silver Guidelines

Start Time
Freshman – 5:00 p.m.
J.V. – 6:00 p.m.
Varsity – 7:00 p.m.

Admission
$5.00
Officials
A. Two (2) MHSAA registered officials must be contracted at all levels of competition.
B. Players, adults, or students may be used to line judge Freshman, J.V. and Varsity contests.

Home Team Responsibilities
A. Scorebook – provide adult scorer.
B. Each team must provide their own libero tracker.
C. Provide game volleyball and practice volleyballs.
D. Report all scores and stats to VNN Pressbox.
E. Provide Athletic Training services. Visiting teams are responsible for their own supply of tape and pre-wrap.
F. Provide Blood-borne Pathogen kit.
G. Provide water, ice, and cups.

Rules of Play
A. The rules adopted by the MHSAA will be used.
B. Freshman and JV contest: play a 3-game match. First two (2) games played to 25 with the 3rd game played to 15. Win by two (2) in all games.
C. Match:
   Freshmen and JV games
      Best 2 of 3 – rally scoring
      1st two games to 25 with no cap
      3rd game to 15 with no cap
   Varsity games
      Best 3 of 5 – rally scoring
      1st four games to 25 with no cap
      5th game to 15 with no cap

Warm-Up Procedures
A. Warm-up
   20:00 Teams my take the court
   17:00 Visiting team has court (4 minutes)
   13:15 Warning whistle from official
   13:00 Home team has court (4 minutes)
   9:15 Warning whistle from official
   9:00 Visiting team has court (4 minutes)
   5:15 Warning whistle from official
   5:00 Home team has court (4 minutes)
   0:00 Final whistle from officials indicating teams to their benches and then end lines for anthem and introductions.
   0:00 National Anthem and introductions.
Conference Champion
A. Determined by league standings after the single round of play, with a tournament.

O.K. White Guidelines

Start Time
The freshman and JV teams will play concurrently beginning at 6:00 p.m. The varsity contest will begin at 7:00 or 20 minutes following the FR/JV contest after the net is set and captains are called.

Rules of Play
A. Freshmen and JV contests – play a 3-game match. First two games played to 25 with the 3rd game played to 15. Win by two in all games.

B. Varsity contests – best 3 out of 5 games. Games 1 – 4 will be played to 25 with the 5th game played to 15. Win by two in all games.

Warm-up Procedures

Varsity Warm-up
20:00 Teams my take the court
16:00 Visiting team has court (4 minutes)
12:15 Warning whistle from official
12:00 Home team has court (4 minutes)
8:15 Warning whistle from official
8:00 Visiting team has court (4 minutes)
4:15 Warning whistle from official
4:00 Home team has court (4 minutes)
0:00 National Anthem and introductions.

JV and Freshmen Warm-up
16:00 Visiting team has court (6 minutes)
10:15 Warning whistle from official
10:00 Home team has court (6 minutes)
4:15 Warning whistle from official
4:00 Both teams serve
0:00 Game time

Conference Champion
A. Determined by best record. If a tie occurs, all teams that tie will receive an O.K. White Championship trophy.
WATER POLO (BOYS & GIRLS)

A. It is recommended that two (2) registered officials be used in Varsity and sub-Varsity games.

B. United States Water Polo, Inc. rules and regulations will be used.

C. Varsity games will consist of four (4) 7-minute quarters with two (2) minutes between each quarter.

D. Sub-Varsity game times may be shortened by prior mutual agreement of competing schools.

E. Schedules will be written by the Division Athletic Directors to maximize availability of pools and officials.

F. Championships will be determined on a 50-50 split between dual and Conference tournament results.

G. Tie-breaker overtimes will be used in Varsity dual games and the Conference tournament when a natural winner must be determined for advancement in the tournament.

O.K. Red Guidelines

A. It is recommended two (2) registered officials be used in Varsity and JV games.

B. United States Water Polo rules and regulations will be used.

C. Varsity games will consist of four (4) 7-minute quarters with two (2) minutes between quarters.

D. JV game times may be shortened or changed by prior mutual agreement between competing schools.

E. Schedules will be written by Athletic Directors.

F. Championship will be determined by overall Conference record with each team playing all schools twice. If two (2) teams share the best overall Conference record, they are co-champions.
WRESTLING*

A. Any preliminary matches have to take place before the Varsity match starts. Coaches must have an agreement as to the number of preliminary matches.
   1. *All preliminary matches are to run 1 – 2 – 2 minutes in length.
   2. *Only 9th and 10th graders are to compete in official sub-Varsity matches.
   3. 11th and 12th graders are to compete on exhibition basis only.

B. All schools must use competent official timers and scorers.

C. Each Division will have a single round of dual meets and will conduct Divisional Conference meets.

O.K. Black Guidelines

2016-17 Schedule
First Practice, 11/14; First Contest, 12/7; MHSAA Districts, 2/11/17

<table>
<thead>
<tr>
<th>Wednesday, 12/7...</th>
<th>OPEN</th>
<th>Match #1</th>
<th>Match #2</th>
<th>Match #3</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday, 12/14...</td>
<td>W, Ha, MS @ KH</td>
<td>W/Ha, MS/KH</td>
<td>MS/Ha, KH/W</td>
<td></td>
</tr>
<tr>
<td></td>
<td>CC, U @ J</td>
<td>U/J</td>
<td>CC/U</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Mu, He, Ho @ RP</td>
<td>Mu/RP, He/Ho</td>
<td>RP/He, Mu/Ho</td>
<td></td>
</tr>
<tr>
<td></td>
<td>MC, S, OV @ Ma</td>
<td>He/Ho, OV/Ma</td>
<td>OV/MC, S/Ma</td>
<td></td>
</tr>
<tr>
<td>NEED SOMEONE</td>
<td>__, La, F @ R</td>
<td>La/R, F/__</td>
<td>F/La, R/__</td>
<td></td>
</tr>
<tr>
<td></td>
<td>KC, Lu @ Mo</td>
<td>Lu/Mo</td>
<td>KC/Lu</td>
<td></td>
</tr>
</tbody>
</table>

| Wednesday, 1/4... | KC, Ho, J @ KH | KC/Ho, KH/J | J/KC, KH/Ho | |
|        | CC, La, S @ Ha | Ha/S, La/CC | S/CC, Ha/La | |
|        | U, F, He @ R | U/F, He/R | F/He, R/U | |
|        | RP, MS, Lu @ OV | RP/MS, Lu/OV | Lu/MP, MS/OV | |
| FRE, Mon, Ma, Mu, W @ MC | MC/Mu, Mo/Ma, Fre/W | MC/Ma, Mu/W, Mo/Fre | |

| Wednesday, 1/11... | Ma, Ho, RP, U, Mo @ W | Ma/Ho, RP/U, Mo/W | Ma/RP, Mo/U, W/Ho | |
|        | MS, F, MC @ Ha | MS/F, MC/Ha | MS/HC, F/HC | |
|        | R, KH, S @ Ma | Mu/KH, S/R | Mu/R, KH/S | |
|        | OV, He, CC @ KC | OV/CC, He/KC | CC/KC, He/OV | |
|        | Lu, J @ La | Lu/La | J/Lu | |

| Wednesday, 1/18... | MC, W, J @ MS | MC/W, J/MS | MS/W, J/MC | |
|        | He, CC, Ha, R, KH @ RP | He/CC, Ha/R, KH/RP | R/CC, KH/He, RP/Ha | |
|        | F, Mu, Mo @ S | F/Mu, S/Mo | Mu/Mo, F/S | |
|        | Ma, La, Ho @ Lu | Ma/Lu, La/Ho | La/Ma, Lu/Ho | |
|        | OV, KC @ U | OV/U | KC/OV | |

2016 Revision
**Match #1**

<table>
<thead>
<tr>
<th>Wednesday, 1/25...</th>
<th>W, R, KH @ U</th>
<th>W/R, KH/U</th>
<th>KH/R, W/U</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>KC, Lu, Ha, S, J @ F</td>
<td>J/F, S/KC, Ha/Lu</td>
<td>Ha/KC, S/J, Lu/F</td>
</tr>
<tr>
<td></td>
<td>MS, Mu, Ma @ CC</td>
<td>Mu/MS, CC/Ma</td>
<td>CC/Mu, MS/Ma</td>
</tr>
<tr>
<td></td>
<td>MC, Mo, La @ He</td>
<td>MC/Mo, La/He</td>
<td>MC/La, He/Mo</td>
</tr>
<tr>
<td></td>
<td>OV, RP @ Ho</td>
<td>OV/Ho</td>
<td>RP/OV</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Wednesday, 2/1...</th>
<th>MS, He, J, RP, S @ W</th>
<th>J/RP, S/W, MS/He</th>
<th>MS/S, He/J, RP/W</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Ma, U, KC @ Mu</td>
<td>Mu/U, KC/Ma</td>
<td>Mu/KC, U/Ma</td>
</tr>
<tr>
<td>NEED SOMEONE</td>
<td>Lu, Ho, Ha, OV, ___ @ MC</td>
<td>Lu/MC, Ha/OV, Ho/___</td>
<td>OV/Ha, Ho/MC, Lu/___</td>
</tr>
<tr>
<td>Mo, R, CC, La, KH @ F</td>
<td>Mo/R, KH/F, CC/La</td>
<td>Mo/La, CC/KH, R/F</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Wednesday, 2/4...</th>
<th>O.K. Black Conference Tournament @ Jenison</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>West Michigan Conference Tournament @ Shelby</td>
</tr>
</tbody>
</table>

In case of a “Snow Day” or a cancellation, the meet will be made up the following Monday (same host/place). Per Mark Uyl (MHSAA Wrestling Chairman), schools may compete three times in a week - especially under such circumstances.

**2017-18 Schedule... First Practice, 11/13; First Contest, 12/6; MHSAA Districts, 2/10/18**

<table>
<thead>
<tr>
<th>Match #1</th>
<th>Match #2</th>
<th>Match #3</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Wednesday, 12/6...</strong></td>
<td>OPEN</td>
<td>OPEN</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Wednesday, 12/13...</th>
<th>MS, He, J, RP, W @ S</th>
<th>J/RP, S/W, MS/He</th>
<th>MS/S, He/J, RP/W</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ma, U, Mu @ KC</td>
<td>Mu/U, KC/Ma</td>
<td>Mu/KC, U/Ma</td>
<td></td>
</tr>
<tr>
<td>NEED SOMEONE</td>
<td>MC, Ho, Lu, OV, ___ @ Ha</td>
<td>Lu/MC, Ha/OV, Ho/___</td>
<td>OV/Ha, Ho/MC, Lu/___</td>
</tr>
<tr>
<td>Mo, F, CC, La, KH @ R</td>
<td>Mo/R, KH/F, CC/La</td>
<td>Mo/La, CC/KH, R/F</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Wednesday, 12/20...</th>
<th>KC, Ho, J @ KH</th>
<th>KC/Ho, KH/J</th>
<th>J/KC, KH/Ho</th>
</tr>
</thead>
<tbody>
<tr>
<td>La, Ha, S @ CC</td>
<td>Ha/S, La/CC</td>
<td>S/CC, Ha/La</td>
<td></td>
</tr>
<tr>
<td>U, He, R @ F</td>
<td>U/F, He/R</td>
<td>F/He, R/U</td>
<td></td>
</tr>
<tr>
<td>MS, OV, Lu @ RP</td>
<td>RP/MS, Lu/OV</td>
<td>Lu/RP, MS/OV</td>
<td></td>
</tr>
<tr>
<td>FRE, Mon, Ma, Mu, W @ MC</td>
<td>MC/Mu, Mo/Ma, Fre/W</td>
<td>MC/Ma, Mu/W, Mo/Fre</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Wednesday, 1/3...</th>
<th>Ha, Mu, J @ Mo</th>
<th>Ha/Mo, J/Mu</th>
<th>Mu/Ha, J/Mo</th>
</tr>
</thead>
<tbody>
<tr>
<td>U, R, MC @ MS</td>
<td>U/MS, MC/R</td>
<td>MS/R, U/MC</td>
<td></td>
</tr>
<tr>
<td>RP, F, OV @ S</td>
<td>RP/F, OV/S</td>
<td>RP/S, F/OV</td>
<td></td>
</tr>
<tr>
<td>Ma, W @ He</td>
<td>W/Ma</td>
<td>He/W</td>
<td></td>
</tr>
<tr>
<td>FRE, Lu, CC @ Ho</td>
<td>Lu/CC, Ho/Fre</td>
<td>CC/Ho, Lu/Fre</td>
<td></td>
</tr>
<tr>
<td>KH, KC @ La</td>
<td>KC/La</td>
<td>KH/KC</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Wednesday, 1/10...</th>
<th>MC, MS, J @ W</th>
<th>MC/W, J/MS</th>
<th>MS/W, J/MC</th>
</tr>
</thead>
<tbody>
<tr>
<td>He, CC, Ha, RP, KH @ R</td>
<td>He/CC, Ha/R, KH/RP</td>
<td>R/CC, KH/He, RP/Ha</td>
<td></td>
</tr>
<tr>
<td>F, Mu, S @ Mo</td>
<td>F/Mu, S/Mo</td>
<td>Mu/Mo, F/S</td>
<td></td>
</tr>
<tr>
<td>Ma, La, Ho @ Lu</td>
<td>Ma/Lu, La/Ho</td>
<td>La/La, Lu/Ho</td>
<td></td>
</tr>
<tr>
<td>U, KC @ OV</td>
<td>OV/U</td>
<td>KC/OV</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Wednesday, 1/17...</th>
<th>W, R, U @ KH</th>
<th>W/R, KH/U</th>
<th>KH/R, W/U</th>
</tr>
</thead>
<tbody>
<tr>
<td>F, Lu, Ha, S, J @ KC</td>
<td>J/F, S/KC, Ha/Lu</td>
<td>Ha/KC, S/J, Lu/F</td>
<td></td>
</tr>
<tr>
<td>MS, Mu, Ma @ CC</td>
<td>Mu/MS, CC/Ma</td>
<td>CC/Mu, MS/Ma</td>
<td></td>
</tr>
<tr>
<td>MC, He, Mo @ La</td>
<td>MC/Mo, La/He</td>
<td>MC/La, He/Mo</td>
<td></td>
</tr>
<tr>
<td>Ho, RP @ OV</td>
<td>OV/Ho</td>
<td>RP/OV</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Wednesday, 1/24...</th>
<th>Ma, Ho, W, U, Mo @ RP</th>
<th>Ma/Ho, RP/U, Mo/W</th>
<th>Ma/RP, Mo/U, W/Ho</th>
</tr>
</thead>
<tbody>
<tr>
<td>MS, F, Ha @ MC</td>
<td>MS/F, MC/Ha</td>
<td>MS/MC, F/Ha</td>
<td></td>
</tr>
<tr>
<td>R, KH, S @ Mu</td>
<td>Mu/KH, S/R</td>
<td>Mu/R, KH/S</td>
<td></td>
</tr>
<tr>
<td>OV, C, KC @ He</td>
<td>OV/CC, He/KC</td>
<td>CC/KC, He/OV</td>
<td></td>
</tr>
<tr>
<td>Lu, La @ J</td>
<td>Lu/La</td>
<td>J/Lu</td>
<td></td>
</tr>
</tbody>
</table>

2016 Revision
Wednesday, 1/31…  
| W, MS, KH @ Ha | W/Ha, MS/KH | MS/Ha, KH/W |
| CC, J @ U | U/J | CC/U |
| Mu, He, RP @ Ho | Mu/RP, He/Ho | RP/He, Mu/Ho |
| MC, S, OV @ Ma | He/Ho, OV/Ma | OV/MC, S/Ma |
| NEED SOMEONE | L, R @ F | F/La, R/ |
| KC, Mo @ F | F/Mo | KC/Mo |

Saturday, 2/3…  
- O.K. Black Conference Tournament @ Mona Shores  
- West Michigan Conference Tournament @ Whitehall

In case of a “Snow Day” or a cancellation, the meet will be made up the following Monday (same host/place). Per Mark Uyl (MHSAA Wrestling Chairman), schools may compete three times in a week - especially under such circumstances.

The basis of such format is a) to wrestle as much as possible, b) to travel as little as necessary and c) see an opponent no more than once throughout the season during a midweek event. Currently, the Ottawa-Kent Conference features such a format with the Black-Gold-Green Divisions… rarely are teams leaving the gym to return home after 9:00 p.m.

As one can see, this schedule involves schools ranging from Manistee to Jenison. However, this schedule would never make Manistee or Jenison travel to one another. Also, please note that whenever a “triangular” is scheduled, the school that traveled the furthest would wrestle first and second – so that they could return home at a reasonable time.

Please make note that – if a school is scheduled to wrestle a Conference match that night – Conference matches will be wrestled first.

This schedule would be a two-year commitment for all schools… with only four “holes”. Considering that Fremont has agreed to fill two of the holes (Dec 21, 2016; Jan 4, 2017… and Dec 20, 2017; Jan 3, 2018), there are only two “holes” left to fill. It is up to the host school (Ravenna & Mason County in 2016-17 and Hart & Fruitport in 2017-18) to find a school to balance the double-dual. Schools that host a “triangular” may bring in a fourth school as well – so long as they let Ryan Portenga (portengr@monashores.net) know ahead of time.

All double-duals should list start time as 5:00 p.m. and wrestle…
- 4:30 p.m. – All Coaches Meeting
- 5:00 p.m. – Junior Varsity Round 1
- 5:30 p.m. – Varsity Conference Match
- 6:30 p.m. – Junior Varsity Round 2
- 7:00 p.m. – Varsity Non-Conference Match

Junior Varsity Matches are 2-1-1 in length

Participants are:

O.K. Conference:
- Fruitport (F), Jenison (J), Kenowa Hills (KH), Muskegon (Mu), Union (U), Shores (MS), Puffer (RP)

West Michigan Conference:
- Mason County (MC), Hart (Ha), Shelby (S), Montague (Mo), Whitehall (W), Ravenna (R)

Lakes Six Conference:
- Muskegon Catholic Central (CC), Orchard View (OV), Ludington (Lu), Manistee (Ma)

2016 Revision
Central State Conference:
   Holton (Ho), Kent City (KC), Lakeview (La), Hesperia (He)

Please note that each participating school would receive a minimum of three home dates over the two-year length of the schedule – with most getting four home dates (including Conference tournament).

The following individuals worked on this schedule...

Mike Michelli (Head Coach of Muskegon Catholic Central’s wrestling program)
Jack Nummerdor (Athletic Director of Holton High School)
Ryan Portenga (Athletic Director of Mona Shores High School)
Greg Russell (Athletic Director of Whitehall High School)

Please contact any of these individuals if you have questions or concerns...

O.K. Blue Guidelines

Start Time
A. Three (3) mats will start at 6:00 p.m., two (2) mats JV will start at 5:00 p.m., Varsity at 6:00 p.m. Coaches of the home team shall call the visiting coach on Tuesday before the Wednesday dual match and determine the number of JV matches. Make sure that the athletic director of the host school is aware of the number of JV matches.

Admission
$5.00

Officials
A. Two MHSAA registered official must be contracted.

Home Team Responsibilities
A. Report all scores and stats to VNN Pressbox.

B. Provide Athletic Training services. Visiting teams are responsible for their own supply of tape and pre-wrap.

C. Provide Blood-borne Pathogen kit at matside.

D. Provide water, ice and cups.

Rules of Play
A. Weigh-in Procedure: Use the MHSAA policy
   1. Home Weigh-In will be used for Conference matches until the last Conference date and the Conference tournament. For the final Conference date and the Conference tournament there will be an ON SITE weigh in.
B. All dual meets shall use the random draw.

C. JV matches: All preliminary matches are 1-2-2 minutes in length, unless the coaches agree to make them 2-2-2 if there are only a few matches.

Conference Champion
A. Conference Tournament: An individual tournament shall be held at the end of the season. Seeding will take place and team scores will be determined.

B. Dual meets are worth 50%. The Conference Meet is worth 50%. Each school will receive points based on their final standings. If a tie occurs, all teams that tie will receive an O.K. Blue Championship trophy.

<table>
<thead>
<tr>
<th>Final League</th>
<th>1st place</th>
<th>14</th>
<th>14</th>
<th>Conference Meet</th>
</tr>
</thead>
<tbody>
<tr>
<td>12</td>
<td>2nd place</td>
<td>12</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10</td>
<td>3rd place</td>
<td>10</td>
<td></td>
<td></td>
</tr>
<tr>
<td>8</td>
<td>4th place</td>
<td>8</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>5th place</td>
<td>6</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>6th place</td>
<td>4</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>7th Place</td>
<td>2</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

In case of a tie, the points are combined and divided by the number of teams in the tie.

O.K. Gold Guidelines
A. Start time: JV at 6:00 p.m. and Varsity no earlier than 6:30 p.m. Time may be adjusted to accommodate JV wrestling. Coaches of the Home Team shall call the Visiting coach on Tuesday before the Thursday dual match and determine the number of JV matches. Make sure that the Athletic Director of the host school is aware of the number of JV matches.

B. Home Responsibilities
1. Use a MHSAA registered official for all matches.
2. Shall provide water and cups for both teams.
3. Shall have a Blood-borne Pathogen kit at mat side
4. Home Team shall notify the opponent in advance if there is a third or a fourth team. (Shall wrestle all league matches before non-league if a third team is invited.)
5. All dual meets shall use the random draw.
6. JV Matches: The length of JV matches will be decided by coaches.
7. Conference Tournament: An Individual Tournament shall be held at the end of the season. Seeding will take place and team scores will be determined. The wrestlers who win each weight class will be considered the All-Conference team for that season.
8. Standings: A single round of league dual meet matches will take place and the standings from that will determine 50% of the league title. The Conference
Tournament team standings will determine the other 50%. In the case of a tie in the standings, the points earned will be added and divided by the teams affected.


O.K. Green Guidelines

Start Time
5:00 p.m. for varsity quads.
The Green and Gold will form quads for all of their Conference Matches.
The format will be JV – V – JV - V

Admission
$5.00

Officials
A. One (1) MHSAA registered official must be contracted.

Home Team Responsibilities
A. Report all scores and stats per O.K. Conference Guidelines.
B. Provide Athletic Training services. Visiting teams are responsible for their own supply of tape and pre-wrap.
C. Provide Blood-borne Pathogen kit at matside.
D. Provide water, ice and cups.

Rules of Play
A. Weigh-in Procedure: Use the MHSAA policy
B. All dual meets shall use the random draw.
C. JV matches: All preliminary matches are 1-2-2 minutes in length, unless the coaches agree to make them 2-2-2 if there are only a few matches.

Conference Champion
A. Conference Tournament: An individual tournament shall be held at the end of the season. Seeding will take place and team scores will be determined.
B. Dual meets are worth 50%. The Conference Meet is worth 50%. Each school will receive points based on their final standings. If a tie occurs, all teams that tie will receive an O.K. Green Championship trophy.
In case of a tie, the points are combined and divided by the number of teams in the tie.

**O.K. Red Guidelines**

**Starting Time**
Three-mat start time – 6:00 p.m. Varsity on two (2) mats and JV on one (1) mat.
Two-mat – JV starts at 6:00 p.m.; Varsity begins at 7:00 p.m.
Schools are responsible to call or e-mail JV line-ups prior to meet.

**Home Team will provide:**
A. A MHSAA registered official for all matches.
B. Certified Athletic Trainer or doctor on-site or on-call.
C. Adult timer, scorer, and announcer.
D. Water and cups for both teams.
E. A Blood-borne Pathogen kit at mat side.
F. Match results to the *VNN Pressbox*.

**Rules of Play**
A. Home Weigh-in will be used for Conference matches until the last Conference date and the Conference tournament. For the final Conference double duals and the Conference tournament, we will have ON-SITE weigh-in. Use the MHSAA guide for the process and instructions for this provision.
B. Draw for starting weight call will be held the day of match when both teams are on-site (all tournament and matches).
C. Tie Matches: The State criteria will be used to break ties in Conference dual meets.
D. The O.K. Red will have a year-end Conference individual tournament [one (1) entry per weight class].
E. All-Conference designation to first place finisher in each weight class at the Conference Tournament.
Conference Champion
A. The dual season is worth 50% and the Conference championship is worth 50%. If there is a tie we will crown co-champions.

O.K. Silver Guidelines

Starting Time
Varsity – 6:00 p.m.
J.V. – 5:00 p.m.

Home Team Responsibilities
A. Provide a MHSAA registered official for all matches.
B. Provide a Certified Athletic Trainer or doctor on-site or on-call.
C. Provide an adult timer, scorer, and announcer.
D. Provide water and cups for both teams.
E. Provide a Blood-borne Pathogen Kit at mat side.
F. Provide match results to the VNN Pressbox.

Rules of Play
A. Home weigh-in will be used for Conference matches until the last Conference date and the Conference Tournament. For the final Conference double duals and the Conference Tournament, we will have ON-SITE weigh-in. Use the MHSAA guide for the process and instructions for this provision.
B. Draw for starting weight call will be held the day of match when both teams are on-site (all tournament and matches).
C. Tie Matches
   1. The State criteria will be used to break ties in Conference dual meets.
D. The O.K. Silver will have a year-end Conference individual tournament [one (1) entry per weight class].
   1. Conference Title Determination:
      a. Dual Meet and Tournament standings are each worth ½ of the determination for the final standings. Each place will be awarded the following points:
         1) $1^{st}=7$, $2^{nd}=6$, $3^{rd}=5$, $4^{th}=4$, $5^{th}=3$, $6^{th}=2$, $7^{th}=1$ (Ties add the points and divide by number of schools tied.)
         2) Points are added and the team with the most points is the champion.
E. All-Conference designation to first place finishes in each weight class at the Conference Tournament.

**O.K. White Guidelines**

**Start Time**
7:00 p.m. for varsity, 6:00p.m. for JV (may be adjusted due to the number of matches). GRC will start at 7pm with JV after. Time may be adjusted to accommodate JV wrestling. Coaches of the home team shall call the visiting coach on Monday before the Wednesday dual match and determine the number of JV matches. Make sure that the athletic director of the host school is aware of the number of JV matches.

**Home Team Responsibilities**
A. Home team shall notify the opponent in advance if there is a multi-school match. (Shall wrestle all league matches before non-league if a third team is invited.)

**Rules of Play**
A. All dual meets shall use the random draw.

B. JV matches: All preliminary matches are 1-2-2 minutes in length, unless the coaches agree to make them 2-2-2 if there are only a few matches.

**Conference Champion**
A. Conference Tournament: An individual tournament shall be held at the end of the season. Seeding will take place and team scores will be determined.

B. Dual meets are worth 50%. The Conference Meet is worth 50%. Each school will receive points based on their final standings. If a tie occurs, all teams that tie will receive an O.K. White Championship trophy.

<table>
<thead>
<tr>
<th>Final League</th>
<th>1st place</th>
<th>Conference Meet</th>
</tr>
</thead>
<tbody>
<tr>
<td>12</td>
<td>10</td>
<td>1st place</td>
</tr>
<tr>
<td>10</td>
<td>8</td>
<td>2nd place</td>
</tr>
<tr>
<td>8</td>
<td>6</td>
<td>3rd place</td>
</tr>
<tr>
<td>6</td>
<td>4</td>
<td>4th place</td>
</tr>
<tr>
<td>4</td>
<td>2</td>
<td>5th place</td>
</tr>
<tr>
<td>2</td>
<td></td>
<td>6th place</td>
</tr>
</tbody>
</table>

In case of a tie, the points are combined and divided by the number of teams in the tie.
CONFERENCE CHAMPIONSHIPS

DA  Definitions
Rainbow Divisions
O.K. CONFERENCE CHAMPIONSHIPS

A. A championship trophy is to be awarded for each recognized Conference sport. Duplicate trophies will be awarded in the event of a tie or ties. Where there is a Conference tournament in a sport, the trophy will be awarded on the basis of the dual standings and the Conference tournament standings.

B. *An All-Sports plaque may be awarded in each Division. Any variation from the traditional method of determining the All-Sports trophy winners must be approved by a three-fourths (3/4) affirmative vote of a Division’s Athletic Directors prior to December 15th of that school year.

C. Standings in sports that do not have a Conference tournament shall be determined on a percentage basis. Ties shall count as half a win, half a loss.

D. *Final Conference standings will be determined by adding the total number of points from the dual standings and the tournament standings. Points will be awarded as follows:

<table>
<thead>
<tr>
<th>Position</th>
<th>8 Teams</th>
<th>7 Teams</th>
<th>6 Teams</th>
</tr>
</thead>
<tbody>
<tr>
<td>First Place</td>
<td>8 points</td>
<td>7 points</td>
<td>6 points</td>
</tr>
<tr>
<td>Second Place</td>
<td>7 points</td>
<td>6 points</td>
<td>5 points</td>
</tr>
<tr>
<td>Third Place</td>
<td>6 points</td>
<td>5 points</td>
<td>4 points</td>
</tr>
<tr>
<td>Fourth Place</td>
<td>5 points</td>
<td>4 points</td>
<td>3 points</td>
</tr>
<tr>
<td>Fifth Place</td>
<td>4 points</td>
<td>3 points</td>
<td>2 points</td>
</tr>
<tr>
<td>Sixth Place</td>
<td>3 points</td>
<td>2 points</td>
<td>1 point</td>
</tr>
<tr>
<td>Seventh Place</td>
<td>2 points</td>
<td>1 point</td>
<td></td>
</tr>
<tr>
<td>Eighth Place</td>
<td>1 point</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

In the event of a tie, points will be divided.

E. Conference Division champions are not official until approved by the Athletic Directors.

F. *Points for an All-Sports trophy shall be awarded only when a majority of a Division’s schools compete in a sport. When five (5) schools compete in a sport, they compete in their own Division, and their ranking in that Division for all-sports points shall not be affected by the inclusion of schools from another Division. A team may compete in another Division only when there is not a majority (five—5) of teams in its own Division competing in that particular sport. Girls and boys sports results are combined in determining the winners of the All-Sports trophies. Divisions will provide trophies.

G. Rainbow Divisions will be created on an annual basis by action of the Conference Athletic Directors. Every school that has a team in a sport approved by the Conference will be part of a Conference Championship, and its athletes will be eligible for All-Conference honors. If a school is sponsoring a team in a Conference approved sport for the first time, it may elect not to join the Conference in that sport for one year. A Rainbow Division can be defined in two different ways:
1. A Rainbow Division is a minimum of five Conference schools competing together when a majority of their own Division schools do not have that particular sport which has been approved by the Conference.
   a. A championship trophy is awarded to the winning team.
   b. An All-Conference team is chosen in accordance with the Conference rules for that sport.
   c. Points toward the All-Sports trophy are not awarded.

2. A Rainbow Division is also defined when a particular Division has at least a majority (five—5) of its schools from the other Divisions that do not have a majority of their schools competing in that sport. The maximum number of schools from the other Division would be four (4).

3. Any variations of the definitions above must be proposed in written form and approved by a three-fourths (3/4) vote of Athletic Directors.
   a. A championship trophy will be awarded to the winning team. If the winning team is from one of the outside Divisions, a separate championship trophy will be awarded to the team from the Division with a majority of its own teams competing. The plate will indicate the appropriate championship.
   b. The Division with a majority of its own schools competing will have its own ranking for All-Sports points based on dual standing within its own Division.
   c. Schools from outside Divisions are not awarded All-Sports points.
   d. In sports where a Conference meet is held, all schools will compete equally.
   e. Athletes from all schools will be eligible for selection to the All-Conference team in accordance with the Conference rules for that sport. In situations not covered by the two previous definitions, Rainbow Division will be established by a three-fourths (3/4) affirmative vote of the Athletic Directors.

H. In all Conference meets or matches where individual points are totaled to determine standings, all coaches or their designees must be available at the close of the meet or match to verify and sign acceptance of the totals. Regardless of any rule book to the contrary, the totals agreed upon by the coaches or designees present shall be final and not subject to appeal.

I. A school may compete in the Conference meet with a minimum of one (1) entry. The team minimums of entries needed for team score will depend on the MHSAA rules governing each sport. Individuals may receive Conference meet and/or All-Conference awards.
ALL-CONFERENCE TEAMS

EA Definitions
   Overall Selection Format and Guidelines
EB Proposals for Changing All-Conference Selection
EC Dress Code for All-Conference Pictures
ED Scholar-Athlete All-Conference Team
EEA All-Conference Baseball and Softball
EEB All-Conference Boys and Girls Basketball
EEC All-Conference Boys and Girls Bowling
EED All-Conference Competitive Cheer
EEE All-Conference Boys and Girls Cross Country
EEF All-Conference Football
EEG All-Conference Golf
EEH All-Conference Gymnastics
EEI All-Conference Ice-Hockey
EEJ All-Conference Boys Lacrosse
EEK All-Conference Girls Lacrosse
EEL All-Conference Boys and Girls Soccer
EEM All-Conference Boys and Girls Swimming
EEN All-Conference Tennis
EEO All-Conference Boys and Girls Track
EEP All-Conference Volleyball
EEQ All-Conference Water Polo
EER All-Conference Wrestling
EFA Medal and Certificate Awards
   All-Conference Divisional Team Awards
EFB Conference Meet Awards and Place Medals
   Duplicate Medals Explained
EFC Changing the Numbers of All-Conference Awards (Formula)
EG Proposals for Changing Medal and Certificate Award Procedure
EH Athlete of the Year
O.K. ALL-CONFERENCE TEAMS

All-Conference teams are to be selected by Conference coaches. Each Division is to select the place and time of meeting and conduct or delegate leadership at the meeting.

In those sports so designated by each Division, the first place medal winners will constitute the All-Conference team for publicity purposes. In football, basketball, and volleyball, coaches may nominate as many players as they wish by sending their ballots by mail to the appropriate sport chairperson so they are postmarked by the proper deadline.

A. Each Division will continue to establish its own meeting and appropriate due date.

B. The Commissioner's Office will provide and send out the blank nomination forms for sport listed. However, completed forms are to be sent to the person running the All-Conference meeting.

C. The chairman of the meeting will prepare the ballots and bring them to the meeting. Telephone nominations may be accepted. Ballots may also be faxed but must be received by the previously established postmarked date.

All ballots cast by coaches for All-Conference teams are to be signed and to be available after the meeting for inspection by other coaches voting in that Division. In all other sports, the following rules regarding ties are to be followed:

A. When a tie occurs, there shall be one (1) additional vote to break the tie.

B. If a tie for the final position(s) cannot be broken, all ties will be granted All-Conference standing. An intentional tie vote shall not be manipulated.

C. The total number of Honorable Mention positions shall be reduced by the additional All-Conference position granted in number 2 above, so as not to exceed the total original number of honor positions. The loser in any tie vote for All-Conference shall receive an Honorable Mention Position. Additional Honorable Mentions may be granted if a “tie” cannot be broken as stated in number 1.
PROPOSALS FOR CHANGING
ALL-CONFERENCE SELECTION PROCEDURES

Proposals for changing the method of selecting All-Conference teams will be reviewed and adopted by the following method:

A. Proposals for changing the method of selected All-Conference teams must be submitted from the coaches involved. It must include a written account of the records vote of each Conference coach present and a rationale for the suggested change.

B. Proposals for changing the selection of All-Conference teams must be passed by the O.K. Division Athletic Directors and by the O.K. Division Principals. All-Conference selection changes will be considered on the following basis:
   1. Team sport (football, boys and girls basketball, volleyball, baseball, softball, boys and girls soccer, and hockey) request for changes will be considered on the even numbered school years beginning with the 1996-1997 school year.
   2. Individual sport (cross country, boys and girls golf, boys and girls track, boys and girls tennis, wrestling, and gymnastics) requests for changes will be considered on the odd numbered year beginning with the 1995-1996 school year.
DRESS CODE FOR ALL-CONFERENCE PICTURES

Athletes selected for All-Conference shall, for media pictures, dress in attire that is considered appropriate, since they represent their school as well as the Conference.

A. Appropriate Attire:
   1. Boys: Sport coat, sweater, suit and tie, or dress shirt with dress slacks.
   2. Girls: Blazer, sweater, or blouse with skirt or dress slacks, or a dress.
   3. Shirt, jeans or Varsity jackets are not acceptable. Varsity sweaters are acceptable with dress slacks.

B. Each school’s Athletic Director will judge compliance and may waive any part of this code if circumstances require.
SCHOLAR-ATHLETE ALL-CONFERENCE TEAM

Criteria:

A. The Scholar-Athlete team will be selected once a year by each school within each Division.

B. The team will be comprised of seniors who have maintained a minimum, cumulative 3.5 GPA.

C. Each member must have participated in at least four (4) athletic seasons during high school.

D. Each member must have earned at least one (1) athletic Varsity letter during his/her senior year.

E. Each member must be nominated by the Principal and/or Athletic Director.

F. A scholar-athlete certificate will be presented by each Division to all members of the team.
### O.K. CONFERENCE
### ALL CONFERENCE AWARDS
### 2013-2014

<table>
<thead>
<tr>
<th>SPORT</th>
<th>STARTERS</th>
<th>10 TEAM DIV.</th>
<th>9 TEAM DIV.</th>
<th>8 TEAM DIV.</th>
<th>7 TEAM DIV.</th>
<th>6 TEAM DIV.</th>
<th>5 TEAM DIV.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baseball/Softball</td>
<td>10</td>
<td>25/13</td>
<td>23/12</td>
<td>20/10</td>
<td>18/9</td>
<td>15/8</td>
<td>13/7</td>
</tr>
<tr>
<td>Basketball</td>
<td>5</td>
<td>13/7</td>
<td>11/6</td>
<td>10/5</td>
<td>9/5</td>
<td>8/4</td>
<td>7/4</td>
</tr>
<tr>
<td>Competitive Cheer</td>
<td>12</td>
<td>30/15</td>
<td>27/14</td>
<td>24/12</td>
<td>21/11</td>
<td>18/9</td>
<td>15/8</td>
</tr>
<tr>
<td>Cross Country</td>
<td>6</td>
<td>15/8</td>
<td>14/7</td>
<td>12/6</td>
<td>11/6</td>
<td>9/5</td>
<td>8/4</td>
</tr>
<tr>
<td>Football</td>
<td>17</td>
<td>43/22</td>
<td>38/19</td>
<td>34/17</td>
<td>30/15</td>
<td>26/13</td>
<td>21/11</td>
</tr>
<tr>
<td>Golf</td>
<td>5</td>
<td>13/7</td>
<td>11/6</td>
<td>10/5</td>
<td>9/5</td>
<td>8/4</td>
<td>7/4</td>
</tr>
<tr>
<td>Gymnastics</td>
<td>4</td>
<td>10/5</td>
<td>9/5</td>
<td>8/4</td>
<td>7/4</td>
<td>6/3</td>
<td>5/3</td>
</tr>
<tr>
<td>Ice Hockey</td>
<td>11</td>
<td>28/14</td>
<td>25/13</td>
<td>22/11</td>
<td>20/10</td>
<td>17/9</td>
<td>14/7</td>
</tr>
<tr>
<td>Soccer</td>
<td>11</td>
<td>28/14</td>
<td>25/13</td>
<td>22/11</td>
<td>20/10</td>
<td>17/9</td>
<td>14/7</td>
</tr>
<tr>
<td>Swimming</td>
<td>21</td>
<td>22</td>
<td>22</td>
<td>22</td>
<td>22</td>
<td>22</td>
<td>22</td>
</tr>
<tr>
<td>Tennis</td>
<td>12</td>
<td>16</td>
<td>16</td>
<td>16</td>
<td>16</td>
<td>16</td>
<td>16</td>
</tr>
<tr>
<td>Track</td>
<td>29</td>
<td>29</td>
<td>29</td>
<td>29</td>
<td>29</td>
<td>29</td>
<td>29</td>
</tr>
<tr>
<td>Volleyball</td>
<td>7</td>
<td>18/9</td>
<td>16/8</td>
<td>14/7</td>
<td>12/6</td>
<td>11/6</td>
<td>9/5</td>
</tr>
<tr>
<td>Water Polo</td>
<td>7</td>
<td>18/9</td>
<td>16/8</td>
<td>14/7</td>
<td>12/6</td>
<td>11/6</td>
<td>9/5</td>
</tr>
<tr>
<td>Wrestling</td>
<td>14</td>
<td>14</td>
<td>14</td>
<td>14</td>
<td>14</td>
<td>14</td>
<td>14</td>
</tr>
<tr>
<td>Bowling</td>
<td>5</td>
<td>13/7</td>
<td>11/6</td>
<td>10/5</td>
<td>9/5</td>
<td>8/4</td>
<td>7/4</td>
</tr>
<tr>
<td>Lacrosse</td>
<td>10</td>
<td>25/13</td>
<td>23/12</td>
<td>20/10</td>
<td>18/9</td>
<td>15/8</td>
<td>13/7</td>
</tr>
<tr>
<td>Downhill Skiing</td>
<td>5</td>
<td>13/7</td>
<td>11/6</td>
<td>10/5</td>
<td>9/5</td>
<td>8/4</td>
<td>7/4</td>
</tr>
</tbody>
</table>

Award calculations are based on a formula multiplying the number of starters times the number of league schools.

25% are all Conference  
12.5% honorable mention
ALL-CONFERENCE BASEBALL AND SOFTBALL

A. Fifteen (15) players will be selected in baseball and softball. The fifteen (15) will be composed of three (3) pitchers, two (2) catchers, five (5) infielders, four (4) outfielders, and a designated hitter. There shall be ten (10) Honorable Mention players chosen, not by position, from the list of nominees.

B. The nominations will be in the following order: pitchers, catchers, infielders, and outfielders. Voting shall be done on the following basis: pitchers 4-3-2-1; catchers 3-2-1 basis, outfielders 5-4-3-2-1; and the other members on a 2-1- basis.

C. Infielders will be selected by position, with the fifth infielder being designated as utility man. After four (4) and only four (4) infielders have been chosen by position, nominations shall be reopened for utility infielder, such nominations must be from the original ballot.

D. Outfielders will not be chosen by field position; i.e., center and right.

E. Each coach will nominate the players from his/her squad that the coach feels has earned the right to represent the O.K. Conference on an All-Conference team.

F. Players other than pitchers or designated hitters must have started at the positions they are nominated for in five Conference games.

G. After all other positions have been chosen, nominations shall be reopened for designated hitters. Such names must be included in the original ballot.

O.K. Black Conferences

A. All-Conference Team
   1. The team will consist of fifteen (15) All-Conference players and eight (8) Honorable Mention players.

B. Procedures
   1. The chairman for the All-Conference selection will be an O.K. Black (Blue, Green, Silver or White) Athletic Director appointment by the O.K. Black (Blue, Green, Silver or White) Athletic Directors. The chairman must not be an active coach of either baseball or softball.
   2. Nomination Process
      a. The chairman will send a nomination form to league coaches at least one (1) week prior to the All-Conference meeting. The chairman will set the date, time and place for the All-Conference meeting.
      b. Coaches may nominate as many players as they choose.
      c. No players will be added at the All-Conference meeting.
d. The nominations will be in the following order: pitchers, catchers, infielders, and outfielders. Players other than pitchers must have started at the positions they are nominated for in at least five (5) Conference games. Nominations for the at-large nominations can come from any position. A school may nominate as many at-large candidates as they choose, but they must have been previously listed on the original ballot.

3. Selection Process
   a. Coaches shall have the opportunity to discuss the qualifications for all players nominated, and shall present their players’ league statistics only!
   b. Voting shall be done on the following basis:
      1) (Baseball) pitchers 4-3-2-1, catchers 3-2-1, infielders 6-5-4-3-2-1, outfielders 5-4-3-2-1, and the at-large members on a 2-1 basis.
      2) (Softball) pitchers 4-3-2-1, catchers 3-2-1, infielders 6-5-4-3-2-1, outfielders 4-3-2-1, and the at-large members on a 3-2-1 basis.
      3) The highest number is given to the top choice. The points are added together from each coach’s voting to choose the All-Conference player. Coaches may vote for their own players.
   c. Outfielders or Infielders will not be chosen by field position; i.e., center and right, shortstop or first base.
   d. Honorable Mention: Each team will receive on (1) Honorable Mention player of their choice. The top two (2) teams in the league will be awarded two (2) Honorable Mention selections. Each coach will choose their own Honorable Mention player.
   e. Order of Selection (Baseball) Order of Selection (Softball)
      3 Pitchers 3 Pitchers
      2 Catchers 2 Catchers
      5 Infielders 5 Infielders
      4 Outfielders 3 Outfielders
      1 At-large Player 2 At-large Players
      8 Honorable Mention Players 8 Honorable Mention Players

O.K. Blue Conference

All Conference Team
A. The team will consist of eighteen (18) All Conference players and nine (9) Honorable Mention players.

Procedures
A. The chairman for the All-Conference selection will be Allendale AD.

B. Nomination Process
   1. The chairman will send a nomination form to league coaches at least one (1) week prior to the All-Conference meeting. The chairman will set the date, time, and place for the All-Conference meeting.
   2. Coaches may nominate as many players as they choose.
3. No players will be added at the All-Conference meeting.
4. The nominations will be in the following order: pitchers, catchers, infielders, and outfielders. Players other than pitchers must have started at the positions they are nominated for in at least four (4) Conference games. Nominations for the at-large nominations can come from any position. A school may nominate as many at-large candidates as they choose, but they must have been previously listed on the original ballot.

C. Selection Process
1. Coaches shall have the opportunity to discuss the qualifications for all players nominated, and shall present their players’ league statistics only!
2. Voting shall be done on the following basis: (Baseball) pitchers 4-3-2-1, catchers 3-2-1, infielders 6-5-4-3-2-1, outfielders 5-4-3-2-1, and the at-large member on a 2-1 basis. (Softball) pitchers 4-3-2-1, catchers 3-2-1, infielders 6-5-4-3-2-1, outfielders 4-3-2-1, and the at-large members on a 3-2-1 basis. The highest number is given to the top choice. The points are added together from each coach’s voting to choose the All Conference player. Coaches may vote for their own players.
3. Outfielders or Infielders will not be chosen by field position; i.e., center and right, shortstop or first base.
4. Honorable Mention - Each team will receive one (1) Honorable Mention player of their choice. Two (2) additional at large Honorable Mention selections voted on. Each coach may nominate one player to be considered for the remaining two selections. Coaches will vote 2-1 to select the final two selections.

<table>
<thead>
<tr>
<th>Order of Selection (Baseball)</th>
<th>Order of Selection (Softball)</th>
</tr>
</thead>
<tbody>
<tr>
<td>4 Pitchers</td>
<td>4 Pitchers</td>
</tr>
<tr>
<td>2 Catchers</td>
<td>2 Catchers</td>
</tr>
<tr>
<td>6 Infielders</td>
<td>6 Infielders</td>
</tr>
<tr>
<td>5 Outfielders</td>
<td>4 Outfielders</td>
</tr>
<tr>
<td>1 At-Large player</td>
<td>2 At-Large players</td>
</tr>
<tr>
<td>9 Honorable Mention players</td>
<td>9 Honorable Mention players</td>
</tr>
</tbody>
</table>

O.K. Gold Conference

A. All-Conference Selection
1. Each team will be allotted a specific number of All-Conference and Honorable Mention players based on the final standing in the Conference and the formula listed below. All players will be nominated at large (regardless of position) by the head coach of their school and coaches will vote to confirm the nomination.
2. A total of fifteen (15) All-Conference and eight (8) Honorable Mention athletes will be chosen [league of six (6)].
   1 place: 4AC 2HM
   2 place: 3AC 2HM
   3 place: 3AC 1HM
   4 place: 2AC 1MH
   5 place: 2AC 1MH
   6 place: 1AC 1HM

B. Selections
1. Three (3) Pitchers.
2. Two (2) Catchers.
3. Five (5) Infielders.
4. Four (4) Outfielders.
5. One (1) At-large/Utility.

C. Nominations
1. Collected in advance by the Athletic Director assigned to chair the All-Conference meeting. No nominations will be accepted at the meeting.
2. The nominations will be in the following order: pitchers, catchers, infielders, and outfielders. Players other than pitchers must have started at the positions they are nominated for in at least five (5) Conference games. Nominations for the at-large nominations can come from any position. A school may nominate as many at-large candidates as they choose, but they must have been previously listed on the original ballot.
3. Neither infielders nor outfielders will be chosen by position.

D. Discussion
1. Coaches shall have the opportunity to discuss the qualifications for all players nominated, and shall present their player’s league statistics.

E. Voting
1. Coaches shall vote for one (1) more player than the number to be selected, giving the highest point value to their number one choice. Example: for pitchers, vote 4-3-2-1. The top vote getters become All-Conference.

F. Honorable Mention
1. Each team will receive one (1) Honorable Mention player of their choice. The top two teams in the league will be awarded two (2) Honorable Mention selections.

O.K. Green Conference

All Conference Team
A. The team will consist of eighteen (18) All Conference players and nine (9) Honorable Mention players.
Procedures
A. The chairman for the All-Conference selection will be an O.K. Green Athletic Director appointed by the O.K. Green Athletic Directors. The chairman must not be an active coach of either baseball or softball.

B. Nomination process
1. The chairman will send a nomination form to league coaches at least one (1) week prior to the All-Conference meeting. The chairman will set the date, time, and place for the All-Conference meeting.
2. Coaches may nominate as many players as they choose.
3. No players will be added at the All-Conference meeting.
4. The nominations will be in the following order: pitchers, catchers, infielders, and outfielders. Players other than pitchers must have started at the positions they are nominated for in at least five (5) Conference games. Nominations for the at-large nominations can come from any position. A school may nominate as many at-large candidates as they choose, but they must have been previously listed on the original ballot.

C. Selection Process
1. Coaches shall have the opportunity to discuss the qualifications for all players nominated, and shall present their players’ league statistics only!
2. Voting shall be done on the following basis: (Baseball and Softball) pitchers 4-3-2-1, catchers 3-2-1, infielders 6-5-4-3-2-1, outfielders 5-4-3-2-1, and the at-large member on a 5-4-3-2-1 basis. The highest number is given to the top choice. The points are added together from each coach’s voting to choose the All Conference player. Coaches may vote for their own players.
3. Outfielders or Infielders will not be chosen by field position; i.e., center and right, shortstop or first base.
4. Honorable Mention - Each team will receive one (1) Honorable Mention player of their choice. The top two teams in the league will be awarded two (2) Honorable Mention selections. Each coach will choose their own Honorable Mention player.

Order of Selection (Baseball) Order of Selection (Softball)
3 Pitchers            3 Pitchers
2 Catchers           2 Catchers
5 Infielders         5 Infielders
4 Outfielders        4 Outfielders
4 At-Large player    4 At-Large players
9 Honorable Mention players 9 Honorable Mention players

O.K. Red Conference
A. The Athletic Director in charge of the softball selection should send out the criteria for nomination, the voting procedures, and the nomination form to all coaches.
B. Voting
All ballots need to be signed. Voting the highest for first choice.
1. Three (3) Pitchers – voting 3-2-1
2. One (1) Catcher – voting 2-1
3. One (1) First Base – voting 2-1
4. One (1) Second Base – voting 2-1
5. One (1) Shortstop – voting 2-1
6. One (1) Third Base – voting 2-1
   All results need to be announced before proceeding.
7. Two (2) Utility Infielders – voting 2-1
   This can be nominated from any player that was previously nominated for the position of Catcher, First, Second, Third or Shortstop only.
8. Three (3) Outfielders – voting 3-2-1
   All results need to be announced before proceeding.
9. Two (2) Utility Players – voting 2-1
   This can be nominated from any player that was previously nominated at any position.
   All results need to be announced before proceeding.
10. Nominations for Honorable Mention (8) - Each coach can nominate from any player previously nominated. Voting will not be ranked. In case of a tie, a re-vote can take place for those tied.
11. Ties will be voted on three (3) times; if there is still a tie, both will get All-Conference.

C. Nominations
1. Any player may be nominated for a position if they started a minimum of five (5) times and played a majority at that position.

D. Statistic Forms
1. For each nomination, a statistic sheet should be filled out totally and brought to the selection meeting. Statistics should only be for Conference games. Six (6) copies of each form should be made and stapled together ready for distribution to other coaches.

E. Confidentiality
1. All nominations and voting should be confidential and things said or voted on at the meeting should not be told to any player or parent.
O.K. Silver Conference

Selections
Softball  Baseball
4 Pitchers  4 Pitchers
2 Catchers  2 Catchers
5 Infielders  4 Infielders
4 Outfielders  4 Outfielders
3 At large/utility  3 At large/utility
9 Honorable Mention  9 Honorable Mention

Nominations
A. Nominations will be collected in advance by the Athletic Director assigned to chair the All-Conference meeting. No nominations will be accepted at the meeting.

B. The nominations will be in the following order: pitchers, catchers, infielders, and outfielders. Players other than pitchers must have started at the positions they are nominated for in at least five (5) Conference games. Nominations for the at-large positions will be made after the previous fifteen (15) All-Conference selections have been made. The at-large candidates as they choose, but they must have been previously listed on the original ballot.

C. Neither infielders nor outfielders will be chosen by position.

Discussion
A. Coaches shall have the opportunity to discuss the qualifications for all players nominated and shall present their player’s league statistics.

Voting
A. Coaches shall vote for one (1) more player than the number to be selected, giving the highest point value to their number one choice. Example: for pitchers, vote 5-4-3-2-1. The top vote getters become All-Conference.

Honorable Mention
A. Nominees not selected for All-Conference will automatically be considered for nine (9) Honorable Mention positions. Each coach may nominate additional players to fill the remaining two (2) spots. Coaches will then vote to complete the list of nine (9) Honorable Mention positions. Voting shall be 3-2-1.
O.K. White Conference - Baseball

All Conference Team
A. The team will consist of fifteen (15) All Conference players and eight (8) Honorable Mention players.

Nomination process
A. The chairman will send a nomination form to league coaches at least one (1) week prior to the All-Conference meeting. The chairman will set the date, time, and place for the All-Conference meeting.

B. Coaches may nominate as many players as they choose.

C. No players will be added at the All-Conference meeting.

Selection Process
A. Coaches shall have the opportunity to discuss the qualifications for all players nominated, and shall present their players’ league statistics only!

B. Voting shall be done after each coach has presented each of their All Conference nominations. Each varsity coach receives 15 votes and the 15 players receiving the most votes will be All Conference. In the case of a tie there will be a revote to break the tie of those who are tied only.

C. Honorable Mention - Each team will receive one (1) Honorable Mention player of their choice. The top two teams in the league will be awarded two (2) Honorable Mention selections. Each coach will choose their own Honorable Mention player. All coaches will vote to approve.

O.K. White Conference – Softball

All-Conference Team
A. The team will consist of fifteen (15) All-Conference players and eight (8) Honorable Mention players.

Nomination process
A. The chairman will send a nomination form to league coaches at least one (1) week prior to the All-Conference meeting. The chairman will set the date, time, and place for the All-Conference meeting.

B. Coaches may nominate as many players as they choose.

C. No players will be added at the All-Conference meeting.
D. The nominations will be in the following order: pitchers, catchers, infielders, and outfielders. Players other than pitchers must have started at the positions they are nominated for in at least five (5) Conference games. Nominations for the at-large nominations can come from any position. A school may nominate as many at-large candidates as they choose, but they must have been previously listed on the original ballot.

Selection Process
A. Coaches shall have the opportunity to discuss the qualifications for all players nominated, and shall present their players’ league statistics only!

B. Voting shall be done after each coach has presented each of their All-Conference nominations. Each varsity coach receives fifteen (15) votes and the fifteen (15) players receiving the most votes will be All-Conference. In the case of a tie, there will be a revote to break the tie of those who are tied only.

C. Honorable Mention - Each team will receive one (1) Honorable Mention player of their choice. The top two (2) teams in the league will be awarded two (2) Honorable Mention selections. Each coach will choose their own Honorable Mention player. All coaches will vote to approve.
ALL-CONFERENCE BOYS AND GIRLS BASKETBALL

A. A ten (10) member first team and five (5) member Honorable Mention list shall be chosen as follows:
1. The chairman of the selection meeting will be appointed by the Division president and is not to be an active basketball coach.
2. This chairman will alphabetically list all names submitted in the mail or by fax, and coaches will have an opportunity to speak about their player.
3. After each coach has had a turn to speak about each of the players in an alphabetical order, the chairman shall call for a vote.
4. Each coach will vote for ten (10) players.
5. The ten (10) players receiving the highest number of votes will make up the All-Conference team.
6. The coaches will then vote for five (5) players on a single ballot. The five (5) players receiving the most votes will be Honorable Mention.

O.K. Black and Red Conferences

All-Conference Team
1. The team will consist of eight (8) All-Conference and four (4) Honorable Mention players.

B. Procedures
1. The chairman for the All-Conference selection will be an O.K. Black (or Red) Athletic Director appointed by the O.K. Black (or Red) Athletic Directors. The chairman must not be an active basketball coach.
2. Nomination Process
   a. Prior to the meeting, the O.K. Black (or Red) basketball chair will send out the nomination form. Each school will be asked to mail or fax their All-Conference nominations to the chair, so that a complete list of nominees may be ready for the league selection meeting. Each school may nominate any number of student athletes deserving All-Conference recognition.
   b. The chairman will alphabetically list all names, by school, submitted by mail or fax, prior the meeting.
   c. After each coach has had a turn to speak about each of the players on their team, the chairman shall call for a vote. All stats for each player shall reflect Conference games only.
   d. Each coach will vote for eight (8) players.
   e. The eight (8) players receiving the highest number of votes will make up the All-Conference team.
   f. The coaches will then vote for four (4) players on a single ballot. The four (4) players receiving the most votes will be Honorable Mention.
O.K. Blue and Green Conference

All Conference Team
A. The team will consist of eleven (11) All Conference and six (6) Honorable Mention players.

Procedures
A. The chairman for the All-Conference selection will be Coopersville AD.

B. Nomination Process
1. Prior to the meeting, the O.K. Blue basketball chair will send out the nomination form. Each school will be asked to mail or fax their All Conference nominations to the chair, so that a complete list of nominees may be ready for the league selection meeting. Each school may nominate any number of student-athletes deserving All Conference recognition.
2. The chairman will alphabetically list all names, by school, submitted by mail or fax, prior to the meeting.
3. After each coach has had a turn to speak about each of the players on their team, the chairman shall call for a vote. All stats for each player shall reflect Conference games only.
4. Each coach will vote for eleven (11) players.
5. The eleven (11) players receiving the highest number of votes will make up the All-Conference team.
6. The coaches will then vote for six (6) players on a single ballot. The six (6) players receiving the most votes will be Honorable Mention.

O.K. Gold Conference

A. The meeting chairperson will solicit nominations from all league coaches at least one (1) week prior to the All-Conference meeting.

B. The chairperson will announce at the meeting the purpose is to select eight (8) first team All-Conference and four (4) Honorable Mention selections.

C. All nominations will be listed alphabetically on the ballot. No names will be added at the meeting.

D. Each coach will be given an opportunity to speak about his/her nominees as the name comes up on the ballot listing. Coaches at any time may opt to remove his/her nominee from consideration for All-Conference (athlete may still be considered for Honorable Mention).

E. After each coach has been given the opportunity to speak of each of his/her nominees, the ballot will be passed out. Each school will vote for eight (8) players. Ties must be
broken with a fun-off vote, if necessary. If a tie cannot be broken, nine (9) players may be named All-Conference.

F. Nominees not selected All-Conference are automatically considered for Honorable Mention. Follow the same procedure as in 4 and 5 above, to select four (4) Honorable Mention athletes.

G. The chairperson will distribute All-Conference medals and Honorable Mention certificates to the respective coaches.

H. Soon after the selection meeting, the chairperson will publish and distribute to all member schools the list of All-Conference and Honorable Mention athletes.

I. The chairperson will also forward a copy of the list and the final league standings to the O.K. Conference Commissioner for the archives.

**O.K. Silver Conferences**

A. All-Conference Team
   1. The team will consist of eleven (11) All-Conference and six (6) Honorable Mention players.

B. Procedures
   1. The chairman for the All-Conference selection will be an O.K. Black (Red or Silver) Athletic Director appointed by the O.K. Black (Red or Silver) Athletic Directors. The chairman must not be an active basketball coach.
   2. Nomination Process
      a. Prior to the meeting, the O.K. Black (Red or Silver) basketball chair will send out the nomination form. Each school will be asked to mail or fax their All-Conference nominations to the chair, so that a complete list of nominees may be ready for the league selection meeting. Each school may nominate any number of student athletes deserving All-Conference recognition.
      b. The chairman will alphabetically list all names, by school, submitted by mail or fax, prior the meeting.
      c. After each coach has had a turn to speak about each of the players on their team, the chairman shall call for a vote. All stats for each player shall reflect Conference games only.
      d. Each coach will vote for eleven (11) players.
      e. The eleven (11) players receiving the highest number of votes will make up the All-Conference team.
      f. The coaches will then vote for six (6) players on a single ballot. The six (6) players receiving the most votes will be Honorable Mention.
O.K. White Conference

All Conference Team
A. The team will consist of nine (9) All-Conference and five (5) Honorable Mention players.

Nomination Process
A. Prior to the meeting, the O.K. White basketball chair will send out the nomination form. Each school will be asked to mail or fax their All Conference nominations to the chair, so that a complete list of nominees may be ready for the league selection meeting. Each school may nominate any number of student-athletes deserving All-Conference recognition.

B. The chairman will alphabetically list all names, by school, submitted by mail or fax, prior to the meeting.

C. After each coach has had a turn to speak about each of the players on their team, the chairman shall call for a vote. All stats for each player shall reflect Conference games only.

D. Each coach will vote for nine (9) players. The nine (9) players receiving the highest number of votes will make up the All-Conference team.

E. The coaches will then vote for five (5) players on a single ballot. The five (5) players receiving the most votes will be Honorable Mention.
ALL-CONFERENCE BOWLING TEAM

An All-Conference team for each Division will be selected at the conclusion of the season. The team will number ten (10) players for All-Conference and five (5) players for Honorable Mention. Selection will be made by the following criteria.

A. Nominations from each team league coach. All nominations must be submitted to the meeting chairperson prior to the meeting. No late nominations will be accepted.

B. Coaches shall nominate as many players as they desire for All-Conference consideration. After all nominations are discussed, all coaches will vote for ten (10) players. The top ten (10) votes getters will be awarded All-Conference. Ties will be broken with a run-off if necessary.

C. Nominees not selected for All-Conference will automatically be considered for Honorable Mention. Follow the game procedure as above to select five (5) Honorable Mention players.

O.K. Black, Gold, and Red Conferences

A. All-Conference Team
   1. The team will consist of eight (8) All-Conference and four (4) Honorable Mention players for both boys and girls.

B. Procedures
   1. The chairman for the All-Conference selection will be an O.K. Black (Bronze, Gold, Green or Red) Athletic Director appointed by the O.K. Black (Bronze, Gold, Green or Red) Athletic Directors. The chairman must not be an active bowling coach.

C. Selection Process
   1. Each head coach will be required to send the score results after each Conference dual meet to the league compiler. These scores will be used to determine the first team [eight (8)] and Honorable Mention [four (4)] O.K. Black (Bronze, Gold, Green or Red) bowling teams.

   2. The All-Conference team will be selected at the post-season O.K. Black (Bronze, Gold, Green or Red) Conference tournament.

   3. The top eight (8) scorers over the course of the season will be the first team. For a bowler to be considered for O.K. Black (Bronze, Gold, Green or Red) All-Conference, he/she must have bowled in at least eight (8) Conference matches that year.

   4. The next four (4) highest scorers will be Honorable Mention. If there are ties, honorees will be selected by a coaches’ vote.
O.K. Blue Conference

All Conference Team
A. The team will consist of seven (7) All-Conference and four (4) Honorable Mention players for both boys and girls.

Procedures
A. The chairman for the All-Conference selection will be Sparta AD.

B. Selection Process
1. Each head coach will be required to send the score results after each Conference dual meet to the league compiler. These scores will be used to determine the 1st team (7) and honorable mention (4) O.K. Blue bowling teams.
2. The All-Conference team will be selected at the post-season O.K. Blue Conference tournament.
3. The top seven (7) scorers over the course of the season will be the 1st team. For a bowler to be considered for O.K. Blue all Conference, he/she must have bowled in at least eight (8) Conference matches that year.
4. The next four (4) highest scorers will be Honorable Mention. If there are ties, honorees will be selected by a coach’s vote.

O.K. Green Conference

All Conference Team
A. The team will consist of nine (9) All Conference and five (5) Honorable Mention players for both boys and girls.

Selection Process
A. Each head coach will be required to send the score results after each Conference dual meet to the league compiler (Walt Dyer- Byron Center Coach, fax 616-530-8953 or email wdyer10731@charter.net). Walt will use League Secretary to post stats/standings. These scores will be used to determine the 1st team (9) and honorable mention (5) O.K. Gold/Green bowling teams.

B. The All-Conference team will be selected at the O.K. Gold/Green post Conference tournament (with time permitted). All-Conference Medals and Honorable Mention Certificates will be given out at the Post-Tournament (with time permitting).

C. The top nine (9) scorers over the course of the season (also includes the pre-Conference and post-Conference tournament average) will be All-Conference. For a bowler to be considered for O.K. Gold all Conference, he/she must have bowled in at least 13 league matches for the season.

D. The next five (5) highest scorers will be Honorable Mention. If there are ties for HM, honorees will be selected by a coach’s vote to the tenth.
E. Pre-Conference tournament, Regular season, and Post-Conference tournament average will be included in final scoring.

O.K. Silver Conference

An All-Conference team for each Division will be selected at the conclusion of the season. The team will number nine (9) players for All-Conference and five (5) players for Honorable Mention. Selection will be made by the following criteria.

A. Nominations from each team league coach. All nominations must be submitted to the meeting chairperson prior to the meeting. No late nominations will be accepted.

B. Coaches shall nominate as many players as they desire for All-Conference consideration. After all nominations are discussed, all coaches will vote for nine (9) players. The top nine (9) vote-getters will be awarded All-Conference. Ties will be broken with a run-off if necessary.

C. Nominees not selected for All-Conference will automatically be considered for Honorable Mention. Follow the same procedure as above to selection five (5) Honorable Mention players.

O.K. White Conference

All Conference Team
A. The team will consist of eight (8) All Conference and four (4) Honorable Mention players for both boys and girls. There is a 12-game minimum, high average.

Selection Process
A. Each head coach will be required to send the score results after each Conference dual meet to the league compiler (Eric Bottrall- Caledonia Coach). These scores will be used to determine the 1st team (8) and honorable mention (4) O.K. White bowling teams.

B. The All-Conference team will be selected at the post-season O.K. White Conference tournament.

C. The top eight (8) scorers over the course of the season will be the 1st team. For a bowler to be considered for O.K. White all Conference, he/she must have bowled in at least eight (8) Conference matches that year.

D. The next four (4) highest scorers will be Honorable Mention. If there are ties, an additional Honorable Mention award may be given.
ALL-CONFERENCE COMPETITIVE CHEER

Twenty-four (24) cheerleaders will be selected in competitive cheer to the All-Conference. There shall be twelve (12) Honorable Mention cheerleaders chosen from the list of nominees.

O.K. Black Conference

A. Conference Team
   1. The team will consist of eighteen (18) All-Conference athletes and twelve (12) Honorable Mention athletes.
   2. Each school will be allowed the following number of All-Conference and Honorable Mention selections according to their finish in the final standings.

<table>
<thead>
<tr>
<th>Finish</th>
<th>First Team</th>
<th>Honorable Mention</th>
</tr>
</thead>
<tbody>
<tr>
<td>First</td>
<td>6</td>
<td>3</td>
</tr>
<tr>
<td>Second</td>
<td>5</td>
<td>2</td>
</tr>
<tr>
<td>Third</td>
<td>4</td>
<td>2</td>
</tr>
<tr>
<td>Fourth</td>
<td>4</td>
<td>1</td>
</tr>
<tr>
<td>Fifth</td>
<td>3</td>
<td>1</td>
</tr>
<tr>
<td>Sixth</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Seventh</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Eighth</td>
<td>0</td>
<td>1</td>
</tr>
</tbody>
</table>

3. Should two (2) teams tie for a place finish, head-to-head competition will determine which school receives the higher number of selections.
4. Should the number of medals in a tie situation not be divisible evenly (a three-way tie), an additional medal would be awarded to allow for even distribution. Where an additional medal is needed, Honorable Mention certificates awarded will be adjusted according to the O.K. Conference Handbook.

B. Procedures
   1. The chairman for the All-Conference selection will be an O.K. Black (Blue, Bronze or Green) Athletic Director appointed by the O.K. Black (Blue, Bronze or Green) Athletic Directors. The chairman must not be an active competitive cheer coach.
      a. Nomination Process
         1) There will be an All-Conference selection meeting following the conclusion of the regular season.
         2) Prior to the meeting, the O.K. Black (Blue, Bronze or Green) competitive cheer chair will send out the nomination form. Each school will be asked to mail or fax their All-Conference nominations to the chair, so that a complete list of nominees may be ready for the league selection meeting. Each school may nominate any number of student athletes deserving All-Conference recognition.
3) At the All-Conference selection meeting, each school will be asked to name their choices (according to the list above) for All-Conference recognition for both All-Conference and Honorable Mention. A final vote of confirmation will be given to All-Conference selections at the conclusion of the meeting.

O.K. Blue Conference

Conference Team
A. The team will consist of twenty one (21) All-Conference athletes and eleven (11) Honorable Mention athletes.

B. Each school will be allowed the following number of All-Conference and Honorable Mention selections according to their finish in the final standings.

<table>
<thead>
<tr>
<th>Finish</th>
<th>1st Team</th>
<th>Honorable Mention</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st</td>
<td>6</td>
<td>3</td>
</tr>
<tr>
<td>2nd</td>
<td>5</td>
<td>2</td>
</tr>
<tr>
<td>3rd</td>
<td>3</td>
<td>2</td>
</tr>
<tr>
<td>4th</td>
<td>3</td>
<td>1</td>
</tr>
<tr>
<td>5th</td>
<td>2</td>
<td>1</td>
</tr>
<tr>
<td>6th</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>7th</td>
<td>1</td>
<td>1</td>
</tr>
</tbody>
</table>

C. Should two (2) teams tie for a place finish, head-to-head competition will determine which school receives the higher number of selections.

D. Should the number of medals in a tie situation not be divisible evenly (a three-way tie), an additional medal would be awarded to allow for an even distribution. Where an additional medal is needed, the Honorable Mention certificates awarded will be adjusted according to the O.K. Conference handbook.

Procedures
A. The chairman for the All-Conference selection will be Comstock Park AD

B. Nomination Process
1. There will be an All-Conference selection meeting following the conclusion of the regular season.
2. Prior to the meeting, the O.K. Blue competitive cheer chair will send out the nomination form. Each school will be asked to mail or fax their All-Conference nominations to the chair, so that a complete list of nominees may be ready for the league selection meeting. Each school may nominate any number of student-athletes deserving All-Conference recognition.
3. At the All-Conference selection meeting, each school will be asked to name their choices (according to the list above) for All-Conference recognition for both All-Conference and Honorable Mention. A final vote of confirmation will be given to All-Conference selections at the conclusion of the meeting.

O.K. Gold and Green Conferences

A. With nine (9) teams, twenty-seven (27) cheerleaders will be selected in Competitive Cheer to the All-Conference team. There shall be fourteen (14) Honorable Mention cheerleaders chosen from the list of nominees.

B. The number of teams in each Division will determine how the selections are made:
   1. Schools are awarded a certain number of All-Conference athletes based on their Conference finish as a team. Each coach will determine who on his/her team will be awarded All-Conference. The following is the current breakdown of place finish and number of All-Conference athletes. This chart must be adjusted to the number of teams competing.

<table>
<thead>
<tr>
<th>Finish</th>
<th># of All-Conference Selections Proposed for 13/14</th>
<th>Old #s</th>
<th># of Honorable Mention Proposed for 13/14</th>
<th>Old #s</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st</td>
<td>7</td>
<td>6</td>
<td>3</td>
<td>3</td>
</tr>
<tr>
<td>2nd</td>
<td>6</td>
<td>5</td>
<td>3</td>
<td>2</td>
</tr>
<tr>
<td>3rd</td>
<td>4</td>
<td>4</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>4th</td>
<td>4</td>
<td>4</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>5th</td>
<td>3</td>
<td>3</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>6th</td>
<td>1</td>
<td>1</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>7th</td>
<td>1</td>
<td>1</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>8th</td>
<td>1</td>
<td>0</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>9th</td>
<td>0</td>
<td>-</td>
<td>1</td>
<td>-</td>
</tr>
<tr>
<td>Total</td>
<td>27</td>
<td>24</td>
<td>14</td>
<td>12</td>
</tr>
</tbody>
</table>
O.K. Red Conference

A. Twenty-four (24) All-Conference

B. Ten (10) Honorable Mention

<table>
<thead>
<tr>
<th>Finish</th>
<th>All-Conference Selections</th>
<th>Honorable Mention</th>
</tr>
</thead>
<tbody>
<tr>
<td>1&lt;sup&gt;st&lt;/sup&gt;</td>
<td>6</td>
<td>3</td>
</tr>
<tr>
<td>2&lt;sup&gt;nd&lt;/sup&gt;</td>
<td>5</td>
<td>2</td>
</tr>
<tr>
<td>3&lt;sup&gt;rd&lt;/sup&gt;</td>
<td>4</td>
<td>2</td>
</tr>
<tr>
<td>4&lt;sup&gt;th&lt;/sup&gt;</td>
<td>3</td>
<td>1</td>
</tr>
<tr>
<td>5&lt;sup&gt;th&lt;/sup&gt;</td>
<td>2</td>
<td>1</td>
</tr>
<tr>
<td>6&lt;sup&gt;th&lt;/sup&gt;</td>
<td>1</td>
<td>1</td>
</tr>
</tbody>
</table>

O.K. Silver Conference

A. All-Conference Selection

1. Silver coaches will meet on a separate date after the Conference meet to determine the All-Conference team. The number of All-Conference athletes/schools is determined by the overall order of finish. Each coach will nominate her/his athletes, to the order of finish listed below. Coaches will vote to affirm nominations. The number of awards given out varies from six (6) to seven (7) schools. If eight (8) schools are involved, the numbers will have to be reallocated.

<table>
<thead>
<tr>
<th>Six (6) Schools</th>
<th>1&lt;sup&gt;st&lt;/sup&gt;</th>
<th>2&lt;sup&gt;nd&lt;/sup&gt;</th>
<th>3&lt;sup&gt;rd&lt;/sup&gt;</th>
<th>4&lt;sup&gt;th&lt;/sup&gt;</th>
<th>5&lt;sup&gt;th&lt;/sup&gt;</th>
<th>6&lt;sup&gt;th&lt;/sup&gt;</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>All-Conference</td>
<td>6</td>
<td>4</td>
<td>3</td>
<td>2</td>
<td>2</td>
<td>1</td>
<td>18</td>
</tr>
<tr>
<td>Honorable Mention</td>
<td>2</td>
<td>2</td>
<td>2</td>
<td>1</td>
<td>1</td>
<td>1</td>
<td>9</td>
</tr>
</tbody>
</table>

O.K. White Conference

All-Conference Team

A. The team will consist of eighteen (18) All-Conference athletes and nine (9) Honorable Mention athletes.

B. Each school will be allowed the following number of All-Conference and Honorable Mention selections according to their finish in the final standings.
C. Should the number of medals in a tie situation not be divisible evenly (a three-way tie), an additional medal would be awarded to allow for an even distribution. Where an additional medal is needed, the Honorable Mention certificates awarded will be adjusted according to the O.K. Conference handbook.

Nomination Process
A. Prior to the meeting, the O.K. White competitive cheer chair will send out the nomination form. Each school will be asked to mail or fax their All-Conference nominations to the chair, so that a complete list of nominees may be ready for the league selection meeting. Each school may nominate any number of student-athletes deserving All-Conference recognition, but they will only receive the awards prescribed according to their Conference finish.

B. The competitive cheer chair will send out the finalized list of the All-Conference and Honorable mention nominations to the coaches.

C. A final vote of confirmation will be given for All-Conference selections to the competitive cheer chair by electronic mail.
ALL-CONFERENCE BOYS AND GIRLS CROSS COUNTRY

A. An All-Conference team for each Division will be selected at the end of the season.

B. The team will number ten (10) runners plus five (5) Honorable Mention runners and will be selected by the following criteria. (Revised 1989.)
1. Nominations will be submitted by each cross country coach.
2. After all nominations are discussed, all coaches will vote for ten (10) runners or less.
3. Any runner who is named on all eight (8) ballots (every ballot in event of an absence) will be on the All-Conference team.
4. After the first vote, nominations will be reopened for additions or deletions.
5. Each coach will vote for as many runners as there are positions left on the team. The highest vote-getters will fill these positions.
6. After the All-Conference runners are selected, five (5) Honorable Mention runners will be selected from the original list of nominees, using the same voting process used for All-Conference.

O.K. Black Conference

A. The team will consist of nine (9) All-Conference runners and five (5) Honorable Mention runners.

B. Procedures
1. The chairman of the All-Conference selection will be an O.K. Black Athletic Director appointment by the O.K. Black Athletic Directors. The chairman must not be an active cross country coach.
2. Nomination Process
   a. The runners will be ranked 1-14 after each double dual or dual meet.
   b. The runners will be ranked 1-14 after the Conference final meet.
   c. All runners placing in the top nine (9) in all league duals and in the league meet are automatically All-Conference. Any runner who finishes in the top three (3) at the Conference meet will automatically earn All-Conference even if they don’t rank in the top nine (9). All runners’ Conference race times count towards ranking. Do not drop worst performance. The nine (9) All-Conference runners will be determined by taking their average place finish in the five (5) league duals, adding their Conference meet place finish and dividing by two (2). This means that 50% of their rank is from league duals and 50% of their rank is from the Conference meet.
   d. The five (5) Honorable Mentions will be the runners ranked 10-14, using the same ranking system as described above for All-Conference.

2016 Revision
O.K. Blue Conference

All Conference Team
A. The team will consist of twelve (12) All Conference runners and six (6) Honorable Mention runners.

Procedures
A. The chairman of the All-Conference selection will be Allendale AD.

B. Nomination Process
1. The runners will be ranked 1-25 after each league meet.
2. All runners placing in the top nine in all meets are automatically all-Conference.
3. The six (6) Honorable Mention will be the runners ranked #13 – 19, using the same ranking system as described above for all Conference.

O.K. Gold Conference

A. An All-Conference team will be selected as the end of the season. The All-Conference meeting will be held on the Wednesday following the Conference meet. Time and place will be determined prior to each season.

B. The All-Conference team will consist of nine (9) All-Conference runners plus five (5) Honorable Mention runners for a six-team Conference and will be selected by the following criteria:
   1. Regular Season Jamboree (three meets for the season)
      a. Fastest overall time each dual date gets 20 points … down to 20th fastest getting one (1) point.
      b. The top possible “regular season score” is 60 points.
   2. Conference Meet
      a. For the Conference meet, the individual champion gets forty (40) points and we count down by “twos” from there … 38, 36, 34 … down to 2 points for 20th place. The top possible score would be 40 points.
   3. Individual All-Conference and Honorable Mention Criteria
      a. Any athlete who finishes in the top nine (9) in each of the three (3) regular season jamborees and in the Conference meet will be awarded an All-Conference medal regardless of their total points.
      b. The remaining spots will be filled by the athletes with the highest point totals (who don’t meet criteria #1).
      c. An athlete’s point total will be determined by his/her best two (2) regular season place finishes [worst finish will be dropped if they ran in all three (3)] and added to his/her points earned in the Conference meet.
      d. There are nine (9) All-Conference places and five (5) Honorable Mention places unless there is a tie for the ninth All-Conference place or the fifth Honorable Mention place. If there is a tie, an additional medal or certificate will be awarded.
O.K. Green Conference

All Conference Team
A. The top twelve (12) Conference finishers at the Conference meet will be named All Conference and the next six (6) finishers (#13-18) at the Conference meet will be named Honorable Mention runners.

O.K. Red Conference

A. To determine the nominees for All-Conference Honors, the following system will be used.
   1. The top ten (1-10) runners at the Conference Meet will be awarded All-Conference.
   2. The next five (5-15) runners at the Conference Meet will be awarded Honorable Mention.
   3. In order to receive any All-Conference Honors, the athlete needs to have competed in 2 of the 4 regular season Conference dual meets.

O.K. Silver Conference

A. The Silver Division will select an All-Conference team for boys and girls at the conclusion of the season.

B. All-Conference selection [twelve (12) All-Conference and six (6) Honorable Mention] will be based on individual finishes in the four (4) jamborees with each jamboree counting as 25%. The top eleven (11) runners in the four (4) jamborees will be awarded All-Conference. The four (4) finishes for each runner are added together and lowest 10-point totals earn All-Conference. If there are more than eleven (11) runners on the All-Conference list, the tie will be broken by the runner(s) who finished higher in the fourth (Silver Conference) jamboree. A runner must run in at least three (3) jamborees.

C. The runners ranked 11-15 will be awarded Honorable Mention with the same tie-breaker used in determine All-Conference.

D. There is no limit to the number of runners earning All-Conference or Honorable Mention from one (1) school.

O.K. White Conference

All Conference Team
A. The team will consist of eleven (11) All-Conference runners and six (6) Honorable Mention runners.
Nomination Process
A. The runners will be ranked 1-20 after each jamboree.

B. The runners will be ranked 1-20 after the Conference final meet.

C. Runners receive 20 pts for 1st; 19pts for 2nd down to 1pt for 20th. The points are doubled for the Conference Championship. The All-Conference and Honorable Mention places are awarded according to the point totals.
ALL-CONFERENCE FOOTBALL

The O.K. Conference Division football teams will consist of twenty-four (24) players, twelve (12) offensive team members and twelve (12) defensive team members. Thirteen (13) additional players shall be designated as Honorable Mention.

NOMINATION PROCESS:

Each coach is to submit a separate list of nominations from the team for an offensive and defensive team. **It is possible to make both teams.** These lists are to be submitted to the sport chairperson, not postmarked later than the Tuesday following the last league date.

The sport chairperson will alphabetically list the names on a separate ballot for each position for both offense and defense. Coaches will be granted the opportunity to speak on behalf of their nominees. Voting on the offensive team will take place first, followed by voting for a defensive team. Each Division may decide when the tabulation of teams is announced.

Players must be nominated by position with the exception of the three (3) backs on each team. It is also mandatory that each player nominated at a certain position have completed the majority of the Conference season at the position for which is nominated.

**EXAMPLE:**

Tackles cannot be nominated for the center, guard, or end positions because the competition within their respected position is relatively solid. It is recommended that coaches nominate only those who are of All-Conference caliber. Voting sequence for the offensive team will be as follows: ends, tackles, guards, center, quarterback, and running back. Voting for the defensive team would follow the national pattern of 5-3-3. Voting sequence for this team will be as follows: ends, tackles, middle guard (best guard odd and even), linebackers, and backs.

VOTING PROCESS:

Voting will be done on the following points basis:

A. Ends, tackles, guards will be done on a 3-2-1 basis.
B. Quarterbacks, middle guard, center, kicker and punter will be done on a 2-1 basis.
C. Linebackers, running backs, and defensive backs will be done on a 4-3-2-1 basis.

The highest number of points is to be awarded to the nominee the coach feels is superior, next highest to the second best, etc. In cases of ends, tackles and guards, the two players receiving the highest number of points will be awarded positions on the offensive and/or defensive teams.

In the cases of quarterbacks, middle guards, centers, kickers and punters, the athlete receiving the highest number of votes will be awarded a position on the offensive and/or defensive teams. In cases of linebackers, running backs and defensive backs, the three (3) athletes receiving the highest number of votes will be awarded positions on the offensive and/or defensive teams.
HONORABLE MENTION TEAM

An Honorable Mention team of thirteen (13) members shall also be included. The team will consist of the next highest vote-getter of each offensive and defensive position after the regular unit has been selected. This team will thus consist of seven (7) offensive players and six (6) defensive.

<table>
<thead>
<tr>
<th>OFFENSIVE</th>
<th>DEFENSIVE</th>
</tr>
</thead>
<tbody>
<tr>
<td>End</td>
<td>End</td>
</tr>
<tr>
<td>Tackle</td>
<td>3rd highest vote</td>
</tr>
<tr>
<td>Guard</td>
<td>3rd highest vote</td>
</tr>
<tr>
<td>Center</td>
<td>2nd highest vote</td>
</tr>
<tr>
<td>Back</td>
<td>4th highest vote</td>
</tr>
<tr>
<td>Quarterback</td>
<td>2nd highest vote</td>
</tr>
<tr>
<td>Kicker</td>
<td>2nd highest vote</td>
</tr>
</tbody>
</table>

Each football coach should bring to the selection meeting several copies of all the vital statistics for each player who has been nominated. This should include: height, weight, yardage, passes caught, interceptions, tackles and assists, and any other outstanding information concerning football.

O.K. Black Conference

A. All-Conference Team

1. The team will consist of twenty-six (26) All-Conference players and thirteen (13) Honorable Mention players.

2. Each school will be allowed the following number of All-Conference and Honorable Mention selections according to their finish in the final standings.

<table>
<thead>
<tr>
<th>Finish</th>
<th>1st Team</th>
<th>Honorable Mention</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st</td>
<td>7</td>
<td>3</td>
</tr>
<tr>
<td>2nd</td>
<td>6</td>
<td>3</td>
</tr>
<tr>
<td>3rd</td>
<td>5</td>
<td>3</td>
</tr>
<tr>
<td>4th</td>
<td>3</td>
<td>2</td>
</tr>
<tr>
<td>5th</td>
<td>3</td>
<td>1</td>
</tr>
<tr>
<td>6th</td>
<td>2</td>
<td>1</td>
</tr>
</tbody>
</table>

3. Should two (2) teams tie for a place finish; head-to-head competition will determine which school receives the higher number of selections.
4. Should the number of medals in a tie situation not be divisible evenly (a three-way tie); an additional medal would be awarded to allow for an even distribution. Where an additional medal is needed, the Honorable Mention Certificates awarded will be adjusted according to the O.K. Conference Handbook.

B. Procedures
   1. The chairman for the All-Conference selection will be an O.K. Black (Blue or Green) Athletic Director appointed by the O.K. Black (Blue or Green) Athletic Directors. The chairman must not be an active football coach.
   2. Nomination Process
      a. There will be an All-Conference selection meeting held the Monday following the conclusion of the regular season.
      b. Prior to the meeting, the O.K. Black (Blue or Green) football chairman will send out a nomination form. Each school will be asked to mail or fax their All-Conference nominations to the chairman, so that a complete list of nominees may be ready for the league selection meeting. Each school may nominate any number of student athletes deserving All-Conference recognition.
      c. At the All-Conference selection meeting, each school will be asked to name their choices (according to the list above) for All-Conference recognition for both All-Conference and Honorable Mention. A final vote of confirmation will be given to All-Conference selections at the conclusion of the meeting.

**O.K. Blue Conference**

**All-Conference Team**
A. The team will consist of thirty (30) All-Conference players and fifteen (15) Honorable Mention players.

B. Each school will be allowed the following number of All-Conference and Honorable Mention selections according to their finish in the final standings.

<table>
<thead>
<tr>
<th>Finish</th>
<th>1st Team</th>
<th>Honorable Mention</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st</td>
<td>7</td>
<td>4</td>
</tr>
<tr>
<td>2nd</td>
<td>6</td>
<td>3</td>
</tr>
<tr>
<td>3rd</td>
<td>5</td>
<td>2</td>
</tr>
<tr>
<td>4th</td>
<td>4</td>
<td>2</td>
</tr>
<tr>
<td>5th</td>
<td>3</td>
<td>2</td>
</tr>
<tr>
<td>6th</td>
<td>2</td>
<td>1</td>
</tr>
<tr>
<td>7th</td>
<td>1</td>
<td>1</td>
</tr>
</tbody>
</table>

C. Two (2) At-Large selections will be made at the meeting.
D. Should two (2) teams tie for a place finish; head-to-head competition will determine which school receives the higher number of selections.

E. Should the number of medals in a tie situation not be divisible evenly (a three-way tie); an additional medal would be awarded to allow for an even distribution. Where an additional medal is needed, the Honorable Mention certificates awarded will be adjusted according to the O.K. Conference handbook.

**Procedures**

A. The chairman for the All-Conference selection will be an WC Associate AD/Alumni Director.

B. Nomination Process
   1. There will be an All-Conference selection meeting held the weekend following the conclusion of the regular season.
   2. Prior to the meeting, the O.K. Blue football chair will send out a nomination form. Each school will be asked to mail or fax their All-Conference nominations to the chair, so that a complete list of nominees may be ready for the league selection meeting. Each school may nominate any number of student-athletes deserving All-Conference recognition.
   3. At the All-Conference selection meeting, each school will be asked to name their choices (according to the list above) for All-Conference recognition for both All-Conference and Honorable Mention. A final vote of confirmation will be given to All-Conference selections at the conclusion of the meeting.

**O.K. Gold Conference**

A. The All-Conference meeting will be held on the first Monday following the regular season.

B. Coaches will nominate the players they believe are the most deserving, regardless of position.

C. For a 6-team Division, there are twenty-six (26) medals for first team and thirteen (13) certificates for Honorable Mention.

D. Coaches will vote on the All-Conference nominees.
E. Selection

1. Each school will be allowed the following number of All-Conference and Honorable Mention selections according to their finish in the final standings.

<table>
<thead>
<tr>
<th>Finish</th>
<th># of All-Conference Selections</th>
<th># of Honorable Mention</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st</td>
<td>7</td>
<td>3</td>
</tr>
<tr>
<td>2nd</td>
<td>6</td>
<td>3</td>
</tr>
<tr>
<td>3rd</td>
<td>5</td>
<td>2</td>
</tr>
<tr>
<td>4th</td>
<td>3</td>
<td>3</td>
</tr>
<tr>
<td>5th</td>
<td>3</td>
<td>1</td>
</tr>
<tr>
<td>6th</td>
<td>3</td>
<td>1</td>
</tr>
<tr>
<td>7th</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Total</td>
<td>27 medals</td>
<td>14 certificates</td>
</tr>
</tbody>
</table>

2. Medals for All-Conference; certificates for Honorable Mention.

3. Should two (2) teams tie for a place finish; head-to-head competition will determine which school receives the higher number of selections.

4. Should the number of medals in a tie situation not be divisible evenly (a three-way tie), an additional medal would be awarded to allow for even distribution. Where an additional medal is needed the Honorable Mention certificates awarded will be adjusted according to the O.K. Conference handbook.
   a. Example: If there was a year with a three-way tie for 2nd place, each of the three (3) teams would be awarded five (5) All-Conference selections and three (3) Honorable Mention selections (one medal and one certificate added).

F. Process

1. There will be an All-Conference selection meeting held on the Monday following the conclusion of the regular season.

2. Prior to the All-Conference meeting, the O.K. Gold football chair will send out the nomination forms. Each school will be asked to fax their All-Conference nominations to the chair, so that a complete list of nominees may be ready for the league selection meeting.

3. At the All-Conference selection meeting, each school will be asked to name their choices (according to the table above) for All-Conference recognition for both first team and Honorable Mention. A final vote of confirmation will be given the All-Conference selections at the conclusion of the meeting.
O.K. Green Conference

All-Conference Team
A. The team will consist of thirty (30) All Conference players and fifteen (15) Honorable Mention players.

B. Each school will be allowed the following number of All-Conference and Honorable Mention selections according to their finish in the final standings.

<table>
<thead>
<tr>
<th>Finish</th>
<th>1st Team</th>
<th>Honorable Mention</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st</td>
<td>7</td>
<td>3</td>
</tr>
<tr>
<td>2nd</td>
<td>6</td>
<td>3</td>
</tr>
<tr>
<td>3rd</td>
<td>5</td>
<td>3</td>
</tr>
<tr>
<td>4th</td>
<td>4</td>
<td>2</td>
</tr>
<tr>
<td>5th</td>
<td>3</td>
<td>2</td>
</tr>
<tr>
<td>6th</td>
<td>3</td>
<td>1</td>
</tr>
<tr>
<td>7th</td>
<td>2</td>
<td>1</td>
</tr>
</tbody>
</table>

C. Should two (2) teams tie for a place finish; head-to-head competition will determine which school receives the higher number of selections.

D. Should the number of medals in a tie situation not be divisible evenly (a three-way tie); an additional medal would be awarded to allow for an even distribution. Where an additional medal is needed, the Honorable Mention certificates awarded will be adjusted according to the O.K. Conference handbook.

Procedures
A. The chairman for the All-Conference selection will be an O.K. Green Athletic Director appointed by the O.K. Green Athletic Directors. The chairman must not be an active football coach.

B. Nomination Process
   1. There will be an All-Conference selection meeting held the Monday following the conclusion of the regular season.

   2. Prior to the meeting, the O.K. Green football chair will send out a nomination form. Each school will be asked to email their All-Conference nominations to the chair, so that a complete list of nominees may be ready for the league selection meeting. Each school may nominate any number of student-athletes deserving All-Conference recognition.

   3. At the All-Conference selection meeting, each school will be asked to name their choices (according to the list above) for All-Conference recognition for both All-Conference and Honorable Mention. A final vote of confirmation will be given to All-Conference selections at the conclusion of the meeting.
O.K. Red Conference

A. All-Conference selection will be held on Monday following Game 9.

B. Each school will email or face their All-Conference nominations to Tim Erickson (terickson@rockfordschools.org) by 10:00 a.m. Monday following Game 9.

C. Each school will get up to five (5) nominations play one (1) for each Conference win.

D. Coaches may bring copies of all nominees/stats to the All-Conference meeting, six (6) copies to be distributed.

E. Coaches will be given an opportunity to talk briefly about their players (e.g. give statistical information, is the player a college prospect, etc.)

F. Coaches cannot vote for their own player.

G. Coaches will vote on a separate ballot for each position by assignments.
   Example:   Three (3) LB’s-4,3,2,1
               One (1) Quarterback-2,1

H. Tie Breaker
   1. Vote again except two (2) coaches involved.
   2. Coaches involved can speak briefly on their player’s behalf.
   3. Seniors over Juniors
   4. Head-to-head competitions if same grade.

I. At the conclusion of offense and defense selections, an at-large vote will take place. The nominations for players at-large can be any player that was nominated for offense, defense or special teams. Top three (3) players will be added to the All-Conference team.

J. Twelve (12) Honorable Mention players will be chosen at the conclusion of first team selection. Any player previously nominated can be nominated for the Honorable Mention team. A ballot will be created and coaches will chose twelve (12) players, top twelve (12) will be Honorable Mention.

K. Six (6) Team League: twenty-four (24) All-Conference players, twelve (12) Honorable Mention players.

O.K. Silver Conference

The O.K. Silver Conference football team will consist of thirty (30) players, sixteen (16) offensive team members and fourteen (14) defensive team members. Fifteen (15) additional players will be designed as Honorable Mention.
A. Nomination Process
1. Each coach is to submit a separate list of nominations from their offensive and defensive teams. It is possible to make both teams. These lists are to be submitted to the sport chairperson, not postmarked later than the Tuesday following the league date.
2. The sport chairperson will alphabetically list the names on a separate ballot for each position for both offense and defense. Coaches will be granted the opportunity to speak on behalf of their nominees. Voting on the offensive team will take place first in odd years, with defense in even years. Each Division may decide when the tabulation of teams is announced.
3. Players must be nominated by positions with the exception of the three (3) backs on each team. It is also mandatory that each player nominated at a certain position have completed the majority of the Conference season at the position for which they are nominated.
4. Example: Tackles cannot be nominated for the center, guard, or end positions because the competition within their respected position is relatively solid. It is recommended that coaches nominate only those who are of All-Conference caliber. Voting sequence for the offensive team will be as follows: ends, tackles, guards, centers, quarterbacks, and running backs. Voting for the defensive team would follow the national pattern of 5-3-3. Voting sequence for this team will be as follows: ends, tackles, middle guard (best guard odd and even), linebackers, and backs.

B. Voting Process
1. Voting will be done on the following points basis
   a. Ends, tackles, and guards will be done on a 3-2-1 basis.
   b. Quarterbacks, middle guards, centers, kickers, and punters will be done on a 2-1 basis.
   c. Linebackers, running backs, and defensive backs will be done on a 4-3-2-1 basis.
2. The highest number of points is to be awarded to the nominee the coach feels is superior, next highest to the second best, etc. In cases of ends, tackles, and guards, the two (2) players receiving the highest number of points will be awarded positions on the offensive and/or defensive teams.
3. In the cases of quarterbacks, middle guards, centers, kickers and punters, the athlete receiving the highest number of votes will be awarded a position on the offensive and/or defensive teams. In cases of linebackers, running back and defensive back, the three (3) athletes receiving the highest number of votes will be awarded positions on the offensive and/or defensive teams.

C. Honorable Mention Team
1. An Honorable Mention team of thirteen (13) members shall also be included. The team will consist of the next highest vote-getter of each offensive and defensive position after the regular unit has been selected. This team will thus consist of seven (7) offensive players and six (6) defensive players.
2. The Honorable Mention team as released to the news media will indicate seven (7) offensive players and six (6) defensive players.

D. Suggested:
1. Each football coach should bring to the selection meeting several copies of all the vital statistics for each player who has been nominated. This should include: height, weight, yardage, passes caught, interceptions, tackles and assists, and any other outstanding information concerning football.

**O.K. White Conference**

**All-Conference Team**
A. The team will consist of twenty-four (24) All-Conference players and twelve (12) Honorable Mention players.

B. Each school will be allowed the following number of All-Conference and Honorable Mention selections according to their finish in the final standings.

<table>
<thead>
<tr>
<th>1st</th>
<th>2nd</th>
<th>3rd</th>
<th>4th</th>
<th>5th</th>
<th>6th</th>
</tr>
</thead>
<tbody>
<tr>
<td>7</td>
<td>6</td>
<td>5</td>
<td>4</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>3</td>
<td>3</td>
<td>2</td>
<td>2</td>
<td>1</td>
<td></td>
</tr>
</tbody>
</table>

C. Should two (2) teams tie for a place finish; head-to-head competition will determine which school receives the higher number of selections.

D. If teams are tied, take the total number of allocated awards for those spots and divide. Coaches vote for the remainder if there is one.

**Nomination Process**
A. The O.K. White football chair will send out a nomination form. Each school will be asked to mail or fax their All-Conference nominations to the chair, so that a complete list of nominees may be readied by the chair. Each school may nominate any number of student-athletes deserving All-Conference recognition.
B. Coaches must meet for All-Conference or they will not receive their allocation. A final vote of confirmation will be given to All-Conference selections by the coaches.
ALL-CONFERENCE GOLF TEAMS

A. An All-Conference team for each Division will be selected at the conclusion of the season. The team will number ten (10) players and will be selected by the following criteria:
   1. Nominations from each league team coach.
   2. Coaches shall nominate as many players as they desire for All-Conference consideration. After all nominations are discussed, all coaches will vote for eight players or less. Any player who is named on all ballots will be on the All-Conference team.
   3. A second ballot will follow the first to fill the remaining positions left on the All-Conference team. Nominations will be reopened for additions or deletions. Each coach will vote for as many players as there are positions left on the team. The remaining positions are filled by the highest vote-getters. Ties for the last position(s) will be broken according to the Conference tie-breaker system.

B. There shall be five (5) Honorable Mention players selected. This number could be increased or decreased because of ties.

O.K. Black and Red Conferences

A. All-Conference Team
   1. The team will consist of eight (8) All-Conference golfers plus four (4) Honorable Mention golfers.

B. Procedures
   1. The chairman for the All-Conference selection will be an O.K. Black (or Red) Athletic Director appointed by the O.K. Black (or Red) Athletic Directors. The chairman must not be an active golf coach.
   2. Nomination Process
      a. The golfers will be ranked 1-12 after each jamboree.
      b. The golfers will be ranked 1-12 after the Conference meet.
      c. All golfers placing in the top eight (8) in all jamborees and in the Conference meet will be given serious consideration for All-Conference.
      d. Coaches vote for the remaining spots to complete the eight (8) All-Conference golfers from the top twelve (12) golfers at the Conference meet or the top twelve (12) in jamborees.
      e. The four (4) Honorable mention golfers are voted by the coaches after the All-Conference eight (8) have been selected.
O.K. Blue Conference

All-Conference Team
A. Boys (7 Teams)
   1. The team will consist of nine (9) All-Conference golfers plus five (5) Honorable Mention golfers.

B. Girls (8 Teams)
   1. The team will consist of ten (10) All-Conference golfers plus five (5) Honorable Mention golfers.

Procedures
A. The chairman for the All-Conference selection will be Spring Lake AD.

B. Nomination Process
   1. All-Conference consideration will be based on league jamboree averages, with the Conference tournament counting as two (2) nine-hole matches.
   2. A golfer may not miss more than 18 holes of golf in order to be considered for All-Conference.

O.K. Gold Conference

A. An All-Conference team for each Division will be selected at the conclusion of the season. The team will number eight (8) players for All-Conference and four (4) Honorable Mention and will be selected by the following criteria:
   1. Nominations from each league team coach. All nominations must be submitted to the meeting chairperson prior to the meeting. No late nominations accepted.
   2. Coaches shall nominate as many players as they desire for All-Conference consideration. After all nominations are discussed, all coaches will vote for eight (8) players. The top eight (8) vote getters will be awarded All-Conference. Ties must be broken with a run-off vote, if necessary.
   3. Nominees not selected All-Conference will be automatically considered for Honorable Mention. Follow the same procedure as above to select four (4) Honorable Mention players.

B. Here are suggestions still being discussed by the Conference coaches:
   1. All-Conference nominations are typically the top eight (8) scorers based on Conference stats and the next four (4) based on Conference stats are nominated as Honorable Mention.
   2. A coach may remove his/her own player from the nomination for All-Conference or Honorable Mention due to unsportsmanlike conduct or any other reason he/she feels warrants such removal.
   3. Players may only miss one (1) Conference jamboree and must play in the 18-hole Conference tournament.

2016 Revision
O.K. Green Conference

All-Conference Team

A. The team will consist of nine (9) All-Conference golfers plus five (5) Honorable Mention golfers.

Procedures

A. The chairman for the All-Conference selection will be an O.K. Green Athletic Director appointed by the O.K. Green Athletic Directors. The chairman must not be an active golf coach.

B. Nomination Process
1. All golfers will be ranked after each jamboree.
2. All golfers will be ranked after the Conference meet.
3. All golfers placing in the top eight in all Jamborees and in the Conference Meet will be given serious consideration for All-Conference.
4. A golfer may miss up to one jamboree match and still be considered for All-Conference.
5. Coaches vote for the remaining spots to complete the nine (9) All-Conference golfers from the top fourteen (14) golfers at the Conference Meet or the top fourteen (14) in Jamborees.
6. The five (5) Honorable Mention are voted on by the coaches after the All-Conference nine (9) have been selected.

O.K. Silver Conference

A. All-Conference Selection
1. All-Conference team will consist of nine (9) players and five (5) Honorable Mention players.
2. All-Conference team will be selected at the Conference meet. Each coach must submit nominations to the chairperson by the posted date on the nomination form. The number of nominations is not limited. No late nomination will be accepted.
3. Coaches will supply Conference statistics for nominated players, discuss, and vote on the nominees. Voting will be based on performance in Conference meets, integrity, and sportsmanship of the nominated athletes. Players must have played in a minimum of forty-five (45) holes in Conference meets to be considered for All-Conference. The top nine (9) vote getters will be All-Conference. The remaining nominees will then be voted on and the top five (5) will be Honorable Mention. Ties must be broken with a run-off vote, if necessary.
O.K. White Conference

All-Conference Team
A. The team will consist of eight (8) All-Conference golfers plus four (4) Honorable Mention golfers.

Nomination Process
A. The golfers will be ranked using their stroke average over the season.
B. A golfer may miss up to one jamboree match and still be considered for All Conference.
C. Coaches vote to approve the top eight (8) stroke averages as All Conference golfers, then the next four (4) in stroke average are Honorable Mention are voted on by the coaches after the All Conference eight (8) have been selected.
ALL-CONFERENCE GYMNASTICS

A. O.K. Rainbow: Five (5) team division

B. Seven (7) First Team; four (4) Honorable Mention

C. The winner in each event at the Conference Meet will automatically be placed on the First Team (vault, bars, beam, floor, all-around).

D. The remaining First Team selections and Honorable Mention selections will be filled by nominations and voting from the coaches.
ALL-CONFERENCE ICE HOCKEY

A. The league chairperson will compile an alphabetical list of all nominations prior to the meeting.

B. The All-Conference team will consist of one (1) goalie, five (5) defense men, and six (6) forwards.

C. Honorable Mention will consist of one (1) goalie and five (5) skaters regardless of position.

D. To determine All-Conference selections: majority votes determine the winner. In case of ties, the Conference tie-breaker system will be used. The winners will not be announced until all voting is completed and all positions have been filled.

E. To determine Honorable Mention:
   1. Nominations can be made only from the original list of nominations.
   2. Nominations are not to be made by position, with the exception of goalie.
   3. Majority votes determine the winner. In case of ties, the Conference tie-breaker will be applied.

   There are three (3) tiers with five (5) teams in each tier.
ALL-CONFERENCE BOYS LACROSSE

A. Each coach names All-Conference players based on the order of finish:

<table>
<thead>
<tr>
<th></th>
<th>6-Team Division</th>
<th>7-Team Division</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st Place</td>
<td>5 AC – 2 HM</td>
<td>5 AC – 2 HM</td>
</tr>
<tr>
<td>2nd Place</td>
<td>4 AC – 1 HM</td>
<td>4 AC – 1 HM</td>
</tr>
<tr>
<td>3rd Place</td>
<td>3 AC – 1 HM</td>
<td>3 AC – 1 HM</td>
</tr>
<tr>
<td>4th Place</td>
<td>2 AC – 1 HM</td>
<td>2 AC – 1 HM</td>
</tr>
<tr>
<td>5th Place</td>
<td>1 AC – 2 HM</td>
<td>2 AC – 1 HM</td>
</tr>
<tr>
<td>6th Place</td>
<td>1 AC – 1 HM</td>
<td>1 AC – 2 HM</td>
</tr>
<tr>
<td>7th Place</td>
<td></td>
<td>1 AC – 1 HM</td>
</tr>
</tbody>
</table>
ALL-CONFERENCE GIRLS LACROSSE

A. O.K. Conference Awards and Procedures

1. Recommendation is to have eleven (11) All-Conference awards and six (6) honorable mentions for each Rainbow Division this year.

2. Selection Process: All-Conference selection meeting will occur. Coaches need to nominate athletes prior to the meeting. Number of awards will be determined by place finish in the league as follows:

<table>
<thead>
<tr>
<th>Finish</th>
<th># of All-Conference Selections</th>
<th># of Honorable Mention</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st Place</td>
<td>4</td>
<td>2</td>
</tr>
<tr>
<td>2nd Place</td>
<td>3</td>
<td>2</td>
</tr>
<tr>
<td>3rd Place</td>
<td>2</td>
<td>1</td>
</tr>
<tr>
<td>4th Place</td>
<td>2</td>
<td>1</td>
</tr>
<tr>
<td>Total</td>
<td>11</td>
<td>6</td>
</tr>
</tbody>
</table>
ALL-CONFERENCE BOYS AND GIRLS SOCCER

A. All-Conference selections will be made by the coaches at the completion of the season.

B. The All-Conference team will be selected on an at-large basis consisting of seventeen (17) members.

C. There shall be eight (8) Honorable Mention players chosen by coaches’ selection from the list of nominees.

D. In case of ties, the Conference tie-breaker system will be applied.

O.K. Black and Red Conferences

A. All-Conference Team
   1. The team will consist of seventeen (17) All-Conference players [thirteen (13) by place and four (4) at-large] and nine (9) Honorable Mention players.
   2. Each school will be allowed the following number of All-Conference and Honorable Mention selections according to their finish in the final standings.

<table>
<thead>
<tr>
<th>Place in Standings</th>
<th># of All-Conference</th>
<th>Honorable Mention</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st</td>
<td>4</td>
<td>2</td>
</tr>
<tr>
<td>2nd</td>
<td>3</td>
<td>2</td>
</tr>
<tr>
<td>3rd</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>4th</td>
<td>2</td>
<td>1</td>
</tr>
<tr>
<td>5th</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>6th</td>
<td>1</td>
<td>1</td>
</tr>
</tbody>
</table>

3. Should two (2) teams tie for a place finish, the following criteria will determine which school receives the higher number of selections:
   a. Head-to-head
   b. Goals scored against in league play
   c. Goals scored in league play
   d. Coin flip

4. Should the number of medals in a tie situation not be divisible evenly (a three-way tie), an additional medal would be awarded to allow for an even distribution. Where an additional medal is needed, the Honorable Mention certificates awarded will be adjusted according to the O.K. Conference Handbook.

B. Procedures
   1. The chairman for the All-Conference selection will be an O.K. Black (or Red) Athletic Director appointed by the O.K. Black (or Red) Athletic Directors. The chairman must not be an active soccer coach.
2. Nomination Process
   a. There will be an All-Conference selection meeting following the conclusion of the regular season.
   b. Prior to the meeting, the O.K. Black (or Red) soccer chairman will send out the nomination form. Each school will be asked to mail or fax their All-Conference nominations to the chairman, so that a complete list of nominees may be ready for the league selection meeting. Each school may nominate any number of student athletes deserving All-Conference recognition.
   c. At the All-Conference selection meeting, each school will be asked to name their choices (according to the list above) for All-Conference recognition for both All-Conference and Honorable Mention. Then, a vote will be taken by the coaches to select the final three (3) All-Conference players to fill the sixteen (16) player roster. A final vote of confirmation will be given to All-Conference selections at the conclusion of the meeting.

O.K. Blue Conference

All-Conference Team
A. The team will consist of twenty (20) All-Conference players [eighteen (18) by place and two (2) at-large] and ten (10) Honorable Mention players.

B. Each school will be allowed the following number of All-Conference and Honorable Mention selections according to their finish in the final standings.

<table>
<thead>
<tr>
<th>Place in Standings</th>
<th># of All-Conference</th>
<th>Honorable Mention</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st</td>
<td>5</td>
<td>2</td>
</tr>
<tr>
<td>2nd</td>
<td>4</td>
<td>2</td>
</tr>
<tr>
<td>3rd</td>
<td>3</td>
<td>2</td>
</tr>
<tr>
<td>4th</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>5th</td>
<td>2</td>
<td>1</td>
</tr>
<tr>
<td>6th</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>7th</td>
<td>1</td>
<td>0</td>
</tr>
</tbody>
</table>

C. Should two (2) teams tie for a place finish, the following criteria will determine which school receives the higher number of selections:

1. Head-to-head
2. Goals scored against in league play
3. Goals scored in league play
4. Coin flip
D. Should the number of medals in a tie situation not be divisible evenly (a three-way tie), an additional medal would be awarded to allow for an even distribution. Where an additional medal is needed, the Honorable Mention certificates awarded will be adjusted according to the O.K. Conference handbook.

Procedures
A. The chairman for the All-Conference selection will be Sparta AD.

B. Nomination Process
1. There will be an All-Conference selection meeting following the conclusion of the regular season.
2. Prior to the meeting, the O.K. Blue soccer chair will send out the nomination form. Each school will be asked to mail or fax their All-Conference nominations to the chair, so that a complete list of nominees may be ready for the league selection meeting. Each school may nominate any number of student-athletes deserving All-Conference recognition.
3. At the All-Conference selection meeting, each school will be asked to name their choices (according to the list above) for All-Conference recognition for both All-Conference and Honorable Mention. Then, a vote will be taken by the coaches to select the final two (2) All-Conference players to fill the twenty (20) player roster. A final vote of confirmation will be given to All-Conference selections at the conclusion of the meeting.

O.K. Gold Conference
A. Selection (Six-team Division)
1. Seventeen (17) members will be selected in soccer to the All-Conference team. There shall also be nine (9) Honorable Mention members chosen. The first fifteen (15) members will be chosen by the coaches according to their place finish in the league (see table below). Two (2) additional selections will be voted on at the meeting. If there is a tie in the standings, the extra selections may be awarded as an automatic selection according to the list below. The nine (9) Honorable Mentions will be selected after the seventeen (17) All-Conference members are chosen.

<table>
<thead>
<tr>
<th>Finish</th>
<th># All-Conference Selections</th>
<th># of Honorable Mention</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st</td>
<td>4</td>
<td>2</td>
</tr>
<tr>
<td>2nd</td>
<td>3</td>
<td>2</td>
</tr>
<tr>
<td>3rd</td>
<td>3</td>
<td>1</td>
</tr>
<tr>
<td>4th</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>5th</td>
<td>2</td>
<td>1</td>
</tr>
<tr>
<td>6th</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Total</td>
<td>15*</td>
<td>9</td>
</tr>
</tbody>
</table>

*Two (2) additional All-Conference awards will be voted on at the meeting.
O.K. Green Conference

All-Conference Team

A. The team will consist of twenty (20) All-Conference players [sixteen (16) by place and four (4) at-large] and ten (10) Honorable Mention players.

B. Each school will be allowed the following number of All-Conference and Honorable Mention selections according to their finish in the final standings.

<table>
<thead>
<tr>
<th>Place in Standings</th>
<th># of All-Conference</th>
<th>Honorable Mention</th>
</tr>
</thead>
<tbody>
<tr>
<td>1&lt;sup&gt;st&lt;/sup&gt;</td>
<td>4</td>
<td>2</td>
</tr>
<tr>
<td>2&lt;sup&gt;nd&lt;/sup&gt;</td>
<td>3</td>
<td>2</td>
</tr>
<tr>
<td>3&lt;sup&gt;rd&lt;/sup&gt;</td>
<td>3</td>
<td>2</td>
</tr>
<tr>
<td>4&lt;sup&gt;th&lt;/sup&gt;</td>
<td>2</td>
<td>1</td>
</tr>
<tr>
<td>5&lt;sup&gt;th&lt;/sup&gt;</td>
<td>2</td>
<td>1</td>
</tr>
<tr>
<td>6&lt;sup&gt;th&lt;/sup&gt;</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>7&lt;sup&gt;th&lt;/sup&gt;</td>
<td>1</td>
<td>1</td>
</tr>
</tbody>
</table>

C. Should two (2) teams tie for a place finish, the following criteria will determine which school receives the higher number of selections:
1. Head-to-head
2. Goals scored against in league play
3. Goals scored in league play
4. Coin flip

D. Should the number of medals in a tie situation not be divisible evenly (a three-way tie), an additional medal would be awarded to allow for an even distribution. Where an additional medal is needed, the Honorable Mention certificates awarded will be adjusted according to the O.K. Conference handbook.

Procedures

A. The chairman for the All-Conference selection will be an O.K. Green Athletic Director appointed by the O.K. Green Athletic Directors. The chairman must not be an active soccer coach.

Nomination Process

A. There will be an All-Conference selection meeting following the conclusion of the regular season.
B. Prior to the meeting, the O.K. Green soccer chair will send out the nomination form. Each school will be asked to email their All-Conference nominations to the chair, so that a complete list of nominees may be ready for the league selection meeting. Each school may nominate any number of student-athletes deserving All-Conference recognition.

C. At the All-Conference selection meeting, each school will be asked to name their choices (according to the list above) for All-Conference recognition for both All-Conference and Honorable Mention. Then, a vote will be taken by the coaches to select the final five (5) All-Conference players to fill the twenty (20) player roster. A final vote of confirmation will be given to All-Conference selections at the conclusion of the meeting.

**O.K. Silver Conference**

A. The meeting chairperson will solicit nominations from all league coaches at least one week prior to the All-Conference meeting.

B. The chairperson will announce at the meeting the purpose is to select twenty (20) first team All-Conference athletes and ten (10) Honorable Mention athletes.

C. All nominations will be listed alphabetically on the ballot. No names will be added at the meeting.

D. Each coach will be given an opportunity to speak about his/her nominees as the name comes up on the ballot listing. Coaches at any time may opt to remove his/her nominee from consideration for All-Conference (athlete may still be considered for Honorable Mention).

E. After each coach has been given the opportunity to speak about each of his/her nominees, the ballot will be passed out. Each school will vote for twenty (20) athletes. Ties must be broken with a run-off vote, if necessary. If a tie cannot be broken, eighteen (18) players may be named All-Conference.

F. Nominees not select All-Conference are automatically to be considered for Honorable Mention. Follow the same procedures are in D and E above, to select ten (10) athletes for Honorable Mention.

G. The chairperson will distribute All-Conference medals and Honorable Mention certificates to the respective coaches.

H. Soon after the selection meeting, the chairperson will publish and distribute to all member schools, the list of All-Conference and Honorable Mention athletes.

I. The chairperson will also forward a copy of the list and the final league standing to the Executive Secretary of the O.K. Conference for the archives.
O.K. White Conference

All-Conference Team
A. The team will consist of seventeen (17) All-Conference players (sixteen by place and one at-large) and nine (9) Honorable Mention players.

B. Each school will be allowed the following number of All-Conference and Honorable Mention selections according to their finish in the final standings.

<table>
<thead>
<tr>
<th></th>
<th>1st</th>
<th>2nd</th>
<th>3rd</th>
<th>4th</th>
<th>5th</th>
<th>6th</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>5</td>
<td>4</td>
<td>3</td>
<td>2</td>
<td>1</td>
<td>1</td>
</tr>
</tbody>
</table>

There will be one (1) At-Large All-Conference award voted on by the coaches.

C. Should two (2) teams tie for a place finish, head-to-head competition will determine which school receives the higher number of selections.

D. If teams are tied, take the total number of allocated awards for those spots and divide. Coaches vote for the remainder if there is one.

Nomination Process
A. Prior to the meeting, the O.K. White soccer chair will send out the nomination form. Each school will be asked to mail or fax their All-Conference nominations to the chair, so that a complete list of nominees may be ready for the league selection meeting. Each school may nominate any number of student-athletes deserving All-Conference recognition.

B. At the All-Conference selection meeting, each school will be asked to name their choices (according to the list above) for All-Conference recognition for both All-Conference and Honorable Mention. Then, a vote will be taken by the coaches to select the final All-Conference player to fill the seventeen (17) player roster. A final vote of confirmation will be given to All-Conference selections at the conclusion of the meeting.
ALL-CONFERENCE BOYS AND GIRLS SWIMMING

A. All individuals who finish first in their event at the Conference meet shall receive All-Conference designation and the All-Conference medal.

B. An individual who has placed first (including relays) once in the Conference meet shall not receive another All-Conference medal, but shall receive a first place medal.

C. At the conclusion of the meet, the total number of All-Conference medals not awarded (due to multiple first place finishes by individuals) shall be awarded to those individuals who did not finish first in any event and have accumulated the highest point totals in events in which they have participated. Medals will be awarded in descending order from the most points on down until the medals have been depleted. These medals need not be awarded on the same day. It is the responsibility of the meet manager and the coaches to verify the point totals before medals are awarded.

D. Athletes who compete in a relay event will be awarded one quarter (1/4) of the points awarded for the event in which they placed.

E. The intent of the proposal is to limit All-Conference medal duplication as well as reward those individuals who are extremely valuable to their team yet may not be able to finish first due to another outstanding individual in their event.

O.K. Black, Gold, and Red Conferences

A. All individuals who finish first in their event at the Conference meet shall receive All-Conference designation and the All-Conference medal.

B. An individual who has placed first (including relays) once in the Conference meet shall not receive another All-Conference medal, but shall receive a first place medal.

C. At the conclusion of the meet, the total number of All-Conference medals not awarded (due to multiple first place finishes by individuals) shall be awarded to those individuals who did not finish first in any event and have accumulated the highest point totals in events in which they have participated. Medals will be awarded in descending order from the most points on down until the medals have been depleted. These medals need not be awarded on the same day. It is the responsibility of the meet manager and the coaches to verify the point totals before medals are awarded.

D. Athletes who compete in a relay event will be awarded one quarter (1/4) of the points awarded for the event in which they placed.

E. The intent of the proposal is to limit All-Conference medal duplication as well as reward those individuals who are extremely valuable to their team yet may not be able to finish first due to another outstanding individual in their event.
O.K. Green Conference

All-Conference Team
A. All individuals who finish first in their event at the Conference Meet shall receive All-Conference designation and the All-Conference medal.

B. An individual who has already placed first (including relays) once in the Conference Meet shall not receive another All-Conference medal, but shall receive a first place medal. There is a total of twenty-two (22) All-Conference medals to be awarded.

C. The 1st and 2nd place divers earn All-Conference automatically and the 3rd place diver earns All-Conference if he/she achieves an All-American qualifying score.

D. At the conclusion of the meet, the total number of All-Conference medals not awarded (due to multiple first place finishes by individuals) shall be awarded first to the 3rd place diver if his/her score qualifies and then to those individual swimmers who did not finish first in any event and have accumulated the highest point totals in only individual events in which they have participated. Athletes who compete in a relay event will be awarded zero (0) points toward their All-Conference point total. All-Conference medals will be awarded in descending order from the most points on down until the medals have been depleted. These medals need not be awarded on the same day. It is the responsibility of the meet manager and the coaches to verify the point totals before medals are awarded.

O.K. White Conference

All-Conference Team
A. All individuals who finish first in their event at the Conference Meet shall receive All-Conference designation and the All-Conference medal.

B. An individual who has placed first (including relays) once in the Conference Meet shall not receive another All-Conference medal, but shall receive a first place medal.

C. At the conclusion of the meet, the total number of All-Conference medals not awarded (due to multiple first place finishes by individuals) shall be awarded to those individuals who did not finish first in any event and have accumulated the highest point totals in events in which they have participated. Medals will be awarded in descending order from the most points on down until the medals have been depleted. These medals need not be awarded on the same day. It is the responsibility of the meet manager and the coaches to verify the point totals before medals are awarded.
ALL-CONFERENCE TENNIS

A. An All-Conference team for each Division will be selected at the conclusion of the season.

B. The team will number fourteen (14) players – ten (10) singles and four (4) doubles and will be selected by the following criteria:
   1. Nominations will be submitted in ability-ranked order by each tennis coach.
   2. After all nominations are discussed, all coaches will vote for ten (10) players or less.
   3. Any players who are named on all ballots will be on the All-Conference team.
   4. After the first vote, nominations will be reopened for addition and deletions.
   5. The two (2) best teams in the Conference are to be selected on their dual record in the Conference play and in the Conference tournament.
   6. If the two teams only play twice, extra consideration is given to the last match the two teams played against each other.

C. Players receiving the most votes on the second ballot will be on the All-Conference team.

D. There shall be three (3) Honorable Mention players selected. This number could be increased or decreased because of ties.

O.K. Black, Red and Silver Conferences

A. All-Conference
   1. The team will consist of sixteen (16) All-Conference members.
   2. Each school will be allowed the following number of All-Conference and Honorable Mention selections according to their finish in the final standings:

<table>
<thead>
<tr>
<th>Place in Standings</th>
<th># of All-Conference</th>
<th>Honorable Mention</th>
</tr>
</thead>
<tbody>
<tr>
<td>1&lt;sup&gt;st&lt;/sup&gt;</td>
<td>4</td>
<td>0</td>
</tr>
<tr>
<td>2&lt;sup&gt;nd&lt;/sup&gt;</td>
<td>3</td>
<td>0</td>
</tr>
<tr>
<td>3&lt;sup&gt;rd&lt;/sup&gt;</td>
<td>2</td>
<td>0</td>
</tr>
<tr>
<td>4&lt;sup&gt;th&lt;/sup&gt;</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>5&lt;sup&gt;th&lt;/sup&gt;</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>6&lt;sup&gt;th&lt;/sup&gt;</td>
<td>1</td>
<td>0</td>
</tr>
</tbody>
</table>

   3. The remaining four (4) All-Conference selections will be at-large and determined by a Conference coach’s vote following the Conference tournament.
   4. Should two (2) teams tie for a place finish, head-to-head competition will determine which school receives the higher number of selections.
Procedures

1. The chairman for the All-Conference selection will be an O.K. Black (Red or Silver) Athletic Director appointed by the O.K. Black (Red or Silver) Athletic Directors. The chairman must not be an active tennis coach.

O.K. Blue Conference

A. The team will consist of sixteen (16) All-Conference members.

B. Each school’s number one (1) singles will be awarded All-Conference.

C. The Conference Meet number one (1) doubles champions will also be awarded All-Conference.

D. The remaining eight (8) All-Conference selections will be at-large and determined by a Conference coach’s vote following the Conference tournament.

E. Should two (2) teams tie for a place finish, head-to-head competition will determine which school receives the higher number of selections.

Procedures

A. The chairman for the All-Conference selection will be an O.K. Blue Athletic Director appointed by the O.K. Blue Athletic Directors. The chairman must not be an active tennis coach.

O.K. Gold Conference

A. Sixteen (16) members will be selected in tennis to the O.K. Gold All-Conference team. There shall also be NO Honorable Mention members chosen.

B. An All-Conference team will be selected at the conclusion of the season.

C. Nominations will be submitted in ability-ranked order by each tennis coach.

D. After all nominations are discussed, all coaches will vote for sixteen (16) players.

E. There will be no determination of singles vs. doubles slots prior to the nomination and selection process.

F. Ties must be broken with a run-off vote, if necessary. If a tie cannot be broken, each player may be named All-Conference.
O.K. Green Conference

All-Conference
A. The team will consist of sixteen (16) All-Conference members.

B. Each school will be allowed the following number of All-Conference and Honorable Mention selections according to their finish in the final standings:

<table>
<thead>
<tr>
<th>Place in Standings</th>
<th># of All-Conference</th>
<th>Honorable Mention</th>
</tr>
</thead>
<tbody>
<tr>
<td>1&lt;sup&gt;st&lt;/sup&gt;</td>
<td>4</td>
<td>0</td>
</tr>
<tr>
<td>2&lt;sup&gt;nd&lt;/sup&gt;</td>
<td>3</td>
<td>0</td>
</tr>
<tr>
<td>3&lt;sup&gt;rd&lt;/sup&gt;</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>4&lt;sup&gt;th&lt;/sup&gt;</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>5&lt;sup&gt;th&lt;/sup&gt;</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>6&lt;sup&gt;th&lt;/sup&gt;</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>7&lt;sup&gt;th&lt;/sup&gt;</td>
<td>1</td>
<td>0</td>
</tr>
</tbody>
</table>

C. The remaining four (4) All-Conference selections will be at-large and determined by a Conference coach’s vote following the Conference tournament.

D. Should two (2) teams tie for a place finish, head-to-head competition will determine which school receives the higher number of selections.

Procedures
A. The chairman for the All-Conference selection will be an O.K. Green Athletic Director appointed by the O.K. Green Athletic Directors. The chairman must not be an active tennis coach.
O.K. White Conference

All-Conference
A. All-Conference consists of sixteen (16) members.

Procedures
A. The 1st singles players from each school are All-Conference.

B. The top two 1st doubles teams are All-Conference:

C. If the top two seed doubles teams make it to the Conference finals, they are All-Conference.

D. Should a team other than the top two seeds make it to the finals, extra consideration should be given to the Conference tournament results.

E. The remaining two (2) All-Conference athletes are to be decided by a coach’s vote.
ALL-CONFERENCE BOYS AND GIRLS TRACK

A. All individuals who finish first in their event at the Conference meet shall receive All-Conference designation and the All-Conference medal.

B. An individual who has placed first (including relays) once in the Conference meet shall not receive another All-Conference medal, but shall receive a first place medal.

C. At the conclusion of the meet the total number of All-Conference medals not awarded (due to multiple first place finishes by individuals) shall be awarded to those individuals who did not finish first in any event and have accumulated the highest point totals in events in which they have participated. Medals will be awarded in descending order from the most points on down until the medals have been depleted. These medals need not be awarded on the same day. It is the responsibility of the meet manager and the coaches to verify the point totals before medals are awarded.

D. Athletes who compete in a relay event will be awarded one quarter (1/4) of the points awarded for the event in which they placed.

E. The intent of the proposal is to limit All-Conference medal duplication as well as reward those individuals who are extremely valuable to their team yet may not be able to finish first due to another outstanding individual in their event.

O.K. Black, Green and Red Conferences

A. Twenty-nine (29) All-Conference medals will be awarded.

B. All athletes who placed first in their event (including relays) will receive an All-Conference medal.

C. An individual who has placed first (including relays) once in the Conference meet shall not receive another All-Conference medal, but shall receive a first place medal.

D. At the conclusion of the meet, the total number of All-Conference medals not awarded (due to multiple first place finishes by individuals) shall be awarded to those individuals who did not finish first in any event and have accumulated the highest point totals (8.25 points or more) in events in which they have participated. Medals will be awarded in descending order from the most points on down until medals have been depleted. These medals need not be awarded on the same day. It is the responsibility of the meet manager and the coaches to verify the point totals before medals are awarded.

E. Athletes who compete in a relay event will be awarded one quarter (1/4) of the points awarded for the event in which they placed.
F. If an athlete did not receive a first place All-Conference medal, a minimum of 10.25 points must be earned at the Conference meet to receive an All-Conference medal.

O.K. Blue Conference

All-Conference Team
A. Twenty-nine (29) All-Conference medals will be awarded.
B. All athletes who placed first in their event (including relays) will receive an All-Conference medal.
C. An individual who has placed first (including relays) once in the Conference meet shall not receive another All-Conference medal, but shall receive a first place medal.
D. At the conclusion of the meet, the total number of All-Conference medals not awarded (due to multiple first place finishes by individuals) shall be awarded to those individuals who did not finish first in any event and have accumulated the highest point totals (8.01 points or more) in events in which they have participated. Medals will be awarded in descending order from the most points on down until the medals have been depleted. These medals need not be awarded on the same day. It is the responsibility of the meet manager and the coaches to verify the point totals before medals are awarded.
E. Athletes who compete in a relay event will be awarded one quarter (1/4) of the points awarded for the event in which they placed.
F. If an athlete did not receive a 1st place All-Conference medal, a minimum of 8.01 points must be earned at the Conference Meet to receive an All-Conference medal.

O.K. White Conference

All-Conference Team
A. Will consist of all individuals who finished first in their event (including relays) at the Conference Meet, or if there are medals remaining, athletes in descending order who have scored the highest total of points at the Conference Meet but have not been awarded a medal, until all medals have been awarded.
B. An individual who has placed first (including relays) once in the Conference meet shall not receive another All-Conference medal, but shall receive a first place medal.
C. At the conclusion of the meet, the total number of All-Conference medals not awarded (due to multiple first place finishes by individuals) shall be awarded to those individuals who did not finish first in any event and have accumulated the highest point totals (over 8 points) in events in which they have participated. Medals will be awarded in descending
order from the most points on down until the medals have been depleted. These medals need not be awarded on the same day. It is the responsibility of the meet manager and the coaches to verify the point totals before medals are awarded.

D. Athletes who complete in a relay event will be awarded one quarter (1/4) of the points awarded for the event in which they placed.

E. If an athlete did not receive a 1st place All Conference meet, a minimum of over 8 points must be earned at the Conference Meet to receive an All-Conference medal.
ALL-CONFERENCE VOLLEYBALL

A. A twelve (12) member team and six (6) Honorable Mention players are chosen.

B. Selection method:

1. The chairman of the selection meeting will be appointed by the Division Athletic Directors.

2. The chairman will present an alphabetical ballot, and coaches will have the opportunity to speak out about their players. Only names submitted in advance are eligible for All-Conference or Honorable Mention.

3. The coaches will vote for twelve (12) players.

4. The twelve (12) players receiving the highest number of votes will make up the All-Conference Team.

5. The coaches will then vote for six (6) players to constitute the Honorable Mention Team. Each coach will place names of six (6) players on a single ballot. The six (6) players receiving the most votes will be the Honorable Mention team.

O.K. Black and Red Conferences

A. All-Conference Team

1. The team will consist of eleven (11) All-Conference players and six (6) Honorable Mention players.

B. Procedures

1. The chairman of the All-Conference selection will be an O.K. Black (or Red) Athletic Director appointed by the O.K. Black (or Red) Athletic Directors. The chairman must not be an active volleyball coach.

2. Nomination Process
   a. The chairman will send a nomination form to league coaches at least one (1) week prior to the All-Conference meeting. All athletes must be nominated prior to the meeting to be considered for All-Conference or Honorable Mention. The chairman will set the date, time and place for the All-Conference meeting.
   b. The chairman will list all names alphabetically, by school, and coaches will have an opportunity to speak about their player.
   c. After each coach has had a turn to speak about each of the players on their team, the chairman shall call for a vote.
   d. Each coach will vote for eleven (11) players.
e. The eleven (11) players receiving the highest number of votes will make up the All-Conference team. If there is a tie, the players will be listed on a ballot and coaches will vote to break the tie. If the tie is not broken at that time, then extra All-Conference medal(s) will be awarded.

f. The coaches will then vote for six (6) players on a single ballot. The six players receiving the most votes will be Honorable Mention.

O.K. Blue Conference

All-Conference Team
A. The team will consist of twelve (12) All-Conference players and six (6) Honorable Mention players.

Procedures
A. The chairman of the All-Conference selection will be a Coopersville AD.

Nomination Process
A. The chairman will send a nomination form to league coaches at least one (1) week prior to the All-Conference meeting. All athletes must be nominated prior to the meeting to be considered for all Conference or Honorable Mention. The chairman will set the date, time, and place for the All-Conference meeting.

B. The chairman will list all names alphabetically, by school, and coaches will have an opportunity to speak about their player.

C. After each coach has had a turn to speak about each of the players on their team, the chairman shall call for a vote.

D. The criteria for All-Conference should focus on average stats of league games – not totals.

E. Each coach will vote for twelve (12) players.

F. The twelve (12) players receiving the highest number of votes will make up the All-Conference team. If there is a tie, the players tied will be listed on a ballot and coaches will vote to break the tie. If the tie is not broken at that time, then extra all Conference medal(s) will be awarded.

G. The coaches will then vote for six (6) players on a single ballot. The six (6) players receiving the most votes will be Honorable Mention.
O.K. Green Conference

All-Conference Team
A. The team will consist of twelve (12) All-Conference players and six (6) Honorable Mention players.

Procedures
A. The chairman of the All-Conference selection will be an O.K. Green Athletic Director appointed by the O.K. Green Athletic Directors. The chairman must not be an active volleyball coach.

Nomination Process
A. The chairman will send a nomination form to league coaches at least one (1) week prior to the All-Conference meeting. All athletes must be nominated prior to the meeting to be considered for All-Conference or Honorable Mention. The chairman will set the date, time, and place for the All-Conference meeting.

B. The chairman will list all names alphabetically, by school, and coaches will have an opportunity to speak about their player.

C. After each coach has had a turn to speak about each of the players on their team, the chairman shall call for a vote.

D. Each coach will vote for twelve (12) players.

E. The twelve (12) players receiving the highest number of votes will make up the All-Conference team. If there is a tie, the players tied will be listed on a ballot and coaches will vote to break the tie. If the tie is not broken at that time, then extra all Conference medal(s) will be awarded.

F. The coaches will then vote for six (6) players on a single ballot. The six (6) players receiving the most votes will be Honorable Mention.

O.K. Silver Conference

A. The meeting chairperson will solicit nominations from all league coaches at least one (1) week prior to the All-Conference meeting.

B. The chairperson will announce at the meeting the purpose is to select twelve (12) first team All-Conference, and six (6) Honorable Mention athletes.

C. All nominations will be listed alphabetically on the ballot. No names will be added at the meeting.
D. Each coach will be given an opportunity to speak about his/her nominees as the name comes up on the ballot listing. Coaches at any time may opt to remove his/her nominee from consideration for All-Conference (athlete may still be considered for Honorable Mention).

E. After each coach has been given the opportunity to speak of each about his/her nominees, the ballot will be passed out. Each school will vote for twelve (12) players. Ties must be broken with a run-off vote, if necessary. If a tie cannot be broken, thirteen (13) players may be named All-Conference.

F. Nominees not selected All-Conference are automatically to be considered for Honorable Mention. Follow the same procedure as in D and E above to select six (6) Honorable Mention athletes.

G. The chairperson will distribute All-Conference medals and Honorable Mention certificates to the respective coaches.

H. Soon after the selection meeting, the chairperson will publish and distribute to all member schools the list of All-Conference and Honorable Mention athletes.

I. The chairperson will also forward a copy of the list and the final league standings to the O.K. Conference Commissioner for the archives.

O.K. White Conference

All Conference Team
A. The team will consist of eleven (11) All-Conference players and six (6) Honorable Mention players.

Nomination Process
A. The chairman will send a nomination form to league coaches at least one (1) week prior to the All-Conference meeting. The chairman will set the date, time, and place for the All-Conference meeting.

B. The chairman will list all names, by school, submitted in the mail or by fax, and coaches will have an opportunity to speak about their player. Each coach will provide statistics (Conference only) for each nominated player using the form in the O.K. White Volleyball guidelines.

C. After each coach has had a turn to speak about each of the players on their team, the chairman shall call for a vote.

D. Each coach will vote for eleven (11) players.
E. The eleven (11) players receiving the highest number of votes will make up the All-Conference team.

F. The coaches will then vote for six (6) players on a single ballot. The six (6) players receiving the most votes will be Honorable Mention.
ALL-CONFERENCE WATER POLO

Coaches will nominate up to six (6) players and a goalie. Coaches will vote for fifteen (15) players; coaches cannot vote for their own player. The top fifteen (15) vote getters will be All-Conference. If a tie occurs, all coaches will vote on the players that are tied; again, coaches cannot vote for their own player. After the top fifteen (15) are selected, the next five (5) highest vote getters are Honorable Mention. Ties are broken by coaches voting like mentioned above. Position does not matter; generally coaches vote for at least one (1) goalie to be selected All-Conference.

Fifteen (15) All Conference selections
Five (5) Honorable Mention Selections
ALL-CONFERENCE WRESTLING

Winner of each weight class in the Conference Meet determines All-Conference Selection. One (1) selection for each weight class. No Honorable Mention selections.

O.K. Black, Blue, Gold, Green and Silver Conferences

A. All-Conference Team
   1. Consists of the first place winners in each weight class at the Conference meet.
MEDAL AND CERTIFICATE AWARDS
All-Conference Divisional Team and Awards

Baseball and Softball
All-Conference medals for a fifteen (15) member squad.
Ten (10) Honorable Mention certificates.

Basketball – Boys and Girls teams
All-Conference medals for a ten (10) member team.
Five (5) Honorable Mention certificates.

Competitive Cheer
All-Conference medals for a twenty-four (24) member squad.
Twelve (12) Honorable Mention certificates.

Cross Country – Boys and Girls squads
All-Conference medals for a ten (10) member squad.
Five (5) Honorable Mention certificates.

Football
All-Conference medals for twenty-four (24) offensive and defensive teams.
Thirteen (13) Honorable Mention certificates.

Golf – Boys and Girls Squads
All-Conference medals for a ten (10) member squad
Five (5) Honorable Mention certificates.

Gymnastics Team
All-Conference medals for an eight (8) member team.
Four (4) Honorable Mention certificates.

Ice-Hockey Team
All-Conference medals for a fifteen (15) member team.
Six (6) Honorable Mention certificates.

Soccer – Boys and Girls Teams
All-Conference medals for a seventeen (17) member team.
Eight (8) Honorable Mention certificates.

Swimming – Boys and Girls Squads
All-Conference medals for a twenty-one (21) member squad.

Tennis – Boys and Girls Teams
All-Conference medals for a fourteen (14) member team.
Three (3) Honorable Mention certificates.
Track – Boys and Girls Teams
  All-Conference medals for twenty-nine (29) boys and twenty-nine (29) girls.

Volleyball
  All-Conference medals for a twelve (12) member squad.
  Six (6) Honorable Mention certificates.

Water Polo
  All-Conference medals for a fourteen (14) member squad.
  Seven (7) Honorable Mention certificates.

Wrestling Squad
  All-Conference medals for a fourteen (14) member squad.
MEDAL AND CERTIFICATE AWARDS
Conference Meet Awards and Place Medals

Cross Country – Boys and Girls Squads
Ten (10) place medals numbered (1 through 10).

Golf
Ten (10) place medals numbered (1 through 10).

Gymnastics Squad
Twenty-five (25) place medals numbered (1 through 5); each number having five (5) place medals.

Swimming – Boys and Girls Squads
One-hundred-twenty-six (126) place medals numbered (1 through 8); each number having twenty-one (21) place medals.

Tennis – Boys and Girls Teams
Twenty (20) place medals numbered (1 and 2); each number having ten (10) place medals. If a fourth doubles team is scored, four (4) additional place Medals will be awarded.

Track – Boys and Girls Teams
One-hundred-seventy-four (174) place medals for boys, numbered (1 through 8). Each number having twenty-nine (29) place medals. One-hundred-seventy-four (174) place medals for girls, numbered (1 through 6). Each number having twenty-nine (29) place medals.

Wrestling Squad
Forty-two (42) place medals numbered (2 through 4); each number having fourteen (14) place medals.

Competitive Cheer
Team Trophy

Duplicate medals: Will be awarded to those who tie for places after coin flips have been held. For a Rainbow Division or a Conference meet of less than 8 schools, the award system listed under “Conference Meet Awards” will be revised to reflect the number of schools competing.
O.K. GREEN DIVISION 2016-17
MEDAL AND CERTIFICATE AWARDS
All Conference Divisional Team and Awards

Baseball and Softball
All Conference medals for an eighteen (18) member squad
Nine (9) Honorable Mention certificates

Basketball – Boys and Girls teams
All Conference medals for an eleven (11) member team
Six (6) Honorable Mention certificates

Cross Country – Boys and Girls squads
All Conference medals for a twelve (12) member squad
Six (6) Honorable Mention certificates

Football
All Conference medals for a thirty (30) member squad
Fifteen (15) Honorable Mention certificates

Golf – Boys and Girls Squads
All Conference medals for a nine (9) member squad
Five (5) Honorable Mention certificates

Soccer – Boys and Girls Teams
All Conference medals for a twenty (20) member team
Ten (10) Honorable Mention certificates

Swimming – Boys and Girls teams
All Conference medals for a twenty-two (22) member squad

Tennis – Boys and Girls Teams
All Conference medals for a sixteen (16) member team

Track – Boys and Girls Teams
All Conference medals for twenty-nine (29) boys and twenty-nine (29) girls

Volleyball
All Conference medals for a twelve (12) member squad
Six (6) Honorable Mention certificates

Wrestling
All Conference medals for a fourteen (14) member squad
The following sports will participate in Rainbow leagues and the number on the All Conference squad will be based on the number of schools participating. (See O.K. Conference Award Chart)

- Bowling – Boys and Girls teams
- Competitive Cheer
- Downhill Skiing
- Gymnastics
- Ice Hockey
- Lacrosse
- Water Polo
O.K. GREEN DIVISION 2016-17

Conference Meet Awards and Place Medals

Bowling – Boys and Girls Teams
Eight (8) place medals numbered 1 through 8

Cross Country – Boys and Girls Squads
Nine (9) place medals numbered 1 through 9.

Golf – Boys and Girls Squads
Eight (8) place medals numbered 1 through 8.

Swimming – Boys and Girls Squads
One hundred twenty six (126) place medals numbered 1 through 6; each number having twenty-one place medals.

Tennis – Boys and Girls Teams
Seventeen (17) place medals numbered 1 and 2; each number having ten (10) place medals.
If a 4th doubles is scored, four (4) additional place medals will be awarded.

Track – Boys and Girls Teams
One hundred seventy four (174) place medals for boys numbered 1 through 6; each number having 29 place medals.
One hundred seventy four (174) place medals for girls numbered 1 through 6; each number having 29 place medals.

Wrestling Squad
Forty-two (42) place medals numbered 2 through 4; each number having fourteen (14) place medals.

Duplicate medals: will be awarded to those who tie for places after coin flips have been held.

Conference Trophies are awarded to all Conference champions at the varsity level in all Conference sports.
O.K. WHITE DIVISION 2014-15
MEDAL AND CERTIFICATE AWARDS
All Conference Divisional Team and Awards

Baseball and Softball
   All Conference medals for a fifteen (15) member squad
   Eight (8) Honorable Mention certificates

Basketball – Boys and Girls teams
   All Conference medals for a nine (9) member team
   Five (5) Honorable Mention certificates

Cross Country – Boys and Girls squads
   All Conference medals for an eleven (11) member squad
   Six (6) Honorable Mention certificates

Football
   All Conference medals for a twenty-six (26) member squad
   Thirteen (13) Honorable Mention certificates

Golf – Boys and Girls Squads
   All Conference medals for an eight (8) member squad
   Four (4) Honorable Mention certificates

Soccer – Boys and Girls Teams
   All Conference medals for a seventeen (17) member team
   Nine (9) Honorable Mention certificates

Tennis – Boys and Girls Teams
   All Conference medals for a sixteen (16) member team

Track – Boys and Girls Teams
   All Conference medals for twenty-nine (29) boys and twenty-nine (29) girls

Volleyball
   All Conference medals for a eleven (11) member squad
   Six (6) Honorable Mention certificates

Wrestling
   All Conference medals for a fourteen (14) member squad

The following sports will participate in Rainbow leagues and the number on the All Conference squad will be based on the number of schools participating.
(See O.K. Conference Award Chart)

Competitive Cheer
Downhill Skiing
Gymnastics
Ice Hockey
Lacrosse
Swimming
Water Polo

All Conference 24 and Honorable Mention 12 (White/Bronze)
Greater Grand Rapids Ski Conference

2016 Revision
O.K. WHITE DIVISION 2011-12

Conference Meet Awards and Place Medals

Bowling – Boys and Girls Teams
  Eight (8) place medals numbered 1 through 8

Cross Country – Boys and Girls Squads
  Ten (10) place medals numbered 1 through 10.

Golf – Boys and Girls Squads
  Ten (10) place medals numbered 1 through 10.

Swimming – Boys and Girls Squads
  One hundred twenty-six (126) place medals numbered 1 through 6; each number having twenty-one place medals.

Tennis – Boys and Girls Teams
  Twenty (20) place medals numbered 1 and 2; each number having ten (10) place medals.
  If a 4th doubles is scored, four (4) additional place medals will be awarded.

Track – Boys and Girls Teams
  One hundred seventy-four (174) place medals for boys numbered 1 through 6; each number having 29 place medals.
  One hundred seventy-four (174) place medals for girls numbered 1 through 6; each number having 29 place medals.

Wrestling Squad
  Forty-two (42) place medals numbered 2 through 4; each number having fourteen (14) place medals.

Duplicate medals: will be awarded to those who tie for places after coin flips have been held.

Conference Trophies are awarded to all Conference champions at the varsity level in all Conference sport
CHANGING THE NUMBER OF 
ALL-CONFERENCE/HONORABLE MENTION AWARDS (FORMULA)

Rationale:

A. Lack of clarity in the constitution on how to adjust awards for fewer/more than eight (8) teams in a Division.

B. Promotes more student-athletes.

C. Gives proportionate number of medals.

D. No added cost since nine (9) teams are paying an assessment.

Method:

The method to be used will be based upon a Division with 8 teams.

A. Take the number of starters in each sport and multiply by the number of teams in the Division. This will give us the number of starters in the Division for each sport (8 x 5 = 40).

B. Take the number of All-Conference/Honorable Mention (AC/HM) selections in the sport and divide by the number of starters. This will give us a percentage (5). (AC = 10/40 = 25%; HM = 5/40 = 12.5%).

C. To figure out the number of AC/HM for Divisions without eight (8) teams:
   1. Figures out the number of starters in the Division in that sport.
   2. Multiply the percentage from “B” by the number of starters in that report.
PROPOSALS FOR CHANGING
MEDAL AND CERTIFICATE AWARD PROCEDURE

Proposals submitted and passed will become effective in the following school year; i.e., proposals passed in 2013-2014 will become effective in 2015-2016. Proposals which are passed will remain in effect for a minimum of two (2) years until the time when changes will again be considered by the O.K. Division Athletic Directors.

Proposals for changing the method of selecting All-Conference teams will be reviewed and adopted by the following method:

1. Proposals for changing the method of selected All-Conference teams must be submitted from the coaches involved. It must include a written account of the records vote of each Conference coach present and a rationale for a suggested change.

2. Proposals for changing the selection of All-Conference teams must be passed by the O.K. Division Athletic Directors and by the O.K. Division Principals.

All-Conference selection changes will be considered on the following basis:

1. Team sport (football, boys and girls basketball, volleyball, baseball, softball, boys and girls soccer, and hockey) request for changes will be considered on the even numbered school years beginning with the 2014-2015 school year.

2. Individual sport (cross country, boys and girls golf, boys and girls track, boys and girls swimming, boys and girls tennis, wrestling, and gymnastics) requests for changes will be considered on the odd numbered year beginning with the 2015-2016 school year.

3. The odd and even designation will be determined by the fall of the academic year.

2016 Revision
ATHLETE OF THE YEAR

Each school of the Conference will annually select an outstanding male and female Athlete of the Year. The criteria for selection will be:

A. Athletic ability (most important consideration).

B. Scholarship; overall high school average of “C” or better.

C. General character; judge by leadership, sportsmanship, attitude, and moral standing.

Each school will have only one nomination. His and her name shall be presented to the Division recorder during the May Athletic Commission meeting. A certificate shall be given to each winner.
STUDENT ACTIVITIES

FA  Debate Commission
FB  Forensics Commission
DEBATE COMMISSION

This Commission conducts two (2) Varsity-level debating leagues, the **BLACK** more experienced debaters and the **GOLD** for less experienced debaters. Two (2) sub-Varsity leagues are also operative. Trophies go to the four (4) league champions and All-Conference medals to the best debaters in each of the Varsity leagues, **BLACK** and **GOLD**.

Varsity judges are paid $15 per debate and four (4) critiques; sub-Varsity judges are paid $12.50 per debate. The manager of each league or Division receives $300 annually for expenses, postage, and telephone, for setting up the schedule and securing the judges. Members of leagues are required to be members of the Michigan Interscholastic Association.
FORENSICS COMMISSION

The Forensics Commission started in the 1975-1976 school year and each year since has conducted, with the assistance of Calvin College or the University of Michigan, a Forensics Festival. The commission also stages a Forensics Workshop presentation session, which deals with the fields of poetry, dramatic duo interpretation, prose, storytelling, broadcasting, multiple reading, informative and extemporaneous speaking, original oratory, and sale speaking. Annual school assessments will be determined by the Forensics Commission with the O.K. Conference Secretary responsible for collecting and disbursing its funds. Workshop and festival chairpersons are to be paid a stipend that is determined annually by the Forensics Commission.
GA  Member Schools listed by Division
## O.K. CONFERENCE DIVISION MEMBERSHIP

### 2016 – 2017
#### 2017 – 2018
#### 2018 – 2019
#### 2019 – 2020

<table>
<thead>
<tr>
<th>Red</th>
<th>Black</th>
<th>White</th>
<th>Silver</th>
</tr>
</thead>
<tbody>
<tr>
<td>East Kentwood</td>
<td>Union 2581</td>
<td>FH Central 1837</td>
<td>Kelloggsville 640</td>
</tr>
<tr>
<td>Rockford</td>
<td>Jenison 2561</td>
<td>Ottawa Hills 1418</td>
<td>Belding 623</td>
</tr>
<tr>
<td>West Ottawa</td>
<td>Mona Shores 2299</td>
<td>Northview 1239</td>
<td>Godwin 602</td>
</tr>
<tr>
<td>Grand Haven</td>
<td>Reeths-Puffer 2050</td>
<td>Lowell 1222</td>
<td>Hopkins 503</td>
</tr>
<tr>
<td>Grandville</td>
<td>Muskegon 1825</td>
<td>Greenville 1113</td>
<td>Lee 491</td>
</tr>
<tr>
<td>Hudsonville</td>
<td>Kenowa 1763</td>
<td>FH Northern 1030</td>
<td>Calvin Chr 360</td>
</tr>
<tr>
<td>Caledonia</td>
<td>Fruitport 1476</td>
<td>Cedar Springs 865</td>
<td>NorthPointe 345</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Gold</th>
<th>Blue</th>
<th>Green</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wyoming</td>
<td>Sparta 1211</td>
<td>Holland 832</td>
</tr>
<tr>
<td>EGR</td>
<td>Coopersville 975</td>
<td>Byron Center 797</td>
</tr>
<tr>
<td>GR Christian</td>
<td>Spring Lake 905</td>
<td>Zeeland East 794</td>
</tr>
<tr>
<td>TK</td>
<td>Allendale 883</td>
<td>Zeeland West 720</td>
</tr>
<tr>
<td>Wayland</td>
<td>Comstock Park 852</td>
<td>Hamilton 682</td>
</tr>
<tr>
<td>FH Eastern</td>
<td>Catholic Central 828</td>
<td>Holland Chr 658</td>
</tr>
<tr>
<td>South Christian</td>
<td>West Catholic 625</td>
<td>Unity Chr 442</td>
</tr>
</tbody>
</table>
COOPERATIVE AGREEMENTS

HA Philosophy and Guidelines for Cooperative Agreements Procedures

2016 Revision
COOPERATIVE AGREEMENTS

General Philosophy and Criteria Guidelines

- Programs are to be developmental in nature or an effort to maintain an existing program. The intent is to foster the formation of new O.K. Conference teams.

- One or both schools have no existing program in that sport.

- Limited to two schools. (Exceptions will be considered if circumstances and numbers dictate.)

- Both schools are members of the O.K. Conference. (Possible exception if Commission determines that such an agreement would be in the interest of both schools and the league and would save participation opportunities for students from the primary school.)

- Participation of athletes from the secondary school does not infringe on opportunities of students from the host school.

- School districts are adjacent and/or within reasonable travel distance.

Procedures

- Applications will be reviewed (see Appendix IF) by the Cooperative/Competition Committee in order to determine legitimacy and to recommend action to the Commission.

- Agreements are approved for two years in conjunction with MHSAA time lines. Applications are to be submitted to the committee at least one month prior to the next Commission meeting in which approval is sought.

- Agreements will be reviewed on a biannual basis. Schools need to fill out an O.K. Conference Renewal Form and submit to the committee at least one month prior to the next Commission meeting in which approval is sought.

- Cooperative will compete in the Division determined by the Cooperative/Competition Committee. Division approval will be required for teams to compete in non-Rainbow Divisions.

- Cooperative Teams sponsored by O.K. Conference schools but not recommended for league membership will be considered independents in that sport. Efforts will be made to create scheduling opportunities for those teams within the league.

2016 Revision
APPENDICES

IA  Appendix A
    O.K. Conference Request for Transfer

IB  Appendix B
    O.K. Conference Request to Expand

IC  Appendix C
    O.K. Conference Division Expansion/New Schools
    Visitation Team Evaluation Criteria

ID  Appendix D
    Minimal Standard

IE  Appendix E
    Gender Equity

IF  Appendix F
    Renewal Form

IG  Appendix G
    History of O.K. Conference

IH  Appendix H
    Pre-Participation Physical Exam
    (Exam Details and Description)
APPENDIX A

O.K. CONFERENCE
REQUEST FOR TRANSFER
No later than August 1
of Expansion/Re-alignment Cycle

Requesting School:

Present Division:

Desired Division:

Bylaw 1 – TRANSFER OF SCHOOL(S) BETWEEN DIVISION(S)

Explain the following areas by highlighting what is best for student-athletes, the school community, and the O.K. Conference.

On an attachment, address the following:

I. Transfer rationale

II. 7-11 enrollment projections for the next school year

III. Strength and number of all athletic/co-curricular programs offered

IV. Travel considerations

V. Timeline for transfer

VI. Additional comments/concerns resulting in a fully formulated plan for the transfer

Submit copies of this form and the above requested information to the members of the O.K. Conference Executive Board, the Athletic Commission, and the Division schools affected by the transfer.

_________________________________________  ________________________________
Superintendent’s Signature                  Principal’s Signature

______________________________
Athletic Director’s Signature

No later than August 1

Date submitted:_________________________  Date received:_________________________

2016 Revision
APPENDIX A - PART II

TRANSFER (no later than August 1)

Note: To determine 2/3 affirmative vote for consensus, any fraction is rounded to the nearest whole number.
APPENDIX B

O.K. CONFERENCE
REQUEST TO EXPAND

Requesting Division:

Division Chair:

Division Schools Supporting Expansion (list each school and Principal’s name):

Bylaw 3 – DIVISION EXPANSION/NEW SCHOOLS

On an attachment, address the following areas:

PART I (to be submitted for Athletic Commission and Executive Board approval and further considerations)

A. Expansion rationale.

B. Proposed changes in Division(s) structure.

C. Division(s) above and below, most likely to be affected by the proposed change(s).

D. List all new schools being considered for evaluation.

PART II (to be submitted with Part I for Executive Council approval)

E. Identify evaluation visitation team (appointed by the Conference Commissioner).

F. Additional comments/considerations resulting in a fully formulated plan with timeline for adding new schools. Include an evaluation summary on the new schools highlighting the objective evaluation criteria (Bylaw 3; Section 2-A).

Submit copies of this form and the above requested information to the members of the O.K. Conference Executive Board and the Athletic Commission.
DIVISION EXPANSION/NEW SCHOOLS

DIVISION
preliminary contacts

TENTATIVE PLAN
*Appendix B, Part I

AFFECTED DIVISION(S)
Divisions above & below

ATHLETIC COMMISSION
*for review & support

EXECUTIVE BOARD
*for review & support

VISITATION
Committee appoint and assess

AFFECTED DIVISION(S)
fully formulated plan

EXECUTIVE COUNCIL
2/3 Affirmative Vote

NOTE: To determine 2/3 affirmative vote for consensus, any fraction is rounded to the nearest whole number.

2016 Revision
O.K. Conference League Application
# Table of Contents and Requirements

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Introduction</td>
<td>i</td>
</tr>
<tr>
<td>Eligibility Criteria</td>
<td>ii</td>
</tr>
<tr>
<td>Application and Review Process</td>
<td>iii</td>
</tr>
<tr>
<td>Timeline</td>
<td>iv</td>
</tr>
<tr>
<td>Preparing the Athletic Program Self-Assessment</td>
<td>v</td>
</tr>
</tbody>
</table>
# O.K. Conference
Application and Self-Assessment

<table>
<thead>
<tr>
<th>Section</th>
<th>Heading</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Part I</td>
<td>Certification Sheet</td>
<td>1</td>
</tr>
<tr>
<td>Part II</td>
<td>Summary Statement</td>
<td>2</td>
</tr>
<tr>
<td>Part III</td>
<td>School and Athlete Demographics</td>
<td>3</td>
</tr>
<tr>
<td>Part IV</td>
<td>Athletic Staff Demographics</td>
<td>5</td>
</tr>
<tr>
<td>Part V</td>
<td>Scope of Programs</td>
<td>8</td>
</tr>
<tr>
<td>Part VI</td>
<td>Policies &amp; Practices: Risk Management</td>
<td>9</td>
</tr>
<tr>
<td>Part VII</td>
<td>Policies &amp; Practices: Communications</td>
<td>10</td>
</tr>
<tr>
<td>Part VIII</td>
<td>Policies &amp; Practices: Sportsmanship</td>
<td>11</td>
</tr>
<tr>
<td>Part IX</td>
<td>Policies &amp; Practices: Personnel</td>
<td>12</td>
</tr>
<tr>
<td>Part X</td>
<td>Policies &amp; Practices: Facilities</td>
<td>13</td>
</tr>
<tr>
<td>Part XI</td>
<td>Special Recognition</td>
<td>14</td>
</tr>
<tr>
<td>Part XII</td>
<td>Athletic Department Vision Statement</td>
<td>14</td>
</tr>
</tbody>
</table>
INTRODUCTION

This application process has been established to provide interested schools in applying for membership into the O.K. Conference. The completion of this application will provide valuable information for the Evaluation Committee.

The Evaluation Committee will be reviewing the following items listed in this application:

1. Enrollment
2. Facilities
3. Programs (Athletics, Music, Debate, etc.)
4. Location
5. Athletic Philosophy, History, Sportsmanship, Participation, Crowd Control and Past Affiliations

O.K. CONFERENCE GENERAL PHILOSOPHY OF ATHLETICS

The members of the O.K. Conference recognize interscholastic athletics as being an integral part of those total educational experiences that are made available to the youth of our schools. Therefore, the Conference supports only those activities and the schedules that are educationally and physically sound for the student participant, and subscribes to the following:

1. We believe that the Board of Education, having legal authority, should delegate full and complete responsibility for the athletic program to the Superintendent of schools, and the Superintendent, in turn, will delegate such authority as the local situation may require. In all instances, this delegated authority will rest with the high school Principal. The Principal may delegate further responsibilities to the Athletic Director or faculty designee.

2. We believe that each school should maintain an overall athletic policy consistent with the codes for the administration of athletics found in the handbook of the MHSAA.

3. We believe that members of the coaching staff and administrators of the athletic program should be recommended to the Board of Education and appointed to their positions in the same manner as other members of the teaching staff.

4. We believe that those persons having responsible positions in connection with other schools’ athletic programs should be protected from undue community influences to the same extent that any classroom teacher enjoys protection.
5. We believe that good citizenship and good sportsmanship are the chief aims of the athletic program. Therefore, the school administration will endeavor to acquaint students and school patrons with these desirable objectives.
ELIGIBILITY CRITERIA

1. The school must be a recognized Michigan secondary school.

2. The school must be a member of the Michigan High School Athletic Association. (Please include a copy of your current MHSAA membership resolution; place it after the certification sheet on page 1.)
APPLICATION AND REVIEW PROCESS

1. Schools applying should follow the set of criteria listed below:
   
a. All parts of the application and self-assessment MUST be typed.
   
b. Any supporting materials MUST be typed.

2. Completed applications, self-assessment and any supporting materials should be sent directly to the:

   O.K. Conference
   4700 Canal Avenue SW
   Grandville MI 49418

   Please refer to the timeline page for necessary dates.

3. Self-assessments and supporting materials will be reviewed by the O.K. Conference Expansion/Realignment Committee.

4. Visits will be conducted at schools, which have been recommended for a site visitation.

   The role of the site visit is to verify the accuracy of the information in the self-assessment, to secure supporting documents where needed, (i.e., coaching, parent, student handbooks) and to get answers to specific questions posed by the O.K. Conference. Site visitors will be asked to attend athletic contests and/or practices at the recommended school, wherever and whenever possible. The site visitors will also ask that the athletic administrator have time set aside to be interviewed and to see that the school’s coaching and administrative staffs are made available for a number of brief interviews. The site visitor will prepare a written report and forward to the O.K. Conference Commissioner’s office.
### O.K. Conference Expansion/Re-Alignment Time-Line

The expansion/re-alignment cycle will be four years.

<table>
<thead>
<tr>
<th>Year</th>
<th>Date</th>
<th>Requirement</th>
</tr>
</thead>
<tbody>
<tr>
<td>1&lt;sup&gt;st&lt;/sup&gt; year</td>
<td></td>
<td>Alignment will begin</td>
</tr>
<tr>
<td>2&lt;sup&gt;nd&lt;/sup&gt; year</td>
<td>August 1&lt;sup&gt;st&lt;/sup&gt;</td>
<td>Letters of application for expansion due</td>
</tr>
<tr>
<td></td>
<td>September</td>
<td>Athletic Commission discussion</td>
</tr>
<tr>
<td></td>
<td>January</td>
<td>Athletic Commission advisory vote</td>
</tr>
<tr>
<td></td>
<td>January</td>
<td>Executive Board meets to review</td>
</tr>
<tr>
<td></td>
<td>February</td>
<td>Executive Council votes on possible expansion/realignment</td>
</tr>
<tr>
<td></td>
<td>February</td>
<td>Notes sent to applicants with vote results</td>
</tr>
<tr>
<td>3&lt;sup&gt;rd&lt;/sup&gt; year</td>
<td>August</td>
<td>Applications due</td>
</tr>
<tr>
<td></td>
<td>Oct/Nov/Dec</td>
<td>Visitations occur</td>
</tr>
<tr>
<td></td>
<td>January</td>
<td>Advisory Vote by Athletic Commission to accept new members</td>
</tr>
<tr>
<td></td>
<td>January</td>
<td>Executive Board recommendation to Executive Council</td>
</tr>
<tr>
<td></td>
<td>February</td>
<td>Executive Council vote to accept new members</td>
</tr>
<tr>
<td></td>
<td>February</td>
<td>Expansion/Re-alignment Committee meets to form Divisions (using MHSAA February count)</td>
</tr>
<tr>
<td></td>
<td>March</td>
<td>Athletic Commission reviews alignment</td>
</tr>
<tr>
<td></td>
<td>March</td>
<td>Athletic Commission advisory vote</td>
</tr>
<tr>
<td></td>
<td>April</td>
<td>Executive Board recommendation</td>
</tr>
<tr>
<td></td>
<td>April/May</td>
<td>Executive Council Vote</td>
</tr>
<tr>
<td>4&lt;sup&gt;th&lt;/sup&gt; year</td>
<td></td>
<td>Current alignment cycle continues</td>
</tr>
<tr>
<td>5&lt;sup&gt;th&lt;/sup&gt; year</td>
<td>August</td>
<td>New alignment cycle begins</td>
</tr>
</tbody>
</table>

2016 Revision
PREPARING THE ATHLETIC PROGRAM SELF-ASSESSMENT

Overview
This application package is designed to provide the O.K. Conference with a profile of your school’s athletic program and to afford you opportunities to highlight practices and/or accomplishments you deem to be important for this application process.

Part I is used to determine whether a school meets the initial eligibility requirements.

Part II seeks names and titles of stakeholders in the self-assessment process.

Part III provides the O.K. Conference with a brief summary of “snapshot” of your school’s athletic program.

Parts IV-VI seek background and demographic information about your school’s staff, athletes and programs.

Parts VII-XI seek information on written, board-adopted policies and practices as they relate to key areas of successful athletic administration.

Part XII requires each school to submit a written copy of their board of education adopted “Athletic Department’s Vision Statement” along with explanations on how those goals are being attained.

The quality of the written document will have a considerable influence on how the O.K. Conference Review Panel evaluates your program. Please be complete, yet concise in your descriptions of needed information. The program self-assessment should be well-written and carefully reviewed for content and style before being submitted.

Please understand the chairperson(s) of the O.K. Conference Review Panel may contact your school/district for involvement compliance and reference and the MHSAA for compliance, issues and violations.

Technical Specifications
Please keep the following considerations in mind as you complete the self-assessment and other needed materials.

1. All responses MUST be typed on white paper, single-spaced with one-inch margins on the right, left, top and bottom. Use normal spacing between paragraphs.

2. Each school MUST submit seven (7) copies of the total application and self-assessment document and the addendum must also have the accompanying number Parts I-XII. The original must be one-sided; the other six (6) copies may be two-sided.
3. The original and copies must be without any additional covers or folders (your cover page will be the Part I-Certification Sheet) and must be stapled in the upper left-hand corner.

4. Please note that the certification sheet requires signatures of the school district Superintendent, the Principal and the athletic administrator. These signatures certify that each of the three individuals has reviewed the content of the self-assessment, including the statement of eligibility, and has determined that it is accurate.

5. Where questions are posed in Parts VI-X, the school MUST retype the question completely in **bold format** at the top of a new page, followed immediately by your school’s complete answer to that particular question in plain text format. Supporting materials, if called for, should be placed immediately following that specific response.

   The above step is most important as it lends itself to ease of review and assessing points for each of these sections. Please follow the above format when responding to questions posed in Sections VI-X.

6. Self-assessments, when done properly, and with the inclusion of all shareholder groups, can be a meaningful avenue for self-improvement. It is expected that the school’s athletic administrator will invite a representative team of staff, teachers, patrons and athletes to be part of the process (Part II).
Part I

Name of High School: ________________________________

MHSAA Classification, February 2013 Class ________________________________

List Current League/Conference: ________________________________

Name of Superintendent: ________________________________
(Specify: Ms., Miss., Mrs., Mr., Dr., other)

Name of Principal: ________________________________
(Specify: Ms., Miss., Mrs., Mr., Dr., other)

Name of Athletic Administrator: ________________________________
(Specify: Ms., Miss., Mrs., Mr., Dr., other)

Mailing Address: ________________________________

City, Zip Code: ________________________________

Telephone: ________________________________

School

______________________________

Athletics

______________________________

Fax

E-Mail Address: ________________________________

We have reviewed the information contained in this application and self-assessment, including the eligibility criteria on page ii, and certify to the best of our knowledge that they are accurate.

______________________________ Date ________________
(Superintendent’s signature)

______________________________ Date ________________
(Principal’s signature)

______________________________ Date ________________
(Athletic Administrator’s signature)
Part II  Summary Statement

Describe your athletic program’s vision or philosophy, the school’s athletic tradition, milestones in your school’s athletic history that may have been reached recently, and/or any other major goals that you believe have been reached.

Summarize what your group believes are your major accomplishments over the past five (5) years and what might be the uniqueness of your programs.

Please include your school name and city in the first sentence of your summary.
Part III School and Athlete Demographics

SCHOOL:

1. Category which best describes your school location:
   ( ) Urban or large central city
   ( ) Suburban
   ( ) Small city or town in rural area
   ( ) Rural

2. School facility is approximately:
   _____ 1-5 years old
   _____ 6-10 years old
   _____ 11-15 years old
   _____ 16-20 years old
   _____ 21-25 years old
   _____ Older than 25 years

STUDENT-ATHLETE:

1. a. Number of students per grade level:

   _____ Male _____ Female 9th  _____
   _____ Male _____ Female 10th  _____
   _____ Male _____ Female 11th  _____
   _____ Male _____ Female 12th  _____
   _____ Male _____ Female  *Total _____

   *Total student population (February previous year MHSAA count)

   b. Number of participants in interscholastic athletics in previous year of application:
   (count an athlete only once)

   _____ Male _____ Female 9th  _____
   _____ Male _____ Female 10th  _____
   _____ Male _____ Female 11th  _____
   _____ Male _____ Female 12th  _____
   _____ Male _____ Female  *Total _____
c. Percentage of participants in previous year of application:

Percentage of student body participating in interscholastic athletics in previous year of application:

______ %

Percentage of male students participating in interscholastic athletics in previous year of application:

______ %

Percentage of female students participating in interscholastic athletics in previous year of application:

______ %

d. Number of two (2) sport athletes in previous year of application:

<table>
<thead>
<tr>
<th>Grade</th>
<th>Male</th>
<th>Female</th>
</tr>
</thead>
<tbody>
<tr>
<td>9th</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10th</td>
<td></td>
<td></td>
</tr>
<tr>
<td>11th</td>
<td></td>
<td></td>
</tr>
<tr>
<td>12th</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Percentage of athletes that participate in two (2) sports: _____ %

e. Number of three (3) sport athletes in previous year of application:

<table>
<thead>
<tr>
<th>Grade</th>
<th>Male</th>
<th>Female</th>
</tr>
</thead>
<tbody>
<tr>
<td>9th</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10th</td>
<td></td>
<td></td>
</tr>
<tr>
<td>11th</td>
<td></td>
<td></td>
</tr>
<tr>
<td>12th</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Percentage of athletes that participate in three (3) sports: _____ %
Part IV  Athletic Staff Demographics

1. Athletic administrator demographics:
   a. Check the designation that athletic administrator has achieved:
      _____ RAA _____ CAA _____ CMAA
   b. Years of service as an athletic administrator: _______ years
   c. Please describe, explain and illustrate how technology is used within the athletic office:
   d. Athletic administrator has been a member of the MIAAA since _______

2. Coaching staff demographics:
   a. Head Varsity coaches:
      Number of head Varsity coaching positions _______
      Number of above staffed by males _______
      Number of above staffed by females _______
      Number of above staffed by a faculty member _______
      Number of above staffed by a non-faculty member _______
   b. Assistant coaches:
      Number of Varsity assistant and sub-assistant coaching positions _______
      (please do NOT include volunteer coaches)
      Number of above staffed by males _______
      Number of above staffed by females _______
      Number of above staffed by a faculty member _______
      Number of above staffed by a non-faculty member _______
c. Total Staff:

   Number of head and assistant coaching positions
   Number of above staffed by males
   Number of above staffed by females

d. Total number of coaching staff with teacher certification:

3. Coaching education programs:

   Number of head Varsity coaches who have completed
   a coaching education program (i.e., PACE, CAP, ASEP):

   Number of Varsity assistant and sub-Varsity coaches
   who have completed a coaching education program
   (i.e., PACE, CAP, ASEP):

4. Coaching staff continuing education:

   Describe the type of in-service training programs* you have provided your
   coaching staff in the last five (5) years giving dates and a brief description
   of each in-service including the number of hours.
   (*CPR, First Aid, Risk Management, Drugs & Sports, Citizenship, etc.)
5. Auxiliary athletic staff:

Training Staff

Do you have training services for athletic teams provided by the school district? Yes _____ No _____

Number of hours worked by school trainer during the course of a normal school year: _______ Hours

Are training services provided equitably for all sports? Yes _____ No _____

Training reports to whom? Evaluated by whom?

Describe a typical week’s coverage of athletic events by your athletic trainer.

6. Please describe, explain and illustrate how your school district provides additional financial support for athletic administrative staff other than the athletic administrator himself/herself?

Provide us with a brief synopsis of the positions, listing responsibilities in the following support areas:

a. Secretarial/Clerical

b. Event Supervision/Management

c. Event Staff (ticket sellers-takers, announcers, scorers, timers, etc.)
Part V  Scope of Programs

1. Number of Varsity level programs sanctioned by the athletic department: _______
   (i.e., under the control and direction of the athletic administrator and for which you award a Varsity letter)

   Number of Varsity programs for female participants: _______

   Number of Varsity programs for male participants: _______

   Number of coed Varsity programs: _______

   Please list below your Varsity programs:

   **Female:**
   ____________________ ____________________ ____________________
   ____________________ ____________________ ____________________
   ____________________ ____________________ ____________________
   ____________________ ____________________ ____________________
   ____________________ ____________________ ____________________
   ____________________ ____________________ ____________________
   ____________________ ____________________ ____________________
   ____________________ ____________________ ____________________
   ____________________ ____________________ ____________________
   ____________________ ____________________ ____________________
   ____________________ ____________________ ____________________
   ____________________ ____________________ ____________________

   **Male:**
   ____________________ ____________________ ____________________
   ____________________ ____________________ ____________________
   ____________________ ____________________ ____________________
   ____________________ ____________________ ____________________
   ____________________ ____________________ ____________________
   ____________________ ____________________ ____________________
   ____________________ ____________________ ____________________
   ____________________ ____________________ ____________________
   ____________________ ____________________ ____________________
   ____________________ ____________________ ____________________
   ____________________ ____________________ ____________________

   **Coed:**
   ____________________ ____________________ ____________________
   ____________________ ____________________ ____________________
   ____________________ ____________________ ____________________
   ____________________ ____________________ ____________________
   ____________________ ____________________ ____________________
   ____________________ ____________________ ____________________
   ____________________ ____________________ ____________________
   ____________________ ____________________ ____________________
   ____________________ ____________________ ____________________
   ____________________ ____________________ ____________________
   ____________________ ____________________ ____________________

2. Number of sub-Varsity levels or opportunities:

<table>
<thead>
<tr>
<th>Sport</th>
<th>Junior</th>
<th>Freshman</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>______________________</td>
<td>______</td>
<td>______</td>
<td>______</td>
</tr>
<tr>
<td>______________________</td>
<td>______</td>
<td>______</td>
<td>______</td>
</tr>
<tr>
<td>______________________</td>
<td>______</td>
<td>______</td>
<td>______</td>
</tr>
<tr>
<td>______________________</td>
<td>______</td>
<td>______</td>
<td>______</td>
</tr>
<tr>
<td>______________________</td>
<td>______</td>
<td>______</td>
<td>______</td>
</tr>
<tr>
<td>______________________</td>
<td>______</td>
<td>______</td>
<td>______</td>
</tr>
<tr>
<td>______________________</td>
<td>______</td>
<td>______</td>
<td>______</td>
</tr>
<tr>
<td>______________________</td>
<td>______</td>
<td>______</td>
<td>______</td>
</tr>
</tbody>
</table>

3. Attach your criteria for how new sport programs are added to your present offerings.

1. Respond in a narrative format explaining your school policy and/or practice regarding the following risk management strategies. Where appropriate please attach your written school policy as it applies to these areas:
(Please bold each issue as you address it in your narrative.)

a. Coaching In-service as it pertains to Risk Management
b. Written Emergency Response Plan
c. Facility Inspection Process
d. Injury Reporting Procedures
e. Transportation Issues and Procedures
Part VII Policies and Practices - Communications

1. Respond in a narrative format explaining your school policy and/or practice regarding the following communication strategies. Where appropriate, please attach your written school policy as it applies to these areas:
(Please bold each issue as you address it in your narrative.)

   a. Coaches (faculty, non-faculty and volunteer)
   b. Parent Support Groups
   c. Media
   d. Student Groups
   e. Community
   f. Non-coaching Faculty
   g. Administration (building level, central office and board of education)
Part VIII  Policies and Practices – Sportsmanship

1. Respond in a narrative format explaining your school policy and/or practice regarding the following sportsmanship strategies. Where appropriate, please attach your written school policy as it applies to these areas: (Please bold each issue as you address it in your narrative.)

   a. Dealing with Unsportsmanlike Behavior
   
   b. Communicating Sportsmanship Expectations
   
   c. Process used to evaluate adult and student spectator, player and coaching behaviors
   
   d. Board-adopted Sportmanship Statement (Attach a copy of that adopted statement as part of Section IX.)
Part IX Policies and Practices – Personnel

Please attach a copy of your school district’s policy or practice regarding:

1. Coaching Evaluations (attach a copy of evaluation document)

2. Budgeting for Athletics – the process used

3. Student-athlete Policy for:
   a. Training Code
   b. Academic Eligibility
   c. Athletic Injury Insurance
   d. How you encourage multi-sport participation by students
Part X Policies and Practices - Facilities

1. Please respond to each of the following facility issues and how your school district has addressed your needs in relation to Title IX.
   a. Athletic Locker Rooms
   b. Training Room
   c. Weight Room or Fitness Center
   d. Outside Fields (both practice and competition) for Baseball and Softball use
   e. How are practice times/days/dates scheduled for all of your teams? (i.e. Is there a priority use criteria that is followed? Please include a copy of that policy.)
   f. How are equipment rooms/storage areas scheduled for your teams? (i.e. Is there a priority use criteria that is followed? Please include a copy of that policy.)

2. Please respond to each of the following facility issues and how your school district has addressed your needs in relation to the Americans with Disabilities Act (ADA).
   a. Athletic Locker Rooms
   b. Training Room
   c. Weight Room and/or Fitness Center
   d. Outside Fields (both practice and competition)
   e. How are the needs of disabled spectators addressed in venues where fans do attend?
   f. Policies or practices that allow for disabled students to be members of your athletic teams?
Part XI  Special Recognition

Please limit to two (2) pages if needed.

Part XII  Athletic Department Vision Statement

Successful athletic programs have a clearly articulated and commonly understood vision. Please attach a copy of your athletic department vision statement and indicate below how your department vision statement relates to your total program’s goals or policies.

Limit your statement to one page or less. Your vision statement will not be rated, but will serve as a context for rating your responses to Parts VI through X.
## FACILITY EVALUATION

<table>
<thead>
<tr>
<th>Sports Facility</th>
<th>Exceed Expectations</th>
<th>Meets Expectations</th>
<th>Below Expectations</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>1. Football</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>a. Condition of Field</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>b. Onsite / Offsite</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>c. Share with other schools</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>d. Seating Capacity</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>e. Parking</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>f. Restrooms</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>g. Concession Stands</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>h. Locker Rooms</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>i. Scoreboard</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>j. Safety Issues</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>2. Basketball (Boys &amp; Girls)</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>a. Size of Court</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>b. Team Seating</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>c. Seating Capacity</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>d. Parking</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>e. Restrooms</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>f. Concession Stands</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>g. Locker Rooms</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>h. Scoreboard</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>i. Safety Issues</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>3. Baseball</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>a. Condition of Fields</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sports Facility</td>
<td>Exceed Expectations</td>
<td>Meets Expectations</td>
<td>Below Expectations</td>
<td>Comments</td>
</tr>
<tr>
<td>-----------------</td>
<td>---------------------</td>
<td>--------------------</td>
<td>--------------------</td>
<td>----------</td>
</tr>
<tr>
<td>b. Onsite / Offsite</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>c. Seating Capacity</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>d. Restrooms</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>e. Concession Stands</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>f. Parking</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>g. Scoreboard</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>h. Safety Issues</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

4. Softball

| a. Condition of Fields | | | | |
| b. Onsite / Offsite | | | | |
| c. Seating Capacity | | | | |
| d. Restrooms     | | | | |
| e. Concession Stands | | | | |
| f. Parking       | | | | |
| g. Scoreboard    | | | | |
| h. Safety Issues | | | | |

5. Track

<p>| a. Number of Lanes | | | | |
| b. Condition of Track | | | | |
| c. Field Event Areas | | | | |
| Shot-put | | | | |
| Discus | | | | |
| Long Jump | | | | |
| Pole Vault | | | | |
| High Jump | | | | |</p>
<table>
<thead>
<tr>
<th>Sports Facility</th>
<th>Exceed Expectations</th>
<th>Meets Expectations</th>
<th>Below Expectations</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>c. Seating Capacity</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>d. Equipment (starting blocks, hurdles, etc.)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>e. Parking</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>f. Restrooms</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>g. Concession Stands</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>h. Locker Rooms</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>i. Safety Issues (All Event Areas)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>6. Volleyball</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>a. Number of Courts Available</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>b. Seating Capacity</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>c. Equipment</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>d. Parking</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>e. Restrooms</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>f. Locker Rooms</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>g. Ceiling Height</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>h. Scoreboard</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>i. Safety Issues</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>7. Swimming Pool</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Yards/Meters/Proper Competition</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>a. Depth/Diving Well</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>b. 8 or 10 lanes</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>c. Seating Capacity</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>d. Parking</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>e. Concession Stands</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>f. Locker Rooms</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sports Facility</td>
<td>Exceed Expectations</td>
<td>Meets Expectations</td>
<td>Below Expectations</td>
<td>Comments</td>
</tr>
<tr>
<td>----------------------</td>
<td>---------------------</td>
<td>--------------------</td>
<td>--------------------</td>
<td>----------</td>
</tr>
<tr>
<td>g. Scoreboard</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>h. Safety Issues</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8. Soccer</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>a. Condition and Size of Field</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>b. Number of Regulation Fields</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>c. Separate Field from Football</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>d. Restrooms</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>e. Parking</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>f. Seating Capacity</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>g. Scoreboard</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>h. Safety Issues</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9. Water Polo</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>a. Depth</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>b. Locker Rooms</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>c. Restrooms</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>d. Parking</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>e. Scoreboard</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>f. Safety Issues</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10. Tennis Boys/Girls</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>a. Number and Condition of Courts</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Onsite / Offsite</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>b. Seating Capacity</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>c. Condition of Courts</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>d. Parking</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>e. Restrooms</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sports Facility</td>
<td>Exceed Expectations</td>
<td>Meets Expectations</td>
<td>Below Expectations</td>
<td>Comments</td>
</tr>
<tr>
<td>-----------------</td>
<td>---------------------</td>
<td>--------------------</td>
<td>--------------------</td>
<td>----------</td>
</tr>
<tr>
<td>f. Locker Rooms</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>g. Safety Issues</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

11. Gymnastics

<table>
<thead>
<tr>
<th>a. Gym or Gymnastics Room</th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>b. Seating Capacity</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>c. Equipment (condition)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>d. Parking</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>e. Restrooms</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>f. Concession Stands</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>g. Locker Rooms</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>h. Safety Issues</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

12. Hockey

<table>
<thead>
<tr>
<th>a. Share with other schools</th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>b. Seating Capacity</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>c. Parking</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>d. Restrooms</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>e. Concession Stands</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>f. Locker Rooms</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>g. Scoreboard</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>h. Safety Issues</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

13. Wrestling

<table>
<thead>
<tr>
<th>a. Number of Mats</th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>b. Seating Capacity</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>c. Parking</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>d. Concession Stands</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sports Facility</td>
<td>Exceed Expectations</td>
<td>Meets Expectations</td>
<td>Below Expectations</td>
<td>Comments</td>
</tr>
<tr>
<td>-----------------</td>
<td>----------------------</td>
<td>--------------------</td>
<td>-------------------</td>
<td>---------</td>
</tr>
<tr>
<td>e. Locker Rooms</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>f. Restrooms</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>g. Scoreboard</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>h. Safety Issues</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

14. Additional Sports

<p>| | | | | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>a.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>b.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>c.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>d.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>e.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>f.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>g.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>h.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
1. What are the academic eligibility and code of conduct requirements?

2. What is the level of supervision provided for each sports activity home and away?

3. List any awards, concerns of MHSAA violations regarding sportsmanship by athletes, fans and staff.

4. What are your academic eligibility requirements for your school (semester, tri-semester)?

5. What recent or near future upgrades are being considered?
# EVALUATION RANKING

<table>
<thead>
<tr>
<th>Sports Facilities</th>
<th>Possible Points</th>
<th>Points Awarded</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Football</td>
<td>30</td>
<td></td>
</tr>
<tr>
<td>2. Basketball (2)</td>
<td>27</td>
<td></td>
</tr>
<tr>
<td>3. Baseball</td>
<td>24</td>
<td></td>
</tr>
<tr>
<td>4. Softball</td>
<td>24</td>
<td></td>
</tr>
<tr>
<td>5. Track (2)</td>
<td>42</td>
<td></td>
</tr>
<tr>
<td>6. Volleyball</td>
<td>27</td>
<td></td>
</tr>
<tr>
<td>7. Sport 1</td>
<td>32</td>
<td></td>
</tr>
<tr>
<td>8. Sport 2</td>
<td>32</td>
<td></td>
</tr>
<tr>
<td>9. Sport 3</td>
<td>32</td>
<td></td>
</tr>
<tr>
<td>10. Sport 4</td>
<td>32</td>
<td></td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td><strong>302</strong></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Student Activities</th>
<th>Possible Points</th>
<th>Points Awarded</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Student Government</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>2. Student Activity 1</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>3. Student Activity 2</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>4. Student Activity 3</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>5. Student Activity 4</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td><strong>15</strong></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Rankings</th>
<th>Possible Points</th>
<th>Points Awarded</th>
</tr>
</thead>
<tbody>
<tr>
<td>Facility Points</td>
<td>302</td>
<td></td>
</tr>
<tr>
<td>Student Activity Points</td>
<td>15</td>
<td></td>
</tr>
<tr>
<td><strong>Total Points</strong></td>
<td><strong>317</strong></td>
<td></td>
</tr>
</tbody>
</table>
Ranking

Exceeds Expectations 317 - 231
Meets Expectations 230 - 158
Below Expectations 157 - 0

Additional sport offerings will be reviewed if available but will not be used for evaluation total. Additional sport offerings beyond the twelve (12) mandatory will be used in Division placement.

STUDENT ACTIVITIES

<table>
<thead>
<tr>
<th>Student Activities</th>
<th>Exceed Expectations</th>
<th>Meets Expectations</th>
<th>Below Expectations</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Student Government</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. Activity 1</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. Activity 2</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4. Activity 3</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5. Activity 4</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total Activity Points</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total Facility Points</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total Evaluation Points</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
OTHER ACTIVITIES

Compliance  Non-Compliance

1. AD/Coordinator
2. Athletic Code
3. Eligibility Requirement
4. MHSAA Member
5. Athletic Trainer
6. Athletic Training Facility
7.
8.
9.
10.
EVALUATION CATEGORIES

Exceed Expectations – Facilities, seating capacity, parking, supervision and safety exceed minimum expectations. The school is capable of hosting large events that have a high level of spectator interest.

Meets Expectations – Facilities, seating capacity, parking, supervision, and safety are adequate and the school can accommodate the typical crowd at a league event.

Below Expectations – The school fails to meet minimum expectations for facilities, seating capacity, parking, supervision, and/or safety in three or more areas.

Rating System:

Exceeds Expectations 3 points
Meets Expectations 2 points
Below Expectations 0 points
APPENDIX D

O.K. CONFERENCE MINIMUM ATHLETIC STANDARDS

In order to facilitate comprehensive interscholastic athletic programs, continue the courteous and competitive Conference standards of conduct, promote positive interschool involvement, maintain parity of completion, ensure responsible fiscal philosophies, and provide the best possible educational results for our student-athletes, the O.K. Conference hereby does establish the following minimum standards for athletic competition.

A. **Sport Offerings and Levels of Competition**

All member schools shall offer an overall comprehensive athletic program for both men and women. As the O.K. Conference is committed to providing an equal number of offerings for males and females, it is strongly recommended that each school work toward and maintain gender equity within its athletic programs.

1. **Minimum Mandatory Sport Offerings**

<table>
<thead>
<tr>
<th>Male Offerings</th>
<th>Female Offerings</th>
</tr>
</thead>
<tbody>
<tr>
<td>Football</td>
<td>Basketball</td>
</tr>
<tr>
<td>Basketball</td>
<td>Volleyball</td>
</tr>
<tr>
<td>Baseball</td>
<td>Softball</td>
</tr>
<tr>
<td>Track</td>
<td>Track</td>
</tr>
</tbody>
</table>

2. **League Recognized Sports**

Further, each school will offer two (2) additional Varsity sports from the list below.

<table>
<thead>
<tr>
<th>Male Offerings</th>
<th>Female Offerings</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cross Country</td>
<td>Swimming</td>
</tr>
<tr>
<td>Golf</td>
<td>Tennis</td>
</tr>
<tr>
<td>Soccer</td>
<td>Cross Country</td>
</tr>
<tr>
<td>Wrestling</td>
<td>Gymnastics</td>
</tr>
<tr>
<td>Swimming</td>
<td>Soccer</td>
</tr>
<tr>
<td>Tennis</td>
<td>Competitive Cheer</td>
</tr>
<tr>
<td>Hockey</td>
<td>Golf</td>
</tr>
<tr>
<td>Water Polo</td>
<td>Water Polo</td>
</tr>
<tr>
<td>Bowling</td>
<td>Bowling</td>
</tr>
</tbody>
</table>

2016 Revision
3. **Levels of Competition**

All member schools will have Varsity and Junior Varsity programs in place in the following sports. Additionally, all member schools should work toward implementation of separate Freshman programs by the next realignment. If a school is unable to sustain a junior Varsity team in a sport due to injury, lack of numbers, or other considerations; the school may request that it be exempted from this policy by the other member of its Division. The exemption must be approved by 3/4 of the Division’s members and must be reviewed on an annual basis. If the Division does not approve the request, then the procedures identified in the paragraph “At Rick Procedures” apply.

<table>
<thead>
<tr>
<th>Male Offerings</th>
<th>Female Offerings</th>
</tr>
</thead>
<tbody>
<tr>
<td>Football</td>
<td>Basketball</td>
</tr>
<tr>
<td>Basketball</td>
<td>Volleyball</td>
</tr>
<tr>
<td>Baseball</td>
<td>Softball</td>
</tr>
</tbody>
</table>

**B. Facilities and Supervision**

1. The O.K. Conference will monitor the athletic facilities of member schools to ensure that all facilities meet safety and competition standards set by the National Federation, MHSAA, and the O.K. Conference.

2. All member schools must have an administrator or designee present at all away Varsity football, hockey and soccer contests and all away Boys’ Varsity basketball contests. Additionally, all schools must take measures to ensure proper security and safety at all home athletic contests.

3. Each member school will have a person serve as Athletic Director/coordinator. This person will have the authority to vote on athletic matters and make athletic policy recommendations.
Minimum Standards for Student Activities

The O.K. Conference offers a comprehensive program comprised of athletic competition and student activities. Student activities programs include the following areas: Special Projects, Sportsmanship and School Spirit, Academic Activities and Extra-Curricular Activities. The following minimum standards in the area of student activities have been adopted:

A. All member schools must provide an opportunity for student government (i.e., student council, student senate).

B. All member schools will offer a minimum of four (4) additional student activities from the following list:

- Academic Recognition Organization (i.e., NHS)
- Anti-Substance Abuse Program (i.e., SADD)
- Band/Music
- Environmental Clubs
- Humanities
- Language/Multi-Cultural Clubs
- Newspaper
- Quiz Bowl
- Spirit Groups
- Theatre
- Vocational Clubs
- Yearbook

C. All member schools will adhere to the established bylaws of the O.K. Conference Student Activities Commission.
O.K. Conference at Risk Programs

At risk programs would be defined as those programs which may or may not be sponsored by a school from year to year for a variety of reasons. When a school is scheduled into a Division in a sport and then is unable to honor their commitment, it presents scheduling problems for the remaining schools in that Division. Therefore the following procedure is being purposed to address this concern.

At Risk Procedure

If a school commits a sport for scheduling in the O.K. Conference and then is unable to honor the commitment for two (2) consecutive years, the sport for that school will be dropped from the scheduling procedure for the following year. Commitment would involve beginning and completing the season for that particular sport. If a school is dropped from a sport and the following year they feel that they can sponsor the program again, they will submit a written petition to return on a non-Divisional basis and member schools will schedule that school on a non-Division basis to provide competition. After a school is dropped from a sport and they go through two (2) consecutive years, beginning and ending the season on a non-Division basis, they will be returned to the Division schedule in good standing.
Title IX & the O.K. Conference
“A Brief History and Overview”

The O.K. Conference has been a leader in advancing opportunities for both genders in our athletic programs. We realize the impact that sports participation can have on a young person’s life. We believe in the values of teamwork, dedication and discipline; values that athletic participation can teach. To that end, the O.K. Conference encourages all of our member schools to provide fair and equitable opportunities for all of our student-athletes and to expand programs as the need arises and the student interest survey demonstrates.

What is Title IX?

Title IX was the first comprehensive federal law to prohibit sex discrimination against students and employees of educational institutions. Title IX benefits both males and females, and is at the heart of efforts to create gender equitable schools. The law requires educational institutions to maintain policies, practices and programs that do not discriminate against anyone based on sex. Under this law, males and females are expected to receive fair and equal treatment in all areas of public schooling, including athletics.

No person in the United States shall, on the basis of sex, be excluded from participation in, or denied the benefits of, or be subjected to discrimination under any educational program or activity receiving federal assistance.
- Title IX of the Education Amendments of 1972 to the Civil Rights Act of 1964

What school levels are covered by Title IX?

Title IX protects students, faculty and staff in federally funded education programs. Title IX applies to all elementary and secondary schools, colleges and universities. It also applies to programs and activities affiliated with schools that receive federal funds and to federally funded education programs run by other entities such as correctional facilities, health care entities, unions and businesses.

Who is responsible for enforcing Title IX?

Every school, Bylaw, is required to designate a Title IX Coordinator. Contact information for the Title IX Coordinator must be readily available to school faculty, staff and students. Title IX coordinators as well as all faculty, students, coaches, and community members can file a complaint of a Title IX violation with the Office of Civil Rights.

Is there a penalty for Title IX non-compliance?

Schools can lose federal funds for violating the law. Although most institutions are not in compliance with Title IX, no institution has actually lost any federal money. Schools have, however, had to pay substantial damages and attorney fees in cases brought to court.
How do athletics comply with Title IX?

Title IX requires that schools, which receive federal funding, provide equal opportunities for members of both sexes. It addresses the availability, quality and kind of benefits, and the opportunities and treatment that athletes receive. Basic aspects of Title IX as applied to high school athletics are:

1) **Participation:**

   Title IX is not a quota system. Every institution has three options to demonstrate fairness in athletic opportunities. Schools can show that they comply with Title IX if they can demonstrate any one of the following:
   - Substantially proportionate athletic opportunities for male and female athletes
   - A history and continuing practice of expanding opportunities for the under-represented sex
   - Full and effective accommodation of the interests and abilities of the under-represented sex. Schools do not necessarily need to offer identical sports, yet they do need to provide an equal opportunity for student-athletes to play in sports where a student survey has shown a substantial interest.

2) **Additional Athletic Program Components:**

   Title IX also mandates equal treatment in the provision of:
   - Equipment, Supplies and Uniforms
   - Coaching
   - Scheduling
   - Facilities
   - Publicity
   - Medical/Athletic Training
   - Travel

   The standard for compliance is one of quality rather than quantity. The actual amount of money spent on women's and men's programs may differ as long the quality of facilities and services for each program achieve parity. For example, equipment needed for men's football may cost more than equipment needed by women's volleyball. Title IX compliance is achieved as long as both teams are given equipment of comparable quality.

Kent ISD and its member school districts, working in cooperation with the Communities for Equity (CFE) Title IX advocacy group, developed a number of instruments to continually monitor schools’ efforts to ensure athletics programs are fair and equitable for all students.

Required yearly by the O.K. Conference are **Title IX Annual Compliance Reports.** The number and gender of participants in each high school’s sports program along with the percentage of those athletes as compared with the total enrollment of the entire school are gathered. Along with participant information there are the support services that each gender’s sport program receives along with a comparison of the male and female coaching salaries districtwide. These annual reports are to be made available and distributed at least three times per year at each school’s parent night meetings or a similar gathering.

Our second data gathering instrument is the **O.K. Conference student-interest survey.** Done every three (3) years by each high school in Kent County; our student interest survey will highlight and illustrate for school districts where the needs might be arising in our emerging sports programs. Each district is
required to have a policy in place to assist with meeting those emerging needs and interests (i.e. “Criteria for Adding Sports”). First done O.K. CONFERENCE wide in the spring of 2007; the next required survey will be administered in the spring of 2010.

Our final data collection instrument is our most thorough, the **O.K. Conference Gender Equity Comprehensive Audit (GECA)**. Information and reports for data for the GECA will be gathered by a committee of school and community people; the data will be verified by the school or district’s Title IX coordinator and the district’s Superintendent and board of education. The GECA will be completed every five years with the initial report being submitted for final board approval in May of 2014. Information for the May 2014 GECA will be based on facts and figures from the current school year.
APPENDIX E
O.K. Conference
Gender Equity Comprehensive Audit

In 1995, the O.K. Conference developed a Gender Equity Resource Guide for all of the schools to use. In 2007, the O.K. Conference reviewed the Resource Guide and developed the following program components that schools would use as resources to evaluate gender equity in their current school programs.

- Student Interest and Abilities Survey
- Equipment and Supplies
- Scheduling
- Facilities
- Coaching
- Publicity
- Medical and Training
- Travel per Diem

The intent of this Gender Equity Comprehensive Audit is to provide Conference members with an organized reporting system.

**Original Committee Members:**
Dave Price, Athletic Director, Wyoming Rogers (Chair)
Bob Dailey, Athletic Director, Northview
Eric Haik, Athletic Director, Godwin Heights
Blaine Brumels, Athletic Director, East Kentwood
Cheri Ritz, Athletic Director, Wayland
Walt Gawkowski, Athletic Director, Mona Shores
Jim Haskins, O.K. Conference
Ron Koehler, KISD

**Current Committee Members**
See O.K. Committee yearly chart.

Special recognition to the states of Washington and Kentucky for sharing their Gender Equity Comprehensive Audit information with our Conference.
O.K. Conference Gender Equity Comprehensive Audit

The Superintendent of schools will ensure that a Gender Equity Comprehensive Audit (GECA) will be performed at least every five (5) years in the district and such audit will be done by a gender equity review committee for each school.

The committee will be composed of the following personnel:

- School or district Title IX Coordinator
- Athletic Administrator
- High school administrator
- Male coach
- Female coach
- Booster club representative
- Parent of female athlete
- Parent of male athlete
- Faculty representative
- Athletic trainer
- Male student-athlete
- Female student-athlete

It is expected that the Title IX coordinator and/or the school’s athletic administrator will be the chair(s) for the review committee.

Times for the full committee meetings shall be such as to ensure a majority, if not all, members are in attendance.

The review committee will be charged with gathering, compiling and evaluating the data collected from staff, student-athletes and parents concerning the effectiveness of each school’s gender equity program as it relates to high school sports.

The O.K. Conference Gender Equity Committee strongly suggests that the following timelines be followed so as to allow ample time in the months of March and April 2009 to compile and evaluate the data collected.

It is further recommended that you begin as early as this spring (2008) to collect information and data from your fall coaches and sports programs (see suggested timelines below).

<table>
<thead>
<tr>
<th>SECTION</th>
<th>TARGET COMPLETION DATE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Section C – Coaching</td>
<td>October 1, 2013</td>
</tr>
<tr>
<td>Section B – Equipment, Supplies &amp; Uniforms</td>
<td>October 15, 2013</td>
</tr>
<tr>
<td>Section E – Facilities</td>
<td>November 1, 2013</td>
</tr>
<tr>
<td>Section D – Scheduling</td>
<td>November 15, 2013</td>
</tr>
<tr>
<td>Section G – Medical/Athletic Training</td>
<td>December 1, 2013</td>
</tr>
<tr>
<td>Section F – Publicity</td>
<td>February 1, 2014</td>
</tr>
<tr>
<td>Section H – Travel</td>
<td>February 15, 2014</td>
</tr>
<tr>
<td>Board of Education Presentation</td>
<td>May 1 – June 15, 2014</td>
</tr>
</tbody>
</table>
O.K. CONFERENCE GENDER EQUITY COMPREHENSIVE AUDIT
VERIFICATION OF FORMS MAY – JUNE 2014

(High School) ________________________________, (City) Michigan certifies to the KISD
that the following audit is an accurate and true representation of the facts and data regarding our district’s
compliance with Title IX of the Education Amendments of 1972 to the Civil Rights Act of 1964; as it
pertains to our district and school’s athletic programs.

Please identify the following:

School District Title IX Coordinator:
Name ______________________________
Professional Title ______________________________
Phone Number ( ____________ )
Address ______________________________

School Title IX Coordinator:
Name ______________________________
Professional Title ______________________________
Phone Number ( ____________ )
Address ______________________________

The following signatures verify the authenticity of the document:

<table>
<thead>
<tr>
<th>Name</th>
<th>SIGNATURE</th>
<th>DATE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Principal</td>
<td></td>
<td></td>
</tr>
<tr>
<td>School Title IX Coordinator</td>
<td></td>
<td></td>
</tr>
<tr>
<td>District Title IX Coordinator</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Superintendent</td>
<td></td>
<td></td>
</tr>
<tr>
<td>School Board President</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
High School’s Gender Equity Review Committee was composed of the following members. Verification of their membership is noted by their signature below.

<table>
<thead>
<tr>
<th>MEMBER NAME</th>
<th>TITLE</th>
<th>SIGNATURE</th>
<th>DATE</th>
<th>( ✓ )*</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>( )*</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>( )*</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>( )*</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>( )*</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>( )*</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>( )*</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>( )*</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>( )*</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>( )*</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>( )*</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>( )*</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>( )*</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>( )*</td>
</tr>
</tbody>
</table>

*Check mark indicates committee member has reviewed the final document.
Section A

O.K. Conference Gender Equity Comprehensive Audit
Interests and Abilities
Overview

Under both Michigan and federal law, school districts are required to effectively accommodate the athletic interests and abilities of students of both sexes to the extent necessary to provide equal athletic opportunity. A three part test was developed to determine that equality under federal and state law.

A district may be in compliance if it meets any part of the three part test.

Part 1
The first part of the three part test is a comparison of the ratio of female to male participation in interscholastic athletic programs to the ratio of female to male student enrollment. The ratio is a comparison of the number of participants not the number of girls’ and boys’ teams. A common misconception is that if there is a significant difference between the ratios then the school district is not in compliance. This is not correct. Your district may still be in compliance is it can show progress with Part 2 or 3 of the three part test.

Part 2
If Part 1 reveals that one sex is under-represented in the district’s athletic program, a district may still be in compliance if the district can show a history and continuing pattern of program expansion for the under-represented sex. A history and continuing pattern would entail a review going back at least a decade and would consider whether sports were added in response to the existing and emerging interests of students for new opportunities, whether there is a clear and effective method for adding new sports and whether there is currently a plan to add more sports in response to an identified interest.

Part 3
If a district cannot meet Part 1 or Part 2 of the three part test, it still may be in compliance if the current program can be shown to be effectively accommodating the interests and abilities of the under-represented sex. If a district can show that there are sound and effective methods for determining interest and that the current program is addressing all known interest, then it is in compliance even if there is a disparity in the ratio of students participating in sports to the students enrolled.

In this section, the school and district will collect information on the interest in athletics and activities (Bylaws 1 and 2). This student survey is to be completed every three years (next to be completed in June 2016); the interscholastic athletic participation and enrollment rates and coaching information (Title IX Compliance Report sent to the KISD and compiled by the KISD each year) for boys and girls sports. This information will be analyzed to determine if any steps need to be taken to increase the participation opportunities for the underrepresented sex.
Section A-1

O.K. Conference Gender Equity Comprehensive Audit
Student Survey
Part I
Interscholastic Athletic Programs

This survey contains no information that will identify you. You are not required to participate in this survey but we do encourage you to complete this so that your school can better determine what programs and activities they might offer for future planning.

1. What is your grade level?
   - 7th
   - 8th
   - 9th
   - 10th
   - 11th
   - 12th

2. What is your gender?
   - Female
   - Male

3. Are all the sports that you are interested in offered at your school?
   - Yes
   - No
   - I am not interested in athletics participation

4. Are you able to participate in the sports in which you are interested that your school offers?
   - Yes
   - No. If “no”, why not? (please check all that apply)
     - Not enough squads
     - Tried out but did not make the team
     - Conflicting after school responsibilities
     - Two sports offered at same time
     - Parents' wishes
     - Low grades
     - Conflict with coach
     - Cost
     - Working at outside job
     - Other: ________________________________
5. Considering your other interests and responsibilities, the time required for sports practices and contests and the time of the year that a sport is or would be offered (if known), would you participate in the following sport(s) if the opportunity were available to you? (Please check no more than four.)

<table>
<thead>
<tr>
<th>FALL SEASON:</th>
<th>Boys:</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Girls:</strong></td>
<td><strong>Boys:</strong></td>
</tr>
<tr>
<td>Volleyball</td>
<td>Football</td>
</tr>
<tr>
<td>Cross Country</td>
<td>Cross Country</td>
</tr>
<tr>
<td>Swimming &amp; Diving</td>
<td>Water Polo</td>
</tr>
<tr>
<td>Golf</td>
<td>Tennis</td>
</tr>
<tr>
<td>Sideline Cheer</td>
<td>Soccer</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>WINTER SEASON:</th>
<th>Boys:</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Girls:</strong></td>
<td><strong>Boys:</strong></td>
</tr>
<tr>
<td>Basketball</td>
<td>Basketball</td>
</tr>
<tr>
<td>Competitive Cheer</td>
<td>Wrestling</td>
</tr>
<tr>
<td>Gymnastics</td>
<td>Hockey</td>
</tr>
<tr>
<td>Skiing</td>
<td>Skiing</td>
</tr>
<tr>
<td></td>
<td>Swimming &amp; Diving</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>SPRING SEASON:</th>
<th>Boys:</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Girls:</strong></td>
<td><strong>Boys:</strong></td>
</tr>
<tr>
<td>Softball</td>
<td>Baseball</td>
</tr>
<tr>
<td>Track &amp; Field</td>
<td>Track &amp; Field</td>
</tr>
<tr>
<td>Tennis</td>
<td>Golf</td>
</tr>
<tr>
<td>Soccer</td>
<td></td>
</tr>
<tr>
<td>Water Polo</td>
<td></td>
</tr>
</tbody>
</table>

6. Please list any other sport you would like to see added:

7. Students currently involved in athletics should answer the following questions:
   a. Are the following resources equally available to female and male athletes?
      i. Support groups at contests (pep band, cheerleaders, etc.)
      ii. Access to the use of video equipment (VCR, monitor)
      iii. Distribution of publications (flyers, posters, programs)
      iv. Local newspaper articles
      v. Daily announcements (upcoming events, results)

8. Is the school providing equal promotions for boys’ and girls’ teams?

2016 Revision
9. Is the school providing an equal amount of publications for the boys’ and girls’ teams, such as programs and flyers?  
  □ Yes  □ No

10. If resources are not equally available, what could be changed?
O.K. Conference Gender Equity Comprehensive Audit
Athletic Survey
Part II
Co-Curricular Activities

Co-curricular activities are organized activities, sanctioned by the school, that may occur before or after school and may or may not involve competing with other schools.

For each of the following co-curricular activities, please indicate how interested you would be in participating.

A – I would really like to participate.
B – I might like to participate.
C – I would not participate.

<table>
<thead>
<tr>
<th>A</th>
<th>B</th>
<th>C</th>
<th>Band</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>Cheerleading</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Chess Club</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Computer Club</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Debate/Forensics</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Drama</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Foreign Language Club</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Journalism/Newspaper</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Key Club</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>National Honor Society</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Pep Club</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Pep Band</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Vocal Music</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Yearbook</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Other</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Other</td>
</tr>
</tbody>
</table>
Section B

O.K. Conference Gender Equity Comprehensive Audit
Equipment, Supplies and Uniforms

Checklist for gender equity equipment, supplies and uniform audit:

1. Collect needed information for each team (sport and level) using the attached forms (B-1) about the availability of necessary equipment and supplies. For the purposes of the audit the following will be considered:
   a. Equipment – Items purchased by the sport, boosters or athletic department that under normal conditions will last for more than one (1) year.
   b. Supplies – Items purchased by the sport, boosters or athletic department that under normal conditions last for less than one (1) year (consumable items).
   c. Uniforms – Cloth items purchased by the sport, boosters, athletic department or individual athlete for use in practice or interscholastic athletic contests.

The forms should be completed by the head coach of that sport and level or by the Varsity head coach for all levels with input, where appropriate, from other coaches and team members. Completed forms should be returned to the Athletic Director or Title IX officer for the district.

2. Based on the forms completed by all the teams in a given district, the information should be compiled and analyzed (form B-2) to assess whether female and male athletes, district wide, are being given equal opportunities regarding equipment, uniforms and supplies.

3. The Title IX officer will complete the certification form (attachment B-3) for equipment, supplies and uniforms and attest that steps 1 & 2 above have been completed. The certification form will include the district plans for addressing areas of deficiencies identified by the analysis in Step 2. Once every five (5) years as part of the certification process, the comprehensive audit will be completed and a certification form signed by the Superintendent will be forwarded to the Kent Intermediate School District.
### O.K. Conference Gender Equity Comprehensive Audit
#### Equipment, Supplies and Uniforms

### Team Worksheet

<table>
<thead>
<tr>
<th>School</th>
<th>………………………………………………………………………………………………………...</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sport</td>
<td>Gender</td>
</tr>
</tbody>
</table>

Number of Participants ___________________________
(at end of season)

Head Coach _________________________________

For the purposes of this worksheet:
1. **Equipment** – Items which will last for more than one (1) year; i.e. pitching machines, mats, gymnastics equipment, VB standards, conditioning or weight training equipment, etc.
2. **Supplies** – Items that under normal conditions last for less than one (1) year (consumable items); bats, balls, basketball nets, etc.
3. **Uniforms** – Cloth items for use in practice or interscholastic athletic contests; game jerseys, warm-ups, rain gear, shoes, etc.

Stationary equipment such as basketball backboards, soccer goals, football goals, tennis standards will be reviewed under the facilities component.

During the most recent completed school year (2007-2008) the following were purchased for use with the team listed above:

1. List the equipment provided to your team or team members by the school district:

2. List the supplies provided to your team or team members by the school district:

3. List the cloth items provided to your team or team members by the school district:

4. List the equipment provided by participants themselves:
5. List the supplies provided by participants themselves:

6. List the cloth items provided by participants themselves:

7. List the equipment provided by other sources (i.e. boosters, donations, manufacturers):

8. List the supplies provided by other sources (i.e. boosters, donations, manufactures):

9. List the cloth items provided by other sources (i.e. boosters, donations, manufactures):

10. Do student-athletes pay a participation fee? How much? How often?

11. What is your equipment and supply budget for the current year (2013-2014) from the school district?

12. What was the equipment and supply budget for the previous year (2012-2013) from the school district?

13. What was the uniform budget for the current year (2013-2014)?

14. What is the uniform budget for the previous year (2012-2013)?

15. Is the quality of the equipment, supplies and uniforms provided to this team satisfactory?
16. Do they meet all NFHS and MHSAA regulations and standards?

17. Who is responsible for the ordering, collecting and inventorying of the equipment, supplies and uniforms?

18. Are the equipment, supplies and uniforms for your team appropriately maintained and replaced when needed?

19. Is adequate storage provided for all equipment, supplies and uniforms? If not, please explain.

20. Overall, is the budget available for this team adequate?

21. Do you believe that the equipment, supplies and uniforms provided to your team may deny the team equal treatment and opportunities? Explain.

22. Do you fundraise?
   a. Is your activity account kept by the school district?
   b. Balance in your activity account at the conclusion of present school year (2013-2014)?
   c. How are and for what types of items are your activity account monies disbursed?

23. Additional comments:
On form B-1, the school or district gathered information about each team using the team worksheets. On form B-2 the district or school will compare the information from your teams about the equipment, supplies and uniforms provided to those boys’ and girls’ teams. To complete this section and the required certification form (B-3), you will be asked to make a number of judgments about the comparability of the treatment of boys’ and girls’ teams in the area of equipment, supplies and uniforms.

Based on the information acquired from the different teams in your program, carefully consider and answer the following questions for the program and district as a whole. The objective is to arrive at a conclusion about whether, in the program as a whole, there are substantial differences in the treatment of boys’ and girls’ teams.

1. Do the team worksheets reflect a disparity between the boys and girls teams regarding the amount of equipment, supplies and uniforms provided by the participants themselves?

2. Is there a difference between participation fees charged to members of boys’ teams and to members of girls ‘teams? If there is a difference, why?

3. Is there a disparity in the budget for the girls’ teams and the boys’ teams in the overall program? If there is a difference, why?

4. Is there a disparity in the budget for the similar girls’ and boys’ teams in the overall program (i.e. basketball, track, swimming, etc.)? Attach a copy of your yearly (2007-2008) athletic budget. If there is a difference, why?

5. Is there a disparity in the number of girls’ and boys’ teams that report dissatisfaction with the quality of their equipment, supplies and/or uniforms?

6. Is there a disparity in the number of boys’ and girls’ teams reporting that their equipment, supplies or uniforms are suitable and meet NFHS and MHSAA standards?
7. Is there a disparity in the number of boys’ and girls’ teams reporting that their equipment, supplies and uniforms are adequately maintained and replaced as needed?

8. Is there a disparity in the number of boys’ and girls’ teams reporting that their equipment, supplies and uniforms are adequate?

9. Is there a disparity in the number of boys’ and girls’ teams indicating that the equipment, supplies and uniforms provided for their team may deny their team equal treatment and opportunities?

10. For the disparities or differences that you identified above, have you found that there is a significantly greater percentage of girls’ or boys’ affected?

Overall conclusion:

District or program action steps being taken to address equipment, supplies or uniform disparities:

______________________________  ______________________________
School District                    Board of Education Representative

______________________________
Title IX Coordinator

______________________________
Superintendent

Date

2016 Revision
O.K. Conference Gender Equity Comprehensive Audit
Equipment, Supplies and Uniforms
Certification Form

This form is to be used by a school district to report to KISD the results of its self-evaluation of its provision and maintenance of its athletic equipment, supplies and uniforms. This form should be completed by a representative group of individuals designated for that purpose by the Superintendent. The completed forms should be signed by the Superintendent and submitted with the accompanying certification worksheets for each of the other program components to:

Ron Koehler
Assistant Superintendent
Kent ISD
2930 Knapp Street, NE
Grand Rapids, MI 49525

1. Have you evaluated whether the girls’ and boys’ athletic programs are provided with equipment, supplies and uniforms on an equivalent basis?  
   YES □ NO □

2. Did the evaluation include a survey of the equipment, supplies and uniforms regularly provided to each girls’ and boys’ team?  
   YES □ NO □

3. Did you compare the equipment, supplies and uniforms provided to the girls’ and boys’ teams based upon the following factors:
   a. Quality
   b. Quantity
   c. Suitability for sport
   d. Maintenance and replacement

4. Have you identified a disparity between the equipment, supplies and uniforms for the girls’ and boys’ programs for any of the factors listed above?  
   YES □ NO □

5. If there are disparities, do they favor, overall:
   a. Girls’ team?  
      YES □ NO □
   b. Boys’ teams?  
      YES □ NO □

Action steps taken to address disparities in equipment, supplies and uniforms:

2016 Revision
School District

Title IX Coordinator

Superintendent

Board of Education Representative

Date

2016 Revision
Section C

O.K. Conference Gender Equity Comprehensive Audit
Coaching
Overview

In Section C – information will be gathered and verified regarding the coaching for girls’ and boys’ teams. Three main areas are evaluated:

1. Opportunity to receive coaching (How much coaching is provided?)
2. The qualifications of coaches
3. The compensation of coaches

Evaluators should also consider elements inherent in any evaluation of coaching:

Two elements to consider for the opportunity to receive coaching:
1. Availability of full-time coaches for girls’ and boy’s teams
2. Availability of part-time and assistant coaches for girls’ and boys’ teams

Two elements to consider for the qualification of coaches:
1. Training, experience and other professional qualifications
2. Professional standing

Ten elements to consider for the compensation of coaches:
1. Rate of compensation (per sport, per season)
2. Duration of contract (length of season)
3. Experience
4. Nature of coaching duties performed
5. Working conditions
6. Community/School expectations
7. Team/squad sizes
8. Adults supervised
9. Off season responsibilities
10. *Value of equipment, supplies and uniforms

Under certain circumstances, some coaching positions can and should be excluded from your analysis. These coaching positions are for combined or “co-ed” teams. “Combined teams” refers to sports where the girls’ and boys’ teams have the same coach (es) and practice, and compete at the same or similar times and locations. Coaches for combined teams may be excluded from the analysis unless more coaching time is spent with athletes of one sex. Do not arbitrarily determine that a sport (i.e. wrestling) is coed simply because both sexes may compete on that team.
The primary focus of your analysis should be the degree of coaching services made available to the girls’ and boys’ sports and whether the amount of such services is meeting the needs of girls and boys to a comparable degree. Availability of qualified coaching is most directly related to the benefits received by your student-athletes.

For qualifications (assignment) of coaches you will determine if there is a pattern of assigning less qualified coaches to one program for students of one sex more than the other. The reason for relying on an overall pattern with all your programs is because measurable qualifications do not always translate over into higher quality coaching.

Compensation for coaches must be part of your evaluation but unequal compensation of girls’ and boys’ coaches may not itself be enough for your program to be considered out of compliance with athletic equity laws. If the amount of coaching services ((opportunity to receive coaching) and the qualifications of coaches in both the girls’ and boys’ programs are equivalent; it may be difficult to establish that lower compensation for coaches in the girls’ program, for example, negatively affects female athletes.

In the following sections (C-1, 2, 3) the district will collect and analyze information on the availability, qualifications and salaries/compensation of coaches. The information will be analyzed to determine if any steps need to be taken to address disparities in the coaching provided girls or boys.

**Checklist for gender equity comprehensive audit of coaching:**

1. Collect needed information for each coach and assistant coach for each team using the attached form (C-1). If the team has more than one coach or assistant coach, each person should complete a separate form.

   Completed forms should be returned to the Athletic Director or Title IX officer for the district.

2. Based on the forms (C-1) completed by all the coaches in a given district, the information should be compiled and analyzed (form C-2) to assess whether female and male athletes, district wide, are being given equal opportunities regarding to receive coaching services.

3. The Title IX officer will complete the certification form (attachment C-3) for program component and attest that steps 1 & 2 above have been completed. The certification form will include the district plans for addressing areas of deficiencies identified by the analysis in step 2. Once every five (5) years as part of the certification process, the comprehensive audit will be completed and a certification form signed by the Superintendent attesting to the evaluation of coaching services district wide will be forwarded to the Kent Intermediate School District.
O.K. Conference Gender Equity Comprehensive Audit
Coaching
Coach Worksheet

School ________________________________

Sport ________________________________

Level ___________________ Number of participants _________________

Your name ____________________________ Female Male

Circle (or place check mark) as applicable:

☐ Head Coach ☐ Assistant Coach ☐ Volunteer Coach ☐ Faculty ☐ Non Faculty

1. How much time do you spend, on average, actually coaching each week (Monday-Sunday)?

2. How much time do you spend, on average, preparing each week (Monday-Sunday)?

3. Is the amount of time spent coaching and preparing each week adequate?

4. Describe your coaching experience in this sport (number of years, high school – college, levels).

5. Describe your playing experience in this sport (years, level, where).

6. Describe your coaching experience in other sports (sport, years, level, where).
7. Describe your playing experience in other sports (sport, years, level, where).

8. Describe other qualifications for coaching this sport? (e.g. summer camps, writing, clinics, speaking)

9. Your salary and length of contract for the present school year in this sport is:

Additional comments (i.e. concerns/ideas to improve your program):
On form C-1 the district gathered information from each team coach on the amount of coaching provided, the coach(es) qualifications and their compensation. Now use this school/district worksheet (C-2) to compile the information on coaching and evaluate the equity of coaching services provided to the girls’ and boys’ teams.

It is essential in determining whether there is a disparity in coaching that you consider the number of girls’ and boys’ teams affected and the actual number of participants affected. The number of participants on each team may vary greatly; simply comparing the number of teams reporting problems will not give you a complete measure of whether female and male athletes in the district are being treated equally as a whole.

The top of each coach’s worksheet (C-1) should indicate the number of participants on that particular team. You will need these numbers to conduct the calculations needed to answer some of the questions below.

Based on the coaching information gathered, carefully consider and answer the following questions for the district as a whole. Your objective is to determine whether, in the district wide athletic program as a whole, there are differences in the treatment of boys and girls in coaching.

1. How many paid coaches (head and assistant) are there in the girls’ program district-wide?

2. How many volunteer (unpaid) coaches are there in the girls’ program district-wide?

3. How many paid coaches (head and assistant) are there in the boys’ program district-wide?

4. How many volunteer (unpaid) coaches are there in the boys’ program district-wide?

5. What is the ratio of the total number of paid coaches to the total number of girls participating?

6. What is the ratio of the total number of paid coaches to the total number of boys participating?
7. What is the ratio of the total number of paid and volunteer coaches to the total number of girls participating?

8. What is the ratio of the total number of paid and volunteer coaches to the total number of boys participating?

9. Is there a difference in the number of girls programs that have assistant coaches with the number of boys programs that have assistant coaches?

10. Is there a difference along gender lines in the number of coaches who identify that the amount of coaching provided to their team is inadequate to meet the needs of their team?

11. Compare the training, experience and other professional qualifications of the coaches assigned to the boys’ program with the coaches assigned to the girls’ programs.
   a. Are there noticeable differences? What are they?
   b. If there are differences, are they the result of discriminatory hiring practices based on the gender of team participants?
   c. Do the differences result in a different level of quality in coaching for one sex over the other? Explain
   d. How do the differences affect the coaching provided?

12. Compare the salaries of the coaches for girls’ sports with the salaries of coaches for boys’ sports.
   a. Are there noticeable differences?
   b. Are these differences in salaries a result of factors; such as...the nature of their duties, the experience of individual coaches, the number of participants, the number of coaches supervised?
   c. Does any difference in compensation result in a disparity on the coaching afforded to the boys’ or girls’ programs?

13. For any of the disparities or differences that you identified above, have you found that there is a significantly greater percentage of girls or boys affected overall?
Overall conclusion:

Action steps taken to address coaching concerns:
This form is to be used by a school district to report to KISD the results of its self-evaluation of practices related to equal opportunities to receive coaching. This form should be completed by a representative group of individuals designated for that purpose by the Superintendent. The completed forms should be signed by the Superintendent and submitted with the accompanying certification worksheets for each of the other program components to:

Ron Koehler  
Assistant Superintendent  
Kent ISD  
2930 Knapp Street, NE  
Grand Rapids, MI 49525

1. Have you gathered information on the amount of coaching provided to the boys’ and girls’ teams?  
   Yes ☐  No ☐

2. Have you evaluated the training, experience and professional qualifications of your coaching staff?  
   ☐ ☐

3. Have you evaluated the compensation received by coaches?  
   ☐ ☐

4. Does the information gathered and analyzed regarding coaching indicate that there is an overall disparity between coaching services afforded to boys and girls? Explain  
   ☐ ☐

5. If there is a disparity, are there nondiscriminatory factors that explain the disparity? If yes, please explain.  
   ☐ ☐

Action steps taken to address coaching concerns:
District Employment Information:

1. Have you reviewed district hiring practices to ensure that they do not discriminate on the basis of sex?

2. Have you provided advancement opportunities in coaching to males and females?

   Number of female coaches (including volunteers) ____
   Number of male coaches (including volunteers) ____

_________________________________________  ________________________________
School District                                    Board of Education Representative

_________________________________________  ________________________________
Title IX Coordinator                              Date

_________________________________________
Superintendent
Section D

O.K. Conference Gender Equity Comprehensive Audit
Scheduling Overview

In Section D – information will be gathered and verified regarding whether boys and girls receive equal benefits from the scheduling of games and practice times. This section is not just about the number and times of games. Rather, its overriding concern is the impact that unequal scheduling may have on factors such as the opportunity to participate, compete, attract media coverage, play in front of spectators and develop a strong overall program. There are five factors to be assessed in determining whether your district is providing equal opportunity:

1. number of competitive events per sport;
2. number and length of practice opportunities;
3. time of day competitive events are scheduled;
4. time of day practices are scheduled; and
5. opportunities to engage in available competition.

There may be nondiscriminatory differences in scheduling due to the unique aspects of certain sports. Scheduling of competitive events, for example, may be limited by a lack of competition for a particular sport in the normal competitive region. Fewer competitive contests may in turn affect practice schedules and pre-season and post-season competitive opportunities.

Competitive and practice schedules are often affected by the availability of facilities. Usually, an investigation of the scheduling program component will overlap with an investigation into the program component that covers athletic facilities. When schedules for teams of one sex are adversely affected by the availability of facilities, a district may be out of compliance in both program components.

An institution is not required to schedule the same number of games or practices for boys’ and girls’ teams in the same or similar sport. However, such a disparity may suggest a larger problem and any differences favoring, for example, boys’ teams, should be offset by differences favoring girls’ teams in other sports.

Checklist for gender equity comprehensive audit of Scheduling:

1. Collect information from each squad, using form D-1, about the time, amount and quality of practice and game times. The D-1 form should ordinarily be completed by the coach for each squad with input, where appropriate, from team members.

2. Based on the form D-1 completed by all the coaches in a given district, the information should be compiled and analyzed (form D-2) to assess whether female and male athletes, district-wide are being given equal opportunities to practice and compete in their chosen sports. This step will require some direct comparing of objective information, and also
some subjective judgments, such as whether the girls and boys have equal access to game times that are considered “prime”.

3. The Title IX officer will complete the certification form (D-3) for program component and attest that steps 1 and 2 above have been completed. The certification form will include the district plans for addressing areas of deficiencies identified by the analysis in step 2. Once every five (5) years as part of the certification process, the comprehensive audit will be completed and a certification form signed by the Superintendent attesting to the evaluation of Scheduling district wide will be forwarded to the Kent Intermediate School District.
## O.K. Conference Gender Equity Comprehensive Audit
### Scheduling
#### Coach’s Worksheet

<table>
<thead>
<tr>
<th>School</th>
<th>________________________________</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sport</td>
<td>________________________________</td>
</tr>
<tr>
<td>Level</td>
<td>Number of Participants __________</td>
</tr>
</tbody>
</table>

Your Name ________________________________  □Female  □Male

Circle (or place check mark) as Applicable:
- [ ] Head Coach
- [ ] Assistant Coach
- [ ] Volunteer Coach
- [ ] Faculty
- [ ] Non Faculty

1. How many regular season contests does the team play:
   - Home_______  Away_______

2. Is the number of regular season events adequate for the team’s competitive level?

3. Is each squad participating in the maximum number of contests allowed by the MHSAA?

4. What days of the week and times are regular season contests played?

5. What days of the week and what times of day are considered “prime time”, whether male or female, for this sport’s contests?

6. What percentage of this squad’s competitions occurred during prime time?

7. Do contest schedules permit reasonable opportunities to compete before student and community spectators?
8. What days of the week and times are practices? Is the practices schedule convenient?

9. When would be the preferred time for practices?

10. How long are practices?

11. Is the amount of practice time for this squad sufficient?

12. Do you believe there are contests or practice scheduling issues that may deny your team or athletes on our team competitive opportunities? If yes, describe the issue(s):

Additional Comments:
O.K. Conference Gender Equity Comprehensive Audit
Scheduling
School/District Worksheet

On form D-1, the district information from each team coach on the scheduling of games and practices for their individual sport. Now use this school/district worksheet (D-2) to compile the information on coaching and evaluate the equity of scheduling provided to the girls’ and boys’ teams.

It is essential in determining whether there is a disparity in this area that you consider both the number of girls’ and boys’ teams affected and the actual number of team participants affected. Because the number of participants on each team will vary greatly, simply comparing the number of girls’ and boys’ teams reporting problems will not give you a complete measure of whether the male and female athletes in the district are being treated equally as a whole.

The top of each team worksheet should indicate the number of students participating on the team. You will need to use these numbers to conduct the calculations needed to answer some of the questions on the worksheet below.

Based on the information provided by each squad, you should compare the answers provided by girls’ teams and boys’ teams and then carefully consider and answer the following questions for the district as a whole. Your objective is to arrive at a conclusion about whether boys’ and girls’ are being treated equally in scheduling.

1. Overall, what percentage of maximum number of competitions allowed did the girls’ and boys’ team actually schedule?

2. Based on the above percentage, are girls’ and boys’ teams given equal opportunities to participate in the maximum number of competitions allowed for their team?

3. Is there a disparity between the number of games played at home for girls’ and boys’ teams? If yes, provide number.

4. Does the squad secure or receive invitations to out-of-state contests?

5. If a disparity exists in any of the above, is there a unique aspect about a team or teams of one gender that would explain the disparity? Explain.
6. Are boys’ and girls’ team given an equivalent opportunity to compete during “prime time”?

7. Are boys’ and girls’ teams given an equal opportunity to compete in front of spectators?

8. Are boys’ and girls’ teams given an equal opportunity to practice during preferred times?

9. Is there a disparity between the number of girls’ and boys’ teams that report an insufficient amount of time to practice?

10. Is there a disparity between the total number of girl and boy participants affected by an insufficient amount of time to practice?

11. Is there any pattern of girls’ or boys’ teams reporting that scheduling issues may be affecting their competitive opportunities?

Overall Conclusion:

Action Steps to Address Scheduling Disparities:
O.K. Conference Gender Equity Comprehensive Audit
Scheduling
Certification Form

This form is to be used by a school district to report to KISD the results of its self-evaluation of its scheduling of games and practice times. This form should be completed by a representative group of individuals designated for that purpose by the Superintendent. The completed forms should be signed by the Superintendent and submitted with the accompanying certification worksheets for each of the other program components to:

Ron Koehler
Assistant Superintendent
Kent ISD
2930 Knapp Street, NE
Grand Rapids, MI 49525

1. Did you compare the opportunities given to girls’ and boys’ teams to compete the maximum number of contests allowed for their sport?  
   Yes ☐ No ☐

2. Have you compared the scheduling of games and practice times for all of your teams?  
   ☐ ☐

3. Did your comparison include a consideration of the practice and game times that are considered prime times or the most preferable to the teams in question?  
   ☐ ☐

4. Did the comparison of the scheduling of games and practice times identify any disparities that favor teams made up of players of one sex? If yes, describe:  
   ☐ ☐

5. Do the differences overall favor athletes of one sex?  
   ☐ ☐

6. Are there any nondiscriminatory justifications for the disparity? If yes, describe:  
   ☐ ☐
Action Steps to Address Scheduling of Games and Practice Times

______________________________  ________________________________
School District  Board of Education Representative

______________________________
Title IX Coordinator  Date

______________________________
Superintendent
Section E

O.K. Conference Gender Equity Comprehensive Audit
Facilities
Overview

In Section E – Information will be gathered and verified regarding the availability of facilities for boy's and girl’s teams. The following areas will be evaluated:

1. An assessment of whether boys and girls receive equal treatment in the area of competitive and practice facilities, such as playing fields, gyms, courts, and swimming pools.

2. An assessment of whether they are given comparable locker rooms.

Any evaluation of a district’s athletic facilities should consider the following areas:

1. Quality and availability of the facilities for boy’s and girl’s teams.
2. Whether any teams have exclusive use of a facility.
3. Availability, proximity, and quality of locker rooms.
5. Level of preparation of facilities for practice and competitive events.

Checklist for gender equity comprehensive audit of facilities:

1. Collect information on the availability and quality of practice and competitive facilities and locker rooms for each team using the attached form (E-1). The form should be completed by the head coach for each team with input, where appropriate, from team members.

2. Based on the form (E-1) just completed by all teams in each district school, the information should be compiled and analyzed to assess whether male and female athletes, district-wide, are being given the benefit of equal practice and competitive facilities and locker rooms.

3. The Title IX officer or other designated central office district staff person will complete the certification form (attachment E-3) for this program component and attest that Steps 1 and 2 have been completed. The certification form will also include the district’s plans for addressing areas of deficiencies identified during the analysis in Step 2. Once every five (5) years as part of the certification process, the comprehensive audit will be completed and a certification form signed by the Superintendent attesting to the evaluation of facility use district-wide will be forwarded to the Kent Intermediate School District.
O.K. Conference Gender Equity Comprehensive Audit Facilities
Team Worksheet

School ____________________________

Sport ____________________________

Level ________________ Number of participants ___________

Head Coach _________________________ ☐Female ☐Male

Person completing form, if different ____________________________

**Practice Facilities**

1. What facilities does your team utilize for practice?

2. Is your practice facility shared with any other activities? Does it interfere with your team’s utilization of that facility?

3. Is your practice facility adequately prepared and/or maintained?

4. Is your practice facility adequately equipped?

5. What is the overall quality of your practice facility (e.g., excellent, adequate, poor)? Please note any special problems with your practice facility.

**Competitive Facilities**

1. What facilities does your team utilize for competition?
2. Is the facility you utilize for competition shared with any other activities?

3. Is the facility you utilize for competition adequately prepared and/or maintained?

4. Is the facility you utilize for competition adequately equipped?

5. What is the overall quality of the facility you utilize for competition (e.g., excellent, adequate, poor)? Please note any special problems with your competitive facility.

**Locker Rooms**

1. What locker room does your team utilize? Are lockers individually assigned to your athletes? For what length of time are they assigned (e.g., all year, the length of season, daily use, etc.)?

2. Do your athletes have exclusive use of the locker room or are other teams or groups using the locker room at the same time (i.e. size of room, size of lockers)?

3. What is the quality of the locker room facilities (e.g., excellent, adequate, poor)? Please note any special problems with your locker room facility.

4. Are coaches’ offices readily available/accessible to student athletes?
On form E-1 the district gathered information from each team in the district using the team worksheets. Now use the district worksheet to compare the information from your schools about the facilities provided boys’ and girls’ teams throughout the district. To complete the certification form in the next and final step, you will need to make a number of judgments about the comparability of the treatment of the boys’ and girls’ teams.

It is essential in determining whether there is a disparity in this area that you consider both the number of girl and boys’ teams affected and the actual number team participants affected. Because the number of participants on each team will vary greatly, simply comparing the number of girls’ and boys’ teams reporting problems will not give you a complete measure of whether the male and female athletes in the district are being treated equally as a whole.

The top of each team worksheet (E-1) should indicate the number of students participating on the team. You will need to use these numbers to conduct the calculations needed to answer some of the questions on the worksheet below.

Based on the information acquired from the different teams, carefully consider and answer the following questions for the district as a whole. Your objective is to arrive at a conclusion about whether, in the district athletic program as a whole, there are differences in the treatment of boys and girls.

**Practice Facilities:**

1. Is there an overall disparity between boys’ and girls’ teams regarding the need to share use of practice facilities with other teams or district activities (e.g., interscholastic, club, or intramural teams, pep band, etc.)?

2. Is there a disparity between boys’ and girls’ teams regarding whether the facilities are prepared and maintained adequately?

3. Is there a disparity between boys’ and girls’ teams regarding whether the facilities are properly equipped?

4. Is there a disparity in the number of boys’ teams and girls’ teams that report that their practice facilities are not of adequate quality?
Competitive Facilities:

1. Is there an overall disparity between boys’ and girls’ teams regarding the need to share use of competitive facilities with other district activities (e.g., interscholastic, club, or intramural teams, pep band, etc.)?

2. Is there a disparity between boys’ and girls’ teams regarding whether competitive facilities are appropriately equipped?

3. Is there a disparity in the number of boys’ and girls’ teams that report that their competitive facilities are not of adequate quality?

Locker Rooms:

1. Is there a disparity in the number of boys’ and girls’ teams that report that their locker room is not of adequate quality and availability?

Overall conclusion:

1. Overall, is there a disparity between the extent to which the district is meeting the needs of the boys’ and girls’ sports in the area of equipment and supplies?

2. For the disparities or differences that you identified in the questions above, have you found that there is a significantly greater percentage of boys or girls affected?

3. If there a disparity overall, can the disparity be explained by nondiscriminatory factors and, if so, what factors?

Action steps taken to address facility concerns:
O.K. Conference Gender Equity Comprehensive Audit
Facilities
Certification Form

This form is to be used by a school district to report to KISD the results of its self-evaluation of its athletic facilities (including practice and competitive facilities and locker rooms). This form should be completed by a representative group of individuals designated for that purpose by the Superintendent. The completed forms should be signed by the Superintendent and submitted with the accompanying certification worksheets for each of the other program components to:

Ron Koehler
Assistant Superintendent
Kent ISD
2930 Knapp Street, NE
Grand Rapids, MI 49525

Note: In this context, “facility” means a playing field, stadium, court, gym, pool, etc. “Competitive events” means games, meets, or matches involving teams from one or more other schools.

1. Have you gathered information on the practice and competitive facilities and locker rooms for boys and girls’ teams? □ Yes □ No

2. Have you evaluated the availability, preparation, maintenance, and quality of the practice and competitive facilities and locker rooms provided for the boys’ and girls’ teams? □ Yes □ No

3. Have you identified any disparity for comparable sports or overall between the practice and competitive facilities and locker rooms provided for boys and girls? Please explain. □ Yes □ No

4. Are there any nondiscriminatory justifications for the disparity? □ Yes □ No

Action steps to address facility concerns:

2016 Revision
Section F

O.K. Conference Gender Equity Comprehensive Audit
Publicity
Overview

In Section F – information will be gathered and verified regarding the publicity and promotion for girls’ and boys’ teams. While publicity and promotional activities vary from district to district, it is important to pay close attention to how much publicity or resources for promotion that girls’ and boys’ teams receive. Whatever limited resources are available for these activities must be distributed equitably.

Some examples of publicity and promotional activities included in this component include but are not limited to:

- School-wide announcements
- Cheerleaders support
- Band support
- Pep rallies or assemblies
- Local media coverage
- School newspaper articles
- Poster and banner production

All of the above activities are significant because they help to develop programs, get students to try out for teams, and give the student-athletes a sense of worth. For these reasons it is important that the district ensure equitable support.

The measure of equality in this area is determined by the efforts of the school to provide equal publicity and promotion. Districts are not held responsible for inequities resulting from the efforts of outside media as long as the district makes equal efforts to obtain coverage. Districts should also attempt to offset any inequalities in this area which may result from the initiative of fans and individual teams’ booster clubs. This being said, the unique circumstances of a particular team, competitive event or a particular athlete may create unique demands or imbalances in certain program components such as publicity. Such imbalances are permissible to the extent that they do not limit the opportunities for teams of the other sex.

In the following sections, the district will collect and analyze information on the support provided to each team for publicity and promotional activities in order to ensure that the resources are allocated equitably between girls’ and boys’ teams.
Checklist for gender equity comprehensive audit of coaching:

1. Collect needed information from each team using the attached form (F-1). The head coach of each team should complete the form with input, where appropriate, from assistant coaches and the players. Completed forms should be returned to the Athletic Director or Title IX officer for the district.

2. Based on the forms completed by all the coaches in a given district, the information should be compiled and analyzed (F-2) to assess whether female and male athletes, district wide, are being given equal opportunities regarding publicity and promotional activities.

3. The Title IX officer will complete the certification form (F-3) for the program component and attest that steps 1 & 2 above have been completed. This certification will include the district plans for addressing areas of deficiencies identified by the analysis in step 2. Once every five (5) years as part of the certification process, the comprehensive audit will be completed and a certification form signed by the Superintendent attesting to the evaluation of publicity and promotional activities district wide, which will then be forwarded to the Kent Intermediate School District.
O.K. Conference Gender Equity Comprehensive Audit
Publicity
Coach Worksheet

School _____________________________

Sport _____________________________

Level _______________ Number of participants _________________________

Your name _________________________________ Female Male

1. Is anyone assigned for the publicity and promotion of your team to local media? If so, who? If no one is assigned, then who takes care of the publicity/promotion for your team?

2. Describe the qualifications and time spent by whoever handles these activities.

3. Does the quantity and quality of publicity and promotion for your team deny them equal treatment or opportunities? If yes, please explain.

4. What is your school’s publicity and promotion for teams that move up the ladder during tournament competition?

5. Please check to show which of the following resources are available to your team:
   a. poster in the school
   b. banners in the gym
   c. lockers decorated
   d. pep assemblies
   e. articles in local newspaper
   f. articles in school paper/newsletter
   g. year book coverage
   h. pep band at contests
   i. cheerleaders at contests
   j. trophy cases
   k. radio or TV broadcasts
   l. daily school announcements
   m. programs
   n. dances, etc., coordination

2016 Revision
Additional comments:
O.K. Conference Gender Equity Comprehensive Audit
Publicity
School/District Worksheet

On form (F-1) the district gathered information from each team coach on the publicity/promotion provided. Now use this school/district worksheet (F-2) to compile and evaluate the equity of the publicity and promotion resources available to the girls’ and boys’ teams.

It is essential in determining whether there is a disparity in publicity that you consider the number of girls’ and boys’ teams affected and the actual number of participants affected. The number of participants on each team may vary greatly; simply comparing the number of teams reporting problems will not give you a complete measure of whether female and male athletes in the district are being treated equally as a whole.

The top of each coach’s worksheet (F-1) should indicate the number of participants on that particular team. You will need these numbers to conduct the calculations needed to answer some of the questions below.

Based on the coaching information gathered, carefully consider and answer the following questions for the district as a whole. Your objective is to determine whether, in the district wide athletic program as a whole, there are differences in the treatment of boys and girls in the area of publicity.

1. Do the forms reflect a disparity in the number of girls’ or boys’ teams with personnel assigned to take care of publicity or promotion of the teams?

2. Are the people who handle the publicity or promotion of the girls’ and boys’ teams equally qualified?

3. Is an equal amount of time spent in the publicity/promotion of both the girls’ and the boys’ teams?

4. Is there any pattern of girls’ or boys’ teams reporting that the amount of support that they receive may deny them equal treatment or opportunities?
5. Identify the % of girls’ or boys’ teams reporting the following publicity resources are available to them.

<table>
<thead>
<tr>
<th>Girls’ %</th>
<th>Boys’ %</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. poster in the school</td>
<td></td>
</tr>
<tr>
<td>b. banners in the gym</td>
<td></td>
</tr>
<tr>
<td>c. lockers decorated</td>
<td></td>
</tr>
<tr>
<td>d. pep assemblies</td>
<td></td>
</tr>
<tr>
<td>e. articles in local newspaper</td>
<td></td>
</tr>
<tr>
<td>f. articles in school paper/newsletter</td>
<td></td>
</tr>
<tr>
<td>g. year book coverage</td>
<td></td>
</tr>
<tr>
<td>h. pep band at contests</td>
<td></td>
</tr>
<tr>
<td>i. cheerleaders at contests</td>
<td></td>
</tr>
<tr>
<td>j. trophy cases</td>
<td></td>
</tr>
<tr>
<td>k. radio or TV broadcasts</td>
<td></td>
</tr>
<tr>
<td>l. daily school announcements</td>
<td></td>
</tr>
<tr>
<td>m. programs</td>
<td></td>
</tr>
<tr>
<td>n. dances, etc., coordination</td>
<td></td>
</tr>
</tbody>
</table>

Overall conclusion: For each disparity you have identified above, including the percentage of resources available in number 5, have you found more girls’ or boys’ teams affected?

Action steps taken to address publicity:
O.K. Conference Gender Equity Comprehensive Audit
Publicity
Certification Form

This form is to be used by a school district to report to KISD the results of its self-evaluation of practices related to equal opportunities in publicity and promotion of girls’ and boys’ teams. This form should be completed by a representative group of individuals designated for that purpose by the Superintendent. The completed forms should be signed by the Superintendent and submitted with the accompanying certification worksheets for each of the other program components to:

Ron Koehler  
Assistant Superintendent  
Kent ISD  
2930 Knapp Street, NE  
Grand Rapids, MI 49525

1. Have you gathered information on the amount of personnel assigned to the publicity and promotion of teams? □  □

2. Have you evaluated the training, experience and professional qualifications of those assigned to publicize and promote the teams? □  □

3. Does the information gathered and analyzed regarding publicity indicate that there is an overall disparity between publicity and promotion resources afforded to boys and girls? Explain. □  □

4. If there is a disparity, are there nondiscriminatory factors that explain the disparity? If yes, please explain. □  □

Action steps taken to address publicity concerns:

______________________________________________________________________________

School District  Board of Education Representative

______________________________________________________________________________

Title IX Coordinator  Date

______________________________________________________________________________

Superintendent

2016 Revision
Section G

O.K. Conference Gender Equity Comprehensive Audit
Medical and Training Services
Overview

This component involves an assessment of whether the district’s male and female athletes receive equal treatment in the area of medical and training services. In many districts these services will be minimal but it is important to include consideration of this component in one’s evaluation of equality. This consideration should determine, at a minimum, whether athletes of both sexes:

1. Have equal access to medical and emergency personnel and assistance;
2. Are covered by or offered the same type of accident insurance;
3. Are given comparable access to athletic trainers;
4. Have equal access to, and quality of, weight, conditioning and training facilities.

Checklist for gender equity comprehensive audit of medical and training services:

1. Collect information from each team, using form G-1 collect information from each team about the availability of medical and training staff and the training facilities provided. The team worksheets should ordinarily be completed by the head coach for each team with input, when appropriate, from team members.

2. Based on the forms (G-1) completed by all the coaches in a given district, the information should be compiled and analyzed (form G-2) to assess whether female and male athletes, district-wide are being given equal opportunities and access to medical and training facilities and staff.

3. The Title IX officer or Superintendent will complete the certification form (G-3) for this program component and attest that steps 1 & 2 above have been completed. The certification form will include the district plans for addressing areas of deficiencies identified by the analysis in step 2. Once every five (5) years as part of the certification process, the comprehensive audit will be completed and a certification form signed by the Superintendent attesting to the evaluation of medical and training opportunities district wide will be forwarded to the Intermediate School District.
G-1

O.K. Conference Gender Equity Comprehensive Audit
Medical and Training
Team Worksheet

School ____________________________________________

Sport ___________________________ Gender _______ Level __________

Your Name ________________________________

**Medical and Training Facilities**
(Such as conditioning and weight room and training room facilities)

1. What training/weight rooms do your teams use?

2. Do athletes use the training rooms on a scheduled or drop-in basis? What is the schedule?

3. What is the quality of the training, weight and conditioning facilities?

4. Are there any problems with the scheduling or availability of the facilities?

5. Are the training facilities available for teams adequate?

**Medical and Training Service**

1. Are trainers provided for any events? If so, what events?
2. Do trainers work with a physician who works with your teams?

3. Is there a medical doctor available for home events?

4. Has any athlete ever had an injury requiring an examination or treatment by a doctor? If so, how were the doctor’s services obtained?

5. Does the district provide medical and accident insurance for student athletes?

6. Are the training and medical services adequate?

Additional Comments:
On form G-1, the district gathered information about each team in the district using the team worksheets. Now you can use the school/district worksheet (G-2) to compare the information from your schools about the medical and training facilities and services provided to boys’ and girls’ team throughout the district.

It is essential in determining whether there is a disparity in this area that you consider both the number of girls’ and boys’ team affected and the actual number of participants affected. The number of participants on each team may vary greatly; simply comparing the number of teams reporting problems will not give you a complete measure of whether female and male athletes in the district are being treated equally as a whole.

The top of each team worksheet should indicate the number of students participating on the teams. You will need to use these numbers to conduct the calculators needed to answer the final question on the worksheet below.

Based on the information acquired from the different teams, carefully consider and answer the following questions for the district as a whole. Your objective is to arrive at a conclusion about whether, in the district athletic program as a whole; there are differences in the treatment of boys and girls.

1. Is there a difference overall in the access of girls’ and boys’ sports teams with respect to access to training facilities?

2. Is there a disparity in the number of boys’ teams and girls’ teams that report that their training facilities are not adequate?

3. Overall, is there a disparity between the extent to which the district is meeting the needs of the girls’ and boys’ program in the area of training facilities?

4. If there is a disparity overall, can the disparity be explained by nondiscriminatory factors and, if so, what factors? (For example, do unique aspects of particular sports account for the disparity?)
5. Overall, is there a disparity in meeting the needs of the girls’ and boys’ programs in the area of health, accident and injury insurance?

6. Overall, is there a disparity between the extent to which the district is meeting the needs of the girls’ and boys’ programs in the area of medical services?

7. If there is a disparity overall, can the disparity be explained by nondiscriminatory factors and, if so, what factors? (For example, do unique aspects of particular sports account for the disparity?)

8. For the disparities or differences that you identified in the questions above, have you found that there is a significantly greater percentage of girls or boys affected?

9. If there is a disparity overall, can the disparity be explained by nondiscriminatory factors and, if so, what factors? (For example, do unique aspects of particular sports account for the disparity?)

Summary Determination:

Action steps to address medical and training:
G-3

O.K. Conference Gender Equity Comprehensive Audit
Medical and Training Services
Certification Form

This form is to be used by a school district to report to the KISD the results of its self-evaluation of its provision of medical and training services and facilities. This form should be completed by a representative group of individuals designated for that purpose by the Superintendent. The completed form should be signed by the Superintendent and submitted with the accompanying certification worksheets for each of the other program components to:

Ron Koehler
Assistant Superintendent
Kent ISD
2930 Knapp Street, NE
Grand Rapids, MI 49525

1. Have you evaluated whether the girls’ and boys’ athletic programs are provided with medical and training services on an equivalent basis? ☐ ☐

2. Did the evaluation include a survey of the medical and training facilities and services regularly provided to each girls’ and boys’ team? ☐ ☐

3. Did you compare the availability of medical services at girls’ and boys’ competitions? ☐ ☐

4. Did you consider whether girl and boy athletes have equal access to medical and accidental insurance? ☐ ☐

5. If there are disparities, who do they favor overall?
   a. The boys’ teams and a high percentage of boys? ☐ ☐
   b. The girls’ team and a high percentage of girls? ☐ ☐

6. If there is an overall disparity favoring boys or girls, are the medical and training facilities and services nonetheless equally meeting the needs of the athletes taking into account the nature of the athletic activities involved?
   (If yes, explain in the space below.) ☐ ☐
7. Action steps to address disparities in medical and training services:

________________________________________  _________________________________________
School District  Board of Education Representative

________________________________________  ________________________________
Title IX Coordinator  Date

________________________________________
Superintendent
Section H

**O.K. Conference Gender Equity Comprehensive Audit**

**Travel**

**Overview**

In Section H – information will be gathered and verified regarding the travel and per diem for girls’ and boys’ teams. Five main areas are evaluated:

1. **Modes of transportation**
   a. Compare types of transportation used when traveling similar distances.
   b. Some reasons for differences could be the number of athletes traveling to a contest or the amount or type of equipment being transported.

2. **Overnight accommodations when necessary during travel**
   a. If accommodations are necessary then:
      1) The quality of the accommodations should be examined.
      2) The number of athletes assigned to share a room should be examined.

3. **Length of stay before and after contests**
   a. Are boys and girls teams provided comparable opportunities to arrive at away games with time to rest, have meals or practice?

4. **Per diem allowances**
   a. When necessary (for the team to eat) the amount of money spent per athlete per meal should be the same for boys and girls.

5. **Dining arrangements when made by the school should for both boys and girls:**
   a. Consider the convenience of the restaurant to the competition facility.
   b. Consider the quality of the restaurant.

While some schools may not provide all of these travel services for their teams, whatever services are provided must be provided equitably between the girls’ and boys’ program. This does not mean that the travel arrangements for each team must be identical. The law recognizes that many factors may affect the travel needs of any particular team for any particular event. However, these services must be provided in a way that equally meets the overall needs of the boys’ and girls’ teams. Generally, a school must determine whether there is a pattern of favoring teams of one sex in the provision of travel services.
H-1

O.K. Conference Gender Equity Comprehensive Audit
Travel and Per Diem
Team Worksheet

School ________________________________

Sport ________________________________

Level ____________ Number of participants ____________

Head Coach ____________________________ □Female □Male

Person completing form, if different ________________________________

Circle (or place check mark) as applicable:

□ Head Coach □ Assistant Coach □ Volunteer Coach □ Faculty □ Non Faculty

1. What mode of transportation is usually used to transport the team to away events?

2. Does the team ever use transportation other than indicated above? If so, why?

3. When overnight accommodations are necessary, how many athletes share a room?

4. Who pays for the team’s meals while traveling?

5. If the school district pays, how much money per meal is allotted for each athlete?

6. Do you feel that the team’s travel arrangements provide an adequate amount of time at the away site before and after competitions?
7. Overall, are the travel arrangements for the team adequate to meet the needs of the team? If not please explain.

8. Do you feel that the travel arrangements for the team are comparable to other teams with similar travel needs? If not, please explain.

9. Has your team been denied any opportunities as a result of a lack of travel funds?

Additional comments:
On form H-1, the district gathered information about each team in the district using the team worksheets. Now use this district worksheet to compare the information from your schools about the travel and per diem provided to boys’ and girls’ teams throughout the district. To complete the certification form in the next and final step, a number of judgments about the comparability of the treatment of boys and girls, will need to be made.

It is essential in determining whether there is a disparity in coaching that you consider the number of girls’ and boys’ teams affected and the actual number of participants affected. The number of participants on each team may vary greatly; simply comparing the number of teams reporting problems will not give you a complete measure of whether female and male athletes in the district are being treated equally as a whole.

The top of each team worksheet (H-2) should indicate the number of participants on that particular team. You will need these numbers to conduct the calculations needed to answer some of the questions below.

Based on the information acquired from the different teams, carefully consider and answer the following questions for the district as a whole. The objective is to arrive at a conclusion about whether, in the district athletics program as a whole, there are differences in the treatment of boys and girls.

1. Do the forms reflect that boys’ and girls’ teams are provided an equivalent type of transportation, such as, school bus, new or old vans, private cars, etc.?

2. If there is a difference overall between the types of transportation provided to boys’ and girls’ teams, what may account for the difference?

3. If the district provides overnight accommodations for away events, are the boys’ and girls’ teams provided equivalent quality of accommodations?

4. If the district provides overnight accommodations for away events, are the number of athletes assigned to each room equivalent for boys and girls?

5. Do the forms reflect an overall disparity between the amount of money allotted per meal for female and male athletes?
6. Is there a disparity between the number of girls’ and boys’ coaches who indicate that the amount of time at the away venue before and after competitions is inadequate?

7. Is there a disparity between the number of girls’ and boys’ coaches who indicate that, overall, the travel arrangements for their team are inadequate?

8. Is there a disparity between the number of girls’ and boys’ coaches who indicate that the travel arrangements for their team are not comparable to other teams with similar travel needs?

9. Is there a disparity between the number of girls’ and boys’ coaches who indicate that their team has been denied opportunities as a result of a lack of travel funds?

10. For the disparities or differences that are identified in the questions above, have you found that there is a significantly greater percentage of girls or boys affected?

Overall conclusion:

Action steps taken to address Travel and Per Diem:
O.K. Conference Gender Equity Comprehensive Audit
Travel and Per Diem
School/District Worksheet

This form is to be used by a school district to report to KISD the results of its self-evaluation of practices related to equal opportunities to receive Travel and Per Diem. This form should be completed by a representative group of individuals designated for that purpose by the Superintendent. The completed forms should be signed by the Superintendent and submitted with the accompanying certification worksheets for each of the other program components to:

Ron Koehler
Assistant Superintendent
Kent ISD
2930 Knapp Street, NE
Grand Rapids, MI 49525

1. Have you gathered information on the travel and per diem arrangements provided to the boys’ and girls’ teams?
   - [ ] Yes    [ ] No

2. Have you evaluated the modes of transportation, overnight accommodations furnished during travel, length of stay before and after competitive events, per diem allowances and dining arrangements?
   - [ ] Yes    [ ] No

3. Does the information gathered and analyzed regarding travel and per diem indicate that there is an overall disparity between the travel and per diem afforded to boys’ and girls’? Please explain:
   - [ ] Yes    [ ] No

4. If there is a disparity, are there nondiscriminatory factors that explain the disparity? If yes, please explain.
   - [ ] Yes    [ ] No

Action steps taken to address Disparities in Travel and Per Diem:

__________________________________________________________
School District
__________________________________________________________
Board of Education Representative
__________________________________________________________
Title IX Coordinator
__________________________________________________________
Date

Superintendent

2016 Revision
# APPENDIX F
## O.K. CONFERENCE COOPERATIVE AGREEMENT
### RENEWAL FORM

<table>
<thead>
<tr>
<th>Primary School</th>
<th>Secondary School</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year of Renewal</td>
<td>Sport</td>
</tr>
</tbody>
</table>

**Please answer the following questions:**

1. **Number of participants:**
   - Year One - Primary School ____________________________
   - Secondary School ____________________________
   - Year Two - Primary School ____________________________
   - Secondary School ____________________________

   *If there are JV and/or Freshman teams, please include those figures.*

2. **Has it been necessary to cut athletes from the program (any level)?**
   - ____________________________
   - If yes, explain how many and why:

3. **What is the rationale for continuing this cooperative program?**

4. **Please indicate the record and place of finish within the Division you compete:**
   - Year One –
   - Year Two –

---

Signature of AD – Primary School ____________________________
Signature of AD – Secondary School ____________________________

*Please attach your MHSAA Renewal Form*

---

2016 Revision
The following is a sample interscholastic survey for grades 7 through 12 for boys and girls.

STUDENT SURVEY

INTERSCHOLASTIC ATHLETIC PROGRAMS

SCHOOL YEAR 200 __ 200 __

DIRECTIONS

This survey contains no information that identifies you. Please do not print your name anywhere on the survey sheet or cover sheet. You are not required to participate in this survey, but we encourage each student to complete this survey to help determine the interest in the athletics program at _______________________________ School District.

General Information:

Please indicate your sex: __________ Male

___________ Female

What grade are you in? __________
INTERSCHOLASTIC ATHLETICS STUDENT SURVEY

1. Is the School District offering the sports you want to play?
   _____ Yes
   _____ No, I want to play ________________________________
   _____ I am not interested in athletics.

2. During the fall season, which sport would you like to play?
   _____ Football
   _____ Girls Basketball
   _____ Boys Golf
   _____ Boys Cross Country
   _____ Other (please list any sport you are interested in playing) ________________________________
   _____ I would not participate

3. During the winter season, which sport would you like to play?
   _____ Boys Basketball
   _____ Girls Volleyball
   _____ Girls Competitive Cheer
   _____ Ice Hockey
   _____ Boys Swimming & Diving
   _____ Other (please list any sport you are interested in playing) ________________________________
   _____ I would not participate

4. During the spring season, which sport would you like to play?
   _____ Boys Track & Field
   _____ Girls Track & Field
   _____ Girls Golf
   _____ Girls Soccer
   _____ Other (please list any sport you are interested in playing) ________________________________
   _____ I would not participate
TITLE IX OF THE EDUCATION AMENDMENTS OF 1972

SECTION 106.41 ATHLETICS

No person shall, on the basis of sex, be excluded from participation in, be denied the benefits of, be treated differently from another person or otherwise be discriminated against in any interscholastic, intercollegiate, club or intramural athletics offered by a recipient, and no recipient shall provide any such athletics separately on such basis.
ACCOMMODATION OF ATHLETIC INTERESTS AND ABILITIES

a. Are athletic participation opportunities for male and female students provided in numbers proportionate to enrollment?

For example: If the enrollment is 52% male and 48% female, then, ideally, about 52% of the participants in the athletics program should be male and 48% female.

There is NO set ratio that constitutes “substantially proportionate.” All factors for this program component, and any justifications for differences offered by the District are considered before a finding is made.

If proportionality is met—end of this component. If not, go to step b.
ACCOMMODATION OF INTERESTS AND ABILITIES

Violations:

* **Common violations** are found in the ratio between the total number of female students enrolled and the total number of athletic opportunities for females, for example:

| 45% female enrollment | 28% athletic opportunities |
| 55% male enrollment  | 72% athletic opportunities |

* Only two sports for women have been added over two decades and one women’s high participation sport was dropped in the past two years.

* “Cut” and “No-cut” policy: five of seven boys’ sports have a “no-cut” policy, three of six girls’ sports have a “no-cut” policy; however, two of the girls’ sports have a zero to 3% female participation rate, so those sports weren’t played (teams couldn’t be filled).

* Male athletes are cut from teams 22% of the time and female athletes are cut 34% of the time.

* Eliminated girls’ team(s) during budget cuts which caused greater disproportionality.

* Sports offered for girls for which there are not enough participants to field a team.

* Including “co-ed” sports in the count for women’s sports, when only one woman participates; for example, the co-ed golf team consisted of 12 boys and 1 girl.

* An equivalent number of teams does not necessarily achieve proportionality with enrollment, an equivalent number of participation opportunities is the variable considered.
EQUIPMENT AND SUPPLIES

I. QUALITY
Condition, durability

II. SUITABILITY
Regulation

III. QUANTITY
Number of uniforms and other apparel
Sport-specific equipment (bats, tennis rackets, etc.)
General equipment (ankle weights, knee braces)

IV. MAINTENANCE AND REPLACEMENT
Laundry service for uniforms
Equipment storage – proximity to locker room/practice area
adequate size of area
Replacement schedule

V. AVAILABILITY
Amount of time equipment and supplies are accessible to athletes
SCHEDULING OF GAMES AND PRACTICE TIME

I. NUMBER OF COMPETITIVE EVENTS PER SPORT
   Equivalent for male and female athletes

II. NUMBER AND LENGTH OF PRACTICES
    Which days of the week
    Length of each practice session

III. TIME OF DAY COMPETITIONS ARE SCHEDULED
    Prime time scheduling

IV. TIME OF DAY PRACTICES ARE SCHEDULED
    Preferred practice time

V. PRE-SEASON AND POST-SEASON COMPETITION
    Do qualifying teams get to participate?
TRAVEL AND PER DIEM ALLOWANCE

I. MODES OF TRANSPORTATION
District provided buses, private cars

II. HOUSING FURNISHED DURING TRAVEL
Quality of hotel/motel
Number assigned to each room

III. LENGTH OF STAY BEFORE AND AFTER EVENTS
Time to warm-up
Travel at odd hours

IV. PER DIEM ALLOWANCES
Equal for male and female athletes

V. DINING ARRANGEMENTS
Quality of restaurants
Team size is justifiable explanation
Pre and post-game meals provided
COACHES

I. OPPORTUNITY TO RECEIVE COACHING

Availability of full-time, part-time, assistant, and volunteer coaches, ratio of total number of coaches to total number of athletes.

Teaching load

Length of contract

II. ASSIGNMENT OF COACHES

Training, experience, and other professional qualifications

III. COMPENSATION

Rate of compensation (per sport, per season)

Duration of contract

Experience

Nature of coaching duties

Working conditions
LOCKER ROOMS, PRACTICE, AND COMPETITIVE FACILITIES

I. QUALITY AND AVAILABILITY OF PRACTICE AND COMPETITIVE FACILITIES

Do boys and girls share equally the primary facility?

II. EXCLUSIVITY OF USE OF FACILITIES

Do boys or girls teams get “bumped” from the facility?

III. AVAILABILITY OF LOCKER ROOMS

Exclusive use of locker rooms

IV. QUALITY OF LOCKER ROOMS

Equivalent lockers and locker rooms for boys and girls

V. MAINTENANCE OF PRACTICE AND COMPETITIVE FACILITIES

Who maintains the facility?

VI. PREPARATION OF FACILITIES

Who prepares the facility?
LOCKER ROOMS, PRACTICE, AND COMPETITIVE FACILITIES

VIOLATIONS:

* **Common violations** are found in the exclusivity of locker rooms, for example:

Men’s teams have exclusive locker rooms, but women’s teams share locker rooms.

Girls track, soccer, and tennis athletes share locker room space, no boys’ teams are required to share locker rooms.

Boys’ teams have their own lockers for their season, but girls’ teams share their lockers with the physical education department.

On the day of competition, girls’ teams dress at home so that the Visiting Teams can use their locker room; boys’ teams have access to their own locker rooms on competition days.

The women’s gymnastics team is provided lockers for competitive events only and the women’s softball locker room is the PE locker room, shared with other athletes and far from the softball practice field, all other women’s and men’s teams are provided exclusive locker rooms.

Four women’s teams are displaced from the locker room for Visiting Teams during men’s competitions; men’s teams all have exclusive locker rooms.

* **Common violations** are found in the quality of locker rooms, for example:

The women’s locker rooms are not equivalent in space or quality to the men’s locker rooms.

The quality, size, and security of the girls’ lockers are significantly less than that of the boys’ lockers.

* The girls track team locker room is not near the field, as is the boys’ track team locker room, and the girls can’t gain access to their locker room during meets.
MEDICAL AND TRAINING FACILITIES AND SERVICES

I. AVAILABILITY OF MEDICAL PERSONNEL

Physicians attending competitions/practices

II. HEALTH, ACCIDENT, AND INJURY INSURANCE COVERAGE

III. AVAILABILITY AND QUALITY OF WEIGHT ROOM

Equal access for male and female athletic teams

If two weight rooms are used, are they equal in quality?

IV. AVAILABILITY AND QUALITY OF TRAINING ROOM

Equal access for all teams

Are athletes served on a first come, first served basis?

V. AVAILABILITY AND QUALIFICATIONS OF ATHLETIC TRAINERS

Are trainers assigned equally to male and female athletes?
Do trainers travel with and attend practice and competitions equally for female and male athletic teams?
PUBLICITY

I. AVAILABILITY AND QUALITY OF SPORTS INFORMATION PERSONNEL

Calling in game scores

II. ACCESS TO PUBLICITY FOR ALL TEAMS

Newspaper advertising, local and school

Newspaper articles

Radio and television advertising

Radio and television broadcasts of games

Banners, posters, trophy cases

(Interscholastic) daily announcements, marquee advertising

III. QUANTITY AND QUALITY OF PUBLICATIONS AND OTHER PROMOTIONAL DEVICES FOR ALL TEAMS

Media guides, game programs, rosters, schedule cards, calendars

Flyers – who distributes?

Special promotions, giveaways at games
SUPPORT SERVICES

I. ADMINISTRATIVE ASSISTANCE PROVIDED TO ATHLETIC PROGRAMS

Number of administrators assigned to and time they spend working for male and female athletic programs

Types of administrative service available – business managers, accountants, etc.

II. SECRETARIAL AND CLERICAL ASSISTANCE PROVIDED TO TEAMS

Number of secretaries/clerical staff assigned to teams

Amount of time clerical staff provides to teams

Size and quality of coaches’ offices, shared offices

Type and quality of office equipment available
INTERSCHOLASTIC ATHLETICS

TITLE IX ATHLETICS WORKSHOP TOOL

If the answers to all the following questions are yes, then the District will know that it is on the right track to Title IX Compliance. If, however, many answers are no, then the District will know that it must make some changes.
A. Accommodation of Interests and Abilities

<table>
<thead>
<tr>
<th>Question</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Are interscholastic level participation opportunities for male and female students provided in numbers substantially proportionate to their respective enrollments? (Complete table below.)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Determining substantial proportionality between enrollment and athletic participation.

<table>
<thead>
<tr>
<th>1994-1995</th>
<th>BOYS</th>
<th>GIRLS</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number Enrolled</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Percentage Enrolled</td>
<td>100%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Number of Athletes</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Percentage of Athletes</td>
<td>100%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Difference</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

When counting the number of athletes, count the total number of opportunities or filled slots. For example, one male athlete who participates in football in the fall and track in the spring would count as two opportunities.

Do not include cheerleaders, drill team, pep band, or other participants whose activity is not a sport.

<table>
<thead>
<tr>
<th>1994-1995</th>
<th>BOYS</th>
<th>GIRLS</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td># Enrolled</td>
<td>1600</td>
<td>1525</td>
<td>3125</td>
</tr>
<tr>
<td>% Enrolled</td>
<td>51%</td>
<td>49%</td>
<td>100%</td>
</tr>
<tr>
<td># Athletes</td>
<td>235</td>
<td>165</td>
<td>400</td>
</tr>
<tr>
<td>% Athletes</td>
<td>59%</td>
<td>41%</td>
<td>100%</td>
</tr>
<tr>
<td>Difference</td>
<td>8%</td>
<td>-8%</td>
<td></td>
</tr>
</tbody>
</table>

The above sample demonstrates a disparity that is not substantially proportionate.
<table>
<thead>
<tr>
<th>Question</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>2. If your District has not achieved substantial proportionality, can you show a history and continuing practice of program expansion which is demonstrably responsive to the developing interests and abilities of the underrepresented sex? [Has the District added sports or levels of sports (Varsity, JV, Soph. (?)]</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. If not, can the District show that the interests and abilities of the members of the underrepresented sex have been fully and effectively accommodated by the present program? Does the District have an assessment tool, such as a survey, to determine whether students’ athletic interests are being met by the current athletic program? (Sample survey attached.)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4. Do boys and girls teams compete at equivalent levels of competition? (Similar state classification levels.)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5. Do you have a written policy or procedure for determining whether, how, and which sports will be added to the girls and boys interscholastic athletic programs?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6. Does the District have a “cut” policy that is equivalent for athletes who try out for boys and girls teams?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>7. Does athletic participation in intramural sports indicate interest that would warrant elevating those sports to interscholastic status?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>8. Does athletic participation in club sports indicate interest that would warrant elevating those sports to interscholastic status?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>9. Does the District offer all the sports which are available in neighboring regions?</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
### B. Equipment and Supplies

<table>
<thead>
<tr>
<th>Question</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Does the District have a written nondiscriminatory policy or procedure for providing, maintaining, and replacing equipment and supplies?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. Does the District have a maintenance and replacement schedule for equipment, supplies, and uniforms, which is equitable for all teams?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. Do boys and girls teams receive new uniforms and equipment on an equitable rotation?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4. Are boys and girls teams provided an equivalent number of uniforms?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5. Are any teams required to share uniforms?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>If so, is uniform sharing equitable for boys and girls teams?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6. Are boys and girls teams provided an equivalent amount of other equipment and supplies?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>7. Are boys and girls teams provided an equivalent quality of uniforms?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>8. Are boys and girls teams provided an equivalent quality of other equipment and supplies?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>9. Do the equipment storage areas provide an equivalent amount of storage space for girls and boys teams?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10. Are the locations of equipment storage areas equivalently convenient for boys and girls teams, e.g., distance from locker rooms, practice and competitive facilities?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>11. Are the hours the equipment storage area is open and equipment available equivalent for girls and boys teams?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>12. Are student managers equivalently available to girls and boys teams?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>13. Are equivalent uniform laundry services available to girls and boys teams?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>14. Are boys and girls teams provided with equipment and supplies of equivalent suitability (e.g., equipment that is regulation, officially sanctioned, meets rules or specifications)?</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
## C. Scheduling

<table>
<thead>
<tr>
<th>Question</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Does the District have a written nondiscriminatory policy or procedure for establishing competitive and practice schedules and permitting pre-season or post-season competition?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. Are teams scheduled to compete in an equivalent percentage of their maximum allowable number of competitions?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. Do boys and girls teams share the prime time, or preferred competitive time slots?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4. Do boys and girls teams share the preferred time for scheduled practice?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5. Review which days of the week practices are scheduled. Are girls and boys teams provided equivalent opportunity to practice on the preferred days?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6. Review the length of each practice session. Are boys and girls teams provided an equivalent amount of practice time?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>7. Are boys and girls teams practicing an equivalent number of days each week?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>8. If available, are girls and boys teams given equivalent opportunity to participate in pre-season competition?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>9. Are boys and girls teams given equivalent opportunity to participate in post-season competition?</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
## D. Travel and Per Diem

<table>
<thead>
<tr>
<th>Question</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Does the District have a written nondiscriminatory policy regarding travel arrangements, amount of traveling time to allow adequate warm-up time, factors in determining how a team will travel, and per diem allowances?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. Are girls and boys teams provided an equivalent type of transportation, such as school bus, private car, or District owned vans?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. Are male and female athletes allowed an equivalent amount of excused time from school for attending their athletic events?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4. When traveling to away competitions, are teams provided an equivalent amount of warm-up time before competition, based on the needs of each sport?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5. Are all athletes provided an equivalent amount of meal money, for example, when traveling to state competitions?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6. Are pre-game and post-game meals provided equivalently for girls and boys teams?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>7. If the District provides housing and meals when traveling, are boys and girls teams provided an equivalent quality of hotel and restaurant?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>8. If the District provides housing when teams travel, are the number of athletes assigned to each room equivalent for boys and girls?</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
## E. Coaches

<table>
<thead>
<tr>
<th>Question</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Does the District have a written nondiscriminatory policy or procedure for determining the number of coaches (full-time, part-time, head, assistant, and volunteer) assigned to teams and coaches’ qualifications?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. Does the District apply the same criteria when hiring coaches of girls’ and boys’ teams?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Such as: Experience, training, background, other non-coaching duties at the District salary</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. Are a similar percentage of male and female athletes staffed with an equivalent number of coaches?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Determine the coach to athlete ratio. Determine the ratio of the total number of coaches to the total number of participants in each program and compare the ratios. (May not include coaches of coed teams or volunteer coaches.)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4. Do head coaches of coed teams spend an equivalent amount of time with female and male athletes?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5. Are the number of volunteer coaches equivalent for boys and girls teams?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6. Are coaches of boys and girls teams available to athletes for an equivalent amount of time?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>For example: are boys teams coaches teaching at the school and available to athletes during the school day, but girls teams coaches are paraprofessionals available only during practice? Or do girls and boys team coaches have equivalent length of contracts? (For example: number of months or sport season.)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>7. Are coaches of girls and boys teams receiving equivalent compensation?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>8. Do coaches of girls and boys teams have equivalent qualifications?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Question</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>------------------------------------------------------------------------</td>
<td>-----</td>
<td>----</td>
</tr>
<tr>
<td>1. Does the District have a written nondiscriminatory policy or procedure for determining the use and availability of locker rooms, practice, and competitive facilities?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. Are the competitive facilities for boys and girls teams available to male and female athletes on an equivalent basis?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. Are the competitive facilities for boys and girls teams of an equivalent quality?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4. Are the practice facilities for boys and girls teams available to female and male athletes on an equivalent basis?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5. Are the practice facilities for boys and girls teams of an equivalent quality?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6. Do boys and girls teams share the prime facility?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>7. If any teams get “bumped” out of their scheduled facility, does it happen to both boys and girls teams?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>8. If any teams have to share their practice facility with other activities, such as intramural sports or PE classes, does it happen to both boys and girls teams?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>9. Are girls and boys teams equivalently responsible for the maintenance and preparation of their practice and competitive facilities? (Such as sweeping or cleaning the facilities before practice, or raking/weeding the softball or baseball fields.)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10. Are boys and girls teams provided an equivalent quality and number of locker rooms?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>11. Is the assignment of individual lockers equivalent for female and male athletes?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>12. Are boys and girls lockers of comparable size?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>13. Are boys and girls locker rooms within equivalent proximity to practice and competitive facilities, training room, and weight room?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>14. Are boys and girls teams provided equivalent exclusivity of locker rooms, i.e., are teams provided their own locker room during their teams’ season?</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
## G. Medical and Training Facilities and Services

<table>
<thead>
<tr>
<th>Question</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Does the District have a written policy or procedure for providing medical and training facilities and services to male and female athletes?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. Are medical personnel equivalently available to male and female athletes? For example, do physicians attend boys and girls teams competitions and practices?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. Does the District provide equivalent access to the weight room for male and female athletes?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4. Are girls and boys teams scheduled times for using the weight room on an equivalent basis?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5. Does the District provide weights and work-out equipment on an equivalent basis for female and male athletes?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6. Are weight training and/or strength conditioning programs available on an equivalent basis for male and female athletes?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>7. Does the District provide equivalent access to the training room for female and male athletes?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>8. Are any teams given priority access to training room services?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>9. Are all athletes served on a first come, first served basis?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10. Is the training room located within an equivalent proximity to boys and girls locker rooms, practice and competitive facilities</td>
<td></td>
<td></td>
</tr>
<tr>
<td>11. Are athletic trainers equivalently available for female and male athletes during practice and competition?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>12. Are the athletic trainers assigned to boys and girls teams equivalently qualified (certified trainers or student trainers)?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>13. Are girls and boys provided access to weight, training, and conditioning facilities of equivalent quality?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>14. Are boys and girls provided equivalent access to health, accident, and injury insurance coverage?</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
## H. Publicity

<table>
<thead>
<tr>
<th>Question</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Does the District have a written nondiscriminatory policy or procedure</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. Does the District have a written nondiscriminatory policy or procedure</td>
<td></td>
<td></td>
</tr>
<tr>
<td>for providing publicity services to boys and girls interscholastic athletic</td>
<td></td>
<td></td>
</tr>
<tr>
<td>programs?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. If sports information services are available (e.g., specific personnel</td>
<td></td>
<td></td>
</tr>
<tr>
<td>assigned to covering teams’ events, keeping statistics, reporting scores,</td>
<td></td>
<td></td>
</tr>
<tr>
<td>etc.), are they equivalently available to girls and boys teams?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. Are girls and boys teams provided with sports information personnel of</td>
<td></td>
<td></td>
</tr>
<tr>
<td>equivalent quality?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4. Are the following publicity resources equivalently available to male</td>
<td></td>
<td></td>
</tr>
<tr>
<td>and female athletes?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Trophy cases</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Banners displayed</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Posters displayed</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Team photographs</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pep band at games</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cheerleaders at home games</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cheerleaders at away games (season and playoffs)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pep Rallies before games</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Television broadcast of events</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Radio broadcast of events</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Television Advertising</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Radio Advertising</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Local newspaper articles</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Local newspaper advertising</td>
<td></td>
<td></td>
</tr>
<tr>
<td>School newspaper articles</td>
<td></td>
<td></td>
</tr>
<tr>
<td>School newspaper advertising</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Marquee Advertising</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Daily announcements – upcoming events and competition results</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5. Is the District providing an equivalent amount of publications for</td>
<td></td>
<td></td>
</tr>
<tr>
<td>boys and girls teams, such as flyers, schedule calendars, and game</td>
<td></td>
<td></td>
</tr>
<tr>
<td>programs or rosters?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6. Is the District providing an equivalent quality of publications for</td>
<td></td>
<td></td>
</tr>
<tr>
<td>boys and girls teams?</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
### H. Publicity (continued)

<table>
<thead>
<tr>
<th>Question</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>7. Is the distribution of publications equitable for female and male athletes? For example, do athletes distribute their own publications, or do some teams have their advertising flyers and programs distributed by others (such as the Spirit Squad)?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>8. Does every team have equivalent access to use the video equipment (video camera, VCR, monitor)?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>9. If available, are boys and girls teams provided equivalent access to video tapes of games for review after competition, or for college recruiting highlight tapes?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10. Is the District providing equivalent promotions for boys and girls teams? &lt;br&gt;   Beyond publicity, what specifically, is the District doing to promote interest in athletics for the underrepresented gender? (For example: advertising in other teams’ game programs, special events during half time, “free” nights to increase attendance, etc.)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
## I. Support Services

<table>
<thead>
<tr>
<th>Question</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Does the District have a nondiscriminatory written policy or procedure for providing administrative, secretarial, and clerical support services to the girls and boys interscholastic athletic programs?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. Is an equivalent amount of secretarial time available to coaches of girls and boys teams?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. Do all teams have equivalent access to clerical equipment?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4. Is equivalent office space provided to coaches of girls and boys teams?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5. Do coaches have equivalent office equipment, furniture, and office space (such as computers, printers, typewriters, access to telephone)?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6. Are all coaches’ offices located in close proximity to locker rooms, practice and competitive facilities?</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
O.K. CONFERENCE COOPERATIVE AGREEMENT
RENEWAL FORM

<table>
<thead>
<tr>
<th>Primary School</th>
<th>Secondary School</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Year of Renewal</th>
<th>Sport</th>
<th>Division Competed In</th>
</tr>
</thead>
</table>

Please answer the following questions:

1. Number of participants:
   - Year One - Primary School
   - Secondary School
   - Year Two - Primary School
   - Secondary School

   *If there are JV and/or Freshman teams, please include those figures.*

2. Has it been necessary to cut athletes from the program (any level)?
   - ________________
   - If yes, explain how many and why:

3. What is the rationale for continuing this cooperative program?

4. Please indicate the record and place of finish within the Division you compete:
   - Year One –
   - Year Two –

Signature of AD – Primary School

Signature of AD – Secondary School

*Please attach your MHSAA Renewal Form*
### GENERAL CHARACTERISTICS

<table>
<thead>
<tr>
<th>Category</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Enrollment (Number of students in grades 7 – 11 inclusive)</td>
<td></td>
</tr>
<tr>
<td>- 2013-2014</td>
<td></td>
</tr>
<tr>
<td>- 2014-2015</td>
<td></td>
</tr>
<tr>
<td>- 2015-2016</td>
<td></td>
</tr>
<tr>
<td>- 2016-2017</td>
<td></td>
</tr>
<tr>
<td>- 2017-2018</td>
<td></td>
</tr>
<tr>
<td>- 2018-2019</td>
<td></td>
</tr>
<tr>
<td>- 2019-2020</td>
<td></td>
</tr>
<tr>
<td>Facilities</td>
<td></td>
</tr>
<tr>
<td>- Is the number and size of athletic facilities adequate?</td>
<td></td>
</tr>
<tr>
<td>- Is the condition of athletic facilities adequate?</td>
<td></td>
</tr>
<tr>
<td>- Have recent upgrades occurred?</td>
<td></td>
</tr>
<tr>
<td>- Are there any future plans to upgrade?</td>
<td></td>
</tr>
<tr>
<td>- Is adequate parking provided?</td>
<td></td>
</tr>
<tr>
<td>- Is traffic flow a concern?</td>
<td></td>
</tr>
<tr>
<td>- Are the grounds neat and attractive?</td>
<td></td>
</tr>
<tr>
<td>School Climate</td>
<td></td>
</tr>
<tr>
<td>- Are students and staff friendly and helpful?</td>
<td></td>
</tr>
<tr>
<td>- Is the school neat and clean?</td>
<td></td>
</tr>
<tr>
<td>- Are students well behaved?</td>
<td></td>
</tr>
<tr>
<td>- Is there a sense of order and respect for rules?</td>
<td></td>
</tr>
<tr>
<td>- Is there a calm, relaxed tone in the school?</td>
<td></td>
</tr>
</tbody>
</table>

### EXTRA-CURRICULAR PROGRAMS

Sample questions relating to programs:

- **What are the values, goals, and beliefs that drive the extra-curricular programs—what is the purpose, and who is the intended audience?** (Determine if the values, goals, and beliefs are congruent with school and district goals. Identify the types of students who are likely to benefit most from the activity listed.)
- **What types of extra-curricular activities are available?** (Check the extra-curricular activities that are listed within the student handbook.)
- **What is the proportion of students involved with extra-curricular activities?** (Count the number of students who are involved with or attend each activity and compare that with the total number of students in the school.)
- **What are the characteristics of the students who are involved with extra-curricular activities?** (Group students by activity and look at their academic achievement and grade level.)
- **What is the level of supervision provided for each activity?**
- **Is the level of funding for each activity appropriate and equitable?** (Request budget information.)
- **What are the academic eligibility and code of conduct requirements for the school?** (Request policies.)
What are the policies regarding participation for each activity? *(Cut—no cut, pay-to-play, multi grade, out of season expectations, etc.)*

What is the distance and travel time to the proposed member schools?

### INFORMATION SPECIFIC TO EACH ACTIVITY

<table>
<thead>
<tr>
<th>Sport</th>
<th>Philosophy (What type of information does the coach share with parents?)</th>
<th>History (When was this sport introduced in this school?)</th>
<th>Sportsmanship (List any awards—indicate past concerns or violations)</th>
<th>Participation (Number of students involved and % of student population)</th>
<th>Crowd Control (Typical supervision provided)</th>
<th>Past Affiliation (What schools have you competed with?)</th>
<th>Past Performance (Win/loss records for the past 5 years)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baseball</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Basketball (Boys)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Basketball (Girls)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Competitive Cheer</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>X-Country (Boys)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>X-Country (Girls)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Football</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Golf (Boys)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Golf (Girls)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Gymnastics</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ice Hockey</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Skiing</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Soccer (Boys)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Soccer (Girls)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Softball</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Swimming (Boys)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Swimming (Girls)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tennis (Boys)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tennis (Girls)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Track (Boys)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Track (Girls)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Volleyball</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Water Polo</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Wrestling</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>MIFA</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Debate</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Forensics</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Theater</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**O.K. EXPANSION EVALUATION SUMMARY**

**Areas of non-compliance or concern:**

2016 Revision
Plans/recommendations to address areas of non-compliance or concern:

Points of interest:

Committee Recommendation:
APPENDIX G
HISTORY OF THE O.K. CONFERENCE

EXECUTIVE SECRETARIES OF THE O.K. CONFERENCE

Ed Taylor  1963 – 1982
Jim Genger  1982 – 1989
Lou Kramer  1989 – 2005

Assistant Directors
Dave Bos  2000 – 2005

COMMISSIONER OFFICE ESTABLISHED IN 2005

Commissioner
Jim Haskins  2005 – Present

Assistant Commissioner
Steve Scholten  2010 – Present

CHRONOLOGICAL SUMMARY OF O.K. CONFERENCE
ADDITIONS AND REALIGNMENTS

1958 – 1959: First year of existence with the following charter schools: Byron Center and Rogers (Barkenall League), Hudsonville (KenNewWa League), Lee (Grand Valley League), and Kelloggsville (independent). Forest Hills, a school with classes no higher than the 10th grade, will become a member in 1960, at which time it will be a full high school.

1961 – 1962: Two (2) schools, Wyoming Park (Grand Valley League) and Kentwood (independent), were added to bring the total to eight (8) Conference members.

1965 – 1966: Five (5) schools were added: Kenowa Hills, Northview (independents), South Christian (4C League), West Ottawa and Zeeland (Grand Valley League). The Conference now consisted of 13 members who were divided into two (2) Divisions – Red and Blue.

1967 – 1968: Godwin (Valley Coast League) was added to bring the total to 14, and South Christian was shifted to the Blue to balance the Divisions at seven (7) schools each.
1970 – 1971: Nine (9) schools joined the Conference: Caledonia, Hamilton, Middleville, Wayland (Expressway League), Comstock Park and Rockford (Tri-River League), East Grand Rapids and Grandville (Valley Coast League), Jenison (independent). This raised the total to 23 schools and resulted in the formation of the White Division.

1972 – 1973: When the Forest Hills School District split into two (2) schools, the Conference total reached 24, and there was some shuffling of schools between the Red and White Division.

1974 – 1975: There were no new schools added, but Kelloggsville and Hudsonville switched Divisions.

1978 – 1979: Two (2) schools, Kelloggsville and Wayland, traded places in the White and Blue Divisions.

1984 – 1985: Five (5) more schools were added: Calvin Christian (4C League), Cedar Springs, Coopersville, Lowell, and Sparta (Tri-River League). The membership now reached 29, and a fourth Division, the Gold, was added, along with a major shuffling of schools.

1985 – 1986: Grand Haven and Muskegon Mona Shores (Lake Michigan Athletic Conference) and Holland (Big Eight Conference) were added to the Red Division, bringing the total to 32 schools divided into four (4) Divisions of eight (8) schools each.

1988 – 1989: The membership total remains at 32, but there was some shuffling in the Divisions with the changes in school enrollments.

1994 – 1995: To accommodate those schools with lower enrollments, three (3) schools were added: Allendale, Hopkins, and Saugatuck (River Valley Conference). The Silver Division came into existence, and there was movement of schools between Divisions as the total membership reached 35.

1995 – 1996: Conference membership reached 39 with the addition of Belding (North Central League), Hastings (Twin Valley League), Spring Lake (Seaway Conference), and Unity Christian (independent).

2000 – 2001: Conference membership dropped to 38 as Spring Lake joined the Western Waterways Conference. Kent City was added to the Silver Division.

2003 – 2004: Conference membership reached 42 as Saugatuck left to join the Southwestern Athletic Conference and these schools were added: Greenville (Mid-Michigan Athletic Conference), Muskegon (Independent), Muskegon Reeths Puffer (Independent), and Holland Christian (Independent). The Red Division split into a Red Metro and a Red Lakeshore, and major shuffling took place in all six (6) Divisions.

2005 – 2006: Conference membership reached 44. Zeeland Public Schools went from one high school to two high schools (Zeeland East and Zeeland West). Forest Hills Public Schools added a third high school, Forest Hills Easter. These additions created a new Division (Green).

2007 – 2008: To accommodate enrollment changes, the following six schools changed Divisions: Muskegon switched from Green Division to Red Division; Holland switched from Red Division to Green Division; Caledonia switched from Gold Division to White Division; Forest Hills Northern switched from White Division to Gold Division; Forest Hills Eastern switched from Silver Division to Blue Division; and, Belding switched from Blue Division to Silver Division.

2008 – 2009: Conference membership reached 51. The following schools were added: Grand Rapids Catholic Central, Grand Rapids Christian, Grand Rapids Central, Grand Rapids Creston, Grand Rapids Ottawa, Grand Rapids Union, and Grand Rapids West Catholic. These additions created major shuffling of schools within Divisions and created the existence of a new Division (Black).

2010: Conference membership dropped to 50 as Grand Rapids Central High School closed.

2011 – 2012: Conference membership reached 51 with the additional of Northpoint Christian to the Conference. To accommodate enrollment changes, created major shuffling of schools within Divisions. The new realignment created six (6) Divisions of six (6), one (1) of seven (7), and one (1) of eight (8). The Conference went from seven (7) Divisions to eight (8) Divisions. Wyoming Park and Rogers consolidated to drop our membership to 50 schools. This changed the Division of eight (8) (above) to seven (7).

2012 – 2013: Conference membership dropped to 49 as Creston High School closed. New Conference logo was designed.


2014 – 2015: Kent City left the Conference, dropping the number of schools to 48. Wyoming moved to the Bronze Division and West Catholic moved to the Blue Division.

2015 – 2016: Conference membership reaches 50. Fruitport and Spring Lake were voted in to be members starting in the Fall 2016. Realignment was completed and the Bronze Division was dropped. Hastings withdrew from the Conference to make our membership 49 schools. Divisions have to be realigned for the second time due to the departure of Hastings.

O.K. CONFERENCE

DIVISION ALIGNMENTS

1958 – 1959: First year of existence with the following charter schools: Byron Center and Rogers (Barkenall League), Hudsonville (KenNewWa League), Lee (Grand Valley League), and Kelloggsville (independent). Forest Hills, a school with classes no higher than the 10th grade, will become a member in 1960, at which time it will be a full high school.

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Byron Center</td>
<td>Byron Center</td>
<td>Byron Center</td>
</tr>
<tr>
<td>Hudsonville</td>
<td>Hudsonville</td>
<td>*Forest Hills</td>
</tr>
<tr>
<td>Kelloggsville</td>
<td>Kelloggsville</td>
<td>Hudsonville</td>
</tr>
<tr>
<td>Lee</td>
<td>Lee</td>
<td>Kelloggsville</td>
</tr>
<tr>
<td>Rogers</td>
<td>Rogers</td>
<td>Lee</td>
</tr>
</tbody>
</table>

1961 – 1962: Two (2) schools, Wyoming Park (Grand Valley League) and Kentwood (independent), were added to bring the total to eight (8) Conference members.

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Byron Center</td>
<td>Byron Center</td>
<td>Byron Center</td>
<td>Byron Center</td>
</tr>
<tr>
<td>Forest Hills</td>
<td>Forest Hills</td>
<td>Forest Hills</td>
<td>Forest Hills</td>
</tr>
<tr>
<td>Hudsonville</td>
<td>Hudsonville</td>
<td>Hudsonville</td>
<td>Hudsonville</td>
</tr>
<tr>
<td>Kelloggsville</td>
<td>Kelloggsville</td>
<td>Kelloggsville</td>
<td>Kelloggsville</td>
</tr>
<tr>
<td>*Kentwood</td>
<td>Kentwood</td>
<td>Kentwood</td>
<td>Kentwood</td>
</tr>
<tr>
<td>Lee</td>
<td>Lee</td>
<td>Lee</td>
<td>Lee</td>
</tr>
<tr>
<td>Rogers</td>
<td>Rogers</td>
<td>Rogers</td>
<td>Rogers</td>
</tr>
<tr>
<td>*Wyoming Park</td>
<td>Wyoming Park</td>
<td>Wyoming Park</td>
<td>Wyoming Park</td>
</tr>
</tbody>
</table>

*First year in the Conference
1965 – 1966: Five (5) schools were added: Kenowa Hills, Northview (independents), South Christian (4C League), West Ottawa and Zeeland (Grand Valley League). The Conference now consisted of 13 members, which were divided into two (2) Divisions – Red and Blue.

<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Red Division</strong></td>
<td><strong>Blue Division</strong></td>
</tr>
<tr>
<td>Forest Hills</td>
<td>Byron Center</td>
</tr>
<tr>
<td>Hudsonville</td>
<td>Kelloggsville</td>
</tr>
<tr>
<td>Rogers</td>
<td>*Kenowa Hills</td>
</tr>
<tr>
<td>*South Christian</td>
<td>Kentwood</td>
</tr>
<tr>
<td>*West Ottawa</td>
<td>Lee</td>
</tr>
<tr>
<td>Wyoming Park</td>
<td>*Northview</td>
</tr>
<tr>
<td>*Zeeland</td>
<td></td>
</tr>
</tbody>
</table>

1967 – 1968: Godwin (Valley Coast League) was added to bring the total to 14, and South Christian was shifted to the Blue to balance the Divisions as seven (7) schools each.

<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Red Division</strong></td>
<td><strong>Blue Division</strong></td>
</tr>
<tr>
<td>Forest Hills (1100)</td>
<td>Byron Center</td>
</tr>
<tr>
<td>*Godwin (1000)</td>
<td>Kelloggsville</td>
</tr>
<tr>
<td>Hudsonville (770)</td>
<td>Kenowa Hills</td>
</tr>
<tr>
<td>Kentwood (1070)</td>
<td>Lee</td>
</tr>
<tr>
<td>Rogers (1000)</td>
<td>Northview (770)</td>
</tr>
<tr>
<td>West Ottawa (1100)</td>
<td>^South Christian</td>
</tr>
<tr>
<td>Wyoming Park (920)</td>
<td>Zeeland</td>
</tr>
<tr>
<td>(unofficial enrollment figures)</td>
<td></td>
</tr>
</tbody>
</table>

1969 – 1970

<table>
<thead>
<tr>
<th>1969 – 1970</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Red Division</strong></td>
</tr>
<tr>
<td>Forest Hills</td>
</tr>
<tr>
<td>Godwin</td>
</tr>
<tr>
<td>Hudsonville</td>
</tr>
<tr>
<td>Kentwood</td>
</tr>
<tr>
<td>Rogers</td>
</tr>
<tr>
<td>West Ottawa</td>
</tr>
<tr>
<td>Wyoming Park</td>
</tr>
</tbody>
</table>

*First year in the Conference
@Addition of a new Division
>Shift of school to different Division
^School which changed Divisions
1970 – 1971: Nine (9) schools joined the Conference: Caledonia, Hamilton, Middleville, Wayland (Expressway League), Comstock Park and Rockford (Tri-River League), East Grand Rapids and Grandville (Valley Coast League), Jenison (independent). This raised the total to 23 schools and resulted in the formation of the White Division.

<table>
<thead>
<tr>
<th>@1970 – 1971</th>
<th>@White Division</th>
<th>Blue Division</th>
</tr>
</thead>
<tbody>
<tr>
<td>Red Division</td>
<td></td>
<td></td>
</tr>
<tr>
<td>*East Grand Rapids</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Forest Hills</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Godwin</td>
<td></td>
<td></td>
</tr>
<tr>
<td>*Grandville</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Kentwood</td>
<td></td>
<td></td>
</tr>
<tr>
<td>*Rockford</td>
<td></td>
<td></td>
</tr>
<tr>
<td>West Ottawa</td>
<td></td>
<td></td>
</tr>
<tr>
<td>@White Division</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Hudsonville</td>
<td></td>
</tr>
<tr>
<td></td>
<td>*Jenison</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Kenowa Hills</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Northview</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Rogers</td>
<td></td>
</tr>
<tr>
<td></td>
<td>South Christian</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Wyoming Park</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Zeeland</td>
<td></td>
</tr>
<tr>
<td>Blue Division</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Byron Center</td>
<td></td>
</tr>
<tr>
<td></td>
<td>*Caledonia</td>
<td></td>
</tr>
<tr>
<td></td>
<td>*Comstock Park</td>
<td></td>
</tr>
<tr>
<td></td>
<td>*Hamilton</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Kelloggsville</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Lee</td>
<td></td>
</tr>
<tr>
<td></td>
<td>*Middleville</td>
<td></td>
</tr>
<tr>
<td></td>
<td>*Wayland</td>
<td></td>
</tr>
</tbody>
</table>

1971 – 1972

<table>
<thead>
<tr>
<th>Red Division</th>
<th>White Division</th>
<th>Blue Division</th>
</tr>
</thead>
<tbody>
<tr>
<td>East Grand Rapids</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Forest Hills</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Godwin</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Grandville</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Kentwood</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rockford</td>
<td></td>
<td></td>
</tr>
<tr>
<td>West Ottawa</td>
<td></td>
<td></td>
</tr>
<tr>
<td>White Division</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Hudsonville</td>
<td></td>
</tr>
<tr>
<td></td>
<td>*Jenison</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Kenowa Hills</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Northview</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Rogers</td>
<td></td>
</tr>
<tr>
<td></td>
<td>South Christian</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Wyoming Park</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Zeeland</td>
<td></td>
</tr>
<tr>
<td>Blue Division</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Byron Center</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Caledonia</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Comstock Park</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Hamilton</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Kelloggsville</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Lee</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Middleville</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Wayland</td>
<td></td>
</tr>
</tbody>
</table>

1972 – 1973: When the Forest Hills school district split into two (2) schools, the Conference total reached 24 and there was some shuffling of schools between the Red and White Divisions.

<table>
<thead>
<tr>
<th>&gt;1972 – 1973</th>
<th>White Division</th>
<th>Blue Division</th>
</tr>
</thead>
<tbody>
<tr>
<td>Red Division</td>
<td></td>
<td></td>
</tr>
<tr>
<td>East Grand Rapids</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Grandville</td>
<td></td>
<td></td>
</tr>
<tr>
<td>^Jenison</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Kentwood</td>
<td></td>
<td></td>
</tr>
<tr>
<td>^Northview</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rockford</td>
<td></td>
<td></td>
</tr>
<tr>
<td>^Rogers</td>
<td></td>
<td></td>
</tr>
<tr>
<td>West Ottawa</td>
<td></td>
<td></td>
</tr>
<tr>
<td>White Division</td>
<td>^Forest Hills Central</td>
<td></td>
</tr>
<tr>
<td></td>
<td>*Forest Hills Northern (11th)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>^Godwin</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Hudsonville</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Kenowa Hills</td>
<td></td>
</tr>
<tr>
<td></td>
<td>South Christian</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Wyoming Park</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Zeeland</td>
<td></td>
</tr>
<tr>
<td>Blue Division</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Byron Center</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Caledonia</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Comstock Park</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Hamilton</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Kelloggsville</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Lee</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Middleville</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Wayland</td>
<td></td>
</tr>
</tbody>
</table>

*First year in the Conference
@Addition of a new Division
>Shift of school to different Division
^School which changed Divisions

2016 Revision
<table>
<thead>
<tr>
<th>1973 – 1974</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Red Division</strong></td>
</tr>
<tr>
<td>East Grand Rapids</td>
</tr>
<tr>
<td>Grandville</td>
</tr>
<tr>
<td>Jenison</td>
</tr>
<tr>
<td>Kentwood</td>
</tr>
<tr>
<td>Northview</td>
</tr>
<tr>
<td>Rockford</td>
</tr>
<tr>
<td>Rogers</td>
</tr>
<tr>
<td>West Ottawa</td>
</tr>
</tbody>
</table>

**1974 – 1975**: There were no new schools added, but Kelloggsville and Hudsonville switched Divisions.

<table>
<thead>
<tr>
<th>&gt;1974 – 1975</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Red Division</strong></td>
</tr>
<tr>
<td>East Grand Rapids</td>
</tr>
<tr>
<td>East Kentwood</td>
</tr>
<tr>
<td>Grandville</td>
</tr>
<tr>
<td>Jenison</td>
</tr>
<tr>
<td>Northview</td>
</tr>
<tr>
<td>Rockford</td>
</tr>
<tr>
<td>Rogers</td>
</tr>
<tr>
<td>West Ottawa</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>1975 – 1976</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Red Division</strong></td>
</tr>
<tr>
<td>East Grand Rapids</td>
</tr>
<tr>
<td>East Kentwood</td>
</tr>
<tr>
<td>Grandville</td>
</tr>
<tr>
<td>Jenison</td>
</tr>
<tr>
<td>Northview</td>
</tr>
<tr>
<td>Rockford</td>
</tr>
<tr>
<td>Rogers</td>
</tr>
<tr>
<td>West Ottawa</td>
</tr>
</tbody>
</table>

*First year in the Conference
@Addition of a new Division
>Shift of school to different Division
^School which changed Divisions
### 1976 – 1977

<table>
<thead>
<tr>
<th>Red Division</th>
<th>White Division</th>
<th>Blue Division</th>
</tr>
</thead>
<tbody>
<tr>
<td>East Grand Rapids</td>
<td>Forest Hills Central</td>
<td>Byron Center</td>
</tr>
<tr>
<td>East Kentwood</td>
<td>Forest Hills Northern</td>
<td>Caledonia</td>
</tr>
<tr>
<td>Grandville</td>
<td>Godwin</td>
<td>Comstock Park</td>
</tr>
<tr>
<td>Jenison</td>
<td>Kelloggsville</td>
<td>Hamilton</td>
</tr>
<tr>
<td>Northview</td>
<td>Kenowa Hills</td>
<td>Hudsonville</td>
</tr>
<tr>
<td>Rockford</td>
<td>South Christian</td>
<td>Lee</td>
</tr>
<tr>
<td>Rogers</td>
<td>Wyoming Park</td>
<td>Middleville</td>
</tr>
<tr>
<td>West Ottawa</td>
<td>Zeeland</td>
<td>Wayland</td>
</tr>
</tbody>
</table>

### 1977 – 1978

<table>
<thead>
<tr>
<th>Red Division</th>
<th>White Division</th>
<th>Blue Division</th>
</tr>
</thead>
<tbody>
<tr>
<td>East Grand Rapids</td>
<td>Forest Hills Central</td>
<td>Byron Center</td>
</tr>
<tr>
<td>East Kentwood</td>
<td>Forest Hills Northern</td>
<td>Caledonia</td>
</tr>
<tr>
<td>Grandville</td>
<td>Godwin</td>
<td>Comstock Park</td>
</tr>
<tr>
<td>Jenison</td>
<td>Kelloggsville</td>
<td>Hamilton</td>
</tr>
<tr>
<td>Northview</td>
<td>Kenowa Hills</td>
<td>Hudsonville</td>
</tr>
<tr>
<td>Rockford</td>
<td>South Christian</td>
<td>Lee</td>
</tr>
<tr>
<td>Rogers</td>
<td>Wyoming Park</td>
<td>Middleville</td>
</tr>
<tr>
<td>West Ottawa</td>
<td>Zeeland</td>
<td>Wayland</td>
</tr>
</tbody>
</table>

**1978 – 1979:** Two (2) schools, Kelloggsville and Wayland, traded places in the White and Blue Divisions.

### >1978 – 1979

<table>
<thead>
<tr>
<th>Red Division</th>
<th>White Division</th>
<th>Blue Division</th>
</tr>
</thead>
<tbody>
<tr>
<td>East Grand Rapids</td>
<td>Forest Hills Central</td>
<td>Byron Center</td>
</tr>
<tr>
<td>East Kentwood</td>
<td>Forest Hills Northern</td>
<td>Caledonia</td>
</tr>
<tr>
<td>Grandville</td>
<td>Godwin</td>
<td>Comstock Park</td>
</tr>
<tr>
<td>Jenison</td>
<td>Kenowa Hills</td>
<td>Hamilton</td>
</tr>
<tr>
<td>Northview</td>
<td>South Christian</td>
<td>Hudsonville</td>
</tr>
<tr>
<td>Rockford</td>
<td>^Wayland</td>
<td>Lee</td>
</tr>
<tr>
<td>Rogers</td>
<td>Wyoming Park</td>
<td>Middleville</td>
</tr>
<tr>
<td>West Ottawa</td>
<td>Zeeland</td>
<td></td>
</tr>
</tbody>
</table>

*First year in the Conference
@Addition of a new Division
>Shift of school to different Division
^School which changed Divisions
### 1979 – 1980

<table>
<thead>
<tr>
<th>Red Division</th>
<th>White Division</th>
<th>Blue Division</th>
</tr>
</thead>
<tbody>
<tr>
<td>East Grand Rapids</td>
<td>Forest Hills Central</td>
<td>Byron Center</td>
</tr>
<tr>
<td>East Kentwood</td>
<td>Forest Hills Northern</td>
<td>Caledonia</td>
</tr>
<tr>
<td>Grandville</td>
<td>Godwin</td>
<td>Comstock Park</td>
</tr>
<tr>
<td>Jenison</td>
<td>Kenowa Hills</td>
<td>Hamilton</td>
</tr>
<tr>
<td>Northview</td>
<td>South Christian</td>
<td>Hudsonville</td>
</tr>
<tr>
<td>Rockford</td>
<td>Wayland</td>
<td>Kelloggsville</td>
</tr>
<tr>
<td>Rogers</td>
<td>Wyoming Park</td>
<td>Lee</td>
</tr>
<tr>
<td>West Ottawa</td>
<td>Zeeland</td>
<td>Middleville</td>
</tr>
</tbody>
</table>

### 1980 – 1981

<table>
<thead>
<tr>
<th>Red Division</th>
<th>White Division</th>
<th>Blue Division</th>
</tr>
</thead>
<tbody>
<tr>
<td>East Grand Rapids</td>
<td>Forest Hills Central</td>
<td>Byron Center</td>
</tr>
<tr>
<td>East Kentwood</td>
<td>Forest Hills Northern</td>
<td>Caledonia</td>
</tr>
<tr>
<td>Grandville</td>
<td>Godwin</td>
<td>Comstock Park</td>
</tr>
<tr>
<td>Jenison</td>
<td>Kenowa Hills</td>
<td>Hamilton</td>
</tr>
<tr>
<td>Northview</td>
<td>South Christian</td>
<td>Hudsonville</td>
</tr>
<tr>
<td>Rockford</td>
<td>Wayland</td>
<td>Kelloggsville</td>
</tr>
<tr>
<td>Rogers</td>
<td>Wyoming Park</td>
<td>Lee</td>
</tr>
<tr>
<td>West Ottawa</td>
<td>Zeeland</td>
<td>Middleville</td>
</tr>
</tbody>
</table>

### 1981 – 1982

<table>
<thead>
<tr>
<th>Red Division</th>
<th>White Division</th>
<th>Blue Division</th>
</tr>
</thead>
<tbody>
<tr>
<td>East Grand Rapids</td>
<td>Forest Hills Central</td>
<td>Byron Center</td>
</tr>
<tr>
<td>East Kentwood</td>
<td>Forest Hills Northern</td>
<td>Caledonia</td>
</tr>
<tr>
<td>Grandville</td>
<td>Godwin</td>
<td>Comstock Park</td>
</tr>
<tr>
<td>Jenison</td>
<td>Kenowa Hills</td>
<td>Hamilton</td>
</tr>
<tr>
<td>Northview</td>
<td>South Christian</td>
<td>Hudsonville</td>
</tr>
<tr>
<td>Rockford</td>
<td>Wayland</td>
<td>Kelloggsville</td>
</tr>
<tr>
<td>Rogers</td>
<td>Wyoming Park</td>
<td>Lee</td>
</tr>
<tr>
<td>West Ottawa</td>
<td>Zeeland</td>
<td>Middleville</td>
</tr>
</tbody>
</table>

*First year in the Conference
@Addition of a new Division
>Shift of school to different Division
^School which changed Divisions
### 1982 – 1983

<table>
<thead>
<tr>
<th>Red Division</th>
<th>White Division</th>
<th>Blue Division</th>
</tr>
</thead>
<tbody>
<tr>
<td>East Grand Rapids</td>
<td>Forest Hills Central</td>
<td>Byron Center</td>
</tr>
<tr>
<td>East Kentwood</td>
<td>Forest Hills Northern</td>
<td>Caledonia</td>
</tr>
<tr>
<td>Grandville</td>
<td>Godwin</td>
<td>Comstock Park</td>
</tr>
<tr>
<td>Jenison</td>
<td>Kenowa Hills</td>
<td>Hamilton</td>
</tr>
<tr>
<td>Northview</td>
<td>South Christian</td>
<td>Hudsonville</td>
</tr>
<tr>
<td>Rockford</td>
<td>Wayland</td>
<td>Kelloggsville</td>
</tr>
<tr>
<td>Rogers</td>
<td>Wyoming Park</td>
<td>Lee</td>
</tr>
<tr>
<td>West Ottawa</td>
<td>Zeeland</td>
<td>Middleville</td>
</tr>
</tbody>
</table>

### 1983 – 1984

<table>
<thead>
<tr>
<th>Red Division</th>
<th>White Division</th>
<th>Blue Division</th>
</tr>
</thead>
<tbody>
<tr>
<td>East Grand Rapids</td>
<td>Forest Hills Central</td>
<td>Byron Center</td>
</tr>
<tr>
<td>East Kentwood</td>
<td>Forest Hills Northern</td>
<td>Caledonia</td>
</tr>
<tr>
<td>Grandville</td>
<td>Godwin</td>
<td>Comstock Park</td>
</tr>
<tr>
<td>Jenison</td>
<td>Kenowa Hills</td>
<td>Hamilton</td>
</tr>
<tr>
<td>Northview</td>
<td>South Christian</td>
<td>Hudsonville</td>
</tr>
<tr>
<td>Rockford</td>
<td>Wayland</td>
<td>Kelloggsville</td>
</tr>
<tr>
<td>Rogers</td>
<td>Wyoming Park</td>
<td>Lee</td>
</tr>
<tr>
<td>West Ottawa</td>
<td>Zeeland</td>
<td>Middleville</td>
</tr>
</tbody>
</table>

### 1984 – 1985: Five (5) more schools were added: Calvin Christian (4C League), Cedar Springs, Coopersville, Lowell, and Sparta (Tri-River League). The membership now reached 29 and a fourth Division – The Gold – was added, along with a major shuffling of schools.

### @1984 – 1985

<table>
<thead>
<tr>
<th>Red Division</th>
<th>White Division</th>
<th>@Gold Division</th>
<th>Blue Division</th>
</tr>
</thead>
<tbody>
<tr>
<td>East Kentwood</td>
<td>^East Grand Rapids</td>
<td>^Calvin Christian</td>
<td>Byron Center</td>
</tr>
<tr>
<td>Grandville</td>
<td>Forest Hills Central</td>
<td>^Cedar Springs</td>
<td>Caledonia</td>
</tr>
<tr>
<td>Jenison</td>
<td>Kenowa Hills</td>
<td>^Coopersville</td>
<td>Comstock Park</td>
</tr>
<tr>
<td>Rockford</td>
<td>*Lowell</td>
<td>^Forest Hills Northern</td>
<td>Hamilton</td>
</tr>
<tr>
<td>West Ottawa</td>
<td>^Northview</td>
<td>^Hudsonville</td>
<td>Kelloggsville</td>
</tr>
<tr>
<td></td>
<td>^Rogers</td>
<td>^South Christian</td>
<td>Lee</td>
</tr>
<tr>
<td></td>
<td>*Sparta</td>
<td>^Wayland</td>
<td>Middleville</td>
</tr>
<tr>
<td></td>
<td>Wyoming Park</td>
<td>^Zeeland</td>
<td></td>
</tr>
</tbody>
</table>

*First year in the Conference

@Addition of a new Division

>Shift of school to different Division

^School which changed Divisions

---

2016 Revision
**1985 – 1986:** Grand Haven and Muskegon Mona Shores (Lake Michigan Athletic Conference) and Holland (Big Eight Conference) were added to the Red Division, bringing the total to 32 schools divided into four (4) Divisions of eight (8) schools each.

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Red Division</strong></td>
<td><strong>East Kentwood</strong></td>
<td><strong>East Kentwood</strong></td>
</tr>
<tr>
<td>East Kentwood</td>
<td>East Grand Rapids</td>
<td>East Grand Rapids</td>
</tr>
<tr>
<td><em>Grand Haven</em></td>
<td>Forest Hills Central</td>
<td>Forest Hills Northern</td>
</tr>
<tr>
<td>Grandville</td>
<td>Kenowa Hills</td>
<td>Hudsonville</td>
</tr>
<tr>
<td><em>Holland</em></td>
<td>Lowell</td>
<td>South Christian</td>
</tr>
<tr>
<td>Jenison</td>
<td>Northview</td>
<td>Wayland</td>
</tr>
<tr>
<td><em>Muskegon Mona Shores</em></td>
<td>Rogers</td>
<td>Zeeland</td>
</tr>
<tr>
<td>Rockford</td>
<td>Sparta</td>
<td></td>
</tr>
<tr>
<td>West Ottawa</td>
<td>Wyoming Park</td>
<td></td>
</tr>
<tr>
<td><strong>White Division</strong></td>
<td><strong>White Division</strong></td>
<td><strong>White Division</strong></td>
</tr>
<tr>
<td><strong>Gold Division</strong></td>
<td><strong>Gold Division</strong></td>
<td><strong>Gold Division</strong></td>
</tr>
<tr>
<td><strong>Blue Division</strong></td>
<td><strong>Blue Division</strong></td>
<td><strong>Blue Division</strong></td>
</tr>
<tr>
<td>Calvin Christian</td>
<td>Byron Center</td>
<td>Byron Center</td>
</tr>
<tr>
<td>Cedar Springs</td>
<td>Caledonia</td>
<td>Caledonia</td>
</tr>
<tr>
<td>Coopersville</td>
<td>Comstock Park</td>
<td>Comstock Park</td>
</tr>
<tr>
<td>Forest Hills Northern</td>
<td>Godwin</td>
<td>Godwin</td>
</tr>
<tr>
<td>Hudsonville</td>
<td>Hamilton</td>
<td>Hamilton</td>
</tr>
<tr>
<td>South Christian</td>
<td>Kelloggsville</td>
<td>Kelloggsville</td>
</tr>
<tr>
<td>Wayland</td>
<td>Lee</td>
<td>Lee</td>
</tr>
<tr>
<td>Zeeland</td>
<td>Middleville</td>
<td>Middleville</td>
</tr>
</tbody>
</table>

*First year in the Conference
@Addition of a new Division
>Shift of school to different Division
^School which changed Divisions

2016 Revision
**1988 – 1989:** The membership total remains at 32, but there was some shuffling in the Divisions with the changes in school enrollments.

<table>
<thead>
<tr>
<th>Red Division</th>
<th>White Division</th>
<th>Gold Division</th>
<th>Blue Division</th>
</tr>
</thead>
<tbody>
<tr>
<td>East Kentwood</td>
<td>East Grand Rapids</td>
<td>Caledonia</td>
<td>Byron Center</td>
</tr>
<tr>
<td>Grand Haven</td>
<td>Forest Hills Central</td>
<td>Cedar Springs</td>
<td>Comstock Park</td>
</tr>
<tr>
<td>Grandville</td>
<td>Lowell</td>
<td>Coopersville</td>
<td>Godwin</td>
</tr>
<tr>
<td>Holland</td>
<td>Northview</td>
<td>Forest Hills Northern</td>
<td>^Calvin Christian</td>
</tr>
<tr>
<td>Jenison</td>
<td>Rogers</td>
<td>Hudsonville</td>
<td>Hamilton</td>
</tr>
<tr>
<td>Muskegon Mona Shores</td>
<td>Sparta</td>
<td>^Kenowa Hills</td>
<td>Kelloggsville</td>
</tr>
<tr>
<td>Rockford</td>
<td>Wyoming Park</td>
<td>South Christian</td>
<td>Lee</td>
</tr>
<tr>
<td>West Ottawa</td>
<td>^Zeeland</td>
<td>Wayland</td>
<td>Middleville</td>
</tr>
</tbody>
</table>

*First year in the Conference  
@Addition of a new Division  
>Shift of school to different Division  
^School which changed Divisions*
<table>
<thead>
<tr>
<th>1991 – 1992</th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Red Division</strong></td>
<td><strong>White Division</strong></td>
<td><strong>Gold Division</strong></td>
<td><strong>Blue Division</strong></td>
</tr>
<tr>
<td>East Kentwood</td>
<td>East Grand Rapids</td>
<td>Caledonia</td>
<td>Byron Center</td>
</tr>
<tr>
<td>Grand Haven</td>
<td>Forest Hills Central</td>
<td>Cedar Springs</td>
<td>Comstock Park</td>
</tr>
<tr>
<td>Grandville</td>
<td>Lowell</td>
<td>Coopersville</td>
<td>Godwin</td>
</tr>
<tr>
<td>Holland</td>
<td>Northview</td>
<td>Forest Hills Northern</td>
<td>Calvin Christian</td>
</tr>
<tr>
<td>Jenison</td>
<td>Rogers</td>
<td>Hudsonville</td>
<td>Hamilton</td>
</tr>
<tr>
<td>Muskegon Mona Shores</td>
<td>Sparta</td>
<td>Kenowa Hills</td>
<td>Kelloggsville</td>
</tr>
<tr>
<td>Rockford</td>
<td>Wyoming Park</td>
<td>South Christian</td>
<td>Lee</td>
</tr>
<tr>
<td>West Ottawa</td>
<td>Zeeland</td>
<td>Wayland</td>
<td>Middleville</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>1992 – 1993</th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Red Division</strong></td>
<td><strong>White Division</strong></td>
<td><strong>Gold Division</strong></td>
<td><strong>Blue Division</strong></td>
</tr>
<tr>
<td>East Kentwood</td>
<td>East Grand Rapids</td>
<td>Caledonia</td>
<td>Byron Center</td>
</tr>
<tr>
<td>Grand Haven</td>
<td>Forest Hills Central</td>
<td>Cedar Springs</td>
<td>Comstock Park</td>
</tr>
<tr>
<td>Grandville</td>
<td>Lowell</td>
<td>Coopersville</td>
<td>Godwin</td>
</tr>
<tr>
<td>Holland</td>
<td>Northview</td>
<td>Forest Hills Northern</td>
<td>Calvin Christian</td>
</tr>
<tr>
<td>Jenison</td>
<td>Rogers</td>
<td>Hudsonville</td>
<td>Hamilton</td>
</tr>
<tr>
<td>Muskegon Mona Shores</td>
<td>Sparta</td>
<td>Kenowa Hills</td>
<td>Kelloggsville</td>
</tr>
<tr>
<td>Rockford</td>
<td>Wyoming Park</td>
<td>South Christian</td>
<td>Lee</td>
</tr>
<tr>
<td>West Ottawa</td>
<td>Zeeland</td>
<td>Wayland</td>
<td>Middleville</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>1993 – 1994</th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Red Division</strong></td>
<td><strong>White Division</strong></td>
<td><strong>Gold Division</strong></td>
<td><strong>Blue Division</strong></td>
</tr>
<tr>
<td>East Kentwood</td>
<td>East Grand Rapids</td>
<td>Caledonia</td>
<td>Byron Center</td>
</tr>
<tr>
<td>Grand Haven</td>
<td>Forest Hills Central</td>
<td>Cedar Springs</td>
<td>Comstock Park</td>
</tr>
<tr>
<td>Grandville</td>
<td>Lowell</td>
<td>Coopersville</td>
<td>Godwin</td>
</tr>
<tr>
<td>Holland</td>
<td>Northview</td>
<td>Forest Hills Northern</td>
<td>Calvin Christian</td>
</tr>
<tr>
<td>Jenison</td>
<td>Rogers</td>
<td>Hudsonville</td>
<td>Hamilton</td>
</tr>
<tr>
<td>Muskegon Mona Shores</td>
<td>Sparta</td>
<td>Kenowa Hills</td>
<td>Kelloggsville</td>
</tr>
<tr>
<td>Rockford</td>
<td>Wyoming Park</td>
<td>South Christian</td>
<td>Lee</td>
</tr>
<tr>
<td>West Ottawa</td>
<td>Zeeland</td>
<td>Wayland</td>
<td>Middleville</td>
</tr>
</tbody>
</table>

*First year in the Conference*

@Addition of a new Division

>Shift of school to different Division

^School which changed Divisions

2016 Revision
1994 – 1995: To accommodate those schools with lower enrollments, three (3) schools were added: Allendale, Hopkins, and Saugatuck (River Valley Conference). The Silver Division came into existence, and there was movement of schools between Divisions as the total membership reached 35.

<table>
<thead>
<tr>
<th>Red Division</th>
<th>White Division</th>
<th>Gold Division</th>
<th>Blue Division</th>
<th>Silver Division</th>
</tr>
</thead>
<tbody>
<tr>
<td>East Kentwood</td>
<td>East Grand Rapids</td>
<td>Caledonia</td>
<td>Byron Center</td>
<td>*Allendale</td>
</tr>
<tr>
<td>Grand Haven</td>
<td>Forest Hills Central</td>
<td>Cedar Springs</td>
<td>Calvin Christian</td>
<td>^Comstock Park</td>
</tr>
<tr>
<td>Grandville</td>
<td>^Hudsonville</td>
<td>Forest Hills Northern</td>
<td>^Coopersville</td>
<td>^Hopkins</td>
</tr>
<tr>
<td>Holland</td>
<td>Lowell</td>
<td>Kenowa Hills</td>
<td>Godwin</td>
<td>^Kelloggsville</td>
</tr>
<tr>
<td>Jenison</td>
<td>Northview</td>
<td>South Christian</td>
<td>Hamilton</td>
<td>^Lee</td>
</tr>
<tr>
<td>Mona Shores</td>
<td>Wyoming Park</td>
<td>^Sparta</td>
<td>Middleville</td>
<td>*Saugatuck</td>
</tr>
<tr>
<td>Rockford</td>
<td>Zeeland</td>
<td>Wayland</td>
<td>^Rogers</td>
<td></td>
</tr>
<tr>
<td>West Ottawa</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

1995 – 1996: Conference membership reached 39 with the addition of Belding (North Central League), Hastings (Twin Valley League), Spring Lake (Seaway Conference), and Unity Christian (independent)

<table>
<thead>
<tr>
<th>Red Division</th>
<th>White Division</th>
<th>Gold Division</th>
<th>Blue Division</th>
<th>Silver Division</th>
</tr>
</thead>
<tbody>
<tr>
<td>East Kentwood</td>
<td>East Grand Rapids</td>
<td>Caledonia</td>
<td>Byron Center</td>
<td>*Allendale</td>
</tr>
<tr>
<td>Grand Haven</td>
<td>Forest Hills Central</td>
<td>Cedar Springs</td>
<td>Calvin Christian</td>
<td>^Comstock Park</td>
</tr>
<tr>
<td>Grandville</td>
<td>*Hastings</td>
<td>Forest Hills Northern</td>
<td>^Coopersville</td>
<td>^Hopkins</td>
</tr>
<tr>
<td>Holland</td>
<td>Hudsonville</td>
<td>Kenowa Hills</td>
<td>Godwin</td>
<td>^Kelloggsville</td>
</tr>
<tr>
<td>Jenison</td>
<td>Lowell</td>
<td>South Christian</td>
<td>Hamilton</td>
<td>^Lee</td>
</tr>
<tr>
<td>Mona Shores</td>
<td>Northview</td>
<td>Sparta</td>
<td>Middleville</td>
<td>*Saugatuck</td>
</tr>
<tr>
<td>Rockford</td>
<td>Wyoming Park</td>
<td>*Unity Christian</td>
<td>^Rogers</td>
<td></td>
</tr>
<tr>
<td>West Ottawa</td>
<td>Zeeland</td>
<td>Wayland</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*First year in the Conference
@Addition of a new Division
>Shift of school to different Division
^School which changed Divisions
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Red Division</strong></td>
<td><strong>White Division</strong></td>
<td><strong>Gold Division</strong></td>
</tr>
<tr>
<td>East Kentwood</td>
<td>East Grand Rapids</td>
<td>Belding</td>
</tr>
<tr>
<td>Grand Haven</td>
<td>Forest Hills Central</td>
<td>Caledonia</td>
</tr>
<tr>
<td>Grandville</td>
<td>Hastings</td>
<td>Cedar Springs</td>
</tr>
<tr>
<td>Holland</td>
<td>Hudsonville</td>
<td>Forest Hills Northern</td>
</tr>
<tr>
<td>Jenison</td>
<td>Lowell</td>
<td>Kenowa Hills</td>
</tr>
<tr>
<td>Mona Shores</td>
<td>Northview</td>
<td>South Christian</td>
</tr>
<tr>
<td>Rockford</td>
<td>Wyoming Park</td>
<td>Sparta</td>
</tr>
<tr>
<td>West Ottawa</td>
<td>Zeeland</td>
<td>Unity Christian</td>
</tr>
<tr>
<td>White Division</td>
<td><strong>Gold Division</strong></td>
<td><strong>Blue Division</strong></td>
</tr>
<tr>
<td>East Grand Rapids</td>
<td>Belding</td>
<td>Byron Center</td>
</tr>
<tr>
<td>Forest Hills Central</td>
<td>Caledonia</td>
<td>Calvin Christian</td>
</tr>
<tr>
<td>Hastings</td>
<td>Cedar Springs</td>
<td>Coopersville</td>
</tr>
<tr>
<td>Hudsonville</td>
<td>Forest Hills Northern</td>
<td>Godwin</td>
</tr>
<tr>
<td>Lowell</td>
<td>Kenowa Hills</td>
<td>Hamilton</td>
</tr>
<tr>
<td>Northview</td>
<td>South Christian</td>
<td>Middleville</td>
</tr>
<tr>
<td>Wyoming Park</td>
<td>Sparta</td>
<td>Rogers</td>
</tr>
<tr>
<td>Zeeland</td>
<td>Unity Christian</td>
<td>Spring Lake</td>
</tr>
<tr>
<td>Gold Division</td>
<td><strong>Blue Division</strong></td>
<td><strong>Silver Division</strong></td>
</tr>
<tr>
<td>Belding</td>
<td>Byron Center</td>
<td>Allendale</td>
</tr>
<tr>
<td>Caledonia</td>
<td>Calvin Christian</td>
<td>Comstock Park</td>
</tr>
<tr>
<td>Cedar Springs</td>
<td>Coopersville</td>
<td>Hopkins</td>
</tr>
<tr>
<td>Forest Hills Northern</td>
<td>Godwin</td>
<td>Kelloggsville</td>
</tr>
<tr>
<td>Kenowa Hills</td>
<td>Hamilton</td>
<td>Lee</td>
</tr>
<tr>
<td>South Christian</td>
<td>Middleville</td>
<td>Saugatuck</td>
</tr>
<tr>
<td>Sparta</td>
<td>Rogers</td>
<td></td>
</tr>
<tr>
<td>Unity Christian</td>
<td>Spring Lake</td>
<td></td>
</tr>
<tr>
<td>Wayland</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*First year in the Conference
@Addition of a new Division
>Shift of school to different Division
^School which changed Divisions
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Red Division</strong></td>
<td>East Kentwood, Grand Haven, Grandville, Holland, Jenison, Mona Shores, Rockford, West Ottawa</td>
<td>East Kentwood, Grand Haven, Grandville, Holland, Jenison, Mona Shores, Rockford, West Ottawa</td>
<td>East Kentwood, Grand Haven, Grandville, Holland, Jenison, Mona Shores, Rockford, West Ottawa</td>
</tr>
<tr>
<td><strong>Blue Division</strong></td>
<td>Byron Center, Calvin Christian, Coopersville, Godwin, Hamilton, Middleville, Rogers, Spring Lake</td>
<td>Byron Center, Calvin Christian, Coopersville, Godwin, Hamilton, Middleville, Rogers, Spring Lake</td>
<td>Byron Center, Calvin Christian, Coopersville, Godwin, Hamilton, Middleville, Rogers, Spring Lake</td>
</tr>
</tbody>
</table>

**2000 – 2001:** Spring Lake was dropped from the Blue Division and Kent City was added to the Silver Division. Wyoming Park switched to the Gold Division and Forest Hills Northern moved to the White Division.

**2001 – 2002:** Hastings moved from the White Division to the Gold Division, and Belding moved from the Gold Division to the Blue Division. Forest Hills Northern moved to the White Division.

*First year in the Conference
@Addition of a new Division
>Shift of school to different Division
^School which changed Divisions

2016 Revision
<table>
<thead>
<tr>
<th>Year</th>
<th>Red Division</th>
<th>White Division</th>
<th>Gold Division</th>
<th>Blue Division</th>
<th>Silver Division</th>
</tr>
</thead>
<tbody>
<tr>
<td>2002 – 2003</td>
<td>East Kentwood</td>
<td>East Grand Rapids</td>
<td>Caledonia</td>
<td>Belding</td>
<td>Allendale</td>
</tr>
<tr>
<td></td>
<td>Grand Haven</td>
<td>Forest Hills Central</td>
<td>Cedar Springs</td>
<td>Byron Center</td>
<td>Comstock Park</td>
</tr>
<tr>
<td></td>
<td>Grandville</td>
<td>Forest Hills Northern</td>
<td>Hastings</td>
<td>Calvin Christian</td>
<td>Hopkins</td>
</tr>
<tr>
<td></td>
<td>Holland</td>
<td>Hudsonville</td>
<td>Kenowa Hills</td>
<td>Coopersville</td>
<td>Kelloggsville</td>
</tr>
<tr>
<td></td>
<td>Jenison</td>
<td>Lowell</td>
<td>South Christian</td>
<td>Godwin</td>
<td>Kent City</td>
</tr>
<tr>
<td></td>
<td>Mona Shores</td>
<td>Northview</td>
<td>Sparta</td>
<td>Hamilton</td>
<td>Lee</td>
</tr>
<tr>
<td></td>
<td>Rockford</td>
<td>Zeeland</td>
<td>Unity Christian</td>
<td>Middleville</td>
<td>Saugatuck</td>
</tr>
<tr>
<td></td>
<td>West Ottawa</td>
<td></td>
<td>Wayland</td>
<td>Rogers</td>
<td></td>
</tr>
</tbody>
</table>

2003 – 2004 – Saugatuck dropped from the Silver Division. The Red Division was split into the Red Metro Division and the Red Lakeshore Division. Realignment took place and many schools were shifted to the realigned Divisions. New schools added were Muskegon and Muskegon Reeths Puffer to the Red Lakeshore Division; Greenville to the White Division, and Holland Christian to the Gold Division.

<table>
<thead>
<tr>
<th>Symbol</th>
<th>Red Metro Division</th>
<th>Red Lakeshore Division</th>
<th>White Division</th>
<th>Gold Division</th>
<th>Blue Division</th>
<th>Silver Division</th>
</tr>
</thead>
<tbody>
<tr>
<td>@</td>
<td>E. Kentwood</td>
<td>Grand Haven</td>
<td>Cedar Springs</td>
<td>Byron Center</td>
<td>Belding</td>
<td>Allendale</td>
</tr>
<tr>
<td>@</td>
<td>Forest Hills Central</td>
<td>Holland</td>
<td>E. Grand Rapids</td>
<td>Caledonia</td>
<td>Calvin Christian</td>
<td>Comstock Park</td>
</tr>
<tr>
<td>^</td>
<td>Forest Hills Northern</td>
<td>Mona Shores</td>
<td>*Greenville</td>
<td>Hastings</td>
<td>Coopersville</td>
<td>Hopkins</td>
</tr>
<tr>
<td>^</td>
<td>Grandville</td>
<td>*Muskegon</td>
<td>^Kenowa Hills</td>
<td>*Holland Chr.</td>
<td>Godwin</td>
<td>Kelloggsville</td>
</tr>
<tr>
<td>^</td>
<td>^Hudsonville</td>
<td>*Reeths Puffer</td>
<td>South Chr.</td>
<td>^Middleville</td>
<td>Hamilton</td>
<td>Kent City</td>
</tr>
<tr>
<td>^</td>
<td>Jenison</td>
<td>West Ottawa</td>
<td>^Sparta</td>
<td>^Wayland</td>
<td>Middleville</td>
<td>Lee</td>
</tr>
<tr>
<td>^</td>
<td>Rockford</td>
<td>^Zeeland</td>
<td>^Unity Chr.</td>
<td>Wyoming Park</td>
<td>Rogers</td>
<td></td>
</tr>
</tbody>
</table>

*First year in the Conference
@Addition of a new Division
^Shift of school to different Division
^School which changed Divisions

2016 Revision
2005-2007

RED DIVISION
  EAST KENTWOOD
  GRAND HAVEN
  GRANDVILLE
  HOLLAND
  HUDSONVILLE
  JENISON
  ROCKFORD
  WEST OTTAWA

GREEN DIVISION
  HOLLAND CHRISTIAN
  MONA SHORES
  MUSKEGON
  REETHS PUFFER
  UNITY CHRISTIAN
  ZEELAND EAST
  ZEELAND WEST

WHITE DIVISION
  EAST GRAND RAPIDS
  FOREST HILLS CENTRAL
  FOREST HILLS NORTHERN
  GREENVILLE
  KENOWA HILLS
  LOWELL
  NORTHVIEW

GOLD DIVISION
  BYRON CENTER
  CALEDONIA
  HAMILTON
  HASTINGS
  MIDDLEVILLE TK
  SOUTH CHRISTIAN
  WAYLAND

BLUE DIVISION
  BELDING
  CEDAR SPRINGS
  COMSTOCK PARK
  COOPERSVILLE
  SPARTA
  WYOMING PARK
  WYOMING ROGERS

SILVER DIVISION
  ALLENDALE
  CALVIN CHRISTIAN
  FOREST HILLS EASTERN
  GODWIN HEIGHTS
  HOPKINS
  KELLOGGSVILLE
  KENT CITY
  LEE
### 2007 - 2008

#### RED DIVISION
- **EAST KENTWOOD**
- **GRAND HAVEN**
- **GRANDVILLE**
- **HUDSONVILLE**
- **JENISON**
- **MUSKEGON**
- **ROCKFORD**
- **WEST OTTAWA**

#### GREEN DIVISION
- **HOLLAND**
- **HOLLAND CHRISTIAN**
- **MONA SHORES**
- **REETHS PUFFER**
- **UNITY CHRISTIAN**
- **ZEELEND EAST**
- **ZEELEND WEST**

#### WHITE DIVISION
- **CALEDONIA**
- **EAST GRAND RAPIDS**
- **FOREST HILLS CENTRAL**
- **GREENVILLE**
- **KENOWA HILLS**
- **LOWELL**
- **NORTHVIEW**

#### GOLD DIVISION
- **BYRON CENTER**
- **FOREST HILLS NORTHERN**
- **HAMILTON**
- **HASTINGS**
- **MIDDLEVILLE TK**
- **SOUTH CHRISTIAN**
- **WAYLAND**

#### BLUE DIVISION
- **CEDAR SPRINGS**
- **COMSTOCK PARK**
- **COOPERSVILLE**
- **FOREST HILLS EASTERN**
- **SPARTA**
- **WYOMING PARK**
- **WYOMING ROGERS**

#### SILVER DIVISION
- **ALLENDALE**
- **BELDING**
- **CALVIN CHRISTIAN**
- **GODWIN HEIGHTS**
- **HOPKINS**
- **KELLOGGSVILLE**
- **KENT CITY**
- **LEE**

2016 Revision
2008 - 2009

RED DIVISION
   EAST KENTWOOD
   GRAND HAVEN
   GRANDVILLE
   HUDSONVILLE
   JENISON
   MUSKEGON
   ROCKFORD
   WEST OTTAWA

GREEN DIVISION
   BYRON CENTER
   HAMILTON
   HOLLAND CHRISTIAN
   UNITY CHRISTIAN
   WYOMING PARK
   WYOMING ROGERS
   ZEELAND EAST
   ZEELAND WEST

WHITE DIVISION
   EAST GRAND RAPIDS
   GR CHRISTIAN
   GR CRESTON
   GREENVILLE
   LOWELL
   NORTHVIEW

BLACK DIVISION
   FOREST HILLS CENTRAL
   GR UNION
   HOLLAND
   KENOWA HILLS
   MONA SHORES
   REETHS PUFFER

GOLD DIVISION
   CALEDONIA
   FOREST HILLS EASTERN
   GR CATHOLIC CENTRAL
   GR OTTAWA HILLS
   HASTINGS
   SOUTH CHRISTIAN
   THORNAPPLE KELLOGG
   WAYLAND

BLUE DIVISION
   BELDING
   CEDAR SPRINGS
   COMSTOCK PARK
   COOPERSVILLE
   FOREST HILLS NORTHERN
   GR CENTRAL
   GR WEST CATHOLIC
   SPARTA

SILVER DIVISION
   ALLENDALE
   CALVIN CHRISTIAN
   GODWIN HEIGHTS
   HOPKINS
   KELLOGGSVILLE
   KENT CITY
   LEE
<table>
<thead>
<tr>
<th>RED DIVISION</th>
<th>GREEN DIVISION</th>
</tr>
</thead>
<tbody>
<tr>
<td>EAST KENTWOOD</td>
<td>BYRON CENTER</td>
</tr>
<tr>
<td>GRAND HAVEN</td>
<td>HAMILTON</td>
</tr>
<tr>
<td>GRANDVILLE</td>
<td>HOLLAND CHRISTIAN</td>
</tr>
<tr>
<td>HUDSONVILLE</td>
<td>UNITY CHRISTIAN</td>
</tr>
<tr>
<td>JENISON</td>
<td>WYOMING PARK</td>
</tr>
<tr>
<td>MUSKEGON</td>
<td>WYOMING ROGERS</td>
</tr>
<tr>
<td>ROCKFORD</td>
<td>ZEELAND EAST</td>
</tr>
<tr>
<td>WEST OTTAWA</td>
<td>ZEELAND WEST</td>
</tr>
<tr>
<td>WHITE DIVISION</td>
<td>BLACK DIVISION</td>
</tr>
<tr>
<td>EAST GRAND RAPIDS</td>
<td>FOREST HILLS CENTRAL</td>
</tr>
<tr>
<td>GR CHRISTIAN</td>
<td>GR UNION</td>
</tr>
<tr>
<td>GR CRESTON</td>
<td>HOLLAND</td>
</tr>
<tr>
<td>GREENVILLE</td>
<td>KENOWA HILLS</td>
</tr>
<tr>
<td>LOWELL</td>
<td>MONA SHORES</td>
</tr>
<tr>
<td>NORTHVIEW</td>
<td>REETHS PUFFFFER</td>
</tr>
<tr>
<td>GOLD DIVISION</td>
<td>BLUE DIVISION</td>
</tr>
<tr>
<td>CALEDONIA</td>
<td>BELDING</td>
</tr>
<tr>
<td>FOREST HILLS EASTERN</td>
<td>CEDAR SPRINGS</td>
</tr>
<tr>
<td>GR CATHOLIC CENTRAL</td>
<td>COMSTOCK PARK</td>
</tr>
<tr>
<td>GR OTTAWA HILLS</td>
<td>COOPERSVILLE</td>
</tr>
<tr>
<td>HASTINGS</td>
<td>FOREST HILLS NORTHERN</td>
</tr>
<tr>
<td>SOUTH CHRISTIAN</td>
<td>GR CENTRAL</td>
</tr>
<tr>
<td>THORNAPPLE KELLOGG</td>
<td>GR WEST CATHOLIC</td>
</tr>
<tr>
<td>WAYLAND</td>
<td>SPARTA</td>
</tr>
<tr>
<td>SILVER DIVISION</td>
<td></td>
</tr>
<tr>
<td>ALLENDALE</td>
<td></td>
</tr>
<tr>
<td>CALVIN CHRISTIAN</td>
<td></td>
</tr>
<tr>
<td>GODWIN HEIGHTS</td>
<td></td>
</tr>
<tr>
<td>HOPKINS</td>
<td></td>
</tr>
<tr>
<td>KELLOGGSVILLE</td>
<td></td>
</tr>
<tr>
<td>KENT CITY</td>
<td></td>
</tr>
<tr>
<td>LEE</td>
<td></td>
</tr>
</tbody>
</table>

2009 - 2010

2016 Revision
2010 - 2011

RED DIVISION
EAST KENTWOOD
GRAND HAVEN
GRANDVILLE
HUDSONVILLE
JENISON
MUSKEGON
ROCKFORD
WEST OTTAWA

GREEN DIVISION
BYRON CENTER
HAMILTON
HOLLAND CHRISTIAN
UNITY CHRISTIAN
WYOMING PARK
WYOMING ROGERS
ZEELAND EAST
ZEELAND WEST

WHITE DIVISION
EAST GRAND RAPIDS
GR CHRISTIAN
GR CRESTON
GREENVILLE
LOWELL
NORTHVIEW

BLACK DIVISION
FOREST HILLS CENTRAL
GR UNION
HOLLAND
KENOWA HILLS
MONA SHORES
REETHS PUFFER

GOLD DIVISION
CALEDONIA
FOREST HILLS EASTERN
GR CATHOLIC CENTRAL
GR OTTAWA HILLS
HASTINGS
SOUTH CHRISTIAN
THORNAPPLE KELLOGG
WAYLAND

BLUE DIVISION
BELDING
CEDAR SPRINGS
COMSTOCK PARK
COOPERSVILLE
FOREST HILLS NORTHERN
GR WEST CATHOLIC
SPARTA

SILVER DIVISION
ALLENDALE
CALVIN CHRISTIAN
GODWIN HEIGHTS
HOPKINS
KELLOGGSVILLE
KENT CITY
LEE
2011 - 2012

RED DIVISION
EAST KENTWOOD
GRAND HAVEN
GRANDVILLE
HUDSONVILLE
JENISON
MUSKEGON
ROCKFORD
WEST OTTAWA

GREEN DIVISION
BYRON CENTER
HAMILTON
HOLLAND CHRISTIAN
UNITY CHRISTIAN
WYOMING PARK
WYOMING ROGERS
ZEELAND EAST
ZEELAND WEST

WHITE DIVISION
EAST GRAND RAPIDS
GR CHRISTIAN
GR CRESTON
GREENVILLE
LOWELL
NORTHVIEW

BLACK DIVISION
FOREST HILLS CENTRAL
GR UNION
HOLLAND
KENOWA HILLS
MONA SHORES
REETHS PUFFER

GOLD DIVISION
CALEDONIA
FOREST HILLS EASTERN
GR CATHOLIC CENTRAL
GR OTTAWA HILLS
HASTINGS
SOUTH CHRISTIAN
THORNAPPLE KELLOGG
WAYLAND

BLUE DIVISION
BELDING
CEDAR SPRINGS
COMSTOCK PARK
COOPERSVILLE
FOREST HILLS NORTHERN
GR WEST CATHOLIC
SPARTA

SILVER DIVISION
ALLENDALE
CALVIN CHRISTIAN
GODWIN HEIGHTS
HOPKINS
KELLOGGSVILLE
KENT CITY
LEE
## 2012 – 2013
### 2013 – 2014

<table>
<thead>
<tr>
<th>Rank</th>
<th>School 1</th>
<th>Rank</th>
<th>School 2</th>
<th>Rank</th>
<th>School 3</th>
<th>Rank</th>
<th>School 4</th>
<th>Rank</th>
<th>School 5</th>
<th>Rank</th>
<th>School 6</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1</td>
<td>East Kentwood</td>
<td>2674</td>
<td>1 GR Union</td>
<td>1349</td>
<td>1 Jenison</td>
<td>1475</td>
<td>1 Ottawa Hills</td>
<td>978</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>Rockford</td>
<td>2587</td>
<td>2 Mona Shores</td>
<td>1342</td>
<td>2 Caledonia</td>
<td>1324</td>
<td>2 Wayland</td>
<td>910</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>West Ottawa</td>
<td>2260</td>
<td>3 Muskegon</td>
<td>1317</td>
<td>3 FH Central</td>
<td>1280</td>
<td>3 T-K</td>
<td>898</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>Grandville</td>
<td>1858</td>
<td>4 Reeths-Puffer</td>
<td>1226</td>
<td>4 Lowell</td>
<td>1227</td>
<td>4 Hastings</td>
<td>864</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>Grand Haven</td>
<td>1836</td>
<td>5 Kenowa Hills</td>
<td>1130</td>
<td>5 GR Christian</td>
<td>951</td>
<td>5 Catholic Central</td>
<td>723</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>Hudsonville</td>
<td>1686</td>
<td>6 Zeeland East</td>
<td>1070</td>
<td>6 East GR</td>
<td>948</td>
<td>6 S. Christian</td>
<td>685</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Rank</th>
<th>School 1</th>
<th>Rank</th>
<th>School 2</th>
<th>Rank</th>
<th>School 3</th>
<th>Rank</th>
<th>School 4</th>
<th>Rank</th>
<th>School 5</th>
<th>Rank</th>
<th>School 6</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1</td>
<td>Holland</td>
<td>1100</td>
<td>1 Greenville</td>
<td>1152</td>
<td>1 Sparta</td>
<td>850</td>
<td>1 Godwin</td>
<td>597</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>Byron Center</td>
<td>1019</td>
<td>2 Northview</td>
<td>1151</td>
<td>2 Wyoming</td>
<td>1450</td>
<td>2 Kelloggsville</td>
<td>578</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>Holland Chr</td>
<td>815</td>
<td>3 FH Northern</td>
<td>1015</td>
<td>3 Coopersville</td>
<td>767</td>
<td>3 Hopkins</td>
<td>554</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>Hamilton</td>
<td>804</td>
<td>4 Cedar Springs</td>
<td>983</td>
<td>4 Comstock Park</td>
<td>706</td>
<td>4 Kent City</td>
<td>392</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>Zeeland W.</td>
<td>741</td>
<td>5 FH Eastern</td>
<td>863</td>
<td>5 Belding</td>
<td>694</td>
<td>5 Calvin Christian</td>
<td>377</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>Unity Chr</td>
<td>717</td>
<td>6 West Catholic</td>
<td>537</td>
<td>6 Allendale</td>
<td>610</td>
<td>6 NorthPointe</td>
<td>364</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

2016 Revision
## 2014 – 2015
## 2015 – 2016

<table>
<thead>
<tr>
<th>Red</th>
<th>Black</th>
<th>White</th>
<th>Gold</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 East Kentwood</td>
<td>2674</td>
<td>1349</td>
<td>1475</td>
</tr>
<tr>
<td>2 Rockford</td>
<td>2587</td>
<td>1342</td>
<td>1324</td>
</tr>
<tr>
<td>3 West Ottawa</td>
<td>2260</td>
<td>1317</td>
<td>1280</td>
</tr>
<tr>
<td>4 Grandville</td>
<td>1858</td>
<td>1226</td>
<td>1227</td>
</tr>
<tr>
<td>5 Grand Haven</td>
<td>1836</td>
<td>1130</td>
<td>951</td>
</tr>
<tr>
<td>6 Hudsonville</td>
<td>1686</td>
<td>1070</td>
<td>948</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Green</th>
<th>Bronze</th>
<th>Blue</th>
<th>Silver</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Holland</td>
<td>1100</td>
<td>1450</td>
<td>850</td>
</tr>
<tr>
<td>2 Byron Center</td>
<td>1019</td>
<td>1152</td>
<td>767</td>
</tr>
<tr>
<td>3 Holland Chr</td>
<td>815</td>
<td>1151</td>
<td>706</td>
</tr>
<tr>
<td>4 Hamilton</td>
<td>804</td>
<td>1015</td>
<td>694</td>
</tr>
<tr>
<td>5 Zeeland W.</td>
<td>741</td>
<td>983</td>
<td>610</td>
</tr>
<tr>
<td>6 Unity Chr</td>
<td>717</td>
<td>863</td>
<td>537</td>
</tr>
</tbody>
</table>
### 2016 – 2018
### 2017 – 2018
### 2018 – 2019
### 2019 – 2020

<table>
<thead>
<tr>
<th>Red</th>
<th>Black</th>
<th>White</th>
<th>Silver</th>
</tr>
</thead>
<tbody>
<tr>
<td>East Kentwood</td>
<td>2581</td>
<td>Union 1837</td>
<td>FH Central 1304</td>
</tr>
<tr>
<td>Rockford</td>
<td>2561</td>
<td>Jenison 1418</td>
<td>Ottawa Hills 1290</td>
</tr>
<tr>
<td>West Ottawa</td>
<td>2299</td>
<td>Mona Shores 1239</td>
<td>Northview 1183</td>
</tr>
<tr>
<td>Grand Haven</td>
<td>2050</td>
<td>Reeths-Puffer 1222</td>
<td>Lowell 1168</td>
</tr>
<tr>
<td>Grandville</td>
<td>1825</td>
<td>Muskegon 1113</td>
<td>Greenville 1128</td>
</tr>
<tr>
<td>Hudsonville</td>
<td>1763</td>
<td>Kenowa 1030</td>
<td>FH Northern 1124</td>
</tr>
<tr>
<td>Caledonia</td>
<td>1476</td>
<td>Fruitport 865</td>
<td>Cedar Springs 943</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Gold</th>
<th>Blue</th>
<th>Green</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wyoming</td>
<td>1211</td>
<td>Sparta 832</td>
</tr>
<tr>
<td>EGR</td>
<td>975</td>
<td>Coopersville 797</td>
</tr>
<tr>
<td>GR Christian</td>
<td>905</td>
<td>Spring Lake 794</td>
</tr>
<tr>
<td>TK</td>
<td>883</td>
<td>Allendale 720</td>
</tr>
<tr>
<td>Wayland</td>
<td>852</td>
<td>Comstock Park 682</td>
</tr>
<tr>
<td>FH Eastern</td>
<td>828</td>
<td>Catholic Central 658</td>
</tr>
<tr>
<td>South Christian</td>
<td>625</td>
<td>West Catholic 442</td>
</tr>
</tbody>
</table>
### APPENDIX H
Pre-Participation Physical Exam
Exam Details and Description

<table>
<thead>
<tr>
<th>Category</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blood Pressure</td>
<td>&lt; 140/90; based on JNC 7 and 4th Report guidelines. If under 18 y.o., need to record 3 abnormal BP’s to be considered HTN.</td>
</tr>
<tr>
<td>Vision</td>
<td>$\leq 20/40$ both eyes. Should recommend more formal evaluation of vision if greater than 20/40.</td>
</tr>
<tr>
<td>General</td>
<td>Observation of appearance; Marfan’s Stigmata (kyphoscoliosis, pectus excavatum, arm span $&gt;$ height, etc.)</td>
</tr>
<tr>
<td>HEENT</td>
<td>Pupil size, symmetry and reactivity. Hearing. Mouth/oral exam for dentition and palate.</td>
</tr>
<tr>
<td>Lymph Nodes</td>
<td>Palpate neck for abnormal or enlarged lymphadenopathy.</td>
</tr>
<tr>
<td>Heart</td>
<td>Listen for murmurs; in upright and supine positions; with squat $\rightarrow$ stand, and consider valsalva. Feel for PMI. (see murmur handout)</td>
</tr>
<tr>
<td>Pulses</td>
<td>Check femoral and radial pulses; evaluating for aortic coarctation.</td>
</tr>
<tr>
<td>Lungs</td>
<td>Listen for breath sounds throughout all lung fields.</td>
</tr>
<tr>
<td>Abdomen</td>
<td>Palpate all 4 quadrants; attention to masses and organomegaly.</td>
</tr>
<tr>
<td>Skin</td>
<td>Observation for signs of HSV, tinea corporis, and signs of infection including MRSA.</td>
</tr>
<tr>
<td>Neurologic</td>
<td>Observe for any muscle asymmetry. Upper and lower extremity reflexes, sensation. Cranial nerve exam.</td>
</tr>
<tr>
<td>Spine</td>
<td>Neck, thorax, and lumbar ROM. Check for scoliosis. Spurling’s compression test for cervical spine radiculopathy.</td>
</tr>
<tr>
<td>Upper Extremity</td>
<td>Strength, symmetry, ROM.</td>
</tr>
<tr>
<td>Lower Extremity</td>
<td>Toe, Heel, and Duck walks.</td>
</tr>
<tr>
<td>Joint Specific</td>
<td>Optional; dictated by athlete history of previous or current injury, or complaints of pain, limitation, etc.</td>
</tr>
<tr>
<td>Hernia/GU</td>
<td>Males only. Palpate bilateral inguinal canal. Palpate for bilateral testes; note any asymmetry, atrophy or masses.</td>
</tr>
</tbody>
</table>